

## INTISARI

Produk *Fish Calcium* YGF 251 merupakan suplemen peninggi badan dengan komponen tertinggi yaitu *fish calcium* (kandungan kalsium lebih dari 30%) dan YGF (*Young Growth Factor*). Penelitian ini bertujuan untuk mengevaluasi ketoksikan pemberian suplemen peninggi badan *Fish Calcium* YGF 251 terhadap tikus betina galur *Wistar* ditinjau dari aspek kimia darah selama 90 hari masa perlakuan dan 14 hari masa reversibilitas.

Metode yang digunakan dalam penelitian ini mengacu pada *guideline* OECD 408. Hewan uji dibagi dalam empat kelompok masing-masing sepuluh ekor betina, yaitu kelompok kontrol NaCMC 0,5%, dosis 28,8 mg/kgBB, dosis 144 mg/kgBB, dosis 720 mg/kgBB. Pada kelompok kontrol dan dosis 720 mg/kgBB masing-masing ditambahkan 5 ekor tikus sebagai kelompok satelit. Pengamatan meliputi gejala klinis, bobot badan, asupan makanan dan minuman, dan analisis kimia darah. Data dianalisis statistik menggunakan program SPSS 19 dengan taraf kepercayaan 95%.

Hasil penelitian menunjukkan bahwa pemberian suplemen peninggi badan *Fish Calcium* YGF 251 secara berulang selama 90 hari dan 14 hari masa reversibilitas terhadap tikus betina galur *Wistar* tidak menimbulkan gejala toksik, tidak mempengaruhi bobot badan, asupan makanan dan minuman, dan parameter kimia darah seperti SGPT, SGOT, kreatinin, total protein, albumin, urea, bilirubin, dan kolesterol. Suplemen peninggi badan *Fish Calcium* YGF 251 kelompok dosis 720 mg/kgBB berpotensi menurunkan kadar glukosa pada tikus betina galur *Wistar* yang bersifat reversibel.

Kata kunci : toksisitas subkronis, kimia darah, *Fish Calcium* YGF 251 (*Young Growth Factor*).

## ABSTRACT

Fish CalciumYGF 251 is a growth supplement with the highest composition containing fish calcium (more than 30%) and YGF (Young Growth factor). This research's purpose is to evaluate the toxicity of Fish Calcium YGF 251 to female Wistar rats, reviewed from blood chemical aspect during the 90 days of treatment period and the 14 days of reversibility period.

The research of method used is according to OECD 408 guideline. The samples are divided into four groups consisting of ten female rats as in the control NaCMC 0,5%, 28.8 mg/kgBB dosage, 144 mg/kgBB dosage, and 720 mg/kgBB dosage. Five female rats are added to each control category and 720 mg/kgBB dosage to be the satellite group. The observation including clinical symptoms, body mass, food and drink intake and blood chemical analysis. The data is analyzed using SPSS 19 with significance level 95%.

The research result shows that there is no toxicity occurring from the usage of Fish Calcium YGF 251 for female Wistar rats during the 90 days of treatment period and the 14 days of reversibility period. In addition, there is also no impact for the body mass, food and drink intake and blood chemical parameters (such as SGPT, SGOT, creatinin, protein total, albumin, urea, bilirubin, and cholesterol) from the usage of Fish Calcium YGF 251 for female Wistar rats. The 720 mg/kgBB dosage use of Fish Calcium YGF 251 has a potential to decrease the glucosa level of female Wistar rats which is reversible.

Keywords : subchronic toxicity, blood chemical, Fish Calcium YGF 251 (Young Growth Factor)