

## ABSTRACT

### **Background :**

Mini Asthma Quality Life Questionare (Mini- AQLQ) is questionare a 15 item that can use to measured functioal of lung if there are any trouble or obstruction due to asthmatic adult patients. Mini Asthma Quality Life Questionare have 4 componen of dimation to measured quality of asthmatic patients life, the dimation are "Symptom, Activity limitation, Emotional Function, Environmental stimuli".

**Objective :** to analyze the reliability of Mini Asthma Quality Life Questionare in asthmatic adult patient.

**Method :** This study is a discriptive analitic cross sectional method with 35 adult asthmatic patients to complete Mini Asthma Life Questionare. The target is all asthmatic adult patient who registered in Pulmonary polyclinic in RSUP Sardjito.patients will choose as inclusion and exclusion that identify from medical record. To analyze reliability of questionares using cronbach alpha.

**Results :** symptom has internal consistency 0,84, Activity Limitation has internal consistency 0,87, Emotional Function has 0,59, Environment Stimuly has 0,88, and Total Internal Consistency 0,90.

**Conclusion :** Mini AQLQ is a good questionare to measure quality of life in adult asthmatic patient.

**Keyword :** Mini-AQLQ, asthmatic patients, life quality, reliability