



DAFTAR PUSTAKA

- Alam, S.S., Hashim, N.N.H.M., Ahmad, M., Wel, C.A.C., Nor, S.M. 2009. Negative and positive impact of internet addiction on young adults: Empirical study in Malaysia.
- Anderson, E.L., Steen, E., Stavropoulos, V. 2017. Internet use and problematic internet use: a systematic review of longitudinal research trends in adolescence and emergent adulthood. *Int J Adolesc Youth.* 22(4): 430–54.
- APA. 2013a. Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition. Arlington, VA, American Psychiatric Association.
- APA. 2013b. Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition. Arlington, VA, American Psychiatric Association.
- Lombogia, B.H.R., Kairupan, A.E.D. 2018. Hubungan kecanduan internet dengan kualitas tidur. *J Med dan Rehabil.* 1(2): 1–8.
- Bachnio, A., Przepiórka, A., Gorbaniuk, O., Benvenuti, M., Ciobanu, A.M., Senol-Durak, E., et al. 2019. Cultural Correlates of Internet Addiction. *Cyberpsychology Behav Soc Netw.* 22(4): 258–63.
- Barmola, K. 2015. Role of gender in internet addiction among students. Vidhyasthali Law College. Paper presented, National Seminar.
- Baumrind, D. 1991. The Influence of parenting style on adolescent competence and substance use. *J Early Adolesc.* 11(1): 56–95.
- Bisen, S.S., Deshpande, Y.M. 2018. Understanding internet addiction: a comprehensive review. *Ment Heal Rev J.* 23(3): 165–84.
- Boonvisudhi, T., Kuladee, S. 2017. Association between internet addiction and depression in Thai medical students at Faculty of Medicine, Ramathibodi Hospital. *PLoS One.* 12(3): 1–10.
- Caplan, S.E. 2007. Relations among loneliness, social anxiety, and problematic internet use. *Cyberpsychology Behav Soc Netw.* 10(2): 234–42.
- Černja, I., Vejmelka, L., Rajter, M. 2019. Internet addiction test: Croatian preliminary study. *BMC Psychiatry.* 19(1): 1–11.
- Cheng, C., Li, A.Y.L. 2014. Internet addiction prevalence and quality of (real) life: a meta-Analysis of 31 nations across seven world regions. *Cyberpsychology Behav Soc Netw.* 17(12): 755–60.
- Chung, S., Lee, J., Lee, H.K. 2019. Personal factors, internet characteristics, and environmental factors contributing to adolescent internet addiction: a public health perspective. *Int J Environ Res Public Health.* 16(23): 1-11.
- CNNIC. 2015. The 36th Statistical Report on Internet Development in China, (July).<http://www.cnnic.cn/hlwfzyj/hlxzbg/201601/P020160122469130059846.pdf>.
- Davis, R.A. 2001. Cognitive-behavioral model of pathological Internet use. *Comput Human Behav.* 17(2): 187–95.
- Deslandes, S.F., Coutinho, T. 2020. The intensive use of the internet by children and adolescents in the context of COVID-19 and the risks for self-inflicted



- violence. *Cience Saude Coletiva.* 25: 2479–86.
- Dong, G., Wang, L., Du, X., Potenza, M.N. 2018. Gender-related differences in neural responses to gaming cues before and after gaming: Implications for gender-specific vulnerabilities to Internet gaming disorder. *Soc Cogn Affect Neurosci.* 13(11): 1203–14.
- Dong, H., Yang, F., Lu, X., Hao, W. 2020. Internet addiction and related psychological factors among children and adolescents in China during the Coronavirus Disease 2019 (COVID-19) epidemic. *Front Psychiatry.* 11(9): 1–9.
- Dufour, M., Brunelle, N., Tremblay, J., Leclerc, D., Cousineau, M.M., Khazaal, Y., et al. 2016. Gender difference in internet use and internet problems among Quebec high school students. *Can J Psychiatry.* 61(10): 663–8.
- ElSalhy, M., Miyazaki, T., Noda, Y., Nakajima, S., Nakayama, H., Mihara, S., et al. 2019. Relationships between internet addiction and clinicodemographic and behavioral factors. *Neuropsychiatr Dis Treat.* 15: 739–52.
- Ezpeleta, L., Navarro, J.B., de la Osa, N., Trepat, E., Penelo, E. 2020. Life conditions during COVID-19 lockdown and mental health in Spanish adolescents. *Int J Environ Res Public Health.* 17(19): 1–13.
- Faltýnková, A., Blinka, L., Ševčíková, A., Husarova, D. 2020. The associations between family-related factors and excessive internet use in adolescents. *Int J Environ Res Public Health.* 17(5).
- Fazeli, S., Mohammadi Zeidi, I., Lin, C.Y., Namdar, P., Griffiths, M.D., Ahorsu, D.K., et al. 2020. Depression, anxiety, and stress mediate the associations between internet gaming disorder, insomnia, and quality of life during the COVID-19 outbreak. *Addict Behav Reports.* 12:1-7.
- Fegert, J.M., Vitiello, B., Plener, P.L., Clemens, V. 2020. Challenges and burden of the Coronavirus 2019 (COVID-19) pandemic for child and adolescent mental health: A narrative review to highlight clinical and research needs in the acute phase and the long return to normality. *Child Adolesc Psychiatry Ment Health.* 14(1): 1–11.
- Fernandes, B., Biswa, U.N., Mansukhani, R.T., Vallejo, A., A.Essau, C. 2020. The impact of COVID-19 lockdown measures on internet use and escapism in adolescents. *Rev Psicol Clin con Ninos y Adolesc.* 7: 59–65.
- Goel, D., Subramanyam, A., Kamath, R. 2013. A study on the prevalence of internet addiction and its association with psychopathology in Indian adolescents. *Indian J Psychiatry.* 55(2): 140–3.
- Ikatan Dokter Anak Indonesia. 2013. Masalah Kesehatan Mental Emosional Remaja. <http://idai.or.id/public-articles/seputar-kesehatan-anak/masalah-kesehatan-mental-emosional-remaja.html>.
- International Telecommunication Union. 2021. Committed to connecting the world. <https://www.itu.int/en/ITU-D/Statistics/Pages/stat/default.aspx>.
- Kanan, N., Arokiasamy, L., Ismail, M.R. 2018. A study on parenting styles and parental attachment in overcoming internet addiction among children. *SHS Web Conf.* 56: 02002.
- Karki, U., Dhonju, G., Kunwar, A.R. 2020. Parenting during the COVID-19 pandemic. *J Nepal Med Assoc.* 58(231): 957–85



- Kawabe, K., Horiuchi, F., Ochi, M., Oka, Y., Ueno, S.I. 2016. Internet addiction: prevalence and relation with mental states in adolescents. *Psychiatry Clin Neurosci.* 70(9): 405–12.
- Kemendikbud. 2020. Surat edaran nomor 4 tahun 2020 tentang pelaksanaan kebijakan pendidikan dalam masa darurat penyebaran corona virus disease (COVID-19). 4–6.
- Kemenkes. 2020. Corona virus disease 2019. Peraturan Menteri Kesehatan Republik Indonesia. Nomor 382 (Pedoman Pembatasan Sosial Berskala Besar dalam Rangka Percepatan Penanganan Corona Virus Disease 2019 (COVID-19)).1–66.
<http://jurnalrespirologi.org/index.php/jri/article/view/101>.
- Kementerian Kesehatan. 2020. Dukungan kesehatan jiwa pandemi COVID-19. Kementerian Kesehatan
- King, D.L., Delfabbro, P.H., Billieux, J., Potenza, M.N. 2020. Problematic online gaming and the COVID-19 pandemic. *J Behav Addict.* 9(2): 184–6.
- Kurniasanti, K., Firdaus, K., Christian, H., Wiguna, T., Wiwie, M., Ismail, R. 2019. Internet screen time and related factors: threat to adolescents in Indonesia. *Makara Hum Behav Stud Asia.* 23(2): 152.
- Kurniasanti, K., Wiguna, T., Wiwie, M., Winarsih, S. 2018. Internet addiction among adolescents in Jakarta: a challenging situation for mental health development. *J Int Dent Med Res.* 11(2): 711–7.
- Kuss, D.J., Griffiths, M.D. 2011. Online social networking and addiction: a review of the psychological literature. *Int J Environ Res Public Health.* 8(9): 3528– 52.
- Liang, L., Zhou, D., Yuan, C., Shao, A., Bian, Y. 2016. Gender differences in the relationship between internet addiction and depression: a cross-lagged study in Chinese adolescents. *Comput Human Behav.* 63: 463–70.
- Lin, F., Zhou, Y., Du, Y., Zhao, Z., Qin, L., Xu, J., et al. 2015. Aberrant corticostriatal functional circuits in adolescents with internet addiction disorder. *Front Hum Neurosci.* 9(6): 1–12.
- Lin, M.P. 2020. Prevalence of internet addiction during the covid-19 outbreak and its risk factors among junior high school students in Taiwan. *Int J Environ Res Public Health.* 17(22): 1–12.
- Lin, M.P., Wu, J.Y.W., You, J., Hu, W.H., Yen, C.F. 2018. Prevalence of internet addiction and its risk and protective factors in a representative sample of senior high school students in Taiwan. *J Adolesc.* 62(10): 38–46.
- Liu, H.C., Liu, S.I., Tjung, J.J., Sun, F.J., Huang, H.C., Fang, C.K. 2017. Self-harm and its association with internet addiction and internet exposure to suicidal thought in adolescents. *J Formos Med Assoc.* 116(3): 153–60.
- Lo, B.C.Y., Lai, R.N.M., Ng, T.K., Wang, H. 2020. Worry and permissive parenting in association with the development of internet addiction in children. *Int J Environ Res Public Health.* 17(21): 1–12.
- Mak, K.K., Lai, C.M., Watanabe, H., Kim, D. Il, Bahar, N., Ramos, M., et al. 2014. Epidemiology of internet behaviors and addiction among adolescents in six Asian countries. *Cyberpsychology Behav Soc Netw.* 17(11): 720–8.



- Marci, T., Marino, C., Sacchi, C., Lan, X., Spada, M.M. 2021. Problematic Internet Use in early adolescence: The role of attachment and negative beliefs about worry. *J Behav Addict*, 10(1): 194–200.
- Montag, C., Elhai, J.D. 2020. Discussing digital technology overuse in children and adolescents during the COVID-19 pandemic and beyond: on the importance of considering affective neuroscience theory. *Addict Behav Reports*. 12: 100313
- Murthy, P. 2020. How will Covid-19 influence addictive behaviours and their management?. *J Psychosoc Rehabil Ment Heal*. 7(3): 203–5.
- Oktaviana, M., Wimbarti, S. 2014. SDQ sebagai instrumen skrining gangguan tingkah laku. 41(1): 101–14.
- Poli, R. 2017. Internet addiction update: diagnostic criteria, assessment and prevalence. *Neuropsychiatry*. 07(01): 4–8.
- Riany, Y.E., Cuskelly, M., Meredith, P. 2018. Psychometric properties of parenting measures in Indonesia. *Makara Hum Behav Stud Asia*. 22(2): 75.
- Schary, D.P., Cardinal, B.J., Loprinzi, P.D. 2012. Parenting style associated with sedentary behaviour in preschool children. *Early Child Dev Care*. 182(8): 1015–26.
- Seguin, D., Kuenzel, E., Morton, J.B., Duerden, E.G. 2021. School's out: Parenting stress and screen time use in school-age children during the COVID-19 pandemic. *J Affect Disord Reports*. 6: 100217.
- Siste, K., Hanafi, E., Sen, L.T., Christian, H., Adrian, Siswidiani, L.P., Limawan, A.P., et al. 2020. The Impact of physical distancing and associated factors towards internet addiction among adults in Indonesia during COVID-19 pandemic. A Nationwide Web-Based Study. *Front Psychiatry*. 11: 1–11.
- Siste, K., Suwartono, C., Nasrun, M.W., Bardosono, S., Sekartini, R., Pandelaki, J., et al. 2021. Validation study of the Indonesian internet addiction test among adolescents. *PLoS One*. 16(2): 1–15.
- Siste, K., Hanafi, E., Sen, L.T., Murtani, B.J., Christian, H., Limawan, A.P., et al. 2021. Implications of COVID-19 and Lockdown on Internet Addiction Among Adolescents: Data From a Developing Country. *Front psychiatry*. 12: 665675.
- Soetjiningsih. 2014. 'Tumbuh kembang remaja', dalam Soetjiningsih&Ranuh, I.G.N., (eds.), Tumbuh Kembang Anak, Buku Kedokteran EGC, Jakarta.
- Sowndarya, A.T., Pattar, M. 2018. Pattern of internet addiction among urban and rural school students, Mangaluru, India: a comparative cross-sectional study. *Int J Contemp Pediatr*. 5(5): 1750.
- Su, W., Han, X., Jin, C., Yan, Y., Potenza, M.N. 2019. Are males more likely to be addicted to the internet than females? A meta-analysis involving 34 global jurisdictions. *Comput Human Behav*. 99(11): 86–100.
- Sugaya, N., Shirasaka, T., Takahashi, K., Kanda, H. 2019. Bio-psychosocial factors of children and adolescents with internet gaming disorder: A systematic review. *Biopsychosoc Med*. 13(1): 1–16.
- Tandon, P.S., Zhou, C., Johnson, A.M., Gonzalez, E.S., Kroshus, E. 2021. Association of Children's Physical Activity and Screen Time With Mental



Health During the COVID-19 Pandemic. *JAMA Netw Open.* 4(10): e2127892.

- Tereshchenko, S., Kasparov, E. 2019. Neurobiological risk factors for the Development of internet addiction in adolescents. *Behav Sci (Basel).* 9(6).
- Tripathi, A. 2018. Impact of internet addiction on mental health: an integrative therapy is needed. *Integr Med Int.* 4(34): 215-22.
- Villa, S.R., Calafat, A., Fernández-Hermida, J.R., Juan, M., Duch, M., Skärstrand, E., et al. 2015. Duration of internet use and adverse psychosocial effects among european adolescents. *Adicciones.* 26(3): 247–53.
- WHO.2020a. Addressing violence against children, women and older people during the covid-19 pandemic: Key actions, (June):1–7. https://www.who.int/publications/i/item/WHO-2019-nCoV_Violence_actions-2020.1.
- Wang, H., Zhou, X., Lu, C., Wu, J., Deng, X., Hong, L. 2011. Problematic internet use in high school students in Guangdong Province, China. *PLoS One,* 6(5).
- Wartberg, L., Kriston, L., Kramer, M., Schwedler, A., Lincoln, T.M., Kammerl, R. 2017. Internet gaming disorder in early adolescence: Associations with parental and adolescent mental health. *Eur Psychiatry.* 43(2016):14–18.
- WHO.2021. COVID-19: physical distancing | WHO Western Pacific. <https://www.who.int/westernpacific/emergencies/covid19/information/physical-distancing>.
- WHO.2020b. Excessive screen use and gaming during COVID19. (mhf/int.who.emro.w).
- WHO.2020c. Weekly operational update on COVID-19. World Health Organization,11:1–10. <https://www.who.int/publications/m/item/weekly-update-on-covid-19-16-october-2020>.
- Wiguna, T., Anindyajati, G., Kaligis, F., Ismail, R.I., Minayati, K., Hanafi, E., et al. 2020. Brief Research Report on Adolescent Mental Well-Being and School Closures During the COVID-19 Pandemic in Indonesia. *Front Psychiatry.* 11: 1–9.
- Wiguna, T., Samuel, P., Manengkei, K., Pamela, C., Rheza, A.M., Hapsari, W.A. 2010. Masalah Emosi dan Perilaku pada Anak dan Remaja di Poliklinik Jiwa Anak dan Remaja RSUPN dr. Ciptomangunkusumo (RSCM), Jakarta. *Sari Pediatr.* 12(4): 270–77.
- Wisanti, U.I., Kuntoro, A.I., Ar Rizqi, N.P., Halim, L. 2020. *Jurnal Psikologi Sosial.* 18(03):211-23.
- Wu, X., Chen, X., Han, J., Meng, H., Luo, J., Nydegger, L., et al. 2013. Prevalence and Factors of Addictive Internet Use among Adolescents in Wuhan, China: Interactions of Parental Relationship with Age and Hyperactivity-Impulsivity. *PLoS One.* 8(4): 4–11.
- Xin, M., Xing, J., Pengfei, W., Houru, L., Mengcheng, W., Hong, Z. 2018. Online activities, prevalence of internet addiction and risk factors related to family and school among adolescents in China. *Addict Behav Reports.* 7: 14–18.
- Young, Kimberly S. de Abreu, C.N. 2011. *Internet Addiction.* New Jersey: John Wiley&Sons.



Young, K.S. 1999. Internet addiction: evaluation and treatment. *Bmj.* 319(Suppl S4): 9910351.

Young, K.S. 1998. Internet addiction: The emergence of a new clinical disorder. *Cyberpsychology Behav.* 1(3): 237–44.

Young, K.S. 2004. Internet addiction. *Internet Addict A New Clin Phenom Its Consequences.* 48: 402.