

TABLE OF CONTENTS

Declaration of Originality	iii
Motto	iv
Dedication Sheet	v
Acknowledgments	vi
Abstract	xi
Intisari	xii
Chapter I: Introduction	1
1.1. Background of Choosing the Subject	1
1.2. Research Question	3
1.3. Objective of the Study	3
1.4. Focus and Scope of the Study	3
1.5. Literature Review	4
1.6. Theoretical Approach.....	7
1.6.1. Theory of Character and Characterization	8
1.6.2. Abnormal Psychology	9
1.6.3. Depressive Disorders.....	9
1.7. Methods of Research.....	10
1.7.1. Method of Collecting Data.....	10

1.7.2. Method of Analyzing Data.....	11
1.8. Presentation	11
Chapter II: Character and Characterization of a Fictional Character	
Suffered from Depressive Disorder.....	12
2.1. Character and Characterization of Esther Greenwood.....	12
2.1.1. Esther as Protagonist Character	14
2.1.2. Esther as a Round Character	15
2.1.3. Esther as a Dynamic Character	15
2.2. Abnormal Psychology.....	16
2.3. Major Depressive Disorder	17
2.3.1. Depressed Mood or Irritable	18
2.3.2. Loss of Pleasure or Interest in Activities (<i>Anhedonia</i>)	18
2.3.3. Disturbance of Appetite (Weight Loss)	19
2.3.4. Sleep Disturbance	19
2.3.5. Changes in Activity	20
2.3.6. Loss of Energy	20
2.3.7. Feelings of Worthlessness and Guilt	21
2.3.8. Difficulties Thinking	21
2.3.9. Thoughts of Death or Suicide	22

Chapter III: Types of Character and Classification of Depressive Disorder

Depicted through Esther Greenwood as the Main Character of Sylvia

Plath's *The Bell Jar*23

3.1. Esther's Types of Character 23

3.1.1. Esther as a Virgin and as an Apprenticed to the Editor of Fashion

Magazine23

3.1.2. Esther as a Depressed Woman.....30

3.1.3. Esther's Personae Changes throughout the Novel from Worse to Better ..39

3.2. Major Depressive Disorder (MDD) Symptoms 42

3.2.1. Depressed Mood or Irritable42

3.2.2. Loss of Pleasure or Interest in Activities (Anhedonia)53

3.2.3. Disturbance of Appetite (Weight Loss)57

3.2.4. Sleep Disturbance58

3.2.5. Changes in Activity66

3.2.6. Loss of Energy67

3.2.7. Feelings of Worthlessness and Guilt69

3.2.8. Difficulties Thinking74

3.2.9. Thoughts of Death or Suicide78

Chapter IV: Conclusion87

Bibliography89