

INTISARI

PENGALAMAN DOKTER UMUM DALAM PERAWATAN PASIEN STROKE PASCA AKUT PADA LAYANAN *HOME CARE*

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Suatu sistem manajemen, aturan dan prosedur pelayanan dokter belum diterapkan sepenuhnya dalam pelayanan, pengobatan dan penyembuhan pasien di *home care* dan belum ada kajian mengenai pengalaman dokter umum dalam pelayanan *home care* untuk pasien stroke pasca akut. Penelitian ini bertujuan untuk mengeksplorasi pengalaman dokter umum dalam merawat pasien stroke pasca akut. Penelitian ini menggunakan desain penelitian kualitatif. Populasi penelitian ini adalah dua dokter di unit *home care* RSUP Dr. Sardjito Yogyakarta. Pengambilan data menggunakan wawancara *Semi-structured*. Tema yang didapat terkait pengalaman dokter *home care* adalah: Proses Penanganan Pasien Stroke Pasca Akut Dalam Layanan *Home Care* di dapatkan bahwa program dilaksanakan dan ditelaah sebelum pasien keluar dari rumah sakit. Evaluasi multidisiplin dilakukan setiap 3 bulan, Peran Dokter Umum dalam Layanan *Home Care* adalah membagi tugas kepada perawat, ahli gizi, fisioterapi, dan DPJP dalam menangani pasien stroke pasca akut, namun belum ada pedoman baku pada pelayanan *home care* untuk menangani pasien stroke pasca akut. Kendala yang dihadapi Dokter Umum yaitu kendala eksternal yang sering adalah keluarga pasien, kendala internal adalah sarana dan prasarana dari rumah sakit yang kurang memadai., Harapan untuk Dokter di Pelayanan *Home Care* yaitu sumber daya manusia yang cukup dan kompensasi yang layak bagi dokter *home care*. Keterbatasan penelitian ini adalah tidak dilanjutkan sampai melakukan validasi terhadap hasil yang didapatkan. Tema ditemukan di atas diharapkan dapat membuka wawasan dokter umum dalam melayani pasien stroke pasca akut yang mengalami ketergantungan total di pelayanan *home care*.

Kata kunci: Pengalaman, *Dokter Umum*, *homecare*, stroke, perawatan stroke pasca akut, *poststroke*

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Abstract

EXPERIENCE OF GENERAL PRACTITIONERS DELIVER POST-ACUTE STROKE IN HOMECARE SERVICE

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A management system, rules and procedures for general practitioners services have not been fully implemented in the homecare, treatment and healing of patients at home care and there has been no study of the experience of general practitioners in home care services for post stroke patients. This study aims to explore the experience of general practitioners in treating post-acute stroke patients. This study used a qualitative research design. The population of this study were two general practitioner in the home care unit Dr. Sardjito Yogyakarta. Data were collected using semi-structured interviews. The themes obtained related to the experience of general practitioner in Homecare services: The Process of Handling of Post-Acute Stroke Patients In Home Care Services, Program was implemented and reviewed before the patient discharged from the hospital. Multidisciplinary evaluations are carried out every 3 months. The role of the General Practitioner in Home Care Services is to divide the duties of nurses, nutritionists, physiotherapists, in managing post-acute stroke patients, but there are no standard guidelines for home care services for treating post-acute stroke patients. Constraints faced by General Practitioners are external constraints which are often the patient's family, internal constraints are inadequate facilities and infrastructure from the hospital., Expectations for Doctors in Home Care Services are sufficient human resources and adequate compensation for home care general practitioners. The limitation of this study is that it is not continued until validating the results obtained. The themes found above are expected to be able to broaden general practitioners' insights in serving post-acute stroke patients who experience total dependence on home care services.

Keywords: caregiver, homecare, stroke, post acute stroke care, poststroke

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