



## PERAN RESILIENSI TERHADAP WORK ENGAGEMENT GURU MATEMATIKA DI BANTUL

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**Abstrak.** Penelitian ini bertujuan untuk menguji peran resiliensi terhadap *work engagement* para guru matematika yang mengajar di Sekolah Menengah Pertama (SMP) di Bantul. Hipotesis penelitian ini adalah resiliensi di masa pandemi COVID-19 berperan positif terhadap *work engagement* pada guru matematika di Bantul. 183 partisipan mengisi skala *Work Engagement, Utrecht Work Engagement Scale* (UWES) dan skala resiliensi *Connor Davidson Resilience Scale* (CD-RISC) versi bahasa Indonesia. Hasil analisis regresi linier sederhana menunjukkan koefisien  $F=17,508$  dan dengan signifikansi  $p<0,05$ . Hipotesis resiliensi berperan terhadap *work engagement* guru matematika SMP di Bantul dapat diterima. Sumbangan efektif dari resiliensi terhadap *work engagement* sebesar 38%. Selain itu, resiliensi berperan paling besar terhadap aspek *vigor* dari *work engagement*, dengan memberikan sumbangan efektif sebesar 35% ( $F=4,590$ ;  $p<0,05$ ).

**Kata kunci:** *work engagement*, resiliensi, karyawan guru matematika SLTP domisili Bantul.

**Abstract.** *This study aims to examine the role of resilience on the work engagement of mathematics teachers who teach at Junior High Schools (SMP) in Bantul. The hypothesis of this research is that resilience during the COVID-19 pandemic has a positive role in work engagement for mathematics teachers in Bantul. 183 participants filled out the Work Engagement scale, Utrecht Work Engagement Scale (UWES) and the Indonesian version of the Connor Davidson Resilience Scale (CD-RISC). The results of simple linear regression analysis showed a coefficient of  $F=17.508$  and with a significance of  $p<0.05$ . The hypothesis that resilience plays a role in the work engagement of junior high school mathematics teachers in Bantul is acceptable. The effective contribution of resilience to work engagement is 38%. In addition, resilience plays the biggest role in the vigor aspect of work engagement, by providing an effective contribution of 35% ( $F=4,590$ ;  $p<0.05$ ).*

**Keyword:** *work engagement, resilience, junior high school mathematics teachers domiciled in Bantul.*