UNIVERSITAS GADJAH MADA
HUBUNGAN ANTARA TINGKAT RELIGIUSITAS DENGAN BERAT BADAN LEBIH PADA MAHASISWA KEDOKTERAN UNIVERSITAS MUHAMMADIYAH YOGYAKARTA
M. KHOTIBUDDIN, Prof.Dr.dr. Ahmad Husain Asdie, SpPD-KEMD; Dr.dr. Emy Huriyati, M.Kes
Universitas Gadjah Mada, 2016 | Diunduh dari http://etd.repository.ugm.ac.id/

DAFTAR PUSTAKA

Adam, T.C., and Epel, E.S. (2007) Stress, eating and the reward system. *Psychology & Behavior*, 91, pp. 449-458

Afridi, A.K., and Khan, A. (2004) Prevalence and Etiology of Obesity: An Overview. *Pakistan Journal of Nutrition*, 3 (1), pp. 14-25.

Ainsworth, B.E., Haskell, W.L., Leon, A.S., Jacobs, D.R., Montoye, H.J., Sallis, J.F., and Paffenbarger, R.S. (1993) Compendium of physical activities: classification of energy costs of human physical activities. *Med Sci Sports Exerc*, 25 (1), pp. 71-80.

Ainsworth, B.E., Haskell, W.L., Whitt, M.C., Irwin, M.L., Swartz, A.M., Strath, S.J., *et al.* (2000) Compendium of physical activities: an update of activity codes and MET intensities. *Med Sci Sports Exerc*, 32 Suppl 9, pp. S498-S504.

Almatsier, Sunita. (2004) *Penuntun Diet*. Edisi Baru. Jakarta: Penerbit PT Gramedia Pustaka Utama.

Al-Rethaiaa, A.S., Fahmy, A.A., and Al-Shwaiyat, N.M. (2010) Obesity And Eating Habits Among College Students In Saudi Arabia: A Cross Sectional Study. *Nutrition Journal*, 9 (39), pp. 1-10.

American Psychiatric Association (2000) *Diagnostic and Statistical Manual of Mental Disorders*. Washington: American Psychiatric Association.

Ancok, D., dan Suroso, F.N. (2005) *Psikologi Islam: Solusi Islam Atas Problem-Problem Psikologi*. Yogyakarta: Pustaka Pelajar.

Anderson, B., Rafferty, A.P., Lyon-Callo, S., Fussman, C., and Imes G. (2011) Fast-food consumption and obesity among Michigan adults. *Prev Chronic Dis*, 8 (4), pp. A71.

Angraini, DI. (2014) Hubungan Depresi dengan Status Gizi. *Medula Unila*, 2 (2), pp. 39-46.

Ariningsih, Ening. (2008) *Konsumsi dan Kecukupan Energi dan Protein Rumah Tangga Perdesaan di Indonesia: Analisis Data SUSENAS 1999, 2002, dan 2005*. Jakarta: Pusat Analisis Sosial Ekonomi dan Kebijakan Pertanian, Departemen Pertanian

Asgary, S., Aghaei, A., Naderi, G.A., Kelishadi, R., Gharipour, M., and Azali, S. (2000) Effects Of Ramadan Fasting On Lipid Peroxidation, Serum Lipoproteins And Fasting Blood Sugar. *Medical Journal Of Islamic Academy Of Sciences*, 13 (1), pp. 35-38.

Attarzadeh-Hosseini, S.R., and Hejazi, K. (2013) The Effects of Ramadan Fasting and Physical Activity on Blood Hematological-Biochemical Parameters. *Iran J Basic Med Sci*, 16, pp. 845-849.

Ayers, J.W., Irvin, V.L., Park, H., Hovell, M.F., Hofstetter, R.C., Song, H., and Paik, H. (2010) Can Religion Help Prevent Obesity?: Religious Messages and the Prevalence of Being Overweight or Obese Among Korean Women in California. *J Sci Study Relig*, 49 (3), pp. 536-549.

Beaton, G.H., Milner, J., Corey, P., McGuire, V., Cousins, M., Stewart, E., *et al*. (1979) Sources of Variance in 24-Hour Dietary Recall Data: Implications

UNIVERSITAS GADJAH MADA
HUBUNGAN ANTARA TINGKAT RELIGIUSITAS DENGAN BERAT BADAN LEBIH PADA MAHASISWA KEDOKTERAN UNIVERSITAS MUHAMMADIYAH YOGYAKARTA
M. KHOTIBUDDIN, Prof.Dr.dr. Ahmad Husain Asdie, SpPD-KEMD; Dr.dr. Emy Huriyati, M.Kes
Universitas Gadjah Mada, 2016 | Diunduh dari http://etd.repository.ugm.ac.id/

for Nutrition Study Design and Interpretation. *Am J Clin Nutr*, 32, pp. 2546-59.

Bernstein, M.S., Costanza, M.C., and Morabia, A. (2004) Association of physical activity intensity levels with overweight and obesity in a population-based sample of adults. *Prev Med*, 38 (1), pp. 94-104.

Björntorp, P. (1995) Neuroendocrine abnormalities in human obesity. *Metabolism*, 44 (2) Suppl 2, pp. 38-41.

Black, A.E., Cole, T.J., Wiles, S.J., and White, F. (1983) Daily variation in food intake of infants from 2 to 18 months. *Hum Nutr Appl Nutr*, 37, pp. 448-58.

Bleich, S.N., Bennett, W.L., Gudzune, K.A., and Cooper, L.A. (2012) Impact of Physician BMI on Obesity Care and Beliefs. *Obesity*, 20 (5), pp. 999–1005.

Block, J.P., He, Y., Zaslavsky, A.M., Ding, L., and Ayanian, J.Z. (2009) Psychosocial Stress and Change in Weight Among US Adults. *Am J Epidemiol*, 170, pp. 181-192.

Bray, G.A. (2004). Classification and Evaluation of the Overweight Patient. In: Bray, G.A., and Bouchard, C. eds. *Handbook of Obesity-Clinical Applications*. 2nd ed. Newyork/Basel: Marcel Dekker.

Brumpton, B., Langhammer, A., Romundstad, P., Chen, Y., and Mai, X-M. (2012) The Associations of Anxiety and Depression Symptom With Weight Change and Incidence Obesity: The HUNT Study. *International Journal of Obesity*, 37, pp. 1268-1274.

Celik, A., Saricicek, E., Saricicek, V., Sahin, E., Ozdemir, G., Bozkurt, S., Okumus, M., *et al*. (2014) Effect Of Ramadan Fasting On Serum Concentration Of Apelin-13 And New Obesity Indices In Healthy Adult Men. *Med Sci Monit*, 20, pp. 337-342.

Cline, K.M.C., and Ferraro, K.F. (2006) Does Religion Increase the Prevalence and Incidence of Obesity in Adulthood? *Journal for the Scientific Study of Religion*, 45 (2), pp. 269-281.

Cutler, D.M., Edward, L., Glaeser and Shapiro, J.M. (2003) Why Have Americans Become More Obese? *Journal of Economic Perspectives*, 17 (3), pp. 93–118.

Da Silva, M.A., Singh-Manoux, A., Brunner, E.J., Kaffashian, S., Shipley, M.J., Kivimaki, M., and Nabi, H. (2012) Bidirectional association between physical activity and symptoms of anxiety and depression: The Whitehall II Study. *European Journal of Epidemiology*, 27 (7), pp. 537-546.

De Wit, L., Straten, A.V., Lamers, F., Cuijpers, P., and Penninx, B. (2011) Are Sedentary Television Watching and Computer Use Behaviors Associated With Anxiety and Depressive Disorders? *Psychiatry Research*, 186 (2-3), pp. 239-243.

Djaya, N.P. (2009) Faktor Yang Mempengaruhi Status Gizi Mahasiswa Fakultas Kedokteran Unika Atmajaya. *Skripsi*. Jakarta: Unika Atmajaya.

Faith, M.S., Butryn, M., Wadden, T.A., Fabricatore, A., Nguyen, A.M., and Heymsfield, S.B. (2011) Evidence for Prospective Associations Among

UNIVERSITAS GADJAH MADA
HUBUNGAN ANTARA TINGKAT RELIGIUSITAS DENGAN BERAT BADAN LEBIH PADA MAHASISWA KEDOKTERAN UNIVERSITAS MUHAMMADIYAH YOGYAKARTA
M. KHOTIBUDDIN, Prof.Dr.dr. Ahmad Husain Asdie, SpPD-KEMD; Dr.dr. Emy Huriyati, M.Kes
Universitas Gadjah Mada, 2016 | Diunduh dari http://etd.repository.ugm.ac.id/

Depression and Obesity in Population-based Studies. *Obesity Reviews*, 12, pp. e438-e453

Feinman, L., and Lieber, C.S. (1999) Nutrition and Diet in Alcoholism. In: Shils, M.E., Olson, J.A., Shike, M., and Ross, A.C. eds. *Modern Nutrition in Health and Disease*. 9th ed. Lippincott: Williams & Wilkins

Finkelstein, E.A., Ruhm, C.J., and Kosa, K.M. (2005) Economic Causes and Consequences of Obesity. *Annual Review of Public Health,* 26, pp. 239-57.

Frary, C.D., and Johnson, R.K. (2008) Energy. In: *Krause's Food & Nutrition Theraphy*. International Edition, 12th ed. Saunders

Gee, M., Mahan, L.K., and Escott-Stump, S. (2008). Weight Management. In: *Krause's Food & Nutrition Theraphy*. International Edition, 12th ed. Saunders

Gillis, L.J., Kennedy, L.C., Gillis, A.M., and Bar-Or, O. (2002) Relationship Between Juvenile Obesity, Dietary Energy and Fat Intake and Physical Activity. *International Journal of Obesity*, 26, pp. 458-463.

Gopalakrishnan, S., Ganeshkumar, P., Prakash, M.V.S., Christopher, A.V. (2012) Prevalence of Overweight/Obesity among the Medical Students Malaysia. *Med J Malaysia*, 67 (4) August.

Grundy, A., Cotterchio, M., Kirsh, V.A., and Kreiger, N. (2014) Associations between Anxiety, Depression, Antidepressant Medication, Obesity and Weight Gain among Canadian Women. *PloS ONE*, 9 (6), p. e99780

Guh, D.P., Zhang, W., Bansback, N., Amarsi, Z., Birmingham, C., Holt, C.L., *et al.* (2005) The Role of Religiosity in Dietary Beliefs and Behaviors Among Urban African American Women. *Cancer Control*, November.

Gummesson, A. (2009) Pathogenesis of Obesity and Effects of Treatment. *Paper*. Sahlgrenska Academy, University of Gothenburg, Sweden: Intellecta Infolog AB.

Hadianto, Henry. (2014) Prevalensi dan Faktor-Faktor Risiko yang Berhubungan dengan Tingkat Gejala Depresi pada Mahasiswa Program Studi Pendidikan Dokter Fakultas Kedokteran Universitas Tanjungpura. *SKRIPSI*. Pontianak: FK UNTAN

Hajek, P., Myers, K., Dhanji, A.R., West, O., and McRobbie, H. (2011) Weight change during and after Ramadan fasting. *Journal of Public Health*. pp. 1–5. doi:10.1093/pubmed/fdr087

Hall, J.E., Brands, M.W., Hildebrandt, D.A., Kuo, J., and Fitzgerald, S. (2000) Role of sympathetic nervous system and neuropeptides in obesity hypertension. *Braz J Med Biol Res*, 33 (6), pp. 605-618.

Hallak, M.H., and Nomani, M.Z.A. (1988) Body Weight Loss and Changes in Blood Lipid Levels in Normal Men on Hypocaloric Diets During Ramadan Fasting. *Am J Clin Nutr*, 48, pp. 1197-1210

Hartono, Andry. (2006) *Terapi Gizi dan Diet Rumah Sakit*. Edisi 2. Jakarta: EGC

Havel, P.J. (2000) Role of adipose tissue in body-weight regulation: mechanisms regulating leptin production and energy balance. *Proceedings of the Nutrition Society*, 59, pp. 359-371.

Hawari, D., 2010. *Psikopatologi Bunuh Diri*. Jakarta: Balai Penerbit FK UI.

UNIVERSITAS GADJAH MADA
HUBUNGAN ANTARA TINGKAT RELIGIUSITAS DENGAN BERAT BADAN LEBIH PADA MAHASISWA KEDOKTERAN UNIVERSITAS MUHAMMADIYAH YOGYAKARTA
M. KHOTIBUDDIN, Prof.Dr.dr. Ahmad Husain Asdie, SpPD-KEMD; Dr.dr. Emy Huriyati, M.Kes
Universitas Gadjah Mada, 2016 | Diunduh dari http://etd.repository.ugm.ac.id/

Hill, J.O (2006) Understanding and Addressing the Epidemic of Obesity: An Energy Balance Perspective. *Endocrine Reviews*, 27 (7), pp. 750-761

Holcomb, V.B., Hong, J., and Núñez, N.P. (2012) Exogenous Estrogen Protects Mice from the Consequences of Obesity and Alcohol. *Menopause*, 19 (6), pp. 680–690.

Holt, C.L., Haire-Joshu, D.L., Lukwago, S.N., Lewellyn, L.A., and Kreuter, M.W. (2005) The Role of Religiosity in Dietary Beliefs and Behaviors Among Urban African Women. *Cancer Control*, Supp Cancer, Culture and Literacy, pp. 84-90.

Hu, F.B. (2008a) Measurements of Adiposity and Body Composition. In: Hu, FB. ed. *Obesity Epidemiology*. New York: Oxford University Press.

_____ (2008b) Introduction to Obesity Epidemiology. In: Hu, FB. ed. *Obesity Epidemiology*. New York: Oxford University Press.

_____ (2008c) Physical Activity Measurements. In: Hu, FB. ed. *Obesity Epidemiology*. New York: Oxford University Press.

Inui, A. (2000) Transgenic approach to the study of body weight regulation. *Pharmacol Rev*, 52 (1), pp. 35-61

Ismail, S., Shamsuddin, K., Latiff, K.A., Saad, H.A., Majid, L.A., and Othman, F.M. (2015) Voluntary Fasting to Control Post-Ramadan Weight Gain among Overweight and Obese Women. *SQU Medical Journal*, 15 (1), pp. e98-104.

Jakicic, J.M., and Otto, A.D. (2005) Physical Activity Considerations for the Treatment and Prevention of Obesity. *Am J Clin Nutr*, 82 (suppl), pp. 226S–9S.

Jalaludin (2010) *Psikologi Agama*. Jakarta: PT. Raja Grafindo Persada.

Kim, K.H., Sobal, J., and Wethington, E. (2003) Religion and Body Weight. *International Journal of Obesity*, 27, pp. 469–477

Kim, K.H., and Sobal, J. (2004) Religion, Social Support, Fat Intake and Physical Activity. *Public Health Nutrition*, 7 (6), pp. 773-781.

Koenig, H.G., McCullough, M.E., and Larson, D.B. (2001) *Handbook of Religion and Health.* New York: Oxford University Press.

Koenig, H.G. (2008, February) Religion, Spirituality and Health: Research and Clinical Applications. *Paper presented at NACSW Convention*, Orlando, Florida.

Larastiti, A.P., Fitrikasari, A., dan Sarjana A.S. (2014) Hubungan Tingkat Depresi Dengan Perilaku Masturbasi Pada Mahasiswa Fakultas Kedokteran Tahun Pertama. *Media Medika Muda*, 3 (1).

Lasserre, A.M., Glaus, J., Vandeleur, C.L., Marques-Vidal, P., Vaucher, J., Bastardot, F., *et al.* (2014) Depression With Atypical Features and Increase in Obesity, Body Mass Index, Waist Circumference, and Fat Mass–A Prospective, Population-Based Study. *JAMA Psychiatry*, 71 (8), pp. 880-888.

Lawson, E.A., Miller, K.K., Blum, J.I., Meenaghan, E., Misra, M., Eddy, K.T., Herzog, D.B., and Klibanski, A. (2012) Leptin Levels Are Associated With Decreased Depressive Symptoms in Women Across the Weight

UNIVERSITAS GADJAH MADA
HUBUNGAN ANTARA TINGKAT RELIGIUSITAS DENGAN BERAT BADAN LEBIH PADA MAHASISWA KEDOKTERAN UNIVERSITAS MUHAMMADIYAH YOGYAKARTA
M. KHOTIBUDDIN, Prof.Dr.dr. Ahmad Husain Asdie, SpPD-KEMD; Dr.dr. Emy Huriyati, M.Kes
Universitas Gadjah Mada, 2016 | Diunduh dari http://etd.repository.ugm.ac.id/

Spectrum, Independent of Body Fat. *Clin Endocrinol (Oxf).* Vol 76 (4): pp. 520–525.

Ledikwe, J.H., Blanck, H.M., Khan, L.K., Serdula M.K., Seymour, J.D., Tohill, B.C., and Rolls B.J. (2006) Dietary Energy Density is Associated with Energy Intake and Weight Status in US-adults. *Am J Clin Nutr*, 83, pp. 1362-8.

Lestari, S. (2012) Faktor Risiko Penyebab Kejadian Obesitas Pada Mahasiswa Fakultas Kedokteran Universitas Sumatera Utara Tahun 2011. *Tesis*. Medan: FK USU.

Linde, J.A., Jeffery, R.W., Levy, R.L., Sherwood, N.E., Utter, J., Pronk, N.P., and Boyle, R.G. (2004) Binge Eating Disorder, Weight Control Self-Efficacy, and Depression in Overweight Men and Women. *International Journal of Obesity*, 28, pp. 418-425.

Lupo, M.K., and Strous, R.D. (2011) Religiosity, Anxiety and Depression among Israeli Medical Students. *IMAJ*, Vol 13, pp. 613-617.

Lwanga, S.K., and Lameshow, S. (1991) *Sample Size Determination in Health Studies*. Geneva: WHO

Melgar, N., Neuman, S., and Rossi, M. (2012) Religion, Religiosity and Depression: Re-Assessing their Relationship. *Documentos de Trabajo*. Uruguay: Departement of Economics, Universidad de la Republica. Available from: http://works.bepress.com/maximo_rossi/58

Miftah, M. (2011) Gambaran Aktivitas Olahraga Pada Mahasiswa Fakultas Kedokteran Universitas Sumatera Utara Angkatan 2011 yang Menderita Obesitas. *Karya Tulis Ilmiah*. Medan: FK USU. Tersedia dalam: http://repository.usu.ac.id/handle/123456789/32578

Miller, W.R., and Thoresen, C.E. (2003) Spirituality, Religion, and Health: An Emerging Research Field. *American Psychologist*, 58 (1), pp. 24-35.

Miller, L., Wickramaratne, P., Gameroff, M.J., Sage, M., Tenke, C.E., and Weissman, M.M. (2012) Religiosity and Major Depression in Adults at High Risk: A Ten-Year Prospective Study. *Am J Psychiatry*, 169 (1), pp. 89-94.

Miozzo, R., Bienvenu, O.J., Eaton, W.W., and Nestadt, G. (2014) Prevalence and Comorbidity of Alcohol Dependence, Depression, and Anxiety Disorders in their Association with the Serotonin Transporter Gene. *UMass Center for Clinical and Translational Science Research Retreat.* Paper 63.

Monod, S., Brennan, M., Rochat, E., Theologian, Martin, E., Rochat, S., and Büla, C.J. (2011) Instruments Measuring Spirituality in Clinical Research: A Systematic Review. *J Gen Intern Med*, 26, (11), pp. 1345–57.

Moyer, C.S. (2013) Overweight Doctors Lose Credibility on Health Advise. *American Medical News.* April 1st. Available from: http://www.amednews.com/article/20130401/health/130409982/4/

Nathenson, S.L., and Wen, M. (2012) Religiousness, Physical Activity and Obesity among Older Cancer Survivor: Results from the Health and Retirement Study 2000-2010. *Int J Religion Spiritual Soc*, 2 (3), pp. 129-144

UNIVERSITAS GADJAH MADA
HUBUNGAN ANTARA TINGKAT RELIGIUSITAS DENGAN BERAT BADAN LEBIH PADA MAHASISWA KEDOKTERAN UNIVERSITAS MUHAMMADIYAH YOGYAKARTA
M. KHOTIBUDDIN, Prof.Dr.dr. Ahmad Husain Asdie, SpPD-KEMD; Dr.dr. Emy Huriyati, M.Kes
Universitas Gadjah Mada, 2016 | Diunduh dari http://etd.repository.ugm.ac.id/

NHS (2009) *The General Practice Physical Activity Questionnaire (GPPAQ): A Screening Tool to Assess Adult Physical Activity Levels, Within Primary Care*. Physical Activity Policy, UK: Health Improvement Directorate.

Nishitani, N., and Sakakibara, H. (2006) Relationship of obesity to job stress and eating behavior in male Japanese workers. International Journal of Obesity, 30, pp. 528-533

Nugraha, G.I. (2009) Etiologi dan Patofisiologi Obesitas. Di dalam: *Obesitas, Permasalahan dan Terapi Praktis,* Cetakan I. Jakarta: Sagung Seto. Hal: 9-18.

Ogden, C.L., Yanovski, S.Z., Carroll, M.D., and Flegal, K.M. (2007) The Epidemiology of Obesity. *Gastroenterology*, 132 (6), pp. 2087-2102

Padmasree, D., and Ujwala, U. (2012) Influence of Certain Factors on Overweight and Obesity among Undergraduate Medical Students at Vizianagaram. *International Journal of Recent Trends in Science And Technology*, 5 (1), pp. 38-42

Poh, B.K., Zawiah, H., Ismail, M.N., and Henry, C. (1996) Changes in Body Weight, Dietary Intake and Activity Pattern of Adolescents during Ramadan. *Malays J Nutr*, 2, pp. 1-10.

Pujiati, S. (2010) Prevalensi Dan Faktor Risiko Obesitas Sentral Pada Penduduk Dewasa Kota Dan Kabupaten Indonesia Tahun 2007. *Tesis*. Jakarta: FK UI

Quit Tobacco Indonesia, 2007. Available from: *http://www/quittobaccoindonesia.net*

Ramli, R.N. (2011) Perbedaan Status Gizi Antara Mahasiswa FK UII Angkatan 2001 Yang mondok dan Tidak Mondok. *Skripsi*. Yogyakarta: UII

Reilly, J.J., Armstrong, J., Dorosty, A.R., Emmett, P.M., Ness, A., Rogers, I., Steer, C., and Sherriff, A. (2005) Early Life Risk Factors for Obesity in Childhood: Cohort Study. *BMJ Online First*. Available from: http://www.bmj.com

Reis, J.P., Macera, C.A., Araneta, M.R., Lindsay, S.P., Marshall, S.J., and Wingard, D.L. (2009) Comparison of Overall Obesity and Body Fat Distribution in Predicting Risk of Mortality. *Obesity*, 17, pp. 1232–1239.

Ressler, K.J., and Nemeroff, C.B. (2000) Role of Serotonergic and Noradrenergic Systems in the Pathophysiology of Depression and Anxiety Disorders-Research Reviews. *Depression and Anxiety*, 12 Suppl 1, pp. 2-19.

Riset Kesehatan Dasar (2007) Badan Penelitian Dan Pengembangan Kesehatan Kementerian Kesehatan RI.

Riset Kesehatan Dasar (2010) Badan Penelitian Dan Pengembangan Kesehatan Kementerian Kesehatan RI.

Riset Kesehatan Dasar (2013) Badan Penelitian Dan Pengembangan Kesehatan Kementerian Kesehatan RI.

Ronneberg, C.R., Miller, E.A., Dugan, E., and Porell, F. (2014) The Protective Effects of Religiosity on Depression: A 2-Year Prospective Study. *The Gerontologist*. DOI: 10.1093/geront/gnu073.

Rosmond, Roland. (2005) Role of stress in the pathogenesis of the metabolic syndrome. *Psychoneuroendocrinology*, 30, pp. 1-10

UNIVERSITAS GADJAH MADA
HUBUNGAN ANTARA TINGKAT RELIGIUSITAS DENGAN BERAT BADAN LEBIH PADA MAHASISWA KEDOKTERAN UNIVERSITAS MUHAMMADIYAH YOGYAKARTA
M. KHOTIBUDDIN, Prof.Dr.dr. Ahmad Husain Asdie, SpPD-KEMD; Dr.dr. Emy Huriyati, M.Kes
Universitas Gadjah Mada, 2016 | Diunduh dari http://etd.repository.ugm.ac.id/

Ruslie, R.H., dan Darmadi (2012) Analisis Regresi Logistik Untuk Faktor-Faktor Yang Mempengaruhi Status Gizi Remaja. *Majalah Kedokteran Andalas*, 36 (1), pp. 63-72

Salleh, M.S. (2012) Religiosity in Development: A Theoretical Construct of an Islamic-Based Development. *International Journal of Humanities and Social Science*, 2 (14), pp. 266-274.

Saris, W.H.M., Blair, S.N., Van Baak, M.A., Eaton, S.B., Davies, P.S., Di Pietro, L., *et al*. (2003) How Much Physical Activity is Enough to Prevent Unhealthy Weight Gain? Outcome of The IASO 1st Stock Conference and Consensus Statement. *Obesity Reviews*, 4 (2), pp. 101-114.

Shmueli, A., and Tamir, D. (2007) Health Behavior and Religiosity among Israeli Jews. *IMAJ*, 9, pp. 703-707

Sparling, P.B., Franklin, B.A., and Hill, J.O. (2013) Energy Balance: The Key to a Unified Message on Diet and Physical Activity.. *Journal of Cardiopulmonary Rehabilitation and Prevention*, 33 (Guestcommentary), pp. 12-15.

Susila dan Suyanto (2014) Metodologi Penelitian Cross Sectional Kedokteran dan Kesehatan, Cetakan I. Klaten: Penerbit BOSSSCRIPT.

Susilowati, L. (2008) Pelatihan Berpikir Positif Untuk Mengelola Depresi Pada Penyandang Cacat Tubuh. *Tesis* tidak diterbitkan. Yogyakarta: Fakultas Psikologi Universitas Gadjah Mada.

Tan, M., Chan, C.K.Y., and Reidpath, D.D. (2013) Religiosity and Spirituality and the Intake of Fruit, Vegetable, and Fat: A Systematic Review. *Evidence-Based Complementary and Alternative Medicine*. Hindawi Publishing Corporation.

Tartaro, J., Luecken, L.J., and Gunn, H.E. (2005) Exploring Heart and Soul: Effects of Religiosity/Spirituality and Gender on Blood Pressure and Cortisol Stress Responses. *Journal of Health Psychology*, 10 (6), pp. 753-766

Taylor, J., Belay, B., Park, S., Onufrak, S., and Dietz, W. (2013) Association of Church-Sponsored Activity Participation and Prevalence of Overweight and Obesity in African American Protestants, National Survey of American Life, 2001-2003. *Ethnicity & Disease*, 23 (3), pp. 322-328.

Tchernof, A., and Després, J.P. (2013) Pathophysiology Of Human Visceral Obesity. *Physiol Rev*, 93, pp. 359-404.

Thoresen, CE., and Harris, A.H.S. (2002) Spirituality and Health: What's the Evidence and What's Needed? *Ann Behav Med*, 24 (1), pp. 3-13.

Mayasari, N.N.W. (2013) Overview of Depression. *e-jurnal medika udayana*, 2 (11). Tersedia dalam: http://ojs.unud.ac.id/

Ulfiati, Neli. (2011) Religiusitas dan Sikap Remaja Tentang Perilaku Seksual di Aceh Besar. *Tesis*. Yogyakarta: UGM

Waibel, R.A. (2013) *Religion and Dietary Practices*. Tersedia dalam: http://www.diet.com/g/religion-and-dietary-practices

Wakabayashi, I. (2011) Age-Dependent Inverse Association Between Alcohol Consumption and Obesity in Japanese Men. *Obesity*, 19, pp. 1881–1886. DOI:10.1038/oby.2011.132

UNIVERSITAS GADJAH MADA
HUBUNGAN ANTARA TINGKAT RELIGIUSITAS DENGAN BERAT BADAN LEBIH PADA MAHASISWA KEDOKTERAN UNIVERSITAS MUHAMMADIYAH YOGYAKARTA
M. KHOTIBUDDIN, Prof.Dr.dr. Ahmad Husain Asdie, SpPD-KEMD; Dr.dr. Emy Huriyati, M.Kes
Universitas Gadjah Mada, 2016 | Diunduh dari http://etd.repository.ugm.ac.id/

WHO (2000) *Obesity: Preventing and Managing The Global Epidemic.* WHO Technical Report Series, Geneva.

_____ (2000) *The Asia-Pasific perspective: Redefining Obesity and its Treatment*. Australia: Health Communications Australia Pty Limited.

_____ (2004) Appropiate body-mass index for Asian populations and its implications for policy and intervention strategies (WHO expert consultation). *The Lancet*, 363, January.

_____ (2004) *Global Strategy on Diet, Physical Activity and Health.*

Widiyanta, A. (2005) Sikap Terhadap Lingkungan dan Religiusitas. *Psikologia*, 1 (2), Hal.: 86-95.

Widiyanto, J. (2012) *SPSS For Windows.* Surakarta: Badan Penerbit-FKIP Universitas Muhammadiyah Surakarta.

Widosari, Y.W. (2010) Perbedaan Derajat Kecemasan Dan Depresi Mahasiswa Kedokteran Preklinik Dan Ko-Asisten Di FK UNS Surakarta. *Skripsi*. Surakarta: FK UNS

Willett, W. (1998) *Nutritional epidemiology*. 2nd ed. NY: Oxford University Press Inc.

Williamson, D.F. Madans, J. Anda, R.F., Kleinman, J.C., Kahn, H.S., and Byers, T. (1993) Recreational Physical Activity and Ten-Year Weight Change in a US National Cohort. *Int J Obes Relat Metab Disord*, 17 (5), pp. 279-86.

Yanovski, S.Z., and Stunkard, A.J. (2004) Obesity and Eating Disorders. In: Bray, GA., and Bouchard, C. eds. *Handbook of Obesity-Clinical Applications.* 2nd ed. Newyork/Basel: Marcel Dekker.

Yeary, K.H.K., Jo, C., Simpson, P., Gossett, J.M., Johnson, G.S., McCabe-Sellers, B.J., Thornton, A., Prewitt, E., and McGee, B.B. (2009) Religion And Body Weight In An Underserved Population. *Race, Gender & Class*, 16 (3-4), pp. 82-98.