

DAFTAR PUSTAKA

- Benard, B. (2004). *Resiliency: What we have learned*. San Fransisco: WestEd.
- Berle, J. Ø., & Spigset, O. (2011). Antidepressant use during breastfeeding. *Current Women's Health Reviews*, 7, 28–34.
- Brummelte, S., & Galea, L. A. M. (2016). Postpartum depression: Etiology, treatment and consequences for maternal care. *Hormones and Behavior*, 77, 153–166. <https://doi.org/10.1016/j.yhbeh.2015.08.008>
- Carberg, J. (2019, Mei 3). *Statistics on Postpartum Depression—Postpartum Depression Resources*. PostpartumDepression.Org. <https://www.postpartumdepression.org/resources/statistics/>
- Clay, E., & Seehusen, D. (2004). A review of postpartum depression for the primary care physician. *Southern Medical Journal*, 97(2), 157–162. <https://doi.org/10.1097/01.SMJ.0000091029.34773.33>
- Creswell, J. W. (2010). *Research design: Pendekatan kualitatif, kuantitatif, dan mixed* (Edisi Ketiga). Yogyakarta: Pustaka Pelajar.
- Dfarhud, D., Malmir, M., & Khanahmadi, M. (2014). Happiness & health: The biological factors - Systematic review article. *Iranian Journal of Public Health*, 43(11), 1468–1477.
- Di Mascio, V., Kent, A., Fiander, M., & Lawrence, J. (2008). Recovery from postnatal depression: A consumer's perspective. *Archives of Women's Mental Health*, 11(4), 253–257. <https://doi.org/10.1007/s00737-008-0024-7>
- Dubber, S., Reck, C., Müller, M., & Gawlik, S. (2015). Postpartum bonding: The role of perinatal depression, anxiety and maternal-fetal bonding during pregnancy. *Archives of Women's Mental Health*, 18(2), 187–195. <https://doi.org/10.1007/s00737-014-0445-4>
- Earvolino-Ramirez, M. (2007). Resilience: A concept analysis. *Nursing Forum*, 42(2), 73–82. <https://doi.org/10.1111/j.1744-6198.2007.00070.x>

- Feather, N. T. (1962). The study of persistence. *Psychological Bulletin*, 59(2), 94–115. <https://doi.org/10.1037/h0042645>
- Feist, J. (2008). *Theories of personality* (7th Edition). New York: McGrawHill.
- Field, T. (2010). Postpartum depression effects on early interactions, parenting, and safety practices: A review. *Infant Behavior and Development*, 33(1), 82–91. <https://doi.org/10.1016/j.infbeh.2009.10.005>
- Fitelson, E., Kim, S., Baker, A. S., & Leight, K. (2010). Treatment of postpartum depression: Clinical, psychological and pharmacological options. *International Journal of Women's Health*, 3, 1–14. <https://doi.org/10.2147/IJWH.S6938>
- Foy, D., Drescher, K., & Watson, P. (2011). Religious and spiritual factors in resilience. *Resilience and Mental Health: Challenges Across the Lifespan*, 90–102. <https://doi.org/10.1017/CBO9780511994791.008>
- Grotberg, E. H. (1995). *A guide to promoting resilience in children: Strengthening the human spirit*. The Hague: Bernard van Leer Foundation.
- Hadi, P. (2004). *Depresi dan solusinya*. Yogyakarta: Tugu Publisher.
- Idaiani, S., & Basuki, B. (2012). Postpartum depression in Indonesian women: A national study. *Health Science Indonesia*, 3(1), 3–8.
- Kahija, Y. F. L. (2017). *Penelitian fenomenologis: Jalan memahami pengalaman hidup*. Yogyakarta: Kanisius.
- Keshavarzi, F., Yazdchi, K., Rahimi, M., Rezaei, M., Farnia, V., Davarinejad, O., Abdoli, N., & Jalili, M. (2011). Post partum depression and thyroid function. *Iranian Journal of Psychiatry*, 6(3), 117–120.
- Lestari, S. (2012). *Psikologi keluarga: Penanaman nilai dan penanganan konflik dalam keluarga*. Jakarta: Kencana.
- Nelson, S. K., Kushlev, K., & Lyubomirsky, S. (2014). The pains and pleasures of parenting: When, why, and how is parenthood associated with more or less

well-being? *Psychological Bulletin*, 140(3), 846–895.
<https://doi.org/10.1037/a0035444>

Netsi, E., Pearson, R. M., Murray, L., Cooper, P., Craske, M. G., & Stein, A. (2018). Association of persistent and severe postnatal depression with child outcomes. *JAMA Psychiatry*, 75(3), 247–253.
<https://doi.org/10.1001/jamapsychiatry.2017.4363>

O’Hara, M. W., & McCabe, J. E. (2013). Postpartum Depression: Current Status and Future Directions. *Annual Review of Clinical Psychology*, 9(1), 379–407.
<https://doi.org/10.1146/annurev-clinpsy-050212-185612>

Ozbay, F., Johnson, D. C., Dimoulas, E., Morgan, C. A., Charney, D., & Southwick, S. (2007). Social support and resilience to stress. *Psychiatry (Edgmont)*, 4(5), 35–40.

Parsons, S., Kruijt, A.-W., & Fox, E. (2016). A cognitive model of psychological resilience. *Journal of Experimental Psychopathology*, 7(3), 296–310.
<https://doi.org/10.5127/jep.053415>

Prince-Embury, S., & Saklofske, D. H. (2012). *Resilience in children, adolescents, and adults: Translating research into practice*. New York: Springer Science & Business Media.

Reivich, K., & Shatté, A. (2003). *The resilience factor: 7 keys to finding your inner strength and overcoming life’s hurdles* (Reprint edition). New York: Harmony.

Richardson, G. E. (2002). The metatheory of resilience and resiliency. *Journal of Clinical Psychology*, 58(3), 307–321. <https://doi.org/10.1002/jclp.10020>

Richter, A., Naswall, K., De Cuyper, N., Sverke, M., & De Witte, H. (2013). Coping with job insecurity. *Career Development International*, 18(5), 484–502.
<https://doi.org/10.1108/CDI-06-2013-0081>

Roux, G., Anderson, C., & Roan, C. (2002). Postpartum depression, marital dysfunction, and infant outcome: A longitudinal study. *The Journal of*

Perinatal Education, 11(4), 25–36.

<https://doi.org/10.1624/105812402X88939>

Ryans, D. G. (1938). The meaning of persistence. *The Journal of General Psychology*, 19(1), 79–96. <https://doi.org/10.1080/00221309.1938.9711188>

Sadat, Z., Abedzadeh-Kalahroudi, M., Kafeai Atrian, M., Karimian, Z., & Sooki, Z. (2014). The impact of postpartum depression on quality of life in women after child's birth. *Iranian Red Crescent Medical Journal*, 16(2), 1–7. <https://doi.org/10.5812/ircmj.14995>

Scrandis, D. A., Sheikh, T. M., Niazi, R., Tonelli, L. H., & Postolache, T. T. (2007). Depression after delivery: Risk factors, diagnostic and therapeutic considerations. *The Scientific World Journal*, 7, 1670–1680. <https://doi.org/10.1100/tsw.2007.207>

Snyder, C. R., & Lopez, S. J. (2006). *Positive psychology: The scientific and practical explorations of human strengths*. London: SAGE Publications.

Stewart, D. E., Robertson, E., Phil, M., Dennis, C.-L., Grace, S. L., & Wallington, T. (2003). *Postpartum depression: Literature review of risk factors and interventions*. Toronto: Toronto Public Health.

Stewart, D. E., & Vigod, S. (2016). Postpartum depression. *New England Journal of Medicine*, 375(22), 2177–2186. <https://doi.org/10.1056/NEJMcp1607649>

Stuart, S., & O'Hara, M. W. (1995). Interpersonal psychotherapy for postpartum depression: A treatment program. *The Journal of Psychotherapy Practice and Research*, 4(1), 18–29.

Vliegen, N., Casalin, S., & Luyten, P. (2014). The course of postpartum depression: A review of longitudinal studies. *Harvard Review of Psychiatry*, 22(1), 1–22. <https://doi.org/10.1097/HRP.0000000000000013>

Yudha, A. B., & Kahija, Y. F. L. (2015). *Makna yoga: Studi interpretative phenomenological analysis pada Yogi*. 4, 7.