

INTISARI

Pelayanan Kesehatan Peduli Remaja (PKPR) merupakan program pelayanan kesehatan bagi remaja di Puskesmas. Layanan mewujudkan remaja sehat dan mengurangi perilaku negatif pada remaja. Program layanan diinisiasi Kementerian Kesehatan RI sejak tahun 2003. Layanan program PKPR Puskesmas Gondokusuman II Kota Yogyakarta adalah salah satu layanan percontohan di Kota Yogyakarta. Penelitian ini dilatarbelakangi masih minimnya pelaksanaan program PKPR di Puskesmas dan pentingnya kesehatan remaja dalam menciptakan generasi yang berkualitas, sehat fisik dan Psikis. Tujuan penelitian ini mengkaji pelaksanaan program PKPR di Puskesmas dan dukungan program PKPR terhadap ketahanan pribadi remaja. Studi pada Puskesmas Gondokusuman II di Kecamatan Gondokusuman, Kota Yogyakarta, Daerah Istimewa Yogyakarta.

Jenis penelitian ini adalah penelitian kualitatif dengan menggunakan data wawancara mendalam, *Focus Group Discussion (FGD)*, observasi, dokumentasi dan studi pustaka. Teknik analisis data menggunakan *open coding* dan *axial Coding*. Dua analisis data ini menjelaskan bentuk pelaksanaan program PKPR di Puskesmas Gondokusuman II Kota Yogyakarta dan dukungan program terhadap ketahanan pribadi remaja.

Pelaksanaan program PKPR di Puskesmas Gondokusuman II Kota Yogyakarta secara teknis telah berjalan cukup baik, kegiatan dilaksanakan dalam bentuk penyuluhan kesehatan di sekolah dan masyarakat, *Focus group Discussion (FGD)* tentang kesehatan remaja, konseling, dan kegiatan lomba-lomba kesehatan. Penyuluhan kesehatan remaja menjadi barometer utama. layanan Tim PKPR Puskesmas Gondokusuman II aktif mempromosikan program pada remaja di sekolah dan di kelurahan. Puskesmas mampu menyediakan layanan sebagai media akses remaja. Alur pelayanan Puskesmas membawa kemudahan para remaja. Peran petugas PKPR Puskesmas Gondokusuman II dapat mendukung ketahanan pribadi remaja. Disisi lain, layanan kurang maksimal disebabkan tiga faktor krusial. Faktor pada jam layanan bersamaan dengan jam masuk sekolah. Faktor ruang PKPR tidak ada. Faktor dana menyebabkan keterbatasan kegiatan. Pelaksanaan program PKPR dapat mendukung ketahanan pribadi remaja ditandai munculnya sikap remaja PKPR yang percaya diri, memiliki kontrol diri, empati dan aktif dalam mengikuti kegiatan.

Kata Kunci: *Pelayanan Kesehatan Peduli Remaja (PKPR) dan Ketahanan Pribadi Remaja.*

ABSTRACT

Care for Youth Health Services (PKPR) was a health care program for youths in community health centers, This service would realized a healthy youths and reduced negative behavior in every youths, Service program initiated by The Ministry of Health of the Republic of Indonesia since 2003, service program PKPR in Gondokusuman II Yogyakarta community health centers is one of the great services that can be emulated in Yogyakarta, This research is motivated by the lack of implementation of the program PKPR in community health centers, and the importance of youths health in creating a generation of quality, healthy physical, Psychic and Spiritual, The purpose of this study was to assess the implementation of the program PKPR in community health centers, and supporting programs PKPR for the development of personal resilience youth at Gondokusuman II community health centers, in District Gondokusuman, Yogyakarta, DIY Province.

The research was a qualitative study used data from the interviews, Focus Group Discussion (FGD), observation, documentation and literature, Data were analyzed using open coding dan axial Coding. Two analyzes of these data describes the shape of the implementation of the program PKPR at Gondokusuman II community health centers, in District Gondokusuman, Yogyakarta, and program support to youth personal resilience.

Implementation of the program PKPR at Gondokusuman II community health centers, in District Gondokusuman, Yogyakarta, technically has been running very well, the activities implemented in the form of health education in schools and communities, Focus Group Discussion (FGD) about youth health, counseling, and a contest about health, youth health education are the main barometer, staff of PKPR at Gondokusuman II community health centers very active to promote this program PKPR to youth at every school and the villages, community health centers is able to provide services as media access for youth, the service at Gondokusuman II community health centers is bringing very easy for every youth, the role of PKPR staff at Gondokusuman II community health centers are strongly supports to the development of personal resilience for youth, in other, the service is not maximized due to three factors crucial, The first factor is at the same hour service with school hours, The second factor is that there is no room for PKPR, The third factor is the fund that cause limitations on this activities, The Implementation of this program can support personal resilience of youth, which can be seen with the development of youth attitude confident, self-control, empathy and active in following activities.

Keywords : *Care for Youth Health Services (PKPR) and Personal Resilience Youth.*