

PERANAN *BULLYING* TERHADAP *SELF-ESTEEM* REMAJA KORBAN *BULLYING*

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INTISARI

Penelitian ini bertujuan untuk mengetahui adakah peran *bullying* terhadap *self-esteem* remaja korban *bullying*. Hipotesis dalam penelitian ini adalah adanya peranan negatif *bullying* terhadap *self-esteem* remaja korban *bullying*. Semakin tinggi nilai *bullying* maka semakin rendah nilai *self-esteem*. Subjek penelitian (N=118) merupakan siswa kelas X di SMA N 1 Depok, Yogyakarta berjenis kelamin laki-laki dan perempuan, dari jurusan IPA maupun IPS. Pengambilan data yang dilakukan menggunakan skala *bullying* (26 aitem) dan skala *self-esteem* (36 aitem). Analisis data menggunakan analisis regresi sederhana dengan bantuan *software SPSS vesion 18 for Windows*. Hasil analisis menunjukkan bahwa *bullying* memberikan peranan negatif terhadap *self-esteem* ($R^2 = 0,119$, $F = 15,603$, $p < 0,01$). Hasil tersebut menjelaskan bahwa hipotesis dari penelitian ini dapat diterima.

Kata kunci: *self-esteem*, *bullying*, remaja

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ABSTRACT

The purpose of this study is to determine the contribution of bullying on self-esteem of the bullied teenager. The hypothesis in this study is that bullying has a negative contribution on self-esteem of the bullied victim. The higher level of bullying they had, the lower level of self-esteem. Respondents of this study (N=118) are boy and girl students of class X in SMA N 1 Depok, Yogyakarta, from science major and social major. Data was gathered using bullying scale (26 items) and self-esteem scale (36 items). Data was analyzed using simple regression analysis with the help of SPSS version 18 for Windows. The result showed bullying have a negative contribution on self-esteem ($R^2 = 0,119$, $F = 15,603$, $p < 0,01$). That result explain that hypothesis in this study is accepted.

Keywords: *self-esteem, bullying, teenager*