

DAFTAR PUSTAKA

- Affandi M. (2009). Faktor-faktor yang mempengaruhi penduduk lanjut usia memilih untuk bekerja. *Journal of Indonesian Applied Economics* 2009;3(2):99-110.
- Amarantos E, Martinez A, Dwyer J. (2001). Nutrition and quality of life in older adults. *J Gerontol A Biol Sci Med Sci*;56(2):54-64.
- Anderson JK. (2008). Predictors of health promoting behaviors and health -related quality of life in post myocardial infarction adults [Disertasi]. Texas: Texas Woman's University. Available from: <http://search.proquest.com/docview/304324280> [cited 8 November 2016]. p. 19-29.
- Arifin, Sriyono NW, Susetyowati. (2011). Hubungan kesehatan mulut dan status gizi dengan kualitas hidup lansia [Tesis]. Yogyakarta: Fakultas Kedokteran UGM. p. 37-40; 68.
- Baune BT, Aljeesh Y. (2006). The association of psychological stress and health related quality of life among patients with stroke and hypertension in Gaza Strip. *Ann Gen Psychiatry* 2006;5:6.
- BPS Kota Yogyakarta. (2010). Kota Yogyakarta dalam angka. Yogyakarta: BPS Kota Yogyakarta.
- Casas-Vara A, Santolaria F, Fernández-Bereciartúa A, González-Reimers E, García-Ochoa A, Martínez-Riera A. (2012). The obesity paradox in elderly patients with heart failure: analysis of nutritional status. *Nutrition* 2012;28(6):616-22.
- Chobanian AV, Bakris GL, Black HR, Cushman WC, Green LA, Izzo JL, Roccella EJ. (2003). Seventh report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure. *Hypertension* 2003;42(6):1206-52.
- Clarke TC, Ward BW, Schiller JS. (2016). Early release of selected estimates based on data from National Health Interview Survey, January–March 2016. National Center for Health Statistics. [series online] September 2016 [cited 8 Oktober 2016]. Available from: URL: http://www.cdc.gov/nchs/data/nhis/earlyrelease/earlyrelease201609_06.pdf. p. 38; 41.

- Connolly S, O'Reilly D, Rosato M. (2010). House value as an indicator of cumulative wealth is strongly related to morbidity and mortality risk in older people: a census-based cross-sectional and longitudinal study. *Int J Epidemiol* 2010;39(2):383-91.
- Darmojo RB. (2015). *Geriatri (ilmu kesehatan usia lanjut)*. Edisi ke-5, Jakarta: Badan Penerbit FKUI, hal. 7-14; 724-732 .
- Diehr P, Thielke S, O'Meara E, Fitzpatrick AE, Newman A. (2012). Comparing years of healthy life, measured in 16 ways, for normal weight and overweight older adults. *Journal of Obesity* 2012; doi:10.1155/2012/894894.
- Dinç G, Eser E, Saatli GL, Cihan UA, Oral A, Baydur H, Ozcan C. (2006). The relationship between obesity and health related quality of life of women in a Turkish city with a high prevalence of obesity. *Asia Pac J Clin Nutr* 2006;15(4):508-15.
- Dorner TE, Schwarz F, Kranz A, Freidl W, Rieder A, Gisinger C. (2010). Body mass index and the risk of infections in institutionalised geriatric patients. *Br J Nutr* 2010;103(12):1830-5.
- Eiben G, Dey DK, Rothenberg E, Steen B, Björkelund C, Bengtsson C, Lissner L. (2005). Obesity in 70-year-old Swedes: secular changes over 30 years. *Int J Obes Lond* 2005;29:810-7.
- Fatmah. (2010). *Gizi usia lanjut*. Jakarta: Erlangga, hal. 8; 36-49; 40-42.
- Gibson RS. (2005). *Principle of nutrition assessment*. New York: Oxford University press. p. 262.
- Ha NT, Duy HT, Le NH, Khanal V, Moorin R. (2014). Quality of life among people living with hypertension in a rural Vietnam community. *BMC Public Health* 2014;14:833. doi: 10.1186/1471-2458-14-833.
- Han TS, Tajar A, Lean ME. (2011). Obesity and weight management in the elderly. *Br Med Bull* 2011;97:169-96. doi: 10.1093/bmb/ldr002.
- Hardjodisastro D, Syam AF, Sukrisman L. (2006). *Dukungan nutrisi pada kasus penyakit dalam*. Jakarta: Pusat Penerbitan Departemen Ilmu Penyakit Dalam Fakultas Kedokteran Universitas Indonesia. hal. 53
- Huang IC, Frangakis C, Wu AW. (2006). The relationship of excess body weight and health-related quality of life: evidence from a population study in Taiwan. *Int J Obes (Lond)* 2006;30(8):1250-9.

- Huong NT, Hai Ha le T, Quynh Chi NT, Hill PS, Walton T. (2012). Exploring quality of life among the elderly in Hai Duong province, Vietnam: a rural-urban dialogue. *Glob Health Action* 2012;5:1-12.
- JNC VII : The Seventh Report of the Joint Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure. (2004). NIH Publication No. 04-5230. p. 11-12
- Kamso S. (2007a). Body mass index, total cholesterol, and ratio total to HDL cholesterol were determinants of metabolic syndrome in the Indonesian elderly. *Med J Indones* 2007;16(3):195-200.
- Kamso S, Rumawas JS, Lukito W, Purwastyastuti. (2007b). Determinants of blood pressure among Indonesian elderly individuals who are of normal and over-weight: a cross sectional study in an urban population. *Asia Pac J Clin Nutr* 2007;16(3):546-53.
- Kemenkes RI. (2013). Gambaran kesehatan lanjut usia di Indonesia. [series online] 2013 [cited 8 Oktober 2016]. Available from: URL: <http://www.depkes.go.id/resources/download/pusdatin/buletin/buletin-lansia.pdf>. hal. 1-2.
- Kemenkes RI. (2013). Riset kesehatan dasar (Riskesdas) tahun 2013. Jakarta: Kemenkes RI. hal. 88; 223.
- Kemenkes RI. (2013). Riskesdas dalam angka Provinsi Daerah Istimewa Yogyakarta 2013. Jakarta: Lembaga Penerbitan Badan Litbangkes. hal. 76.
- Kemenkes RI. (2016). Situasi lanjut usia (lansia) di Indonesia. [series online] 2013 [cited 8 Oktober 2016]. Available from: URL: <http://www.pusdatin.kemkes.go.id/resources/download/pusdatin/infodatin/Infodatin-lansia-2016.pdf>. hal. 1-2; 5.
- Kim S, Kim Y, Park SM. (2016). Body mass index and decline of cognitive function. *PLoS One* 2016;11(2):e0148908.
- Leigh L, Byles JE, Jagger C. (2016). BMI and healthy life expectancy in old and very old women. *Br J Nutr* 2016;116(4):692-9.
- Lemeshow S, David WHJr. (1997). Besar sampel dalam penelitian kesehatan (terjemahan). Yogyakarta: Gadjahmada University Press. hal 55.
- López-García E, Banegas Banegas JR, Gutiérrez-Fisac JL, Pérez-Regadera AG, Gañán LD, Rodríguez-Artalejo F. (2003). Relation between body weight and health-related quality of life among the elderly in Spain. *Int J Obes Relat Metab Disord* 2003;27(6):701-9.

- Li W, Liu L, Puente JG, et al. (2005). Hypertension and health-related quality of life: an epidemiological study in patients attending hospital clinics in China. *J Hypertens* 2005;23:1667-76.
- Mann J, Truswell SA. (2014). *Essentials of human nutrition*, fourth edition. (Alih Bahasa: Andry Hartono). Jakarta: EGC. hal. 251-261; 477-478; 542-545.
- Mayer BH, Tucker L, Williams S. (2011). *Nutrition made incredibly easy*, 2nd Ed. Jakarta: EGC. hal. 132-134; 166-167; 248-249.
- Memel M, Bourassa K, Woolverton C, Sbarra DA. (2016). Body mass and physical activity uniquely predict change in cognition for aging adults. *Ann Behav Med* 2016;50(3):397-408.
- Minh HV, Ng N, Byass P, Wall S. (2012). Patterns of subjective quality of life among older adults in rural Vietnam and Indonesia. *Geriatr Gerontol Int* 2012;12(3):397-404.
- Murti B. (2010). *Desain dan ukuran sampel untuk penelitian kuantitatif dan kualitatif di bidang kesehatan*. Yogyakarta: Gadjah Mada University Press.
- Nawi Ng, Hakimi M, Byass P, Wilopo SA, Wall S. (2010). Health and quality of life among older rural people in Purworejo District, Indonesia. *Global Health Action Supplement 2*, 2010. doi: 10.3402/gha.v3i0.2125. p. 78-87
- NCHS. National Health and Nutrition Examination Survey. (2016). NCHS Fact Sheet Januari 2016. [series online] 2016 [cited 8 Oktober 2016]. Available from: URL: http://www.cdc.gov/nchs/data/factsheets/factsheet_nhanes.pdf. p. 1-2
- Nilsson E. (2012). *Aspects of health-related quality of life. Associations with psychosocial and biological factors, and use as patient-reported outcome in routine health care [Dissertations]*. Sweden: Linköping University.
- Nursalim A, Yuniadi Y. (2011). Paradox obesitas pada pasien gagal jantung. *J Kardiologi Indones* 2011;32:207-8.
- Oreopoulos A, Padwal R, McAlister FA, Ezekowitz J, Sharma AM, Kalantar-Zadeh K, Fonarow GC, Norris CM. (2010). Association between obesity and health-related quality of life in patients with coronary artery disease. *Int J Obes (Lond)* 2010;34(9):1434-41.
- Orfila F, Ferrer M, Lamarca R, Tebe C, Domingo-Salvany A, Alonso J. (2006). Gender differences in health-related quality of life among the elderly: The role of objective functional capacity and chronic conditions. *Social Science & Medicine* 2006;63:2367-80.

- Rahadiyanti A, Setianto BD, Purba M. (2015). Asupan makan DASH-like diet untuk mencegah risiko hipertensi pada wanita prediabetes. *Jurnal Gizi Klinik Indonesia* 2015;11(3).
- Rohmah AIN, Purwaningsih, Bariyah K. (2012). Kualitas hidup lanjut usia. *Jurnal Keperawatan* 2012;3(2):120-32
- Salim OC, Sudharma NI, Kusumaratna RK, Hidayat A. (2007). Validitas dan reliabilitas World Health Organization Quality of Life-BREF untuk mengukur kualitas hidup lanjut usia. *Universa Medicina* 2007;26(1):27-38.
- Sazlina SG, Zaiton A, Nor Afiah MZ, Hayati KS. (2012). Predictors of health related quality of life in older people with non-communicable diseases attending three primary care clinics in Malaysia. *J Nutr Health Aging* 2012;16(5):498-502.
- Sharlin J, Edelstein S. (2014). *Essentials of life cycle nutrition*. (Alih Bahasa: Yohanes Kristianto). Jakarta: EGC. hal. 381-383; 354-355.
- Skevington SM, Lotfy M, O'Connell KA; WHOQOL Group. (2004). The World Health Organization's WHOQOL-BREF quality of life assessment: psychometric properties and results of the international field trial. A report from the WHOQOL group. *Qual Life Res* 2004;13(2):299-310.
- Soni RK, Porter AC, Lash JP, Unruh ML. (2010). Health-related quality of life in hypertension, chronic kidney disease, and coexistent chronic health conditions. *Adv Chronic Kidney Dis* 2010;17(4):e17-e26.
- Tambayong J. (2000). *Patifisiologi untuk keperawatan*. Jakarta: Penerbit Buku Kedokteran EGC. hal. 94.
- Tyagie R, Kapoor S, Kapoor AK. (2005). Body composition and fat distribution pattern of urban elderly females, Delhi, India. *Coll Antropol* 2005;29(2):493-8.
- Ul-Haq Z, Mackay DF, Fenwick E, Pell JP. (2013). Meta-analysis of the association between body mass index and health-related quality of life among adults, assessed by the SF-36. *Obesity (Silver Spring)* 2013;21(3):E322-7.
- Wang R, Zhao Y, He X, Ma X, Yan X, Sun Y, Liu W, Gu Z, Zhao J, He J. (2009). Impact of hypertension on health-related quality of life in a population-based study in Shanghai, China. *Public Health* 2009;123(8):534-9.
- World Health Organization. Division of Mental Health. (1996). *WHOQOL-BREF: introduction, administration, scoring and generic version of the assessment:*

field trial version, December 1996. [series online] 1996 [cited 8 Oktober 2016]. Available from: URL: <http://apps.who.int/iris/handle/10665/63529>. p. 1-9.

WHO. (2001). Pengendalian hipertensi; laporan komisi Pakar WHO. Bandung: Penerbit ITB. hal. 40-67.

WHO. (2009). WHO Quality of life BREF (WHOQOL-BREF). [series online] 2009 [cited 8 Oktober 2016]. Available from: URL: http://www.who.int/substance_abuse/research_tools/whoqolbref/en/

WHO. (2012). Programme on mental health: WHOQOL user manual. Geneva: World Health Organization. [series online] 2012 [cited 8 Oktober 2016]. Available from: URL: <http://apps.who.int/iris/handle/10665/77932>. p. 51–54.

WHO. (2013). A global brief on hypertension. Silent killer, global public health crisis. Geneva: World Health Organization. [series online] 2013 [cited 8 Oktober 2016]. Available from: URL: http://www.who.int/cardiovascular_diseases/publications/global_brief_hypertension/en/ p. 1–40.

WHO. (2016). Obesity and overweight (Fact sheet). [series online] 2016 [cited 8 Oktober 2016]. Available from: URL: <http://www.who.int/mediacentre/factsheets/fs311/en/>

Wu J, Yan WH, Qiu L1, Chen XQ, Guo XZ, Wu W, Xia LY, Qin XZ, Liu YH, Ding HT, Han SM, Xu CL, Zhu GJ. (2011). High prevalence of coexisting prehypertension and prediabetes among healthy adults in Northern and Northeastern China. *BMC Public Health* 2011;11:794-802.

Zajacova A, Dowd JB, Burgard SA. (2011). Overweight adults may have the lowest mortality--do they have the best health?. *Am J Epidemiol* 2011;173(4):430-7.

Zhu YB, Luo XX, Wang Q. (2009). Study on the relationship between body mass index and health-related quality of life in middle-aged or older Chinese adults. *Zhonghua Liu Xing Bing Xue Za Zhi* 2009;30(7):687-91.

Zhu Y, Wang Q, Pang G, Lin L, Origasa H, Wang Y, Di J, Shi M, Fan C, Shi H. (2015). Association between body mass index and health-related quality of life: the "obesity paradox" in 21,218 adults of the Chinese general population. *PLoS One* 2015;10(6):e0130613.

Zamboni M, Mazzali G, Zoico E, Harris TB, Meigs JB, Di Francesco V, Fantin F, Bissoli L, Bosello O. (2005). Health consequences of obesity in the elderly:

a review of four unresolved questions. *Int J Obes (Lond)* 2005;29(9):1011-29.

Zygmuntowicz M, Owczarek A, Elibol A, Chudek J. (2012). Comorbidities and the quality of life in hypertensive patients. *Pol Arch Med Wewn* 2012;122(7-8):333-40.