

DAFTAR PUSTAKA

- Afifi, M. (2007). Gender differences in mental health. *Singapore medical journal*, 48(5), 385.
- ALTIN, H., & Nihan, C. A. B. A. (2016). Borsa İstanbul'da işlem gören katılım endekslerinin performanslarının değerlendirilmesi. *Finansal Araştırmalar ve Çalışmalar Dergisi*, 8(15), 229-248.
- Aluh, D. O., Okonta, M. J., & Odili, V. U. (2019). Cross-sectional survey of mental health literacy among undergraduate students of the University of Nigeria. *BMJ Open*, 9(9), 1–7. <https://doi.org/10.1136/bmjopen-2019-028913>
- Aoki, T., & Inoue, M. (2017). Primary care patient experience and cancer screening uptake among women: an exploratory cross-sectional study in a Japanese population. *Asia Pacific family medicine*, 16(1), 1-7.
- Appelbaum, M., Cooper, H., Kline, R. B., Mayo-Wilson, E., Nezu, A. M., & Rao, S. M. (2018). Journal article reporting standards for quantitative research in psychology: The APA Publications and Communications Board task force report. *American Psychologist*, 73(1), 3.
- Arifin, A. W., & Nulhaqim, S. A. (2015). Pekerja Sosial Medis dalam Menangani Orang dengan Skizofrenia di Rumah Sakit Jiwa Provinsi Jawa Barat. *Prosiding Penelitian dan Pengabdian kepada Masyarakat*, 2(3).
- Arundev, U., Gupta, S., Sharma, K., & Chadda, R. K. (2017). Mental health literacy among university students from University Of Delhi. *Indian Journal of Psychiatric Nursing*, 13(1), 1.
- Bastaman, H. D. (1995). Integrasi Psikologi dengan Islam. *Jakarta: Pustaka Pelajar*.
- Benjamin, W., & Jennings, M. W. (2010). The work of art in the age of its technological reproducibility [first version]. *Grey Room*, 11-37.
- Berkman, N. D., Sheridan, S. L., Donahue, K. E., Halpern, D. J., Viera, A., Crotty, K., ... & Viswanathan, M. (2011). Health literacy interventions and outcomes: an updated systematic review. *Evidence report/technology assessment*, (199), 1-941.
- Berkman, N. D., Sheridan, S. L., Donahue, K. E., Halpern, D. J., & Crotty, K. (2011). Low health literacy and health outcomes: an updated systematic review. *Annals of internal medicine*, 155(2), 97-107.
- Bose, R., Sivaprakash, B., Sarkar, S., Backer, A., & Eswaran, S. (2020). An observational study to assess mental health literacy among undergraduate students from Tamil Nadu. *Archives of Medicine and Health Sciences*, 8(2), 230.
- Chao, H. J., Lien, Y. J., Kao, Y. C., Tasi, I. C., Lin, H. S., & Lien, Y. Y. (2020). Mental Health Literacy in Healthcare Students: An Expansion of the Mental Health Literacy Scale. *International Journal of Environmental Research and Public Health*, 17(3), 1–15. <https://doi.org/10.3390/ijerph17030948>
- Cheslock, J. J. (2005). Differences between public and private institutions of higher education in the enrollment of transfer students. *Economics of education review*, 24(3), 263-274.

- Chesser, A. K., Keene Woods, N., Smothers, K., & Rogers, N. (2016). Health literacy and older adults: A systematic review. *Gerontology and geriatric medicine*, 2, 2333721416630492.
- Choirudin, M. (2015). Penyesuaian Diri: Sebagai Upaya Mencapai Kesejahteraan Jiwa. *Hisbah: Jurnal Bimbingan Konseling dan Dakwah Islam*, 12(1), 1-20.
- Corrigan, P. W., & Watson, A. C. (2002). Understanding the impact of stigma on people with mental illness. *World psychiatry*, 1(1), 16.
- Cotton, S. M., Wright, A., Harris, M. G., Jorm, A. F., & McGorry, P. D. (2006). Influence of gender on mental health literacy in young Australians. *Australian and New Zealand Journal of Psychiatry*, 40(9), 790–796. <https://doi.org/10.1111/j.1440-1614.2006.01885.x>
- Daradjat, Z. 1995. Kesehatan Mental. Jakarta: Penerbit Gunung Agung.
- Dahlan, Sopiudin M. 2011. Statistik untuk Kedokteran Kesehatan Edisi 5 Seri Evidence Medicine 1. Salemba Medika. Jakarta.
- Devraj, R., Gupchup, G. V., & Henson, D. (2019). Mental Health Literacy of Pharmacy Students Compared to Nursing and Medical Students. *INNOVATIONS in Pharmacy*, 10(4), 2. <https://doi.org/10.24926/iip.v10i4.2091>
- Dewi, G. K. (2018). Pengalaman caregiver dalam merawat klien skizofrenia di kota sungai penuh. *Jurnal Endurance: Kajian Ilmiah Problema Kesehatan*, 3(1), 200-212.
- Dieujuste, C. (2016). The concept of stigma in mental illness as applied to Haitian Americans. *International nursing review*, 63(2), 200-207.
- Dipankui, M. T., Gagnon, M. P., Desmartis, M., Légaré, F., Piron, F., Gagnon, J., ... & Coulombe, M. (2015). Evaluation of patient involvement in a health technology assessment. *International journal of technology assessment in health care*, 31(3), 166.
- Dizon, A. R. A. (2020). *Students' Mental Health Literacy in One State University as Basis for Strategic Action Areas*. 7(3), 48–55.
- Djojodibroto, R. D. (2004). *Tradisi kehidupan akademik*. Galangpress Group.
- Du, G., He, Y., Li, W., Ni, Q., Li, R., Liu, Y., & Wei, P. (2021). Health literacy of college freshmen in Jiangsu, China. *Medicine*, 100(4), e24057. <https://doi.org/10.1097/md.00000000000024057>
- Easton, S. D. (2013). Disclosure of child sexual abuse among adult male survivors. *Clinical Social Work Journal*, 41(4), 344-355.
- Erskine, H. E., Moffitt, T. E., Copeland, W. E., Costello, E. J., Ferrari, A. J., Patton, G., & Scott, J. G. (2015). A heavy burden on young minds: the global burden of mental and substance use disorders in children and youth. *Psychological medicine*, 45(7), 1551.
- FARID, N. MENTAL HEALTH LITERACY AMONG YOUNG ADOLESCENTS IN SELANGOR. *Malaysian Journal of Youth Studies*, 68.
- Fauziah, H. H. (2015). Faktor-faktor yang Mempengaruhi Prokrastinasi Akademik pada Mahasiswa Fakultas Psikologi UIN Sunan Gunung Djati Bandung. *Jurnal Ilmiah Psikologi*, 2, 123-132
- Ferguson, L. A., & Pawlak, R. (2011). Health literacy: the road to improved health outcomes. *The Journal for Nurse Practitioners*, 7(2), 123-129.

- Firmansyah, C. Y., Luhpuri, D., & Sukanda, R. (2017). The Implementation of Modeling Technique on Social Skills of People With Mental Psychotic Disability. *Indonesian Journal of Social Work*, 1(1), 28-57.
- Fitri, R. R. (2019). Mental Health Literacy of University Students. *Psychological Research and Intervention*, 2(2), 55-64.
- Furnham, A., & Hamid, A. (2014). Mental health literacy in non-western countries: a review of the recent literature. *Mental Health Review Journal*.
- Furnham, A., & Swami, V. (2018). Mental health literacy: A review of what it is and why it matters. *International Perspectives in Psychology*, 7(4), 240-257.
- Ghrayeb, F. A. W., Alwawi, A., & Qraqra, D. (2016). *Health Knowledge among College Freshmen Students in Palestine*. 24(2), 208–213. <https://doi.org/10.5829/idosi.mejsr.2016.24.02.10223>
- Gorczynski, P., Sims-schouten, W., Hill, D., & Wilson, J. C. (2017). Examining mental health literacy, help seeking behaviours, and mental health outcomes in UK university students. *Journal of Mental Health Training, Education and Practice*, 12(2), 111–120. <https://doi.org/10.1108/JMHTEP-05-2016-0027>
- Gowen, K., Deschaine, M., Gruttadara, D., & Markey, D. (2012). Young adults with mental health conditions and social networking websites: Seeking tools to build community. *Psychiatric Rehabilitation Journal*, 35(3), 245.
- Idham, A. F., Rahayu, P., As-Sahih, A. A., Muhiddin, S., & Sumantri, M. A. (2019). TREND LITERASI KESEHATAN MENTAL. *Analitika: Jurnal Magister Psikologi UMA*, 11(1), 12-20.
- Hadjimina, E., & Furnham, A. (2017). Influence of age and gender on mental health literacy of anxiety disorders. *Psychiatry Research*, 251, 8-13.
- Hardcastle, S. J., Hancox, J., Hattar, A., Maxwell-Smith, C., Thøgersen-Ntoumani, C., & Hagger, M. S. (2015). Motivating the unmotivated: how can health behavior be changed in those unwilling to change?. *Frontiers in psychology*, 6, 835.
- Hartaji, D. A. (2012). *Motivasi Berprestasi pada Mahasiswa yang Berkuliah di Holland*, K. (2018). Making mental health news: Australian journalists' views on news values, sources and reporting challenges. *Journalism Studies*, 19(12), 1767-1785.
- <http://doi.org/10.1007/s10549-014-2993-8>. Dahlan, M., Sopiudin. (2011). Statistik Untuk Kedokteran Dan Kesehatan. Jakarta: Salemba Medika.
- Holzinger, A., Matschinger, H., & Angermeyer, M. C. (2011). What to do about depression? Help-seeking and treatment recommendations of the public. *Epidemiology and Psychiatric Sciences*, 20(2), 163-169.
- Hukum, K., & ManusiaRI, H. A. Undang-Undang Republik Indonesia Nomor 18 Tahun 2014 Tentang Kesehatan Jiwa.
- Jawad, M. (2018). *Hubungan Antara Masa Kerja dengan Literasi Kesehatan Mental pada Perawat yang Bekerja di Rumah Sakit Jiwa* (Doctoral dissertation, Universitas Airlangga).
- Johnson, S., & Marlow, N. (2014, April). Growing up after extremely preterm birth: lifespan mental health outcomes. In *Seminars in Fetal and Neonatal Medicine* (Vol. 19, No. 2, pp. 97-104). WB Saunders.
- Jorm, A F., Korten, A. E., Jacomb, P. A., Christensen, H., Rodgers, B., & Pollitt, P.

- (1997). "Mental health literacy": A survey of the public's ability to recognise mental disorders and their beliefs about the effectiveness of treatment. *Medical Journal of Australia*, 166(4), 182–186. <https://doi.org/10.5694/j.1326-5377.1997.tb140071.x>
- Jorm, A. F. (2000). Mental health literacy. *British Journal of Psychiatry*, 177(5), 396–401. <https://doi.org/10.1192/bjp.177.5.396>
- Jurusan Pilihan Orang Tua*. Fakultas Psikologi Universitas Gunadarma.
- Kartikasari, N. (2019). *HUBUNGAN ANTARA LITERASI KESEHATAN MENTAL DAN STIGMA DIRI TERHADAP INTENSI MENCARI BANTUAN PADA DEWASA AWAL* (Doctoral dissertation, Universitas Airlangga).
- KemenKes, R. (2018). Hasil utama RISKESDAS 2018. *Jakarta: Kementerian Kesehatan Badan Penelitian dan Pengembangan Kesehatan*.
- Kethawath, S. M., Pingali, S., Kante, S. L., & Molangur, U. (2020). Mental health literacy about depression among medical students at a tertiary care hospital in South India. *Hindu*, 182(18), 91-0.
- Kinyua, A. N. (2013). *Factors affecting the performance of Small and Medium Enterprises in the Jua kali sector in Nakuru Town, Kenya* (Doctoral dissertation, Egerton University).
- Komiya, N., Good, G. E., & Sherrod, N. B. (2000). Emotional openness as a predictor of college students' attitudes toward seeking psychological help. *Journal of Counseling Psychology*, 47, 138-143. <http://dx.doi.org/10.1037/0022-0167.47.1.138>.
- Kristina, S. A., Mardea, N. A., Ramadhani, F., & Ailyah, H. (2020). Mental Health Literacy among University Students in Yogyakarta. *International Medical Journal*, 25(4), 2243–2249. https://www.researchgate.net/profile/Susi_Kristina/publication/341575326_Mental_Health_Literacy_among_University_Students_in_Yogyakarta/links/5ec7d462458515626cbfd81b/Mental-Health-Literacy-among-University-Students-in-Yogyakarta.pdf
- Kuswardana, D. P. (2019). *Hubungan antara literasi kesehatan mental dengan Help Seeking Behavior pada remaja dengan status mental beresiko depresi* (Doctoral dissertation, UIN Sunan Ampel Surabaya).
- Kutcher, S., Wei, Y., & Coniglio, C. (2016). Mental health literacy: Past, present, and future. *Canadian Journal of Psychiatry*, 61(3), 154–158. <https://doi.org/10.1177/0706743715616609>
- Kutcher, S., Wei, Y., Gilberds, H., Brown, A., Ubuguyu, O., Njau, T., & Perkins, K. (2016). Evaluating community health care provider's knowledge and self-confidence in the identification, diagnosis and treatment of adolescent Depression in Tanzania. *Archives of Depression and Anxiety*, 2(1), 026-030.
- Lakdawala, B., & Vankar, G. K. (2016). Mental Health Literacy amongst College Students: A Community Based Study. *Indian Journal of Mental Health (IJMH)*, 3(3), 342. <https://doi.org/10.30877/ijmh.3.3.2016.342-350>
- Lestari, P., & Handiyani, H. (2017). The Higher Level of Health Literacy Among Health Students Compared with Non-Health Students. *UI Proc. Health And Medicine*, 1, 1–5. <http://www.proceedings.ui.ac.id/index.php/uiphm/article/view/141>

- Lindinger-Sternart, S. (2015). Help-seeking behaviors of men for mental health and the impact of diverse cultural backgrounds. *Int'l J. Soc. Sci. Stud.*, 3, 1.
- Lok, N., Lok, S., & Canbaz, M. (2017). The effect of physical activity on depressive symptoms and quality of life among elderly nursing home residents: Randomized controlled trial. *Archives of gerontology and geriatrics*, 70, 92-98.
- Lores, G. F., Schirmer, H., & Emaus, N. (2016). Health Impact Index. Development and validation of a method for classifying comorbid disease measured against self-reported health. *PloS one*, 11(2), e0148830.
- M., A. (2007). Gender differences in mental health. *Singapore Medical Journal*, 48(5), 385–391.
<http://smj.sma.org.sg/4805/4805ra1.pdf%5Cnhttp://ovidsp.ovid.com/ovidweb.cgi?T=JS&PAGE=reference&D=emed8&NEWS=N&AN=2008077873>
- Mahfouz, A., Lelieveldt, B. P., Grefhorst, A., Van Weert, L. T., Mol, I. M., Sips, H. C., & Meijer, O. C. (2016). Genome-wide coexpression of steroid receptors in the mouse brain: Identifying signaling pathways and functionally coordinated regions. *Proceedings of the National Academy of Sciences*, 113(10), 2738-2743.
- Mahfud, D. (2014). *Pengaruh lingkungan tempat tinggal dan ketaatan beribadah terhadap kesehatan mental mahasiswa IAIN Walisongo Semarang* (Doctoral dissertation, UIN Walisongo).
- Marcus, M., Yasamy, M. T., van Ommeren, M. V., Chisholm, D., & Saxena, S. (2012). Depression: A global public health concern.
- Marwood, M. R., & Hearn, J. H. (2019). Evaluating mental health literacy in medical students in the United Kingdom. *Journal of Mental Health Training, Education and Practice*, 14(5), 339–347. <https://doi.org/10.1108/JMHTEP-01-2019-0001>
- Mayangsari, A., Arnanda, R. D., Iskandarsyah, A., Profesi, M., Klinis, P., & Universitas, D. (2020). *LITERASI KESEHATAN DAN STATUS KESEHATAN MENTAL : STUDI KORELASI PADA MAHASISWA PROGRAM SARJANA*. <https://doi.org/10.24036/rapun.v1i12.109108>
- Medley, M. L. (1980). Life satisfaction across four stages of adult life. *International Journal of Aging and Human Development*, 11(3), 193–209. <https://doi.org/10.2190/D4LG-ALJQ-8850-GYDV>
- Morgan, A. J., Fischer, J. A. A., Hart, L. M., Kelly, C. M., Kitchener, B. A., Reavley, N. J., ... & Jorm, A. F. (2019). Does Mental Health First Aid training improve the mental health of aid recipients? The training for parents of teenagers randomised controlled trial. *BMC psychiatry*, 19(1), 1-14.
- Mu, D., Hu, W., & Hu, J. (2011, August). Main factors influencing college student health and countermeasures proposal in network environment—from physical health education perspective. In *International Conference on Computer Science, Environment, Ecoinformatics, and Education* (pp. 554-558). Springer, Berlin, Heidelberg.
- Muller, R. & Buttner, P. (2013). *An introduction to practical biostatistics in Medicine and Public Health*. Townsville: James Cook University Press.
- Muslimah, M. H. (2019). *Kesehatan Mental Pada Anak Korban Kekerasan Seksual*.
- Neelam, N., Sheorey, P., Bhattacharya, S., & Kunte, M. (2020). Organization for

- Economic Co-operation and Development guidelines for learning organization in higher education and its impact on lifelong learning—evidence from Indian business schools. *VINE Journal of Information and Knowledge Management Systems*.
- Nejatian, M., Tehrani, H., Momeniyan, V., & Jafari, A. (2021). A modified version of the mental health literacy scale (MHLS) in Iranian people. *BMC Psychiatry*, 21(1), 1–11. <https://doi.org/10.1186/s12888-021-03050-3>
- Nikmah Dwi Noer Widyana, N. (2019). *Hubungan antara Literasi Kesehatan Mental dengan Mental Illness Stigma pada Mahasiswa Keperawatan Universitas Muhammadiyah Surabaya* (Doctoral dissertation, UIN Sunan Ampel Surabaya).
- Notoatmodjo, S. (2001). Buku pendidikan promosi dan perilaku kesehatan. *Program Studi Ilmu Kesehatan Masyarakat*.
- Nubli, M. A. (2019). *Depresi Pada Penderita Cedera Kepala Metode Hasil Dan Pembahasan*. 10(2), 207–211. <https://doi.org/10.35816/jiskh.v10i2.151>
- Nutbeam, D. (2000). Health literacy as a public health goal: a challenge for contemporary health education and communication strategies into the 21st century. *Health Promotion International*, 15(3), 259–267. <https://doi.org/10.1093/heapro/15.3.259>
- O'Connor, M., & Casey, L. (2015). The mental health literacy scale (MHLS): A new scale-based measure of mental health literacy, *Psychiatry Research*, <http://dx.doi.org/10.1016/j.psychres.2015.05.064>
- Okello, E. S., Abbo, C., Muhwezi, W. W., & Akello, G. (2015). *Europe PMC Funders Group Mental health literacy among secondary school students in North and Central Uganda : a qualitative study*. 9(3), 70–80.
- Osmond-Johnson, P. (2015). Supporting democratic discourses OF teacher professionalism: The case OF the Alberta TEACHERS' ASSOCIATION. *Canadian Journal of Educational Administration and Policy*, (171).
- Park-Lee, E., Lipari, R. N., Hedden, S. L., Kroutil, L. A., & Porter, J. D. (2017). Receipt of services for substance use and mental health issues among adults: Results from the 2016 National Survey on Drug Use and Health. *CBHSQ data review*.
- Pingali, S., Kethawath, S. M., Kante, S. L., & Molangur, U. (2020). Mental health literacy about depression among medical students at a tertiary care hospital in South India. *Telangana Journal of Psychiatry*, 6(1), 9–13. <https://doi.org/10.18231/j.tjp.2020.004>
- Poureslami, I., Kwan, S., Lam, S., Khan, N. A., & FitzGerald, J. M. (2016). Assessing the effect of culturally specific audiovisual educational interventions on attaining self-management skills for chronic obstructive pulmonary disease in Mandarin-and Cantonese-speaking patients: a randomized controlled trial. *International journal of chronic obstructive pulmonary disease*, 11, 1811.
- Purwati, Y. (2018). Benefit of Childbirth Care Counseling for Mood of Postpartum Period. *KEMAS*, 14(3), 356-365.
- Putri, A. K. (2014). *Pengaruh Locus Of Control Dan Prokrastinasi Akademik Terhadap Prestasi Belajar Mahasiswa Prodi DIII Kebidanan* (Doctoral dissertation, UNS (Sebelas Maret University)).

- Rask-Madsen, C., & King, G. L. (2013). Vascular complications of diabetes: mechanisms of injury and protective factors. *Cell metabolism*, 17(1), 20-33.
- Rosyida, I. (2013). *Perbedaan tingkat kepercayaan diri (self confident) ditinjau dari posisi urutan kelahiran (birthorder) mahasiswa Fakultas Psikologi UIN Maliki Malang* (Doctoral dissertation, Universitas Islam Negeri Maulana Malik Ibrahim).
- Sahusilawane, L. (2018). Hubungan Antara Psychological Well-Being Perawat Dengan Psychological Well-Being Pasien Anak. *Jurnal Keperawatan Muhammadiyah*, 2(2). <https://doi.org/10.30651/jkm.v2i2.965>
- Santosa, S. (2012). Pengaruh modal intelektual dan pengungkapannya terhadap kinerja perusahaan. *Jurnal Akuntansi dan Keuangan*, 14(1), 16-31.
- Santrock, J. W. (1999). A topical approach to life span development. New York : McGrawHill Companies, Inc.
- Sayarifard, A., Ghadirian, L., Mohit, A., Eftekhar, M., Badpa, M., & Rajabi, F. (2015). Assessing mental health literacy: What medical sciences students' know about depression. *Medical journal of the Islamic Republic of Iran*, 29, 161.
- Scott, B. R., Slattey, K. M., & Dascombe, B. J. (2014). Intermittent hypoxic resistance training: does it provide added benefit?. *Frontiers in physiology*, 5, 397.
- Ser-, P. (2012). *Appi.Ps.201100250*. 63(7), 6–8.
- Setiyati, S. A. (2015). *Sudi deskriptif kualitatif tentang perilaku plagiarisme pada mahasiswa yang menyusun skripsi di fakultar psikologi Universitas Muhammadiyah Purwokerto* (Doctoral dissertation, UNIVERSITAS MUHAMMADIYAH PURWOKERTO).
- Siswoyo, D. (2007). *Ilmu Pendidikan*. Yogyakarta: UNY Press.
- Slawomirski, L., Auraen, A., & Klazinga, N. S. (2017). The economics of patient safety: Strengthening a value-based approach to reducing patient harm at national level.
- Sofyan, R. U. D. Y., & Rosa, R. N. (2015). Using translog to investigate self-corrections in translation: A pilot study on translation process. In *15th International Conference on Translation (ICT15)* (pp. 500-508).
- Sørensen, T., la Cour, P., Danbolt, L. J., Stifoss-Hanssen, H., Lien, L., DeMarinis, V., ... & Schnell, T. (2019). The Sources of Meaning and Meaning in Life Questionnaire in the Norwegian context: Relations to mental health, quality of life, and self-efficacy. *The international journal for the psychology of religion*, 29(1), 32-45.
- SPELLING, T. T. (2012). SkZ Publisher of The American Heritage Dictionary of the English Language.
- Subu, M. A., Holmes, D., & Elliot, J. (2016). Stigmatisasi dan perilaku kekerasan pada orang dengan gangguan jiwa (ODGJ) di Indonesia. *Jurnal Keperawatan Indonesia*, 19(3), 191-199.
- SURYANI, L. (2019). *HUBUNGAN LITERASI KESEHATAN MENTAL DAN LEVEL KONTAK DENGAN STIGMA MAHASISWA TERHADAP PEN-DERITA GANGGUAN JIWA* (Doctoral dissertation, Universitas Airlangga).
- Suryanto, E., & Akhadiyah, S. (2019, December). Developing a competency-based

- of language skills and literary abilities in the primary school. In *Journal of Physics: Conference Series* (Vol. 1339, No. 1, p. 012066). IOP Publishing.
- Swami, V. (2012). Mental Health Literacy of Depression: Gender Differences and Attitudinal Antecedents in a Representative British Sample. *PLoS ONE*, 7(11). <https://doi.org/10.1371/journal.pone.0049779>
- Thirunavurakasu, M., Thirunavukarasu, P., & Bhugra, D. (2013). Concepts of mental health: definitions and challenges.
- Vaillant, G. E. (2003). A 60-year follow-up of alcoholic men. *Addiction*, 98(8), 1043-1051.
- Vanheusden, K., Mulder, C. L., van der Ende, J., van Lenthe, F. J., Mackenbach, J. P., & Verhulst, F. C. (2008). Young adults face major barriers to seeking help from mental health services. *Patient education and counseling*, 73(1), 97-104.
- Vasquez, A. E. (2016). *Mental Health Literacy among College Students: Conceptualizations of Mental and Emotional Health*.
- Venkataraman, S., Patil, R., & Balasundaram, S. (2019). Why mental health literacy still matters: a review. *International Journal Of Community Medicine And Public Health*, 6(6), 2723. <https://doi.org/10.18203/2394-6040.ijcmph20192350>
- Videbeck, S. L. (2011). *Psychiatric-mental health nursing*. Walters Kluwer.
- Wahyuningsih, S. E. (2019, December). The Level of Necessity and Mental Readiness by Fashion Department Students in Supporting Fashion Business Incubator. In *1st Vocational Education International Conference (VEIC 2019)* (pp. 306-313). Atlantis Press.
- Warda, M., Zdeb, A., & Robledo, L. M. (2018). Cluster radioactivity in superheavy nuclei. *Physical Review C*, 98(4), 041602.
- Wei, Y., McGrath, P. J., Hayden, J., & Kutcher, S. (2016). Measurement properties of tools measuring mental health knowledge: a systematic review. *BMC psychiatry*, 16(1), 1-16.
- World Health Organization. (2001). *The World Health Report 2001: Mental health: new understanding, new hope*.
- World Health Organization. (2017). *Policy options on mental health: a WHO-Gulbenkian Mental Health Platform collaboration*.
- Yudhawati, D. (2018). Implementasi Psikologi Positif Dalam Pengembangan Kepribadian Mahasiswa. *Psycho Idea*, 16(2), 111-118.
- Yun-feng, Q. I., & Hai-yan, J. I. N. (2014). *Analysis of the factors affecting the mental health of students in Independent College*. 1(Icssr), 571-576.
- Yusuf, S. (2012). *Psikologi Perkembangan Anak dan Remaja*. Bandung: Remaja Rosdakarya.