

DAFTAR PUSTAKA

- AIA, 2012, Survey Indeks Pola Hidup Sehat AIA: Fokus Penemuan di Indonesia, http://www.aia.com/en/resources/30f22200423d273fa2b8ea0f2cbf0f90/AIA_Healthy_Living_Index_Survey_2013.pdf, online accessed on February 12th 2015
- Bruce, R.A., Kusumi, F., Hosmer, D., 1973, Maximal Oxygen Intake and Nomographic Assessment of Functional Aerobic Impairment in Cardiovascular Disease, *Am Heart J*, Vol 85, p. 546-562
- Csikszentmihalyi, M., 1990, *Flow: The Psychology of Optimal Experience*, Harper and Row, New York
- Definitions.net, 2015, Hip hop, <http://www.definitions.net/definition/hip%20hop>, online accessed on February 12th 2015
- Definitions.net, 2015, Techno, <http://www.definitions.net/definition/techno>, online accessed on February 12th 2015
- Departemen Kesehatan Republik Indonesia, 2006, *Glosarium Data dan Informasi Kesehatan*, Pusat Data Dan Informasi Departemen Kesehatan RI, Jakarta
- Gay, L.R., Diehl, P.L., 1992, *Research Methods for Business and Management*, MacMillan Publishing Company, New York.
- Kamus Besar Bahasa Indonesia Daring, 2015, <http://badanbahasa.kemdikbud.go.id/kbbi/index.php>, online accessed on January 11th 2015

- Karageorghis, C., Priest, D., 2008, Music on Sport and Exercise: An Update on Research and Application, <http://thesportjournal.org/article/music-sport-and-exercise-update-research-and-application/>, online accessed on November 20th 2014
- Keytel, L.R., Goedecke, J.H., Noakes, T.D., Hiiloskorpi, H., Laukkanen, R., van der Merwe, L., Lambert, E.V., 2005, Prediction of *energy expenditure* from heart rate monitoring during submaximal exercise, *Journal of Sports Sciences*
- Levine, J.A., 2005, Measurement of *Energy expenditure*, *Public Health Nutrition*, Vol. 8, No. 7A, p. 1123-1132
- Loftin, M., Sothorn, M., Warren, B., Udall, J., 2004, Comparison Of Vo2 Peak During *Treadmill* and Cycle Ergometry In Severely Overweight Youth, *Journal of Sports Science*, Vol. 3, p. 254-260
- Lubetzky, R., Mimouni, F.B., Dollberg, S., Reifen, R., Ashabel, G., Mandel, Dror., 2009, Effect of Music Mozart on *Energy expenditure* in Growing Preterm Infants., *Pediatrics*, Vol.125, p. e24-e2
- Mealey, L., 2008, Effect of Dance Dance Revolution on *Energy expenditure* and Enjoyment In Severely Overweight Children Compared to Alternative Forms of Activity, Thesis, University of Pittsburgh
- Nasution, R., 2003, Teknik Sampling, Fakultas Kesehatan Masyarakat, Universitas Sumatera Utara.
- Prasetyo, W, 2011, Jurnal UAJY, <http://e-journal.uajy.ac.id/773/2/1KOM02430.pdf>, online accessed on 19th 2015

- Pratiwi, O., 2014, Analisis Efektifitas Penggunaan Kinect XBOX Sebagai Alternatif Dalam Melakukan aktivitas fisik Ditinjau Dari *Energy expenditure* (EE), Denyut Jantung, Dan Tingkat Kesenangan Yang Dihasilkan, Skripsi, Universitas Gadjah Mada
- Schutz, Y., Weinsier, R.L., Hunter, G.R., 2001, Assessment of free-living physical activity in humans: an overview of currently available and proposed new measures. *Obesity Research*, Vol. 9, p. 368-379.
- Snell, B., Fullmer, S., Egget, D.L, 2014, Reading and Listening to Music Increase Resting *Energy expenditure* during an Indirect Calorimetry Test. *Journal Of The Academy Of Nutrition And Dietetics*, Vol. 11, p. 1939-1942.
- Santoso, D. S., 2002, Pengaruh Musik Terhadap Performance Fisik, *Jurnal Teknik Industri Fakultas Teknologi Industri Universitas Kristen Petra* Vol. 4, No. 1, p.1 - 7
- Savitha, D., Sevil, T.V., Shwetha, R., Roshan, C.J., Sandhya T.A., 2012, The Effect Of Vocal And Instrumental Music On Cardio Respiratory Variables, *Energy expenditure*, And Exertion Levels During Sub Maximal *Treadmill* Exercise, *Indian J Physiol Pharmacol*, Vol 57 p. 159-168
- World Health Organization, 2009, Mental Health Aspects of Women's Reproductive Health: A Global Review Of The Literature, Geneva: WHO Press
- World Health Organization, 1948, WHO Definition of Health, <http://who.int/about/definition/en/print.html>, online accessed on November 10th 2014

World Health Organization, 2014, Obesity, <http://www.who.int/topics/obesity/en/>,
online accessed on November 10th 2014

World Health Organization, 2014, Physical Activity,
http://www.who.int/topics/physical_activity/en/, online accessed on
November 10th 2014