

Peran Perilaku Mencari Informasi COVID-19 terhadap Perilaku Preventif COVID-19: Mediasi Pola Pengambilan Keputusan Masa Pandemi COVID-19

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Abstract. COVID-19 preventive behavior is one of the way that can be done to prevent the spread of COVID-19. One of the factors that affect COVID-19 preventive behavior is seeking information about COVID-19. In addition, it is known that there is a relationship between information and decision making, especially its coping pattern. Decision making patterns are also known have a correlation to health behavior. This study aims to see the effect of COVID-19 information seeking behavior on COVID-19 preventive behavior, and observe the mediation role of the decision making patterns. The survey was conducted online (N= 118; 19-45 years; Male=32; Female=86) using the COVID-19 Information Seeking Behavior scale, the COVID-19 Preventive Behavior scale, and the Melbourne Decision Making Questionnaire. Mediation analysis through PROCESS shows there is a direct effect of COVID-19 information seeking behavior on COVID-19 preventive behavior ($\beta=.346$; $p<.001$). Meanwhile, it was not significant that decision making patterns become a mediator in the relationship between COVID-19 information seeking behavior and COVID-19 preventive behavior ($\beta=.009$; $p>.05$). Even so, a significant effect can be seen in decision making pattern on COVID-19 preventive behavior ($\beta= -.375$; $p<.05$).

Keywords: COVID-19, COVID-19 Information Seeking Behavior, COVID-19 Preventive Behavior, Decision Making Pattern.

Abstrak. Penerapan perilaku preventif COVID-19 menjadi salah satu cara yang dapat dilakukan guna menghambat penyebaran COVID-19. Salah satu faktor yang dapat mempengaruhi perilaku preventif COVID-19 adalah pencarian informasi mengenai COVID-19. Selain itu diketahui terdapat pula hubungan dari pengetahuan/informasi dengan pengambilan keputusan seseorang, terkhusus pola kopingnya. Pola pengambilan keputusan juga diketahui berhubungan dengan perilaku kesehatan. Penelitian ini bertujuan untuk melihat pengaruh perilaku mencari informasi COVID-19 terhadap perilaku preventif COVID-19, serta meninjau bagaimana peran mediasi dari pola pengambilan keputusan. Survei dilakukan secara daring (N=118; 19-45 tahun; Laki-Laki=32; Perempuan=86) menggunakan skala COVID-19 Information Seeking Behavior, skala Perilaku Preventif, dan Melbourne Decision Making Questionnaire. Analisis mediasi melalui PROCESS menunjukkan bahwa terdapat pengaruh langsung dari perilaku mencari informasi COVID-19 terhadap perilaku preventif COVID-19 ($\beta=0,346$; $p<0,001$). Sedangkan pola pengambilan keputusan belum dapat menjadi mediator dalam hubungan perilaku mencari informasi COVID-19 dengan perilaku preventif COVID-19 ($\beta=0,009$; $p>0,05$). Walaupun begitu, pengaruh signifikan dapat terlihat pada pola pengambilan keputusan terhadap perilaku preventif COVID-19 ($\beta= -.375$; $p<0,05$).

Kata Kunci: COVID-19, Perilaku Mencari Informasi COVID-19, Perilaku Preventif COVID-19, Pola Pengambilan Keputusan.