

## DAFTAR PUSTAKA

- Arici, A. 2011. *Disorders of Menstruation*. West Sussex: Wiley-Blackwell
- Arsyawina. 2014. Perbandingan skala critical-care pain observation tool (CPOT) dan wong-baker faces pain rating scale dalam menilai derajat nyeri pada pasien dengan ventilasi mekanik di ruang ICU RSUD Tugurejo Semarang. *Tesis*. Magister Epidemiologi Universitas Diponegoro
- Ashwell, M. dan Hsieh, S.D. 2005. Six reasons why the waist-to-height ratio is a rapid and effective global indicator for health risks of obesity and how its use could simplify the international public health message on obesity. *International Journal of Food Sciences and Nutrition*. 56(5): 303-307. DOI: 10.1080/09637480500195066
- Astuti dan Handasari. 2010. Usia menarche, indeks masa tubuh, frekuensi konsumsi, dan status sosial ekonomi orang tua pada siswi sltp di pinggir dan pusat kota, kota Semarang. *Prosiding Seminar Nasional Unimus 2010*. Semarang. ISBN: 978.979.704.883.9
- Bacopoulou, F., Efthymiou, V., Landis, G., Rentoumis, A., dan Chrousos, G.P. 2015. Waist circumference, waist-to-hip ratio and waist-to-height ratio reference percentiles for abdominal obesity among Greek adolescents. *BioMed Central Pediatrics*. 15: 50. DOI: 10.1186/s12887-015-0366-z
- Beckmann, C.R.B., Ling, F.W., Barzansky, B.M., Herbert, W.N.P., Laube, D.W., dan Smith, R.P. 2010. *Obstetrics and Gynecology*. 6<sup>th</sup> ed. Philadelphia: Wolters Kluwer
- Berek, J.S. 2007. *Berek & Novak's Gynecology*. 14<sup>th</sup> ed. Philadelphia: Lippincott Williams & Wilkins
- Borgelt, L.M., O'Connell, M.B., Smith, J., dan Calis, K.A. 2010. *Women's Health Across the Lifespan: A Pharmacotherapeutic Approach*. Maryland: American Society of Health-System Pharmacists
- Braverman, P.K. 2008. *Dysmenorrhea and premenstrual syndrome*. Neinstein, L.S. *Adolescent Health Care: a Practical Guide*. 5<sup>th</sup> ed. Philadelphia: Wolters Kluwer
- Committee on Adolescent Health Care. 2015. Menstruation in girls and adolescents: using the menstrual cycle as a vital sign. *The American College of Obstetricians and Gynecologists*. Committee Opinion No. 651. 126:e143-6

- Docanto, M.M., Ham, S., Corbould, A., dan Brown, K.A. 2015. Obesity-associated inflammatory cytokines and Prostaglandin E2 stimulate glucose transporter mRNA expression and glucose uptake in primary human adipose stromal cells. *Journal of Interferon & Cytokine Research*. 35(8): 600-605. DOI: 10.1089/jir.2014.0194
- Ferin, M., Jewelewicz, R., dan Warren, M. 1993. *The Menstrual Cycle*. New York: Oxford University Press
- Gibson, R.S. 2005. *Principles of Nutritional Assessment*. 2<sup>nd</sup> ed. New York: Oxford University Press
- Goldman, M.B., Troisi, R., dan Rexrode, K.M. 2013. *Women & Health*. 2<sup>nd</sup> ed. San Diego: Academic Press
- Griffin, J.C. 2006. *Client-Centered Exercise Prescription*. 2<sup>nd</sup> ed. Champaign: Human Kinetics
- Hidayat, A.A.A. 2007. *Metode Penelitian Keperawatan dan Teknik Analisa Data*. Jakarta: Salemba Medika
- Hillard, P.J.A. 2008. *The 5-minute Obstetrics and Gynecology Consult*. Philadelphia: Lippincott Williams & Wilkins
- Howard, F.M. 2004. *Dysmenorrhea*. Phyllis Carolyn Leppert dan Jeffrey F. Peipert. *Primary care for Women*. 2<sup>nd</sup> ed. Philadelphia: Lippincott Williams & Wilkins
- International Diabetes Federation. 2006. *Metabolic Syndrome*. Brussels: International Diabetes Federation
- International Diabetes Federation. 2007. *Metabolic Syndrome in Children and Adolescents*. Brussels: International Diabetes Federation
- Ju, H., Jones, M., dan Mishra, G.D. 2013. The prevalence and risk factors of dysmenorrhea. *Oxford Journals*. 36(1): 104-113. DOI: 10.1093/epirev/mxt009
- Ju, H., Jones, M., dan Mishra, G.D. 2015. A u-shaped relationship between body mass index and dysmenorrhea: a longitudinal study. *PLoS One*. 10(7): e0134187. DOI: 10.1371/journal.pone.0134187
- Jungheim, E.S., Travieso, J.L., Carson, K.R., dan Moley, K.H. 2012. Obesity and reproductive function. *Obstetrics & Gynecology Clinics of North America*. 39(4): 479-493. DOI: 10.1016/j.ogc.2012.09.002

- Khodakarami, B., Masoomi, S.Z., Faradmali, J., Nazari, M., Saadati, M., Sharifi, F., dan Shakhbabaie, M. 2015. The severity of dysmenorrhea and its relationship with body mass index among female adolescents in Hamadan, Iran. *Journal of Midwifery & Reproductive Health*. 3(4): 444-450. DOI: 10.22038/jmrh.2015.4618
- Kural, M.R., Noor, N.N., Pandit, D., Joshi, T., dan Patil, A. 2015. Menstrual characteristics and prevalence of dysmenorrhea in college going girls. *Journal of Family Medicine and Primary Care*. 4(3): 426-431. DOI: 10.4103/2249-4863.161345
- Latthe, P., Mignini, L., Gray, R., Hills, R., dan Khan, K. 2006. Factors predisposing women to chronic pelvic pain: systematic review. *British Medical Journal*. 332(7544):749-55. DOI: 10.1136/bmj.38748.697465.55
- Leitão, R.B., Rodrigues, L.P., Neves, L., dan Carvalho, G.S. 2013. Development of adiposity, obesity and age at menarche: an 8-year follow-up study in Portuguese schoolgirls. *International Journal of Adolescent Medicine and Health*. 25(1): 55-63. DOI: 10.1515/ijamh-2013-0007
- Li, W.C., Chen, I.C., Chang, Y.C., Loke, S.S., Wang, S.H., dan Hsiao, K.Y. 2013. Waist-to-height ratio, waist circumference, and body mass index as indices of cardiometabolic risk among 36,642 Taiwanese adults. *European Journal of Nutrition*. 52 (1): 57-65. DOI: 10.1007/s00394-011-0286-0
- Liu, A., Hills, A.P., Hu, X., Li, Y., Du, L., Xu, Y., Byrne, N.M., dan Ma, G. 2010. Waist circumference cut-off values for the prediction of cardiovascular risk factors clustering in Chinese school-aged children: a cross-sectional study. *BMC Public Health*. 10: 82. DOI: 10.1186/1471-2458-10-82
- Mahmood, T.A. dan Arulkumaran, S. 2013. *Obesity: A Ticking Time Bomb for Reproductive Health*. Waltham: Elsevier
- McCarthy, H.D. dan Ashwell, M. 2006. A study of central fatness using waist-to-height ratios in UK children and adolescents over two decades supports the simple message – ‘keep your waist circumference to less than half your height’. *International Journal of Obesity*. 30(6): 988-992. DOI: 10.1038/sj.ijo.0803226
- McCarthy, H.D., Jarrett, K.V., dan Crawley, H.F. 2001. The development of waist circumference percentiles in British children aged 5.0-16.9 y. *International Journal of Clinical Nutrition*. 55(10): 902-7. DOI: 10.1038/sj.ejcn.1601240
- Nagra, V. 2015. *Nutritional Status of Primary School Children*. New Delhi: Edupedia Publications PVT LTD

- Nemade, R. 2008. *Diseases and Disorders*. Volume 2. New York: Marshall Cavendish Corporation
- Okoro, R.N., Malgwi, H., dan Okoro, G.O. Evaluation of factors that increase the severity of dysmenorrhoea among university female students in Maiduguri, North Eastern Nigeria. *The Internet Journal of Allied Health Sciences and Practice*. 11 (4)
- Panjikaran, S.T. dan Kumari, K.S. 2009. Augmenting BMI and waist-height ratio for establishing more efficient obesity percentiles among school-going children. *Indian Journal of Community Medicine*. 34 (2): 135-139. DOI: 10.4103/0970-0218.51233
- Reed, B.G. dan Carr, B.R. *The Normal Menstrual Cycle and the Control of Ovulation*. Endotext [Internet]. South Dartmouth: MDText.com, Inc.
- Ribeiro, R.C., Coutinho, M., Bramorski, M.A., Giuliano, I.C., dan Pavan, J. 2010. Association of the waist-to-height ratio with cardiovascular risk factors in children and adolescents: the three cities heart study. *International Journal of Preventive Medicine*. 1 (1): 39-49
- Rogol, A.D., Clark, P.A., dan Roemmich, J.N. 2000. Growth and pubertal development in children and adolescents: effects of diet and physical activity. *The American Journal of Clinical Nutrition*. 72(2): 521-528
- Sloane, E. 2002. *Biology of Women*. 4<sup>th</sup> ed. New York: Delmar
- Smith, R.P. 2008. *Netter's Obstetrics and Gynecology*. 2<sup>nd</sup> ed. Philadelphia: Saunders Elsevier
- Stevens, J., Katz, E.G., dan Huxley, R.R. 2010. Associations between gender, age and waist circumference. *European Journal of Clinical Nutrition*. 64: 6-15. DOI: 10.1038/ejcn.2009.101
- Sung, R.Y.T., So, H.K., Choi, K.C., Nelson, E.A.S., Li, A.M., Yin, J.A.T., Kwok C.W.L., Ng, P.C., dan Fok, T.F. 2008. Waist circumference and waist-to-height ratio of Hong Kong Chinese children. *BMC Public Health*. 8:324. DOI: 10.1186/1471-2458-8-324
- Todd, A.S., Street, S.J., Ziviani, J., Byrne, N.M., dan Hills, A.P. 2015. Overweight and obese adolescent girls: the importance of promoting sensible eating and activity behaviors from the start of the adolescent period. *International Journal of Environmental Research and Public Health*. 12(2): 2306-2329. DOI: 10.3390/ijerph120202306

- Tworoger, S.S., Eliassen, A.H., Missmer, S.A., Baer, H., Rich-Edwards, J., Michels, K.B., Barbieri, R.L., Dowsett, M., dan Hankinson, S.E.. 2006. Birthweight and body size throughout life in relation to sex hormones and prolactin concentrations in premenopausal women. *American Association for Cancer Research*. 15(12):2494–2501. DOI: 10.1158/1055-9965
- Whitney, E. dan Rolfes, S.R. 2008. *Understanding Nutrition*. 11th ed. Belmont: Thomson Wadsworth
- Wijayanti, E. 2008. Hubungan stress dengan kejadian dysmenorrhea primer pada remaja Di Sma Muhammadiyah 1 Yogyakarta. *Skripsi*. Fakultas Kedokteran Universitas Gadjah Mada
- World Health Organization. 2011. *Waist Circumference and Waist–Hip Ratio: Report of a WHO Expert Consultation*. Geneva: World Health Organization
- Xiong, F., Garnett, S.P., Cowell, C.T., Biesheuvel, C., Zeng, Y., Long, C.L., Wang, Q., Wang, D.G., Luo, Y.H., dan Luo, S.Q. 2010. Waist circumference and waist-to-height ratio in Han Chinese children living in Chongqing, south-west China. *Public Health Nutrition*. 14(1): 20-26. DOI: 10.1017/S136898001000042X