

DAFTAR ISI

Abstrak	1
Pendahuluan	2
Metode	8
Partisipan	8
Prosedur	10
Instrumen Penelitian	11
Analisis Data	13
Hasil	14
Diskusi	19
Kesimpulan	25
Ucapan Terima Kasih	27
Daftar Pustaka	30
Lampiran	34

DAFTAR TABEL

Table 1. Karakteristik Demografis Partisipan Penelitian.....	14
Table 2. Kategorisasi Data Hasil Penelitian	15
Table 3. Hasil Analisis Regresi Berganda	18
Table 4. Hasil Koefisien Regresi	18

DAFTAR LAMPIRAN

Lampiran 1. Blueprint Skala <i>Gratitude</i>	34
Lampiran 2. Blueprint Skala <i>Social Support</i>	35
Lampiran 3. Blueprint Skala <i>Body Dissatisfaction</i>	36
Lampiran 4. Skala <i>Gratitude</i>	38
Lampiran 5. Skala <i>Social Support</i>	40
Lampiran 6. Skala <i>Body Dissatisfaction</i>	42
Lampiran 7. Hasil Uji Coba Skala <i>Gratitude</i>	44
Lampiran 8. Hasil Uji Coba Skala <i>Social Support</i>	48
Lampiran 9. Hasil Uji Coba Skala <i>Body Dissatisfaction</i>	52
Lampiran 10. Hasil Uji Asumsi	57
Lampiran 11. Hasil Uji Hipotesis	59
Lampiran 12. Data Uji Coba Skala <i>Gratitude</i>	61
Lampiran 13. Data Uji Coba Skala <i>Social Support</i>	64
Lampiran 14. Data Uji Coba Skala <i>Body Dissatisfaction</i>	67
Lampiran 15. Data Penelitian Skala <i>Gratitude</i>	70
Lampiran 16. Data Penelitian Skala <i>Social Support</i>	83
Lampiran 17. Data Penelitian Skala <i>Body Dissatisfaction</i>	96
Lampiran 18. Lembar Persetujuan Etika Penelitian	109
Lampiran 19. Lembar <i>Informed Consent</i>	110