

## HUBUNGAN ANTARA PROACTIVE COPING, KEPATUHAN BEROBAT, DAN DUKUNGAN SOSIAL KELUARGA TERHADAP SUBJECTIVE WELL-BEING PASIEN JANTUNG KORONER

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### Abstrak

Penelitian ini bertujuan untuk mengetahui secara empiris *proactive coping*, kepatuhan berobat, dan dukungan sosial keluarga dapat memprediksi *subjective well-being* pasien jantung koroner. Subjek dalam penelitian ini adalah pasien jantung koroner di RSUP Soeradji Tirtonegoro Klaten yang berjumlah 100 pasien. Penelitian ini menggunakan 4 skala, yaitu Skala Kepuasan Hidup dan Skala Afek untuk mengukur *subjective well-being*, Subskala *Proactive Coping* untuk mengukur *proactive coping*, Skala Kepatuhan Berobat untuk mengukur kepatuhan berobat, dan Skala Dukungan Sosial Keluarga untuk mengukur dukungan sosial keluarga yang dirasakan pasien. Studi ini menunjukkan bahwa *proactive coping*, kepatuhan berobat, dan dukungan sosial keluarga dapat memprediksi *subjective well-being* pasien jantung koroner. Korelasi menunjukkan bahwa semakin tinggi *proactive coping*, kepatuhan berobat serta dukungan sosial keluarga, maka semakin tinggi pula *subjective well-being* pasien jantung koroner. Semakin rendah *proactive coping*, kepatuhan berobat serta dukungan sosial keluarga, maka semakin rendah pula *subjective well-being* pasien jantung koroner.

**Kata kunci:** *Subjective well-being* pasien jantung koroner, *proactive coping*, kepatuhan berobat, dukungan sosial keluarga

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**RELATIONSHIP BETWEEN PROACTIVE COPING, ADHERENCE OF  
MEDICAL TREATMENT AND FAMILY SOCIAL SUPPORT WITH  
SUBJECTIVE WELL-BEING OF CORONARY  
HEART DISEASE PATIENTS**

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**Abstract**

This study meant to determine empirically about proactive coping, adherence of medical, and family social support which could predict subjective well-being patients with coronary heart disease. Subjects in this study were coronary disease patients in Dr. Soeradji Tirtonegoro General Hospital, Klaten with 100 patients totally. This research used 4 scales, namely Life Satisfaction Scale and Affect Scale to measure subjective well-being, then Proactive Coping Subscale to measure proactive coping, Adherence Medication Scale to measure adherence of medical treatment, and Family Social Support Scale to measure family support on patient's felt. This research showed that proactive coping, adherence of medical treatment, and family social support could predict subjective well-being patients with coronary heart disease. Correlation showed that more proactive coping, treatment adherence and family social support, the more subjective well-being of coronary heart disease patients. The lower proactive coping, adherence of medical treatment and family social support, meant the lower subjective well-being of coronary heart disease patients.

Keywords: Subjective well-being coronary heart disease patients, proactive coping, adherence of medical treatment, family social support

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