

## DAFTAR PUSTAKA

- Adjaye-Gbewonyo, K., Avendano, M., Subramanian, S. V., & Kawachi, I. (2016). Income Inequality and Depressive Symptoms in South Africa: A Longitudinal Analysis of the National Income Dynamics Study. *Health and Place*, 37–46.
- Albert, P. R. (2015). Why is depression more prevalent in women? *Journal of Psychiatry and Neuroscience*, 40(4), 219–221.  
<https://doi.org/10.1503/jpn.150205>
- AlJaber, M. I., Alwehaibi, A. I., Algaeed, H. A., Arafah, A. M., & Binsebayel, O. A. (2019). Effect of academic stressors on eating habits among medical students in Riyadh, Saudi Arabia. *Journal of Family Medicine and Primary Care*, 8, 390–400.
- American Psychiatric Association. (2013). *Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition*. American Psychiatric Publishing.
- Andresen, M. E., Carter, B. W., Malmgren, A. J., & Patrick, L. D. (1994). Andresen1994-Screening for Depression.Pdf. In *American Journal of Preventive Medicine* (Vol. 10, Issue 2).
- Anwar, C. R. (2017). Fast Food: Gaya Hidup dan Promosi Makanan Siap Saji. *ETNOSIA : Jurnal Etnografi Indonesia*, 1(2), 54.  
<https://doi.org/10.31947/etnosia.v1i2.1615>
- Athens, J. K., Duncan, D. T., & Elbel, B. (2016). Proximity to Fast Food Outlets and Supermarkets as Predictors of Fast Food Dining Frequency. *Journal of the Academy of Nutrition and Dietetics*, 116(8), 1266–1275.  
<https://doi.org/10.1016/j.jand.2015.12.022>
- Baron, E. C., Davies, T., & Lund, C. (2017). Validation of the 10-item Centre for

Epidemiological Studies Depression Scale (CES-D-10) in Zulu, Xhosa and Afrikaans populations in South Africa. *BMC Psychiatry*, 17(1), 1–14.  
<https://doi.org/10.1186/s12888-016-1178-x>

Bartkiene, E., Steibliene, V., Adomaitiene, V., Juodeikiene, G., Cernauskas, D., Lele, V., Klupsaite, D., Zadeike, D., Jarutiene, L., & Guiné, R. P. F. (2019). Factors Affecting Consumer Food Preferences: Food Taste and Depression-Based Evoked Emotional Expressions with the Use of Face Reading Technology. *BioMed Research International*, 2019.  
<https://doi.org/10.1155/2019/2097415>

Bauldry, S. (2015). Variation in the Protective Effect of Higher Education Against Depression. *Soc Ment Health*, 5(2), 145–161.  
<https://doi.org/10.1177/2156869314564399>

Bebbington, P., Dunn, G., Jenkins, R., Lewis, G., Brugha, T., Farrell, M., & Meltzer, H. (2003). The influence of age and sex on the prevalence of depressive conditions: Report from the National Survey of Psychiatric Morbidity. *International Review of Psychiatry*, 15(1–2), 74–83.  
<https://doi.org/10.1080/0954026021000045976>

Berk, L. E. (2007). DEVELOPMENT THROUGH THE LIFESPAN, 4/e © 2007. In *Development*.

Björgvinsson, T., Kertz, S. J., Bigda-Peyton, J. S., McCoy, K. L., & Aderka, I. M. (2013). Psychometric Properties of the CES-D-10 in a Psychiatric Sample. *Assessment*, 20(4), 429–436. <https://doi.org/10.1177/1073191113481998>

Bohman, H., Låftman, S. B., Päären, A., & Jonsson, U. (2017). Parental separation in childhood as a risk factor for depression in adulthood: A community-based study of adolescents screened for depression and followed up after 15 years.

*BMC Psychiatry*, 17(1), 1–11. <https://doi.org/10.1186/s12888-017-1252-z>

Brand, J. E., & Xie, Y. (2010). Who benefits most from college? Evidence for negative selection in heterogeneous economic returns to higher education. *American Sociological Review*, 75(2), 273–302. <https://doi.org/10.1177/0003122410363567>

Brown, S. L., Schiraldi, G. R., & Wroblewski, P. P. (2009). Association of eating behaviors and obesity with psychosocial and familial influences. *American Journal of Health Education*, 40(2), 80–89. <https://doi.org/10.1080/19325037.2009.10599082>

Budiarto, E. (2015). *Biostatistika untuk Kedokteran dan Kesehatan Masyarakat*. EGC.

Cacioppo, J. T., Hughes, M. E., Waite, L. J., Hawkley, L. C., & Thisted, R. A. (2006). Loneliness as a specific risk factor for depressive symptoms: Cross-sectional and longitudinal analyses. *Psychology and Aging*, 21(1), 140–151. <https://doi.org/10.1037/0882-7974.21.1.140>

Camilleri, G. M., Méjean, C., Kesse-Guyot, E., Andreeva, V. A., Bellisle, F., Hercberg, S., & Péneau, S. (2014). The associations between emotional eating and consumption of energy-dense snack foods are modified by sex and depressive symptomatology. *Journal of Nutrition*, 144(8), 1264–1273. <https://doi.org/10.3945/jn.114.193177>

Caso, D., Capasso, M., Fabbricatore, R., & Conner, M. (2020). Unhealthy eating and academic stress: The moderating effect of eating style and BMI. *Health Psychology Open*, 7(2). <https://doi.org/10.1177/2055102920975274>

Chen, Y., Bennett, D., Clarke, R., Guo, Y., Yu, C., Bian, Z., Ma, L., Huang, Y., Sun, Q., Zhang, N., Zheng, X., Chen, J., Peto, R., Kendler, K. S., Li, L., Chen, Z.,

- Chen, J., Chen, Z., Collins, R., ... Qiu, Z. (2017). Patterns and correlates of major depression in Chinese adults: A cross-sectional study of 0.5 million men and women. *Psychological Medicine*, 47(5), 958–970. <https://doi.org/10.1017/S0033291716002889>
- Chlapecka, A., Kagstrom, A., & Cermakova, P. (2020). Educational attainment inequalities in depressive symptoms in more than 100,000 individuals in Europe. *European Psychiatry*, 63(1). <https://doi.org/10.1192/j.eurpsy.2020.100>
- Cho. (2016). 乳鼠心肌提取 HHS Public Access. *Physiology & Behavior*, 176(1), 100–106. <https://doi.org/10.1016/j.healthplace.2016.08.013>. Income
- Colarusso, C. A. (1992a). *Middle Adulthood (Ages 40-60)*. 163–164.
- Colarusso, C. A. (1992b). *Young Adulthood (Ages 20-40) THE TRANSITION FROM ADOLESCENCE*. 133–134.
- Conner, M., Fitter, M., & Fletcher, W. (1999). Stress and snacking: A diary study of daily hassles and between-meal snacking. *Psychology and Health*, 14(1), 51–63. <https://doi.org/10.1080/08870449908407313>
- Crawford, G. B., Khedkar, A., Flaws, J. A., Sorkin, J. D., & Gallicchio, L. (2011). Depressive symptoms and self-reported fast-food intake in midlife women. *Preventive Medicine*, 52(3–4), 254–257. <https://doi.org/10.1016/j.ypmed.2011.01.006>
- Cummins, S., & Macintyre, S. (2006). Food environments and obesity - Neighbourhood or nation? *International Journal of Epidemiology*, 35(1), 100–104. <https://doi.org/10.1093/ije/dyi276>
- Cutler, D. M., & Lleras-Muney, A. (2010). Understanding Differences in Health Behaviors by Education. *Journal of Health Economics*, 29(1), 1–28.

<https://doi.org/10.1016/j.jhealeco.2009.10.003>.

Dagnino, P., Ugarte, M. J., Morales, F., González, S., Saralegui, D., & Ehrental, J. C. (2020). Risk Factors for Adult Depression: Adverse Childhood Experiences and Personality Functioning. *Frontiers in Psychology*, 11(December). <https://doi.org/10.3389/fpsyg.2020.594698>

Darmon, N., & Drewnowski, A. (2015). Contribution of food prices and diet cost to socioeconomic disparities in diet quality and health: A systematic review and analysis. *Nutrition Reviews*, 73(10), 643–660. <https://doi.org/10.1093/nutrit/nuv027>

de Boer, M., McCarthy, M., Cowan, C., & Ryan, I. (2004). The influence of lifestyle characteristics and beliefs about convenience food on the demand for convenience foods in the Irish market. *Food Quality and Preference*, 15(2), 155–165. [https://doi.org/10.1016/S0950-3293\(03\)00054-5](https://doi.org/10.1016/S0950-3293(03)00054-5)

El Ansari, W., Adetunji, H., & Oskrochi, R. (2014). Food and mental health: Relationship between food and perceived stress and depressive symptoms among university students in the United Kingdom. *Central European Journal of Public Health*, 22(2), 90–97. <https://doi.org/10.21101/cejph.a3941>

Fanning, J., Marsh, T. L., & Stiegert, K. W. (2002). *DETERMINANTS OF FAST FOOD CONSUMPTION*.

Fryar, C. D., Hughes, J. P., Herrick, K. A., & Ahluwalia, N. (2018). Fast Food Consumption Among Adults in the United States, 2013-2016. *NCHS Data Brief*, 322, 1–8.

Gibson, E. L. (2012). The psychobiology of comfort eating: Implications for neuropharmacological interventions. *Behavioural Pharmacology*, 23(5–6), 442–460. <https://doi.org/10.1097/FBP.0b013e328357bd4e>

- Global Burden of Disease. (2019). *Global Burden of Disease*. Institute for Health Metrics and Evaluation. <https://vizhub.healthdata.org/gbd-compare/>
- Harwani, Y., & Fauziah, F. (2020). Keputusan Pembelian Konsumen Gerai Makanan Cepat Saji Ditinjau dari Kualitas Produk, Persepsi Harga dan Iklan. *Business Economic, Communication, and Social Sciences (BECOSS) Journal*, 2(3), 285–291. <https://doi.org/10.21512/becossjournal.v2i3.6659>
- Hirsch, O., Kluckner, V. J., Brandt, S., Moss, A., Weck, M., Florath, I., Wabitsch, M., Hebebrand, J., Schimmelmann, B. G., & Christiansen, H. (2014). Restrained and external-emotional eating patterns in young overweight children-results of the ulm birth cohort study. *PLoS ONE*, 9(8). <https://doi.org/10.1371/journal.pone.0105303>
- Holmes, B. (2017). Food for thought. *New Scientist*, 235(3144), 35–39. [https://doi.org/10.1016/S0262-4079\(17\)31875-4](https://doi.org/10.1016/S0262-4079(17)31875-4)
- Huang, Q., Liu, H., Suzuki, K., Ma, S., & Liu, C. (2019). Linking what we eat to our mood: A review of diet, dietary antioxidants, and depression. *Antioxidants*, 8(9), 1–18. <https://doi.org/10.3390/antiox8090376>
- Isaura, E. R., Chen, Y. C., Adi, A. C., Fan, H. Y., Li, C. Y., & Yang, S. H. (2019). Association between depressive symptoms and food insecurity among Indonesian adults: Results from the 2007–2014 indonesia family life survey. *Nutrients*, 11(12), 1–15. <https://doi.org/10.3390/nu11123026>
- Jacka, F. N., O’Neil, A., Opie, R., Itsiopoulos, C., Cotton, S., Mohebbi, M., Castle, D., Dash, S., Mihalopoulos, C., Chatterton, M. Lou, Brazionis, L., Dean, O. M., Hodge, A. M., & Berk, M. (2017). A randomised controlled trial of dietary improvement for adults with major depression (the “SMILES” trial). *BMC Medicine*, 15(1), 1–13. <https://doi.org/10.1186/s12916-017-0791-y>

- Johnson, F., Pratt, M., & Wardle, J. (2012). Dietary restraint and self-regulation in eating behavior. *International Journal of Obesity*, 36(5), 665–674. <https://doi.org/10.1038/ijo.2011.156>
- Kalmijn, S., Van Boxtel, M. P. J., Ocké, M., Verschuren, W. M. M., Kromhout, D., & Launer, L. J. (2004). Dietary intake of fatty acids and fish in relation to cognitive performance at middle age. *Neurology*, 62(2), 275–280. <https://doi.org/10.1212/01.WNL.0000103860.75218.A5>
- Kashiwagi, S., Tamiya, N., & Sandoval, F. (2016). Factors Associated with Depression amongst Family Caregivers Involved in Care for Community-dwelling Persons of Middle Age and Older: Based on Data from Indonesia Family Life Survey. *Public Policy and Administration Research*, 6(5), 24–32.
- Keck, M. M., Vivier, H., Cassisi, J. E., Dvorak, R. D., Dunn, M. E., Neer, S. M., & Ross, E. J. (2020). Examining the role of anxiety and depression in dietary choices among college students. *Nutrients*, 12(7), 1–19. <https://doi.org/10.3390/nu12072061>
- Kementerian Kesehatan RI. (2013). *Riset Kesehatan Dasar 2013*.
- Kementerian Kesehatan RI. (2018). *Riset Kesehatan Dasar 2018*.
- Kendler, K. S., & Gardner, C. O. (2014). Sex Differences in the Pathways to Major Depression: A Study Opposite-Sex Twin Pairs. *Am J Psychiatry*, 171(4), 426–435. <https://doi.org/10.1176/appi.ajp.2013.13101375>
- Lake, A., & Townshend, T. (2006). Obesogenic environments: Exploring the built and food environments. *Journal of The Royal Society for the Promotion of Health*, 126(6), 262–267. <https://doi.org/10.1177/1466424006070487>
- Lakkis, N. A., & Mahmassani, D. M. (2015). Screening instruments for depression in primary care: A concise review for clinicians. *Postgraduate Medicine*,

127(1), 99–106. <https://doi.org/10.1080/00325481.2015.992721>

Lazarevich, I., Irigoyen Camacho, M. E., Velázquez-Alva, M. C., Flores, N. L., Nájera Medina, O., & Zepeda Zepeda, M. A. (2018). Depression and food consumption in mexican college students. *Nutricion Hospitalaria*, 35(3), 620–626. <https://doi.org/10.20960/nh.1500>

Lee, H.-Y., & Kim, Y.-K. (2015). Different Mechanisms Between Melancholic and Atypical Depression. *Major Depressive Disorder - Cognitive and Neurobiological Mechanisms*, 1–20. <https://doi.org/10.5772/59959>

Lee, J., & Seon, J. (2019). Educational Attainment and Health Behaviors Among Young Adult Men: Racial/Ethnic Disparities. *American Journal of Men's Health*, 13(6). <https://doi.org/10.1177/1557988319894488>

Lorant, V., Deliège, D., Eaton, W., Robert, A., Philippot, P., & Ansseau, M. (2003). Socioeconomic inequalities in depression: A meta-analysis. *American Journal of Epidemiology*, 157(2), 98–112. <https://doi.org/10.1093/aje/kwf182>

Lucas, M., Chocano-Bedoya, P., Shulze, M. B., Mirzaei, F., O'Reilly, É. J., & Okereke, O. I., ... & Ascherio, A. (2014). Inflammatory Dietary Pattern and Risk of Depression Among Women. *Brain, Behavior, & Immunity*, 36, 46–53.

Mackinnon, A., McCallum, J., Andrews, G., & Anderson, L. (1998). The center for epidemiological studies depression scale in older community samples in Indonesia, North Korea, Myanmar, Sri Lanka, and Thailand. *Journals of Gerontology - Series B Psychological Sciences and Social Sciences*, 53(6), 343–352. <https://doi.org/10.1093/geronb/53B.6.P343>

Madyaningrum, E., Chuang, Y. C., & Chuang, K. Y. (2018). Factors associated with the use of outpatient services among the elderly in Indonesia. *BMC Health Services Research*, 18(1), 707. <https://doi.org/10.1186/s12913-018->

3512-0

Maguire, E. R., Burgoine, T., & Monsivais, P. (2015). Area deprivation and the food environment over time: A repeated cross-sectional study on takeaway outlet density and supermarket presence in Norfolk, UK, 1990-2008. *Health and Place*, 33, 142–147. <https://doi.org/10.1016/j.healthplace.2015.02.012>

Mandoura, N., Al-Raddadi, R., Abdulrashid, O., Shah, H. B. U., Kassar, S. M., Adel Hawari, A. R., & Jahhaf, J. M. (2017). Factors Associated with Consuming Junk Food among Saudi Adults in Jeddah City. *Cureus*, December. <https://doi.org/10.7759/cureus.2008>

Marcus, M., Yasamy, M. T., van Ommeren, M., & Chisholm, D. (2012). Depression, a global public health concern. *WHO Department of Mental Health and Substance Abuse*, 1–8. [http://www.who.int/mental\\_health/management/depression/who\\_paper\\_depression\\_wfmh\\_2012.pdf](http://www.who.int/mental_health/management/depression/who_paper_depression_wfmh_2012.pdf)

Marmot, M., & Wilkinson, R. G. (2001). Psychosocial and material pathways in the relation between income and health: A response to Lynch et al. *British Medical Journal*, 322(7296), 1233–1236. <https://doi.org/10.1136/bmj.322.7296.1233>

Moayyed, H., Kelly, B., Feng, X., & Flood, V. (2017). Is living near healthier food stores associated with better food intake in regional Australia? *International Journal of Environmental Research and Public Health*, 14(8). <https://doi.org/10.3390/ijerph14080884>

Mohamed, B. A., Mahfouz, M. S., & Badr, M. F. (2020). Food selection under stress among undergraduate students in riyadh, saudi arabia. *Psychology Research and Behavior Management*, 13, 211–221. <https://doi.org/10.2147/PRBM.S236953>

- Mohebbi, M., Nguyen, V., McNeil, J. J., Woods, R. L., Nelson, M. R., Shah, R. C., Storey, E., Murray, A. M., Reid, C. M., Kirpach, B., Wolfe, R., Lockery, J. E., & Berk, M. (2018). Psychometric properties of a short form of the Center for Epidemiologic Studies Depression (CES-D-10) scale for screening depressive symptoms in healthy community dwelling older adults. *General Hospital Psychiatry*, *51*, 118–125. <https://doi.org/10.1016/j.genhosppsych.2017.08.002>
- Nondzor, E. H., & Tawiah, Y. S. (2015). Consumer Perception and Preference of Fast Food: A Study of Tertiary Students in Ghana. *Science Journal of Business and Management*, *3*(1), 43. <https://doi.org/10.11648/j.sjbm.20150301.16>
- Ohn, K. I. S. (2018). *OUTCOMES IN INDONESIA*. *59*, 45–60.
- Olea López, A. L., & Johnson, L. (2016). Associations between restrained eating and the size and frequency of overall intake, meal, snack and drink occasions in the UK adult national diet and nutrition survey. *PLoS ONE*, *11*(5), 1–13. <https://doi.org/10.1371/journal.pone.0156320>
- Oliver, G., & Wardle, J. (1999). Perceived effects of stress on food choice. *Physiology and Behavior*, *66*(3), 511–515. [https://doi.org/10.1016/S0031-9384\(98\)00322-9](https://doi.org/10.1016/S0031-9384(98)00322-9)
- Oliver, G., Wardle, J., & Gibson, E. L. (2000). Stress and food choice: A laboratory study. *Psychosomatic Medicine*, *62*(6), 853–865. <https://doi.org/10.1097/00006842-200011000-00016>
- Özcelik, A. Ö., Akan, L. S., & Sürücüoğlu, M. S. (2007). An Evaluation of Fast-Food Preferences According to Gender. *Humanity & Social Sciences Journal*, *2*(1), 43–50.

- Paans, N. P. G., Gibson-Smith, D., Bot, M., van Strien, T., Brouwer, I. A., Visser, M., & Penninx, B. W. J. H. (2019). Depression and eating styles are independently associated with dietary intake. *Appetite*, *134*, 103–110. <https://doi.org/10.1016/j.appet.2018.12.030>
- Paeratakul, S., Ferdinand, D. P., Champagne, C. M., Ryan, D. H., & Bray, G. A. (2003). Fast-food consumption among US adults and children: Dietary and nutrient intake profile. *Journal of the American Dietetic Association*, *103*(10), 1332–1338. [https://doi.org/10.1016/S0002-8223\(03\)01086-1](https://doi.org/10.1016/S0002-8223(03)01086-1)
- Peltzer, K., & Pengpid, S. (2018). High prevalence of depressive symptoms in a national sample of adults in Indonesia: Childhood adversity, sociodemographic factors and health risk behaviour. *Asian Journal of Psychiatry*, *33*(March), 52–59. <https://doi.org/10.1016/j.ajp.2018.03.017>
- Penaforte, F. R. de O., Minelli, M. C. S., Rezende, L. A., & Japur, C. C. (2019). Anxiety symptoms and emotional eating are independently associated with sweet craving in young adults. *Psychiatry Research*, *271*, 715–720. <https://doi.org/10.1016/j.psychres.2018.11.070>
- Péneau, S., Ménard, E., Méjean, C., Bellisle, F., & Hercberg, S. (2013). Sex and dieting modify the association between emotional eating and weight status. *American Journal of Clinical Nutrition*, *97*(6), 1307–1313. <https://doi.org/10.3945/ajcn.112.054916>
- Phillips, S. M., Bandini, L. G., Naumova, E. N., Cyr, H., Colclough, S., Dietz, W. H., & Must, A. (2004). Energy-dense snack food intake in adolescence: Longitudinal relationship to weight and fatness. *Obesity Research*, *12*(3), 461–472. <https://doi.org/10.1038/oby.2004.52>
- Pinxten, W., & Lievens, J. (2014). The importance of economic, social and cultural

- capital in understanding health inequalities: using a Bourdieu-based approach in research on physical and mental health perceptions. *Sociology of Health & Illness*, 36(7), 1095–1110. <https://doi.org/10.1111/1467-9566.12154>
- Radloff, L. S. (1977). The CES-D scale: a self-report depression scale for research in the general population. *Applied Psychological Measurement*, 1(3), 385–401.
- Rafacz, S. D. (2019). Healthy Eating: Approaching the Selection, Preparation, and Consumption of Healthy Food as Choice Behavior. *Perspectives on Behavior Science*, 42(3), 647–674. <https://doi.org/10.1007/s40614-018-00190-y>
- Rajveer, B., Monika, O., & Naka, K. (2012). Review Article Junk Food : Impact on Health. *Junk Food: Impact on Health*, 2(3), 68.
- Rathi, N., Riddell, L., & Worsley, A. (2017). Food consumption patterns of adolescents aged 14-16 years in Kolkata, India. *Nutrition Journal*, 16(1), 1–12. <https://doi.org/10.1186/s12937-017-0272-3>
- Ross, C. E., & Mirowsky, J. (2006). Sex differences in the effect of education on depression: Resource multiplication or resource substitution? *Social Science and Medicine*, 63(5), 1400–1413. <https://doi.org/10.1016/j.socscimed.2006.03.013>
- Ross, C. E., & Mirowsky, J. (2010a). Gender and the health benefits of education. *Sociological Quarterly*, 51(1), 1–19. <https://doi.org/10.1111/j.1533-8525.2009.01164.x>
- Ross, C. E., & Mirowsky, J. (2010b). *Why Education Is the Key to Socioeconomic Differentials in Health*. Vanderbilt University Press.
- Ross, C. E., & Mirowsky, J. (2011). The interaction of personal and parental education on health. *Social Science and Medicine*, 72(4), 591–599.

<https://doi.org/10.1016/j.socscimed.2010.11.028>

Sánchez-Villegas, A., Toledo, E., De Irala, J., Ruiz-Canela, M., Pla-Vidal, J., & Martínez-González, M. A. (2012). Fast-food and commercial baked goods consumption and the risk of depression. *Public Health Nutrition*, *15*(3), 424–432. <https://doi.org/10.1017/S1368980011001856>

Sarmugam, R., & Worsley, A. (2015). Dietary behaviours, impulsivity and food involvement: Identification of three consumer segments. *Nutrients*, *7*(9), 8036–8057. <https://doi.org/10.3390/nu7095379>

Schlax, J., Jünger, C., Beutel, M. E., Münzel, T., Pfeiffer, N., Wild, P., Blettner, M., Kerahrodi, J. G., Wiltink, J., & Michal, M. (2019). Income and education predict elevated depressive symptoms in the general population: Results from the Gutenberg health study. *BMC Public Health*, *19*(1), 1–10. <https://doi.org/10.1186/s12889-019-6730-4>

Song, Y. (2016). Factors that Affect Fast Food Consumption : A Review of the Literature. *Social and Behavioral Sciences Commons*, *53*, 1–4.

Spence, C. (2017). Comfort food: A review. *International Journal of Gastronomy and Food Science*, *9*(December 2016), 105–109. <https://doi.org/10.1016/j.ijgfs.2017.07.001>

Sproesser, G., Strohbach, S., Schupp, H., & Renner, B. (2011). Candy or apple? How self-control resources and motives impact dietary healthiness in women. *Appetite*, *56*(3), 784–787. <https://doi.org/10.1016/j.appet.2011.01.028>

Stevenson, R. J. (2016). Psychological correlates of habitual diet in healthy adults. *Psychological Bulletin*, *143*(1), 53–90. <https://doi.org/10.1037/bul0000065>

Stranges, S., Samaraweera, P. C., Taggart, F., Kandala, N. B., & Stewart-Brown, S. (2014). Major health-related behaviours and mental well-being in the

general population: The health survey for England. *BMJ Open*, 4(9).

<https://doi.org/10.1136/bmjopen-2014-005878>

Strauss, J., Witoelar, F., & Sikoki, B. (2016). The Fifth Wave of the Indonesia Family Life Survey: Overview and Field Report: Volume 1. In *The Fifth Wave of the Indonesia Family Life Survey: Overview and Field Report: Volume 1* (Vol. 1, Issue March). <https://doi.org/10.7249/wr1143.1>

ten Kate, J., de Koster, W., & van der Waal, J. (2017). Why are Depressive Symptoms More Prevalent Among The Less Educated? The Relevance of Low Cultural Capital and Cultural Entitlement. *Sociological Spectrum*, 37(2), 63–76. <https://doi.org/10.1080/02732173.2016.1274248>

Togbo, I. D. R. (2018). Obesogenic Factors Influencing Overweight among Asian Children and Youth. *Journal of Health Research and Reviews*, 5(3), 111–116.

Tolmunen, T., Hintikka, J., Ruusunen, A., Voutilainen, S., Tanskanen, A., Valkonen, V. P., Viinamäki, H., Kaplan, G. A., & Salonen, J. T. (2004). Dietary folate and the risk of depression in finnish middle-aged men: A prospective follow-up study. *Psychotherapy and Psychosomatics*, 73(6), 334–339. <https://doi.org/10.1159/000080385>

Untaru, E., & Ispas, A. (2013). Why Do Young People Prefer Fast- Food Restaurants? an Exploratory Study. *Revista de Turism - Studii Si Cercetari in Turism / Journal of Tourism - Studies and Research in Tourism*, 15(15), 27–34.

Vermeulen, S., Wellesley, L., Airey, S., Singh, S., Agustina, R., Izwardy, D., & Saminarsih, D. (2019). Healthy Diets from Sustainable Production: Indonesia. *Hoffman Centre for Sustainable Resource Economy*, 1–45.

Vinay Gopal, J., Sriram, S., Kannabiran, K., & Seenivasan, R. (2012). Student ' s

perspective on junk foods : Survey. *Sudanese Journal of Public Health*, 7(1), 21–25.

Wang, J. L., Schmitz, N., & Dewa, C. S. (2010). Socioeconomic status and the risk of major depression: The Canadian national population health survey. *Journal of Epidemiology and Community Health*, 64(5), 447–452.

<https://doi.org/10.1136/jech.2009.090910>

Welch, N., McNaughton, S. A., Hunter, W., Hume, C., & Crawford, D. (2008). Is the perception of time pressure a barrier to healthy eating and physical activity among women? *Public Health Nutrition*, 12(7), 888–895.

<https://doi.org/10.1017/S1368980008003066>

Witte, H. De. (1999). Job Insecurity and Psychological Well-being: Review of the Literature and Exploration of Some Unresolved Issues. *European Journal of Work and Organizational Psychology*, 8(2), 155–177.

<https://doi.org/10.1080/135943299398302>

Xu, H., Guo, J., Wan, Y., Zhang, S., Yang, R., Xu, H., Ding, P., & Tao, F. (2020). Association Between Screen Time, Fast Foods, Sugar-Sweetened Beverages and Depressive Symptoms in Chinese Adolescents. *Frontiers in Psychiatry*, 11(May), 1–12. <https://doi.org/10.3389/fpsy.2020.00458>

Yu, B., He, H., Zhang, Q., Wu, H., Du, H., Liu, L., Wang, C., Shi, H., Xia, Y., Guo, X., Liu, X., Li, C., Bao, X., Su, Q., Meng, G., Chu, J., Mei, Y., Sun, S., Wang, X., ... Niu, K. (2015). Soft drink consumption is associated with depressive symptoms among adults in China. *Journal of Affective Disorders*, 172, 422–427. <https://doi.org/10.1016/j.jad.2014.10.026>

Zhang, W., O'Brien, N., Forrest, J. I., Salters, K. A., Patterson, T. L., Montaner, J. S. G., Hogg, R. S., & Lima, V. D. (2012). Validating a shortened depression

scale (10 item CES-D) among HIV-Positive people in British Columbia, Canada. *PLoS ONE*, 7(7), 1–5. <https://doi.org/10.1371/journal.pone.0040793>