

Schizoid Personality Disorder in J. D. Salinger's *The Catcher in the Rye*

ABSTRACT

This undergraduate thesis discusses the characteristics of schizoid personality disorder portrayed by character Holden Caulfield from *The Catcher in the Rye* by J.D. Salinger. The characteristic was observed through Holden's behaviors, actions, and emotions. Based on the diagnosis for schizoid personality disorder from *Diagnostic and Statistical Manual of Mental Disorder Fifth Edition (DSM-5)* by American Psychiatric Association, it reveals that Holden has the propensity for schizoid personality disorder as he exhibits five out of seven diagnostic symptoms of the disorder. It is also revealed that the story does not show how the disorder formed on Holden, rather it shows how Holden, who has the disorder, suffered from mental breakdown caused by emotional overload.

Keywords: schizoid personality disorder, detachment, DSM-5, *The Catcher in the Rye*, Holden Caulfield

Gangguan Kepribadian Schizoid dalam Novel *the Catcher in the Rye* Karya J. D. Salinger

INTISARI

Skripsi ini membahas tentang karakteristik dari gangguan kepribadian schizoid yang digambarkan oleh karakter Holden Caulfield dalam novel *The Catcher in the Rye* karya J.D. Salinger. Karakteristik diobservasi melalui tingkah laku, perbuatan dan perasaan Holden. Berdasarkan diagnosis untuk gangguan kepribadian schizoid dari *Diagnostic and Statistical Manual of Mental Disorder Fifth Edition (DSM-5)* oleh American Psychiatric Association, menunjukkan bahwa Holden mempunyai kecenderungan untuk gangguan kepribadian schizoid sebagaimana dia memperlihatkan lima dari tujuh gejala diagnostik dari gangguan kepribadian tersebut. Hasil juga mengungkapkan bahwa cerita bukan menunjukkan bagaimana terbentuknya gangguan kepribadian pada Holden, melainkan bagaimana Holden, yang memiliki gangguan kepribadian tersebut, mengalami jatuh mental yang disebabkan oleh beban emosional berlebih.

Kata kunci: gangguan kepribadian schizoid, detachment, DSM-5, *The Catcher in the Rye*, Holden Caulfield