

TABLE OF CONTENTS

TITLE.....	i
APPROVAL PAGE.....	ii
STATEMENT OF AUTHENTICITY.....	iii
TABLE OF CONTENTS.....	iv
LIST OF TABLES.....	vi
LIST OF FIGURES.....	vii
LIST OF ATTACHMENTS.....	viii
MEANING OF SYMBOLS AND ABBREVIATIONS.....	ix
ABSTRACT.....	xi
ABSTRAK.....	xii
CHAPTER 1.....	1
1.1. Study Background.....	1
1.2. Research Questions.....	3
1.3. Research Objectives.....	3
1.4. Research Authenticity.....	3
1.5. Research Benefits.....	6
CHAPTER 2.....	7
2.1. Background Theory.....	7
2.1.1. Atopic Dermatitis and Allergic Comorbidities.....	7
2.1.2. Importance of Exclusive Breastfeeding.....	10
2.1.3. Human Milk Composition and Allergic Diseases.....	12
2.1.3.1. Secretory Immunoglobulin A (s-IgA).....	14
2.1.3.2. Human Milk Cytokines.....	15
2.1.3.3. Human Milk Cells.....	19
2.1.3.4. Human Milk Oligosaccharides (HMOs).....	20
2.1.3.5. Human Milk Microbiota.....	21
2.1.3.6. Human Milk Fatty Acids.....	23
2.1.3.7. Human Milk Vitamins.....	24

2.1.4. Human Milk Composition Changes.....	25
2.1.5. Association between Exclusive Breastfeeding and Allergic Diseases	27
2.2. Theoretical Framework.....	29
2.3. Conceptual Framework.....	30
2.4. Hypothesis.....	30
CHAPTER 3	31
3.1. Research Design.....	31
3.2. Population and Study Subject	31
i. Inclusion Criteria	31
ii. Exclusion Criteria	32
3.3. Sample Size.....	32
3.4. Informed Consent	32
3.5. Equipments and Materials.....	32
3.6. Research Procedure	32
3.7. Study Variables	33
3.8. Operational Definitions.....	33
3.9. Statistical Analysis	34
3.10. Research Schedule.....	34
CHAPTER 4.....	36
4.1. Results	36
4.2. Discussion.....	39
4.3. Research Limitations	44
CHAPTER 5	46
5.1. Conclusion	46
5.2. Recommendation.....	46
REFERENCES	47
ATTACHMENT	53