

## DAFTAR ISI

	Halaman
<b>HALAMAN JUDUL .....</b>	<b>Error! Bookmark not defined.</b>
<b>LEMBAR PENGESAHAN .....</b>	<b>Error! Bookmark not defined.</b>
<b>PERNYATAAN.....</b>	<b>Error! Bookmark not defined.</b>
<b>PRAKATA.....</b>	<b>Error! Bookmark not defined.</b>
<b>DAFTAR ISI.....</b>	<b>1</b>
<b>DAFTAR TABEL .....</b>	<b>Error! Bookmark not defined.</b>
<b>DAFTAR GAMBAR.....</b>	<b>Error! Bookmark not defined.</b>
<b>DAFTAR LAMPIRAN .....</b>	<b>Error! Bookmark not defined.</b>
<b>INTISARI .....</b>	<b>Error! Bookmark not defined.</b>
<b><i>ABSTRACT</i> .....</b>	<b>xvi</b>
<b>BAB I PENDAHULUAN.....</b>	<b>Error! Bookmark not defined.</b>
1.1. Latar Belakang.....	<b>Error! Bookmark not defined.</b>
1.2. Permasalahan .....	<b>Error! Bookmark not defined.</b>
1.3. Tujuan Penelitian.....	<b>Error! Bookmark not defined.</b>
1.4. Manfaat Penelitian.....	<b>Error! Bookmark not defined.</b>
1.4.1 Manfaat Praktis .....	<b>Error! Bookmark not defined.</b>
1.4.2 Manfaat Teoritis.....	<b>Error! Bookmark not defined.</b>
1.5. Keaslian Penelitian .....	<b>Error! Bookmark not defined.</b>
<b>BAB II TINJAUAN PUSTAKA DAN LANDASAN TEORI</b>	<b>Error! Bookmark not defined.</b>
2.1 Tinjauan Pustaka .....	<b>Error! Bookmark not defined.</b>

2.1.1	Kesamaptaan Jasmani .....	<b>Error! Bookmark not defined.</b>
2.1.2	Kesehatan Mental .....	<b>Error! Bookmark not defined.</b>
2.2	Landasan Teori .....	<b>Error! Bookmark not defined.</b>
2.2.1	Bencana.....	<b>Error! Bookmark not defined.</b>
2.2.2	Manajemen Bencana.....	<b>Error! Bookmark not defined.</b>
2.2.3	Tanggap Darurat Bencana ..	<b>Error! Bookmark not defined.</b>
2.2.4	Pencarian dan Pertolongan .	<b>Error! Bookmark not defined.</b>
2.2.5	<i>Rescuer</i> .....	<b>Error! Bookmark not defined.</b>
2.2.6	Kompetensi <i>Rescuer</i> .....	<b>Error! Bookmark not defined.</b>
2.2.7	Kesamaptaan Jasmani .....	<b>Error! Bookmark not defined.</b>
2.2.7.1	Kesamaptaan Jasmani A.....	<b>Error! Bookmark not defined.</b>
2.2.7.2	Kesamaptaan Jasmani “B” .	<b>Error! Bookmark not defined.</b>
2.2.8	Pelatihan Fisik <i>Rescuer</i> .....	<b>Error! Bookmark not defined.</b>
2.2.8.1	Prinsip Pelatihan ...	<b>Error! Bookmark not defined.</b>
2.2.8.2	Tahap Pelatihan Fisik .....	<b>Error! Bookmark not defined.</b>
2.2.8.3	Program Pelatihan Fisik Seimbang Berdasarkan FITT.....	<b>Error! Bookmark not defined.</b>
2.2.9	Kesehatan Mental .....	<b>Error! Bookmark not defined.</b>
2.2.10	Woodworth Questionnaire..	<b>Error! Bookmark not defined.</b>
2.3	Kerangka Pikir.....	<b>Error! Bookmark not defined.</b>

**BAB III METODE PENELITIAN .....Error! Bookmark not defined.**

**3.1 Jenis Penelitian .....Error! Bookmark not defined.**

**3.2 Metode Pemilihan Lokasi.....Error! Bookmark not defined.**

**3.3 Metode Penentuan Populasi dan Sampel..... Error! Bookmark not defined.**

**3.4 Parameter, Variabel, dan Indikator Penelitian.....Error! Bookmark not defined.**

**3.4.1 Kesamaptan Jasmani.....Error! Bookmark not defined.**

**3.4.2 Status Mental .....Error! Bookmark not defined.**

**3.5 Teknik Pengumpulan Data .....Error! Bookmark not defined.**

**3.5.1 Data Primer .....Error! Bookmark not defined.**

**3.5.1.1 Tes Kesamaptan Jasmani.. Error! Bookmark not defined.**

**3.5.1.2 Tes Kesehatan Mental Woodworth ..... Error! Bookmark not defined.**

**3.5.2 Data Sekunder.....Error! Bookmark not defined.**

**3.6 Teknik Analisis Data .....Error! Bookmark not defined.**

**3.6.1 Kesamaptan Jasmani.....Error! Bookmark not defined.**

**3.6.2 Kesehatan mental.....Error! Bookmark not defined.**

**3.6.3 Analisis Kesiapsiagaan Fisik dan Mental *Rescuer* ..... Error! Bookmark not defined.**

**3.7 Metode Penyajian Data.....Error! Bookmark not defined.**

**3.8 Alur Penelitian.....Error! Bookmark not defined.**

3.9 Instrumen dan Perlengkapan Penelitian ..... **Error! Bookmark not defined.**

**BAB IV HASIL DAN PEMBAHASAN .....Error! Bookmark not defined.**

4.1 Gambaran Umum Wilayah Daerah Istimewa Yogyakarta..... **Error! Bookmark not defined.**

4.1.1 Provinsi Daerah Istimewa Yogyakarta .... **Error! Bookmark not defined.**

4.1.2 Ancaman Bencana di Daerah Istimewa Yogyakarta .. **Error! Bookmark not defined.**

4.2 Gambaran Umum Kantor Pencarian dan Pertolongan  
Yogyakarta ..... **Error! Bookmark not defined.**

4.2.1 Kantor Pencarian dan Pertolongan Yogyakarta..... **Error! Bookmark not defined.**

4.2.2 *Rescuer* Kantor Pencarian dan Pertolongan Yogyakarta  
..... **Error! Bookmark not defined.**

4.3 Kesamaptan *Rescuer* Kantor Pencarian dan Pertolongan  
Yogyakarta ..... **Error! Bookmark not defined.**

4.3.1 Kesamaptan Jasmani A..... **Error! Bookmark not defined.**

4.3.2 Kesamaptan Jasmani B..... **Error! Bookmark not defined.**

4.3.3 Kesamaptan Jasmani *Rescuer* Kantor Pencarian dan  
Pertolongan Yogyakarta ..... **Error! Bookmark not defined.**

4.4 Status Mental *Rescuer* Kantor Pencarian dan Pertolongan  
Yogyakarta ..... **Error! Bookmark not defined.**

#### 4.5 Kajian Kesiapsiagaan Fisik dan Status Mental *Rescuer* Kantor

Pencarian dan Pertolongan Yogyakarta..... **Error! Bookmark not defined.**

### **BAB V KESIMPULAN DAN SARAN .....Error! Bookmark not defined.**

5.1 Kesimpulan.....**Error! Bookmark not defined.**

5.2 Saran.....**Error! Bookmark not defined.**

**DAFTAR PUSTAKA.....Error! Bookmark not defined.**

**LAMPIRAN.....Error! Bookmark not defined.**