

Bagi Psikolog Sekolah Inklusi

Menjadi salah satu pilihan intervensi untuk mengurangi kecemasan orangtua yang memiliki anak berkebutuhan khusus

DAFTAR PUSTAKA

- Abedin, A., & Molaie, A. (2010). The effectiveness of Group Movie Therapy (GMT) on parental stress reduction in mothers of children with mild mental retardation in Tehran. *Procedia - Social and Behavioral Sciences*, 5, 988–993. <https://doi.org/10.1016/j.sbspro.2010.07.223>
- Ahuja, A., Thapar, A., & Owen, M. (2005). Genetics of mental retardation. *Indian Journal of Medical Sciences*, 59(9), 407-17. Retrieved from <https://search.proquest.com/docview/195540532?accountid=13771>
- Ahmadi, M., Abdollahi, M.H., Ramezani, V., & Heshmati, R. (2010). The impact of written emotional expression on depressive symptoms and working memory capacity in Iranian students with high depressive symptoms. *Procedia - Social and Behavioral Sciences*, Volume 5, Pages 1610-1614.
- Alwisol. (2004). *Psikologi Kepribadian*. Malang: UM Press.
- American Psychiatric Association. (2000). *DSM V-TR (Diagnostic and Statistical Manual of Mental Disorders IV Text Revisor)*. Washington DC: American Psychiatric Association Press.
- American Psychiatric Association. (2013). *Diagnostic and Statistical Manual of Mental Disorders Fifth Edition "DSM-5"*. Washington DC: American Psychiatric Publishing. Washington DC.
- Arikunto, S. (2016). *Manajemen Penelitian*. Jakarta: Rineka Cipta.
- Azar, M., & Badr, L. K. (2010). Predictors of Coping in Parents of Children With an Intellectual Disability: Comparison Between Lebanese Mothers and Fathers. *Journal of Pediatric Nursing*, 25(1), 46–56. <https://doi.org/10.1016/j.pedn.2008.11.001>
- Azwar, S. (2016). *Penyusunan Skala Psikologi*. Yogyakarta: Pustaka Pelajar
- Blackburn, I. M., Davidson, K. M., & Kendell, R. E. (1994). *Terapi Kognitif Untuk Depresi dan Kecemasan, Suatu Petunjuk Bagi Praktisi*. Semarang : IKIP Semarang Press.
- Brabender, V.A., Fallon, A.E., & Smolar, A.I. (2004). *Essentials of group therapy*. New Jersey: Jhon Wiley & Sons

- Calhoun, J. F., dan Acocella, J. R. (1990). *Psikologi tentang Penyesuaian dan Hubungan Kemanusiaan*. Semarang : IKIP Semarang Press.
- Corey, Gerald. (2013). *Teori dan Praktek Konseling & Psikoterapi*. Bandung: PT Refika Aditama.
- Corey, M. S., Corey, G., & Corey, C (2014). *Groups: Process and practice (9th ed.)*. Belmont, CA: Brooks/Cole.
- Correa, V.I., Bonilla, Z.E. & Reyes-MacPherson. (2011). Support networks of single puerto rican mothers of children with disabilities. *Journal of Child and Family Studies*, 20(1), 66-77. <https://doi.org/10.1007/s10826-010-9378-3>
- Dastgahi, N., Kashi, E., & Shameli, L. (2013). The Efficacy of Social Skill Education in 14-24 Years Old Mild Mental Retarded Aggression Girls. *Procedia - Social and Behavioral Sciences*, 84, 1571–1574. <https://doi.org/10.1016/j.sbspro.2013.06.790>
- Diener, M.J., Hilsenroth, M.J., Weinberger, J. (2007). Therapist Affect Focus and Patient Outcomes in Psychodynamic Psychotherapy: A Meta-Analysis. *Am J Psychiatry*. 164(6):936-41.
- Direktorat Bina Kesehatan Anak, K. K.(2010). *Pedoman Pelayanan Kesehatan Anak di Sekolah Luar Biasa (SLB) Bagi Petugas Kesehatan*. Jakarta.
- Dupont, H. (1967). Community mental health centres and services for the Mentally Retarded. *Community Mental Health Journal*, 3(1).
- Field, Andy. (2009). *Discovering Statistic Using SPSS, thrid edition*. SAGE Publication.
- Finaros, Elnang. (2012). Efektifitas Metode Demonstrasi dan Latihan untuk Meningkatkan Kemampuan Mencuci Baju. *Iranian Jornal of Pediatrics*, 23(3), 281-288
- Goddard, J. A., Lehr, R., & Lapadat, J. C. (2007). Parents of children with disabilities: Telling a different story. *Canadian Journal of Counselling and Psychotherapy/Revue Canadienne de Counseling et de Psychothérapie*, 34(4).
- Graham, J.E., Lober, M., Glass, P., Lokshina, I. (2008). Effect of written anger expression in cronic pain patients: making meaning from pain. *Journal of Behavior Medicine*. Vol.31, pp.201-212.
- Greenberg, L.S., & Pascual-Leone, A. (2006). Emotion in psychotherapy. A Practice-friendly research review. *Journal of Clinical Psychology: In Session*, 62 (5), 611-630.
- Gupta R. K., & Kaur, H. (2010). Stress among parents of children with intellectual disability. *Asia Pacific Disability Rehabilitation Journal*, 21(2), 118–126.

Hallahan, Kauffman, and Pullen. (2014). *Exceptional Learners: An Introduction to Special Education, 12th Edition*. Essex: Pearson Education Limited.

Hartini, N. & Machdan, D. M. (2012). Hubungan antara penerimaan diri dengan kecemasan menghadapi dunia kerja pada tunadaksa di UPT rehabilitasi sosial cacat tubuh Pasuruan. *Jurnal Psikologi Klinis dan Kesehatan Mental*, 1(2), 79-85.

Hastuti, R. & Zamralita. (2004). Penyesuaian diri orang tua yang memiliki anak retardasi mental ringan. *Jurnal Psikologi*, 9(2).

Islam, M. Z., Farjana, S., & Shahnaz, R. (2013). Stress among parents of children with mental retardation. *Bangladesh Journal of Medical Science*, 12(1), 74. Retrieved from <http://search.proquest.com/openview/d6fae013ed3dd717cbb82bcd9d61a471/1?pq-origsite=gscholar&cbl=2040930>

Jani, M.C. (1967). *Social a mentally retarded child in family*. Bangalore, (Skripsi, Bangalore University).

Joyce, A. S., Piper, W.E., & Ogrodniczuk, J. S. (2007). Therapeutic Alliance and Cohesion Variables as Predictors of Outcome in Short-Term Group Psychotherapy. *International Journal of Group Psychotherapy*, 57(3), 269-296. <https://doi.org/10.1521/ijgp.2007.57.3.269>

Lane, R.D., & Schwatz, G.E. (1987). Levels of emotional awareness: A cognitive-developmental theory and its application to psychopathology. *American Journal of Psychiatry*, 144 (2), 133-143.

Lazarus, R. (1976). *Pattern of Adjustment*. New York, NY: McGraw-Hill:

Lazarus, R. S. (1991). *Emotion and Adaptation*. Oxford, UK: Oxford University Press.

Lindzey, G., & Hall, C. S. (1970). *Theories of personality*. New York, NY: Wiley.

Myers,D. (2007). *Psychology*. New York: Worth Publisher.

Neece, C. L. (2014). Mindfulness-Based Stress Reduction for Parents of Young Children with Developmental Delays: Implications for Parental Mental Health and Child Behavior Problems. *Journal of Applied Research in Intellectual Disabilities*, 27(2), 174–186. <https://doi.org/10.1111/jar.12064>

- Neece, C. L., & Lima, E. J. (2016). Interventions for Parents of People with Intellectual Disabilities. *Current Developmental Disorders Reports*, 3(2), 124–128. <https://doi.org/10.1007/s40474-016-0088-4>
- Nelson-Jones, R. 2011. *Theory and practice of counseling and therapy (4th ed) (Terjemahan H. P. Soetjipto & S. M. Soetjipto)*. California: Sage Publication Inc.
- Olivieira, R. A., Milliner, E. K., & Page, R. (2004). Psychotherapy with disabled patients. *Journal Psychoanalytic Psychotherapy*, 58 (4), 430-441.
- Porter, B. (1954). Measurement of parental acceptance of children. *Journal of Home Economics*, 46, 176-182.
- Prawitasari, dkk. (2002). *Psikoterapi Pendekatan Konvensional dan Kontemporer*. Yogyakarta: Pustaka Pelajar.
- Rieffe, C., Terwoght, M.M., Petrides, K.V., Cowan, r., Miers, A. C., & Tolland, A. (2007). Psychometric properties of the Emotional Awareness Questionnaire for children. *Personality and Individual Differences*, 43, 95-105.
- Sani, F., & Todman, J. (2006). *Experimental Design dan Statistics*. Oxford: Blackwell Publishing.
- Sari, P. D. (2016). *Humanistic Brief Group Therapy untuk Meningkatkan Penerimaan Ibu yang Memiliki Anak Cerebral Palsy*. Yogyakarta, (Tesis, Universitas Gadjah Mada).
- Schultz, D. (1991). *Psikologi pertumbuhan, model-model kepribadian sehat*. Yogyakarta: Kanisius.
- Shadish, W.R., Cook, T.D. & Campbell, D. T. (2002). *Expeimental and Quasi-Experimental Design for Generalized Causal Inference*. Boston: Houghton Mifflin Company.
- Shirani, N., Taebi, M., Kazemi, A., & Khalafian, M. (2015). The level of depression and its related factors among the mothers with mentally retarded girl children in exceptional primary schools. *Iranian Journal of Nursing & Midwifery Research*, 20(1), 69–74. Retrieved from <http://search.ebscohost.com/login.aspx?direct=true&db=a9h&AN=100727885&site=ehost-live>
- Shokoohi-Yekta, M., Zamani, N., & Ahmadi, A. (2011). Anger management training for mothers of mildly mentally retarded and slow learner children: effects on mother-child relationship. *Procedia - Social and Behavioral Sciences*, 15, 722–726. <https://doi.org/10.1016/j.sbspro.2011.03.172>
- Shokoohi-Yekta, M., Zamani, N., & Parand, A. (2010). Efficacy of anger management training based on cognitive-behavioral approach on mothers of children with mental retardation: 1-year follow-up. *Procedia-Social and*

Behavioral Sciences, 5, 1434–1437. Retrieved from <http://www.sciencedirect.com/science/article/pii/S1877042810016769>.

Smart, A. (2010). *Anak cacat bukan kiamat metode pembelajaran dan terapi untuk anak berkebutuhan khusus*. Yogyakarta: Katahati.

Solomon, R., & Liefeld, C. (1998). Effectiveness of a Family Support Center Approach to Adolescent Mothers: Repeat Pregnancy and School Drop-out Rates. *Family Relations*, 47(2), 139-144. doi:10.2307/585617.

Spielberger, C. D. (1966). *Theory and research on anxiety and behavior*. New York: Academic press.

Stanley, M. A., Diefenbach, G. J., & Hopko, D. R. (2004). Cognitive behavioral treatment for older adults with generalized anxiety disorder: A therapist manual for primary care settings. *Behavior Modification*, 28(1). Doi: 10.1177/0145445503259259

Sugiyanto. (2009). *Model-model pembelajaran inovatif*. Surakarta: Panitia Sertifikasi Guru Rayon 13 FKIP UNS

Tavakolizadeh, J., Dashti, S., & Panahi, M. (2012). The Effect of Rational-Emotional Training on Mothers' Mental Health Condition of Children with Mental Retardation. *Procedia - Social and Behavioral Sciences*, 69, 649–658. <https://doi.org/10.1016/j.sbspro.2012.11.457>.sch

Thompson, R.J., Dizen, M., & Barenbaum, h. (2009). The unique relations between emotional awareness and facets of affective instability. *J Res Pers*, 43 (5), 875-879.

Wang, P., Michaels, C. A., & Day, M. S. (2011). Stresses and Coping Strategies of Chinese Families with Children with Autism and Other Developmental Disabilities. *Journal of Autism & Developmental Disorders*, 41, 783–795. <http://dx.doi.org/10.1007/s10803-010-1099-3>

Widiastuti, T.R. (2012). *Kesadaran Emosi dan Meta-Emosi dalam empat pendekatan Psikoterapi*. (Tesis). Universitas Gajah Mada. Yogyakarta.

Wijayani & Budi (2011). Resiliensi orang tua dalam membesarkan anak retardasi mental. *Jurnal Spirits*, 2(1), 1-14.

Wolberg, L.R.(1967). *The technique of Psychotherapy*. New York : grune & Stratton.

Yalom, I. D. (1985). *The theory and practice of group psychotherapy (3rd ed.)*. New York, NY: Basic Books