

**EMPLOYEE'S VISITS OF UNIVERSITAS GADJAH MADA WITH NON-
COMMUNICABLE DISEASE TO GMC HEALTH CARE IN 2014**

ABSTRACT

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Background: Indonesia has undergone a transition of epidemiology disease which is increasing of Non-Communicable disease (NCD) and decreasing of communicable disease. Universitas Gadjah Mada (UGM) as the biggest university in Indonesia has so much employees. UGM has prepared a health care named GMC Health Center for the employees. The diseases' pattern of the employees must be known to anticipate negative effects of NCD in the future, so that can be performed the right step early.

Objective: To knowing about employees visits in Universitas Gadjah Mada (UGM) with non-communicable disease (NCD) to GMC Health Center in 2014.

Methods: Descriptive and retrospective by using secondary data that has been recorded in Medical Record of GMC Health Center. The necessary data consist of the real diagnose, employee's status and visiting time. Analyze data be obtained from observation numeric data of Medical Record in 2014 which is processed statistically (computerize) with Microsoft Excel 2013 programe.

Results: The number of employee's visits in UGM with NCD to GMC Health Center in 2014 were 2.618. From 2.618 visits, there were 58 kinds of NCD. Based on employment, UGM official visited 2.186 times and honorary employees visited 432 times. Based on time, the frequency of NCD to employee's visits was fluctuation.

Conclusion: Diagnose of Hypertension to employee's visits of Universitas Gadjah Mada to GMC Health Center was the most NCD's visits in 2014 and the most employee who visited was UGM official. The highest NCD's frequency to employee's visits of Universitas Gadjah Mada was in February and November 2014, meanwhile the lowest NCD's frequency was in July 2014.

Keywords: Visits, employees, non-communicable, GMC Health Center

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**KUNJUNGAN PEGAWAI UNIVERSITAS GADJAH MADA DENGAN PENYAKIT
TIDAK MENULAR KE GMC HEALTH CENTER PERIODE TAHUN 2014**

INTISARI

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Latar belakang: Indonesia telah mengalami transisi epidemiologi penyakit dimana prevalensi Penyakit Tidak Menular (PTM) mengalami peningkatan, sedangkan prevalensi penyakit menular mengalami penurunan. Universitas Gadjah Mada (UGM) sebagai universitas terbesar di Indonesia memiliki jumlah pegawai yang banyak. UGM menyediakan suatu layanan kesehatan bagi pegawai yang bernama GMC Health Center. Pola penyakit pada pegawai perlu diketahui untuk mengantisipasi dampak negatif PTM di masa depan, sehingga dapat dilakukan tindakan tepat secara dini.

Tujuan penelitian: Untuk mengetahui kunjungan pegawai UGM dengan penyakit tidak menular ke GMC Health Center periode tahun 2014.

Metode: Deskriptif dan bersifat retrospektif dengan menggunakan data sekunder yang tercatat di Rekam Medis GMC Health Center. Data-data yang digunakan meliputi diagnosis pasti, status pegawai dan waktu berkunjung. Analisis data didapat dari observasional data numerik dari Rekam Medis tahun 2014 yang diolah secara statistik (komputerisasi) menggunakan program Microsoft Excel 2013.

Hasil: Jumlah kunjungan pegawai UGM dengan PTM ke GMC Health Center pada tahun 2014 tercatat sebanyak 2.618 kunjungan. Dari 2.618 kunjungan tersebut, didapatkan 58 jenis diagnosis PTM. Berdasarkan status pegawai, kunjungan Pegawai Negeri Sipil (PNS) adalah sebesar 2.186 dan kunjungan pegawai honorer adalah sebesar 432. Berdasarkan waktu, frekuensi diagnosis PTM terhadap kunjungan pegawai UGM mengalami fluktuasi.

Kesimpulan: Diagnosis hipertensi terhadap kunjungan pegawai Universitas Gadjah Mada ke GMC Health Center pada tahun 2014 merupakan penyakit tidak menular tersering dan paling banyak dialami oleh PNS. Frekuensi tertinggi diagnosis PTM terhadap kunjungan pegawai UGM adalah pada bulan Februari dan November 2014, sedangkan terendah pada bulan Juli 2014.

Kata kunci: Kunjungan, pegawai, tidak menular, GMC Health Center

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