

## DAFTAR PUSTAKA

- Alshogran, O. Y., Mahmoud, F. M., & Alkhatatbeh, M. J. (2021). Knowledge and awareness toward menopause and hormone therapy among premenopausal women in Jordan. *Climacteric*, 24(2), 171–178. <https://doi.org/10.1080/13697137.2020.1813099>
- Anagnostis, P., Bitzer, J., Cano, A., Ceausu, I., Chedraui, P., Durmusoglu, F., Erkkola, R., Goulis, D. G., Lindén, A., Kiesel, L., Lopes, P., Pines, A., Trotsenburg, M. Van, Lambrinoudaki, I., & Rees, M. (2020). Maturitas Menopause symptom management in women with dyslipidemias : An EMAS clinical guide. *Maturitas*, 135, 82–88. <https://doi.org/10.1016/j.maturitas.2020.03.007>
- Arikunto, S. (2012). *Dasar-dasar Evaluasi Pendidikan*. Bumi Aksara.
- Asriati, C. R., Wijaya, M., Nirmala, S. A., Gondodiputro, S., & Rahmiati, L. (2019). Gambaran Pengetahuan Ibu tentang Persiapan Fisik dan Psikis Memasuki Masa Menopause. *Jurnal Kesehatan Vokasional*, 4(2), 99. <https://doi.org/10.22146/jkesvo.41638>
- Ayers, B., Forshaw, M., & Hunter, M. S. (2010). The impact of attitudes towards the menopause on women's symptom experience: A systematic review. In *Maturitas* (Vol. 65, Issue 1, pp. 28–36). Elsevier. <https://doi.org/10.1016/j.maturitas.2009.10.016>
- Badan Pusat Statistik. (n.d.). *Angka Harapan Hidup menurut Provinsi dan Jenis Kelamin, 2010-2018*. Retrieved October 8, 2020, from <https://www.bps.go.id/linkTableDinamis/view/id/1114>
- Badan Pusat Statistik Provinsi DIY. (2017). *Provinsi Daerah Istimewa Yogyakarta dalam Angka 2017*. Badan Pusat Statistik Provinsi D.I. Yogyakarta.
- BPS. (n.d.). *Proporsi Remaja Dan Dewasa Usia 15-59 Tahun Dengan Keterampilan Teknologi Informasi Dan Komputer (TIK) Menurut Provinsi (Persen)*. Retrieved August 30, 2021, from <https://www.bps.go.id/>
- BPS Provinsi DIY. (2021). *Provinsi Daerah Istimewa Yogyakarta dalam Angka 2021*. BPS Provinsi DIY.
- Budiastuti, D., & Bandur, A. (2018). *Validitas dan Reliabilitas Penelitian*. Mitra

Wacana Media.

Budiman. (2013). *Kapita Selekta Kuesioner: Pengetahuan dan Sikap dalam Penelitian Kesehatan*. Penerbit Salemba Medika.

Carpenter, J. S., Byrne, M. M., & Studts, J. L. (2011). Factors related to menopausal symptom management decisions. In *Maturitas* (Vol. 70, Issue 1, pp. 10–15). Elsevier Ireland Ltd. <https://doi.org/10.1016/j.maturitas.2011.06.002>

Daerah DIY - Jumlah Pemeluk Agama. (n.d.). Retrieved August 27, 2021, from [http://bappeda.jogjaprovo.go.id/dataku/data\\_dasar/cetak/314-jumlah-pemeluk-agama](http://bappeda.jogjaprovo.go.id/dataku/data_dasar/cetak/314-jumlah-pemeluk-agama)

Dalal, P. K., & Agarwal, M. (2015). Postmenopausal Syndrom. *Indian Journal Psychiatry*, 222–232.

Du, Z., Zhang, B., Li, M., Tian, Y., Jing, L., Liu, S., Cheng, Y., Shi, L., Sun, Y., & Xing, L. (2020). The Epidemiology of Atrial Fibrillation in Chinese Postmenopausal Women and Its Association with Age of Menopause. *Maturitas*. <https://doi.org/doi.org/10.1016/j.maturitas.2020.10.010>

Elghite, E. A., Elkazeh, E., Mohamed, A., & El-Zeftawy, A. (2015). Knowledge of Women in Reproductive Age about Menopausal Problems and Preventive Health Behaviors in Tanta City, Al -Gharbyia Governorate, Egypt. *IOSR Journal of Nursing and Health Science Ver. II*, 4(3), 2320–1940. <https://doi.org/10.9790/1959-04325163>

Estiani, M., & Dhuhana, C. (2015). Hubungan Pendidikan dan Pengetahuan Wanita Pramenopause Terhadap Sikap Menghadapi Menopause di Desa Sekar Jaya Kabupaten Ogan Komering Ulu. *Jurnal Keperawatan Sriwijaya*, 2(2), 101–107.

Fakhriyah, A. (2020). *Perilaku Pencarian Informasi Kesehatan Ibu Rumah Tangga di Kelurahan Kelapa Dua Wetan*. UIN Syarif Hidayatullah Jakarta.

Gayathripriya, N., Alasmar, N., Omar, M., Khalid, K., Saleh, H., Mohammed, H., Rajeswari, K., & Sumathi, G. (2018). Menopause Awareness, Symptoms Assessment and Menqol Among Bahrain Women. *KnE Life Sciences*, 4(6), 61. <https://doi.org/10.18502/cls.v4i6.3091>

Ginting, A. K., Prastiwi, I., & Winarti, W. (2017). Faktor-Faktor Yang

- Berhubungan Dengan Kejadian Menopause Pada Ibu Di Desa Cilangkara Kecamatan Serang Baru Kabupaten Bekasi Tahun 2016. *Jurnal Kesehatan Bhakti Husada*, 3(2), 2.
- Gracia, C. R., & Freeman, E. W. (2018). Onset of the Menopause Transition The Earliest Signs and Symptoms. *Obstetric and Gynecology Clinics*, 45(4), 585–597. <https://doi.org/10.1016/j.ogc.2018.07.002>
- Greene, J. G. (1976). A factor analytic study of climacteric symptoms. *Journal of Psychosomatic Research*, 20(5), 425–430. [https://doi.org/10.1016/0022-3999\(76\)90005-2](https://doi.org/10.1016/0022-3999(76)90005-2)
- Keputusan Gubernur Daerah Istimewa Yogyakarta Nomor 340/Kep/2020 Tentang Penetapan Upah Minimum Kabupaten/Kota Tahun 2021, 1 (2020).
- Guo, C., Li, Q., Tian, G., Liu, Y., Sun, X., Li, L., Wang, B., Zhao, Y., Liu, D., Zhang, M., & Hu, D. (2019). Association of age at menopause and type 2 diabetes : A systematic review and dose-response meta-analysis of cohort studies. *Primary Care Diabetes*, 13(4), 301–309. <https://doi.org/10.1016/j.pcd.2019.02.001>
- Haines, C. J., Xing, S. M., Park, K. H., Holinka, C. F., & Ausmanas, M. K. (2005). Prevalence of menopausal symptoms in different ethnic groups of Asian women and responsiveness to therapy with three doses of conjugated estrogens/medroxyprogesterone acetate: The Pan-Asia menopause (PAM) study. *Maturitas*, 52(3–4), 264–276. <https://doi.org/10.1016/j.maturitas.2005.03.012>
- Harlow, S. D., Gass, M., Hall, J. E., Lobo, R., Maki, P., Rebar, R. W., Sherman, S., & Sluss, P. M. (2012). Executive summary of the Stages of Reproductive Aging Workshop + 10: addressing the unfinished agenda of staging reproductive aging. *Menopause*, 19(4), 387–395. <https://doi.org/10.1097/gme.0b013e31824d8f40>.Executive
- Honigberg, M. C., Zekavat, S. M., Aragam, K., Finneran, P., Klarin, D., Bhatt, D. L., Januzzi Jr, J. L., Scott, N. S., & Natarajan, P. (2019). Association of Premature Natural and Surgical Menopause With Incident Cardiovascular Disease. *Jama*, 322(24), 2411–2421.

<https://doi.org/doi.org/10.1001/jama.2019.19191>

Hurlock, E. B., Istiwidayanti, & Soedjarwo. (1990). *Psikologi Perkembangan : Suatu Pendekatan Sepanjang Rentang Kehidupan* (R. M. Sijabat (Ed.)). Erlangga.

Insari, Y. V., & Purnamaningsih, E. H. (2017). *Hubungan Antara Pengetahuan Tentang Menopause dengan Kecemasan Menghadapi Menopause pada Wanita Perimenopause*. Universitas Gadjah Mada.

Ismiyati, A. (2010). *Hubungan tingkat pengetahuan tentang menopause dengan kesiapan menghadapi menopause pada ibu premenopause di Perumahan Sewon Asri Yogyakarta*. Universitas Sebelas Maret.

Jawa - Peta Bahasa. (n.d.). Retrieved September 20, 2021, from <https://petabahasa.kemdikbud.go.id/infobahasa2.php?idb=59&idp=DaerahIstimewaYogyakarta>

Khokhar, S. (2013). Knowledge, Attitude and Experience of Menopause. *Pakistan Journal of Medical Research*, 52(2).

Kusyanti, F. (2018). Hubungan Tingkat Pengetahuan Ibu Tentang Klimakterium dengan kesiapan ibu menghadapi masa klimakterium di padukuhan pundung tirtomartani kalasan. *The Shine Cahaya Dunia Ners*, 3(2), 7–15.

Lemeshow, S., Hosmer, D. W., Klar, J., & Lwanga, S. K. (1990). *Adequacy of Sample Size in Health Studies*. WHO.

Memon, F. R., Jonker, L., & Qazi, R. A. (2014). Knowledge, attitudes and perceptions towards menopause among highly educated asian women in their midlife. *Post Reproductive Health*, 20(4), 138–142. <https://doi.org/10.1177/2053369114557510>

Ming, Y., Yang, L., Shergis, J. L., Zhang, A. L., Li, Y., Guo, X., Xue, C. C., & Lu, C. (2019). Complementary Therapies in Medicine Clinical evidence of Chinese medicine therapies for depression in women during perimenopause and menopause. *Complementary Therapies in Medicine*, 47(March), 102071. <https://doi.org/10.1016/j.ctim.2019.03.019>

Minkin, M. J. (2019). Menopause: Hormones, Lifestyle, and Optimizing Aging. *Obstetrics and Gynecology Clinics of North America*, 46(3), 501–514.

<https://doi.org/10.1016/j.ogc.2019.04.008>

Morgan, K. N., Derby, C. A., & Gleason, C. E. (2020). Cognitive Changes with Reproductive Aging, Perimenopause, and Menopause. *Obstetric and Gynecology Clinics*, 45(2018), 751–763.

<https://doi.org/10.1016/j.ogc.2018.07.011>

Notoatmodjo, S. (2003). *Pendidikan dan Perilaku Kesehatan*. Rineka cipta.

O'Neill, S., & Eden, J. (2020). The pathophysiology and therapy of menopausal symptoms. *Obstetrics, Gynaecology and Reproductive Medicine*, 30(6), 175–183. <https://doi.org/10.1016/j.ogrm.2020.03.005>

Oktiviani, W. (2012). *Hubungan Antara Pengetahuan Tentang Menopause Dengan Kecemasan Menghadapi Menopause Pada Ibu Rumah Tangga*. Universitas Gadjah Mada.

Palacios, S., Henderson, V. W., Siseles, N., Tan, D., & Villaseca, P. (2010). Age of menopause and impact of climacteric symptoms by geographical region. *Climacteric*, 419–428.

Proverawati, A., & Sulistyawati, E. (2010). *Menopause dan Sindrom Premenopause*. Nuha Medika.

Rakkuea, S. (2016). *Gambaran pengetahuan wanita tentang menopause di dukuh sorobaon kelurahan jati kecamatan jaten kabupaten karangayar*. Universitas Muhammadiyah Surakarta.

Roberts, H., & Hickey, M. (2016). Managing the menopause: An update. In *Maturitas* (Vol. 86, pp. 53–58). Elsevier Ireland Ltd. <https://doi.org/10.1016/j.maturitas.2016.01.007>

Rozenberg, S., Bruyère, O., Bergmann, P., Cavalier, E., Gielen, E., Goemaere, S., Kaufman, J. M., Lapauw, B., Laurent, M. R., Schepper, J. De, & Body, J. J. (2020). Maturitas How to manage osteoporosis before the age of 50. *Maturitas*, 138(May), 14–25. <https://doi.org/10.1016/j.maturitas.2020.05.004>

Rusmeirina, C. (2014). Pengaruh Pengetahuan Tentang Menopause Dengan Kecemasan Menghadapi Menopause Pada Wanita Di Kelurahan Sumber Surakarta. *Talenta Psikologi*, III(2), 106–123.

Santrock, J. W. (2019). *Life-span Development* (17th ed.). McGraw-Hill Education.

- Shepherd-Banigan, M., Goldstein, K. M., Coeytaux, R. R., McDuffie, J. R., Goode, A. P., Kosinski, A. S., Van Noord, M. G., Befus, D., Adam, S., Masilamani, V., Nagi, A., & Williams, J. W. (2017). Improving vasomotor symptoms; psychological symptoms; and health-related quality of life in peri- or post-menopausal women through yoga: An umbrella systematic review and meta-analysis. *Complementary Therapies in Medicine*, 34(August), 156–164. <https://doi.org/10.1016/j.ctim.2017.08.011>
- Smail, L., Jassim, G. A., & Sharaf, K. I. (2020). Emirati women's knowledge about the menopause and menopausal hormone therapy. *International Journal of Environmental Research and Public Health*, 17(13), 1–10. <https://doi.org/10.3390/ijerph17134875>
- Soedirham, O., Sulistyowati, M., & Devy, S. R. (2008). Faktor-faktor yang Mempengaruhi Perempuan dalam Menghadapi Menopause. *Jurnal Penelitian Medika Eksakta*, 7(November), 70–82.
- Stannard, D. (2012). Essentials of Nursing Research: Appraising Evidence for Nursing Practice. In *AORN Journal* (Vol. 95, Issue 2). <https://doi.org/10.1016/j.aorn.2011.10.009>
- Sugiyono. (2012). *Statistika untuk Penelitian*. Alfabeta.
- Suhaidah, D. (2013). *Hubungan tingkat pengetahuan dengan tingkat kecemasan perempuan dalam menghadapi menopause di wilayah kerja Puskesmas Kelurahan Pulo G Gebang Jakarta Timur*. Universitas Islam Negeri Syarif Hidayatullah Jakarta.
- Suparni, I. E., & Astuti, R. Y. (2016). *Manopause Masalah dan Penanganannya*. deepublish.
- Van Dijk, G. M., Kavousi, M., Troup, J., & Franco, O. H. (2015). Health issues for menopausal women: The top 11 conditions have common solutions. *Maturitas*, 80(1), 24–30. <https://doi.org/10.1016/j.maturitas.2014.09.013>
- Watt, F. E. (2016). Maturitas Hand osteoarthritis , menopause and menopausal hormone therapy. *Maturitas*, 83, 13–18. <https://doi.org/10.1016/j.maturitas.2015.09.007>
- Web Portal Gunungkidul. (n.d.). Retrieved August 27, 2021, from

<https://gunungkidulkab.go.id/D-9055270d7eb02ff55b8d46a5f9a41f4f-NR-100-0.html>

Wong, L. P., & AH, N. L. (2007). *A Survey of Knowledge and Perceptions of Menopause Among Young to Middle-Aged Women In Federal Territory , Kuala Lumpur*. 10(December 2007).

<https://doi.org/10.22452/jummec.vol10no2.4>

Yoshizawa, T., Gollschewski, S., Atogami, F., Courtney, M., Anderson, D., Yoshizawa, T., Gollschewski, S., Atogami, F., & Courtney, M. (2016). Menopause in Australia and Japan: effects of menopausal symptoms Menopause in Australia and Japan: effects of country of residence on menopausal status and menopausal symptoms. *Climacteric*, 7137(May), 165–174. <https://doi.org/10.1080/13697130410001713760>