



## Abstract

This paper studies George's character, the main character of *George*, written by Alex Gino. The novel is analyzed using the DSM-5 and psychoanalysis theory proposed by Sigmund Freud to understand George's psychological state and its causes. The primary data used in this paper are taken from the novel *George* connected to the topic. This research applies the library research method by close-reading the novel and focusing on George's thought, dialogue, and also the author's narrative that shows her psychodynamic.

The result of this paper reveals that George suffers from Gender Dysphoria. She portrays all of the symptoms of Gender Dysphoria; a strong desire to be another gender, a strong dislike of her primary/secondary sexual characteristics, and experiencing social distress and impairment. Predominant causes that lead her to experience Gender Dysphoria are father's absence and her strong bond with her mother. Both happen in the phallic stage. One more factor that contributes to her Gender Dysphoria is withdrawal from peer groups. It occurs as the continuation of the failure in the phallic stage.

**Keywords:** *George, Alex Gino, DSM-5, Psychoanalysis, Gender Dysphoria*