

### Daftar Pustaka

- Akyüz Karacan, F., Kaya, B., & Pekün, F. (2013). 2314 – Psychiatric Comorbidity and Quality of Life in Patients with Beta Thalassemia Major. *Abstracts of the 21th European Congress of Psychiatry*, 28, 1. [https://doi.org/10.1016/S0924-9338\(13\)77162-1](https://doi.org/10.1016/S0924-9338(13)77162-1)
- Ammerman, R. T., & Hersen, M. (Eds.). (1997). *Handbook of Prevention and Treatment with Children and Adolescents: Intervention in the Real World Context*. New York: Wiley.
- Anyan, F., & Hjemdal, O. (2016). Adolescent Stress and Symptoms of Anxiety and Depression: Resilience Explains and Differentiates the Relationships. *Journal of Affective Disorders*, 203, 213–220. <https://doi.org/10.1016/j.jad.2016.05.031>
- Arrebola-Moreno, A. L., Garcia-Retamero, R., Catena, A., Marfil-Álvarez, R., Melgares-Moreno, R., & Ramírez-Hernández, J. A. (2014). On the Protective Effect of Resilience in Patients with Acute Coronary Syndrome. *International Journal of Clinical and Health Psychology*, 14(2), 111–119. [https://doi.org/10.1016/S1697-2600\(14\)70044-4](https://doi.org/10.1016/S1697-2600(14)70044-4)
- Askeland, K. G., Hysing, M., Aarø, L. E., Tell, G. S., & Sivertsen, B. (2015). Mental Health Problems and Resilience in International Adoptees: Results from a Population-Based Study of Norwegian Adolescents Aged 16–19 Years. *Journal of Adolescence*, 44, 48–56. <https://doi.org/10.1016/j.adolescence.2015.07.001>
- Aydinok, Y., Erermis, S., Bukusoglu, N., Yilmaz, D., & Solak, U. (2005). Psychosocial Implications of Thalassemia Major. *Pediatrics International: Official Journal of the Japan Pediatric Society*, 47(1), 84–89. <https://doi.org/10.1111/j.1442-200x.2004.02009.x>
- Azwar, S. (2015a). *Dasar-Dasar Psikometri* (1, Cetakan XV). Yogyakarta: Pustaka Pelajar.
- Azwar, S. (2015b). *Penyusunan Skala Psikologi* (2, cetakan 7). Yogyakarta: Pustaka Pelajar.
- Badan Penelitian dan Pengembangan Kesehatan (Balitbangkes). (2008). *Riset Kesehatan Dasar (RISKESDAS) 2007: Laporan Nasional 2007*. Departemen Kesehatan RI. Retrieved from <https://www.k4health.org/sites/default/files/laporanNasional%20Riskesdas%202007.pdf>
- Badan Penelitian dan Pengembangan Kesehatan (Balitbangkes). (2009). *Laporan Hasil Riset Kesehatan Dasar (RISKESDAS) Provinsi Jawa Tengah Tahun 2007*. Departemen Kesehatan RI. Retrieved from <http://biofarmaka.ipb.ac.id/biofarmaka/2014/Riskesdas2007%20-%20Province%20Report%2033%20JATENG.pdf>

- Banister, P. (Ed.). (1994). *Qualitative Methods in Psychology: A Research Guide*. Buckingham [England] ; Philadelphia: Open University Press.
- Barrett, P. M., & Ollendick, T. H. (Eds.). (2004). *Handbook of Interventions That Work with Children and Adolescents: Prevention and Treatment*. Chichester, West Sussex, England ; Hoboken, NJ, USA: John Wiley.
- Baskin, M. L., Collins, M. H., Kaslow, N. J., & Hsu, L. (2002). A Psychoeducational Group Intervention for Adolescents Diagnosed with Sickle Cell Disease. *Phylon (1960-)*, 50(1/2), 71–86. <https://doi.org/10.2307/4150002>
- Beck, J. S. (2011). *Cognitive Behavior Therapy: Basics and Beyond* (2nd ed). New York: Guilford Press.
- Bond, F. W., & Dryden, W. (Eds.). (2004). *Handbook of Brief Cognitive Behaviour Therapy*. Chichester, West Sussex ; Hoboken, NJ: Wiley.
- Book, P. A., & Aigner, J. S. (1976). Chronic Disease: A Biocultural Examination of Thalassaemia. *Medical Anthropology Newsletter*, 7(4), 8–11. <https://doi.org/10.2307/648270>
- Carver, C. S. (2015). Optimism and Pessimism. In *International Encyclopedia of the Social & Behavioral Sciences* (pp. 263–267). Elsevier. Retrieved from <http://linkinghub.elsevier.com/retrieve/pii/B9780080970868260182>
- Carver, C. S., & Lattie, E. G. (2015). Depression, Pessimism, and Health. In *International Encyclopedia of the Social & Behavioral Sciences* (pp. 207–213). Elsevier. Retrieved from <http://linkinghub.elsevier.com/retrieve/pii/B9780080970868140760>
- Carver, C. S., & Scheier, M. F. (2014). Dispositional Optimism. *Trends in Cognitive Sciences*, 18(6), 293–299. <https://doi.org/10.1016/j.tics.2014.02.003>
- Carver, C. S., Scheier, M. F., & Segerstrom, S. C. (2010). Optimism. *Clinical Psychology Review*, 30(7), 879–889. <https://doi.org/10.1016/j.cpr.2010.01.006>
- Chen, T.-H., Lu, R.-B., Chang, A.-J., Chu, D.-M., & Chou, K.-R. (2006). The Evaluation of Cognitive–Behavioral Group Therapy on Patient Depression and Self-Esteem. *Archives of Psychiatric Nursing*, 20(1), 3–11. <https://doi.org/10.1016/j.apnu.2005.08.005>
- Chiruka, S., & Darbyshire, P. (2011). Management of Thalassaemia. *Paediatrics and Child Health*, 21(8), 353–356. <https://doi.org/10.1016/j.paed.2011.02.012>
- Cutuli, J. J., Chaplin, T. M., Gillham, J. E., Reivich, K. J., & Seligman, M. E. P. (2006). Preventing Co-Occurring Depression Symptoms in Adolescents with Conduct Problems: The Penn Resiliency Program. *Annals of the New*

*York Academy of Sciences*, 1094(1), 282–286. <https://doi.org/10.1196/annals.1376.035>

Davydov, D. M., Stewart, R., Ritchie, K., & Chaudieu, I. (2010). Resilience and Mental Health. *Clinical Psychology Review*, 30(5), 479–495. <https://doi.org/10.1016/j.cpr.2010.03.003>

Dessoki, H., Elhifnawy, T., & Ezzat, O. (2011). P01-275 - Psychological Manifestation in Adolescents with Thalassemia. *Abstracts of the 19th European Congress of Psychiatry*, 26, 276. [https://doi.org/10.1016/S0924-9338\(11\)71986-1](https://doi.org/10.1016/S0924-9338(11)71986-1)

Domes, G., Spenthof, I., Radtke, M., Isaksson, A., Normann, C., & Heinrichs, M. (2016). Autistic Traits and Empathy in Chronic Vs. Episodic Depression. *Journal of Affective Disorders*, 195, 144–147. <https://doi.org/10.1016/j.jad.2016.02.006>

Firpo, H. (2001). *A Prevention Program Based on Positive Psychology for Elementary School-Aged Children* (Psy.D.). Carlos Albizu University, Ann Arbor. Retrieved from <http://search.proquest.com/docview/304770082?accountid=13771>

Garber, J. (2006). Depression in Children and Adolescents. *American Journal of Preventive Medicine*, 31(6), 104–125. <https://doi.org/10.1016/j.amepre.2006.07.007>

Ghanizadeh, A., Khajavian, S., & Ashkani, H. (2006). Prevalence of Psychiatric Disorders, Depression, and Suicidal Behavior in Child and Adolescent with Thalassemia Major. *Journal of Pediatric Hematology/Oncology*, 28(12), 781–784. <https://doi.org/10.1097/01.mph.0000243665.79303.9e>

Ghiam, A. F., Hashemi, A., Bordbar, M. R., Karimi, M., & Taban, S. (2010). Beta Thalassemia Minor as a Risk Factor for Suicide and Violence: A Failure to Replicate. *Psychology*, 01(01), 17–21. <https://doi.org/10.4236/psych.2010.11003>

Gibbons, J. D., & Chakraborti, S. (2003). *Nonparametric Statistical Inference* (4th ed., rev. and expanded). New York: Marcel Dekker.

Gillham, J. E., Reivich, K. J., Freres, D. R., Chaplin, T. M., Shatté, A. J., Samuels, B., ... Seligman, M. E. P. (2007). School-Based Prevention of Depressive Symptoms: A Randomized Controlled Study of the Effectiveness and Specificity of the Penn Resiliency Program. *Journal of Consulting and Clinical Psychology*, 75(1), 9–19. <https://doi.org/10.1037/0022-006X.75.1.9>

Gillham, J., & Reivich, K. (2004). Cultivating Optimism in Childhood and Adolescence. *The Annals of the American Academy of Political and Social Science*, 591, 146–163.

- Gill, P. S., & Modell, B. (1998). Thalassaemia in Britain: A Tale of Two Communities: Births Are Rising Among British Asians but Falling in Cypriots. *BMJ: British Medical Journal*, 317(7161), 761–762. <https://doi.org/10.2307/25180403>
- Haefffel, G. J., & Vargas, I. (2011). Resilience to Depressive Symptoms: The Buffering Effects of Enhancing Cognitive Style and Positive Life Events. *Journal of Behavior Therapy and Experimental Psychiatry*, 42(1), 13–18. <https://doi.org/10.1016/j.jbtep.2010.09.003>
- Hollon, S. D., Thase, M. E., & Markowitz, J. C. (2002). Treatment and Prevention of Depression. *Psychological Science in the Public Interest*, 3(2), 39–77.
- Hoorelbeke, K., Marchetti, I., De Schryver, M., & Koster, E. H. W. (2016). The Interplay Between Cognitive Risk and Resilience Factors in Remitted Depression: A Network Analysis. *Journal of Affective Disorders*, 195, 96–104. <https://doi.org/10.1016/j.jad.2016.02.001>
- Hou, W. K., & Ng, S. M. (2014). Emotion-Focused Positive Rumination and Relationship Satisfaction as the Underlying Mechanisms Between Resilience and Psychiatric Symptoms. *Personality and Individual Differences*, 71, 159–164. <https://doi.org/10.1016/j.paid.2014.07.032>
- Hyun, M.-S., Chung, H.-I. C., & Lee, Y.-J. (2005). The Effect of Cognitive–Behavioral Group Therapy on the Self-Esteem, Depression, and Self-Efficacy of Runaway Adolescents in a Shelter in South Korea. *Applied Nursing Research*, 18(3), 160–166. <https://doi.org/10.1016/j.apnr.2004.07.006>
- Indah K., A. H. (2012). *Kualitas Hidup Anak Dengan Thalassemia Beta Mayor Dan Faktor-Faktor Yang Mempengaruhinya* (MSPADS-IImu Kesehatan Anak). Universitas Gadjah Mada, Yogyakarta.
- Joseph, S. (Ed.). (2015). *Positive Psychology in Practice: Promoting Human Flourishing in Work, Health, Education, and Everyday Life* (second). John Wiley & Sons, Inc., Hoboken, New Jersey.
- Keşkek, Ş., Kırım, S., Turhan, A., & Turhan, F. (2013). Depression in Subjects with Beta-Thalassaemia Minor. *Annals of Hematology*, 92(12), 1611–1615. <https://doi.org/10.1007/s00277-013-1851-9>
- Khoury, B., Musallam, K. M., Abi-Habib, R., Bazzi, L., Ward, Z. A. L., Succar, J., ... Taher, A. T. (2012). Prevalence of Depression and Anxiety in Adult Patients with B-Thalassaemia Major and Intermedia. *International Journal of Psychiatry in Medicine*, 44(4), 291–303.
- Kliegman, R., & Nelson, W. E. (Eds.). (2011). *Nelson Textbook of Pediatrics* (19th ed). Philadelphia, PA: Elsevier/Saunders.

- Knox-MacAulay, H. H. M., Weatherall, D. J., Clegg, J. B., & Pembrey, M. E. (1973). Thalassaemia In The British. *The British Medical Journal*, 3(5872), 150–155. <https://doi.org/10.2307/25420730>
- Kovacs, M. (1992). *Children's Depression Inventory Manual*. Toronto, Ontario: Multi-Health Systems, Inc. Retrieved from [http://www.pearsonclinical.co.uk/Psychology/generic/ChildrensDepressionInventory\(CDI\)/Resources/Technical.pdf](http://www.pearsonclinical.co.uk/Psychology/generic/ChildrensDepressionInventory(CDI)/Resources/Technical.pdf)
- Lee Duckworth, A., Steen, T. A., & Seligman, M. E. P. (2005). Positive Psychology in Clinical Practice. *Annual Review of Clinical Psychology*, 1(1), 629–651. <https://doi.org/10.1146/annurev.clinpsy.1.102803.144154>
- Lestari, D. W. D. (2013). *Pengalaman Psikologis Individu Dengan Talasemia* (Magister Psikologi). Universitas Gadjah Mada, Yogyakarta.
- Leung, W. C., Leung, K. Y., Lau, E. T., Tang, M. H. Y., & Chan, V. (2008). Alpha-Thalassaemia. *Seminars in Fetal and Neonatal Medicine*, 13(4), 215–222. <https://doi.org/10.1016/j.siny.2008.02.006>
- Levine, L. E., & Munsch, J. (2011). *Child Development: An Active Learning Approach*. Los Angeles, CA: SAGE.
- Linley, P. A., & Joseph, S. (Eds.). (2004). *Positive Psychology in Practice*. Hoboken, N.J: Wiley.
- Luthar, S. S., Cicchetti, D., & Becker, B. (2000). The Construct of Resilience: A Critical Evaluation and Guidelines for Future Work. *Child Development*, 71(3), 543–562.
- Lutz, W., Schiefele, A.-K., Wucherpfennig, F., Rubel, J., & Stulz, N. (2016). Clinical Effectiveness of Cognitive Behavioral Therapy for Depression in Routine Care: A Propensity Score Based Comparison Between Randomized Controlled Trials and Clinical Practice. *Journal of Affective Disorders*, 189, 150–158. <https://doi.org/10.1016/j.jad.2015.08.072>
- Mannino, J. E. (2015). Resilience and Transitioning to Adulthood Among Emerging Adults with Disabilities. *Journal of Pediatric Nursing*, 30(5), e131–e145. <https://doi.org/10.1016/j.pedn.2015.05.017>
- Mazzone, L., Battaglia, L., Andreozzi, F., Romeo, M., & Mazzone, D. (2009). Emotional Impact in B-Thalassaemia Major Children Following Cognitive-Behavioural Family Therapy and Quality of Life of Caregiving Mothers. *Clinical Practice and Epidemiology in Mental Health*, 5(1), 5. <https://doi.org/10.1186/1745-0179-5-5>
- McGregor, B. A., Bowen, D. J., Ankerst, D. P., Andersen, M. R., Yasui, Y., & McTiernan, A. (2004). Optimism, Perceived Risk of Breast Cancer, and Cancer Worry Among a Community-Based Sample of Women. *Health Psychology*, 23(4), 339–344. <https://doi.org/10.1037/0278-6133.23.4.339>

- McInerney, T. K., & American Academy of Pediatrics (AAP) (Eds.). (2009). *American Academy of Pediatrics Textbook of Pediatric Care*. Washington, D.C.: American Academy of Pediatrics.
- Mednick, L., Yu, S., Trachtenberg, F., Xu, Y., Kleinert, D. A., Giardina, P. J., ... Yamashita, R. (2010). Symptoms of Depression and Anxiety in Patients with Thalassemia: Prevalence and Correlates in the Thalassemia Longitudinal Cohort. *American Journal of Hematology*, *85*(10), 802–805. <https://doi.org/10.1002/ajh.21826>
- Min, J.-A., Lee, C.-U., & Chae, J.-H. (2015). Resilience Moderates the Risk of Depression and Anxiety Symptoms on Suicidal Ideation in Patients with Depression and/or Anxiety Disorders. *Comprehensive Psychiatry*, *56*, 103–111. <https://doi.org/10.1016/j.comppsy.2014.07.022>
- Min, J.-A., Yu, J. J., Lee, C.-U., & Chae, J.-H. (2013). Cognitive Emotion Regulation Strategies Contributing to Resilience in Patients with Depression and/or Anxiety Disorders. *Comprehensive Psychiatry*, *54*(8), 1190–1197. <https://doi.org/10.1016/j.comppsy.2013.05.008>
- Mitmansgruber, H., Smrekar, U., Rabanser, B., Beck, T., Eder, J., & Ellemunter, H. (2015). Psychological Resilience and Intolerance of Uncertainty in Coping with Cystic Fibrosis. *Journal of Cystic Fibrosis*. <https://doi.org/10.1016/j.jcf.2015.11.011>
- Mulyani, & Fahrudin, A. (2011). Reaksi Psikososial Terhadap Penyakit Di Kalangan Anak Penderita Talasemia Mayor Di Kota Bandung. *Informasi*, *16*. Retrieved from <http://puslit.kemsos.go.id/upload/post/files/5ffe7388af3791d5caaefc52af61308c.pdf>
- Nasyirah. (2014). *Hubungan Usia Dan Kualitas Hidup Terhadap Sindrom Depresi Pada Penderita Thalassemia Beta Mayor Di Instalasi Sentral Thalassemia Rumah Sakit Umum Daerah Dr. Zainoel Abidin Banda Aceh* (Prodi. Pendidikan Dokter, Fakultas Kedokteran). Universitas Syiah Kuala, Darussalam Banda Aceh.
- Ng, R., Ang, R. P., & Ho, M. R. (2012). Coping with Anxiety, Depression, Anger and Aggression: The Mediational Role of Resilience in Adolescents. *Child & Youth Care Forum*, *41*(6), 529–546. <https://doi.org/10.1007/s10566-012-9182-x>
- O'Connor, T. G., & Creswell, C. (2008). Cognitive–Behavioural Therapy for Children and Adolescents. *Child Psychiatry Part 4 of 4*, *7*(9), 363–366. <https://doi.org/10.1016/j.mppsy.2008.07.005>
- O'Donnell, A., A. Premawardhana, Arambepola, M., Allen, S. J., Peto, T. E. A., Fisher, C. A., ... Weatherall, D. J. (2007). Age-Related Changes in Adaptation to Severe Anemia in Childhood in Developing Countries. *Proceedings of the National Academy of Sciences of the United States of America*, *104*(22), 9440–9444. <https://doi.org/10.2307/25427872>

- Oliveira, A., Matos, A. P., Pinheiro, M. do R., & Oliveira, S. (2015). Confirmatory Factor Analysis of the Resilience Scale Short Form in a Portuguese Adolescent Sample. *Procedia - Social and Behavioral Sciences*, 165, 260–266. <https://doi.org/10.1016/j.sbspro.2014.12.630>
- Pearson, J., & Hall, D. K. (2006). *Reaching in-- reaching out: resiliency guidebook: "bounce back" thinking skills for children and adults*. [Toronto?]: [Child & Family Partnership].
- Peng, L., Li, M., Zuo, X., Miao, Y., Chen, L., Yu, Y., ... Wang, T. (2014). Application of the Pennsylvania Resilience Training Program on Medical Students. *Personality and Individual Differences*, 61-62, 47–51. <https://doi.org/10.1016/j.paid.2014.01.006>
- Peters, M., Heijboer, H., Smiers, F., & Giordano, P. C. (2012). Diagnosis and Management of Thalassaemia. *BMJ: British Medical Journal*, 344(7841), 40–44.
- Petros, N., Opacka-Juffry, J., & Huber, J. H. (2013). Psychometric and Neurobiological Assessment of Resilience in a Non-Clinical Sample of Adults. *Psychoneuroendocrinology*, 38(10), 2099–2108. <https://doi.org/10.1016/j.psyneuen.2013.03.022>
- Poerwandari, E. K. (2007). *Pendekatan Kualitatif Untuk Penelitian Perilaku Manusia* (3rd ed.). Depok: LPSP3 UI.
- Pudjiadi, A. H., Hegar, B., Handryastuti, S., Idris, N. S., Gandaputra, E. P., & Harmoniati, E. D. (Eds.). (2009). *Pedoman Pelayanan Medis*. Ikatan Dokter Anak Indonesia.
- Purnamaningsih, K. A. R. (2014). *Depresi Dan Faktor-Faktor Yang Mempengaruhi Pada Penderita Thalassemia Beta Mayor (MSPPDS-Illmu Kesehatan Anak)*. Universitas Gadjah Mada, Yogyakarta.
- Pusat Bahasa Departemen Pendidikan Nasional. (2008). *Kamus Bahasa Indonesia*. Jakarta: Pusat Bahasa Departemen Pendidikan Nasional. Retrieved from <http://jurnal-oldi.or.id/public/kbbi.pdf>
- Putra, Y. M. P. (2014, August 10). 136 Warga Cianjur Derita Thalassemia. *Republika.co.id*. Retrieved from <http://www.republika.co.id/berita/nasional/daerah/14/10/08/nd4eed-136-warga-cianjur-derita-thalassemia>
- Putra, Y. M. P. (2016, February 5). POPTI: Penderita Thalassemia Jabar Tertinggi di Indonesia. *Republika.co.id*. Retrieved from <http://nasional.republika.co.id/berita/nasional/jabodetabek-nasional/16/05/02/o6jtt7284-popti-penderita-thalassemia-jabar-tertinggi-di-indonesia>
- Rathus, S. A. (2014). *Childhood & Adolescence: Voyages in Development*. [Belmont, Calif.?]: Wadsworth Cengage Learning.

- Rector, N. A., & Centre for Addiction and Mental Health. (2010). *Cognitive-Behavioural Therapy: An Information Guide*. Toronto: Centre for Addiction and Mental Health.
- Reivich, K., & Gillham, J. (2010). Building Resilience in Youth: The Penn Resiliency Program. *Communique (0164775X)*, 38(6), 1, 17–18.
- Reivich, K., & Shatté, A. (2002). *The Resilience Factor: 7 Essential Skills for Overcoming Life's Inevitable Obstacles* (1st ed). New York: Broadway Books.
- Rejeki, D. S. S., Nurhayati, N., Supriyanto, S., & Kartikasari, E. (2012). Studi Epidemiologi Deskriptif Talasemia. *Kesmas: National Public Health Journal*, 7(3), 139. <https://doi.org/10.21109/kesmas.v7i3.61>
- Retnowati, S. (2008). Sumber Daya Pribadi Dan Sumber Daya Sosial Sebagai Mediator Dampak Kejadian Menekan Terhadap Munculnya Simtom Depresi Pada Remaja. *Jurnal Anima*, 23(5), 353–364.
- Ruvalcaba-Romero, N. A., Gallegos-Guajardo, J., & Villegas-Guinea, D. (2014). Validation of the Resilience Scale for Adolescents (read) in Mexico. *Journal of Behavior, Health & Social Issues*, 6(2), 21–34. <https://doi.org/10.5460/jbhsi.v6.2.41180>
- Saini, A., Chandra, J., Goswami, U., Singh, V., & Dutta, A. K. (2007). Case Control Study of Psychosocial Morbidity in Beta Thalassaemia Major. *The Journal of Pediatrics*, 150(5), 516–520. <https://doi.org/10.1016/j.jpeds.2007.01.025>
- Sankaranarayanan, A., & Cyclic, C. (2014). Resiliency Training in Indian Children: A Pilot Investigation of the Penn Resiliency Program. *International Journal of Environmental Research and Public Health*, 11(4), 4125–4139. <https://doi.org/10.3390/ijerph110404125>
- Schreiter, S., Pijnenborg, G. H. M., & Aan Het Rot, M. (2013). Empathy in Adults with Clinical or Subclinical Depressive Symptoms. *Journal of Affective Disorders*, 150(1), 1–16. <https://doi.org/10.1016/j.jad.2013.03.009>
- Seligman, M. E. P., Schulman, P., & Tryon, A. M. (2007). Group Prevention of Depression and Anxiety Symptoms. *Behaviour Research and Therapy*, 45(6), 1111–1126. <https://doi.org/10.1016/j.brat.2006.09.010>
- Shadish, W. R., Cook, T. D., & Campbell, D. T. (2002). *Experimental and Quasi-Experimental Designs for Generalized Causal Inference*. Boston: Houghton Mifflin.
- Shaligram, D., Girimaji, S. C., & Chaturvedi, S. K. (2007). Psychological Problems and Quality of Life in Children with Thalassaemia. *Indian Journal of Pediatrics*, 74(8), 727–730.

- Sijo, Y. (2003). *A Program Design Focusing on Optimism to Ameliorate the Symptoms of Depression and Learned Helplessness in Cuban Adolescent Refugees* (Psy.D.). Carlos Albizu University, Ann Arbor. Retrieved from <http://search.proquest.com/docview/305212662?accountid=13771>
- Smith, C., & Carlson, B. E. (1997). Stress, Coping, and Resilience in Children and Youth. *Social Service Review*, 71(2), 231–256.
- Smorti, M. (2015). Expectations Towards Future, Resiliency, Social Self-Efficacy in Adolescents After Bone Cancer Treatment. *Procedia - Social and Behavioral Sciences*, 185, 123–127. <https://doi.org/10.1016/j.sbspro.2015.03.364>
- Snyder, C. R., & Lopez, S. J. (Eds.). (2002). *Handbook of Positive Psychology*. Oxford [England]; New York: Oxford University Press.
- Soetjningsih (Ed.). (2004). *Tumbuh Kembang Remaja Dan Permasalahannya* (Cet. 1). Jakarta: Sagung Seto.
- Somers, J., Querée, M., Simon Fraser University, Centre for Applied Research in Mental Health and Addictions, British Columbia, & Mental Health and Addictions Branch. (2007). *Cognitive Behavioural Therapy: Core Information Document*. Vancouver, B.C.: Centre for Applied Research in Mental Health and Addictions (CARMHA). Retrieved from <http://www.deslibris.ca/ID/252316>
- Spies, G., & Seedat, S. (2014). Depression and resilience in women with HIV and early life stress: does trauma play a mediating role? A cross-sectional study. *BMJ Open*, 4(2), e004200. <https://doi.org/10.1136/bmjopen-2013-004200>
- Stallard, P. (2002). *Think Good, Feel Good: A Cognitive Behaviour Therapy Workbook for Children and Young People*. Chichester; Hoboken, NJ: Wiley.
- Steele, R. G., Elkin, T. D., & Roberts, M. C. (Eds.). (2008). *Handbook of Evidence-Based Therapies for Children and Adolescents: Bridging Science and Practice*. New York, NY: Springer.
- Stewart, D. E., & Yuen, T. (2011). A Systematic Review of Resilience in the Physically Ill. *Psychosomatics*, 52(3), 199–209. <https://doi.org/10.1016/j.psych.2011.01.036>
- Tanto, C., Liwang, F., Hanifati, S., & Pradipta, E. A. (Eds.). (2014). *Kapita Selektta Kedokteran* (IV). Jakarta: Media Aesculapius.
- Thapar, A., Collishaw, S., Potter, R., & Thapar, A. K. (2010). Managing and Preventing Depression in Adolescents. *BMJ: British Medical Journal*, 340(7740), 254–258.

- Timbremont, B., Braet, C., & Dreesen, L. (2004). Assessing depression in youth: relation between the Children's Depression Inventory and a structured interview. *Journal of Clinical Child and Adolescent Psychology: The Official Journal for the Society of Clinical Child and Adolescent Psychology, American Psychological Association, Division 53*, 33(1), 149–157. [https://doi.org/10.1207/S15374424JCCP3301\\_14](https://doi.org/10.1207/S15374424JCCP3301_14)
- Tusaie, K. R., & Patterson, K. (2006). Relationships Among Trait, Situational, and Comparative Optimism: Clarifying Concepts for a Theoretically Consistent and Evidence-Based Intervention to Maximize Resilience. *Archives of Psychiatric Nursing*, 20(3), 144–150. <https://doi.org/10.1016/j.apnu.2005.10.004>
- Van Middendorp, H., & Evers, A. W. M. (2016). The Role of Psychological Factors in Inflammatory Rheumatic Diseases: From Burden to Tailored Treatment. *Inflammatory Rheumatic Diseases in Different Organs*, 30(5), 932–945. <https://doi.org/10.1016/j.berh.2016.10.012>
- Waugh, C. E., & Koster, E. H. W. (2015). A resilience framework for promoting stable remission from depression. *Clinical Psychology Review*, 41, 49–60. <https://doi.org/10.1016/j.cpr.2014.05.004>
- Weatherall, D. (2001). Thalassaemias. In eLS. John Wiley & Sons, Ltd. Retrieved from <http://dx.doi.org/10.1038/npg.els.0002274>
- Weatherall, D. J. (1997). Fortnightly Review: The Thalassaemias. *BMJ: British Medical Journal*, 314(7095), 1675–1678. <https://doi.org/10.2307/25174807>
- Weersing, V. R., Iyengar, S., Kolko, D. J., Birmaher, B., & Brent, D. A. (2006). Effectiveness of Cognitive-Behavioral Therapy for Adolescent Depression: A Benchmarking Investigation. *Behavior Therapy*, 37(1), 36–48. <https://doi.org/10.1016/j.beth.2005.03.003>
- Welch, J. (2015). Diagnosis and Management of Thalassaemia. *Paediatrics and Child Health*, 25(8), 360–367. <https://doi.org/10.1016/j.paed.2015.03.001>
- Widayanti, C. G., Ediati, A., Tamam, M., Faradz, S. M. H., Siermans, E. A., & Plass, A. M. C. (2011). Feasibility of Preconception Screening for Thalassaemia in Indonesia: Exploring the Opinion of Javanese Mothers. *Ethnicity & Health*, 16(4-5), 483–499. <https://doi.org/10.1080/13557858.2011.564607>
- Widhiarso, W., & Retnowati, S. (2011). Investigasi Butir Bias Jender Dalam Pengukuran Depresi Melalui Children's Depression Inventory (CDI). *Jurnal Penelitian Psikologi*, 2 (1). Retrieved from <https://ugm.academia.edu/WahyuWidhiarso/Papers>
- Widiyatno, E., & Putra, Y. M. P. (2015, December 14). Kasus Thalassemia Di Banyumas Cukup Tinggi. *Republika.co.id*. Retrieved from <http://>

[www.republika.co.id/berita/nasional/daerah/15/12/14/nzcm8h284-kasus-thalassemia-di-banyumas-cukup-tinggi](http://www.republika.co.id/berita/nasional/daerah/15/12/14/nzcm8h284-kasus-thalassemia-di-banyumas-cukup-tinggi)

- Willson, R., & Branch, R. (2006). *Cognitive Behavioural Therapy for Dummies*. Chichester, West Sussex, England: John Wiley.
- Wong, P. W. C., Fu, K.-W., Chan, K. Y. K., Chan, W. S. C., Liu, P. M. Y., Law, Y.-W., & Yip, P. S. F. (2012). Effectiveness of a Universal School-Based Programme for Preventing Depression in Chinese Adolescents: A Quasi-Experimental Pilot Study. *Journal of Affective Disorders*, *142*(1-3), 106–114. <https://doi.org/10.1016/j.jad.2012.03.050>
- Yalom, I. D., & Leszcz, M. (2005). *The Theory and Practice of Group Psychotherapy* (5th ed). New York: Basic Books.
- Yayasan Thalassaemia Indonesia. (n.d.). Tentang POPTI. Retrieved from <http://www.thalassaemia-yti.org/p/view/2/tentang-popti>
- Zadeh, Z. F., & Lateef, M. (2012). Effect of Cognitive Behavioural Therapy (CBT) on Depressed Female University Students in Karachi. *International Conference on Education & Educational Psychology (ICEEPSY 2012)*, *69*, 798–806. <https://doi.org/10.1016/j.sbspro.2012.12.001>