

PERBEDAAN SIKAP DAN PERILAKU TERHADAP KESEHATAN GIGI DAN MULUT ANTARA MAHASISWA PROGRAM STUDI HIGIENE GIGI DENGAN MAHASISWA PROGRAM STUDI ILMU KEPERAWATAN UNIVERSITAS GADJAH MADA

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INTISARI

Latar Belakang: Mahasiswa program studi higiene gigi Fakultas Kedokteran Gigi dan mahasiswa program studi keperawatan Fakultas Kedokteran merupakan calon tenaga kesehatan yang akan terjun di masyarakat. Mereka berperan penting dalam hal memberikan edukasi kesehatan gigi dan mulut secara perseorangan maupun kelompok dan bertindak sebagai contoh untuk pasien, teman, keluarga dan masyarakat luas. Penelitian ini bertujuan untuk mengetahui perbedaan sikap dan perilaku terhadap kesehatan gigi dan mulut antara mahasiswa program studi higiene gigi dengan mahasiswa program studi ilmu keperawatan Universitas Gadjah Mada.

Metode Penelitian: Penelitian ini merupakan penelitian survei dengan menggunakan rancangan *cross sectional*. Subjek penelitian berjumlah 149 orang mahasiswa, meliputi 54 mahasiswa program studi higiene gigi angkatan 2013 dan 95 mahasiswa program studi ilmu keperawatan angkatan 2013. Pemilihan subjek menggunakan teknik *total sampling*. Pengumpulan data dilakukan dengan kuesioner untuk mengukur sikap dan perilaku kesehatan gigi dan mulut. Data dianalisis dengan menggunakan uji *independent t-test*.

Hasil Penelitian: Rerata sikap terhadap kesehatan gigi dan mulut mahasiswa program studi higiene gigi ($39,48 \pm 3,543$) lebih tinggi dibandingkan dengan mahasiswa program studi ilmu keperawatan ($35,89 \pm 3,171$). Rerata perilaku terhadap kesehatan gigi dan mulut mahasiswa program studi higiene gigi ($28,67 \pm 3,543$) lebih tinggi dibandingkan dengan mahasiswa program studi ilmu keperawatan ($25,82 \pm 3,345$). Hasil uji *independent t-test* menunjukkan adanya perbedaan sikap dan perilaku yang signifikan ($p < 0,05$) antara mahasiswa program studi higiene gigi dengan mahasiswa program studi ilmu keperawatan.

Kesimpulan: Terdapat perbedaan sikap dan perilaku terhadap kesehatan gigi dan mulut antara mahasiswa program studi higiene gigi dan mahasiswa program studi ilmu keperawatan. Mahasiswa program studi higiene gigi memiliki sikap dan perilaku yang lebih baik terhadap kesehatan gigi dan mulut daripada mahasiswa program studi ilmu keperawatan.

Kata kunci: sikap, perilaku, kesehatan gigi dan mulut.

DIFFERENCES IN ATTITUDES AND BEHAVIOR TOWARDS ORAL HEALTH AMONG STUDENTS OF DENTAL HYGIENE WITH STUDENTS OF NURSING AT GADJAH MADA UNIVERSITY

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ABSTRACT

Background: Dental hygiene students in Faculty of Dentistry and nursing students in Faculty of Medicine are candidates for health provider who would jump in the community. They have important role in terms of providing oral health education individually or in groups and act as an example for patients, friends, family and for wider community.

Objective: This research aims to determine differences in attitudes and behavior towards oral health among students of dental hygiene with students of nursing at Gadjah Mada University.

Method: This research is a survey that using cross sectional design. Total Subject in this research are 149 students, which including 54 dental hygiene students class of 2013, and 95 nursing students class of 2013. Subjects were selected using total sampling technique. Data are collected by distributing questionnaire to measure the attitudes and behavior of oral health. Data are analyzed by using the independent t-test.

Result: The average attitudes oral health students of dental hygiene ($39,48 \pm 3,543$) higher than students of nursing ($35,89 \pm 3,171$). The average behavior oral health students of dental hygiene ($28,67 \pm 3,543$) higher than students of nursing ($25,82 \pm 3,345$). The independent t-test result shows the different attitudes and behavior are significant ($p < 0,05$) among of dental hygiene students and nursing students.

Conclusion: There are differences in attitudes and behavior towards oral health among students of dental hygiene and students of nursing. Dental hygiene students have better attitude and behavior towards oral health than nursing students.

Keywords: attitude, behavior, oral health

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