

Daftar pustaka

- Abbaszadeh, Y., Allahbakhshian, A., Seyyedrasooli, A., Sarbakhsh, P., Goljarian, S., & Safaei, N. (2018). Effects of foot reflexology on anxiety and physiological parameters in patients undergoing coronary artery bypass graft surgery: A clinical trial. *Complementary Therapies in Clinical Practice*, 31, 220–228. <https://doi.org/10.1016/j.ctcp.2018.02.018>
- Aisara, S., Azmi, S., & Yanni, M. (2018). Gambaran Klinis Penderita Penyakit Ginjal Kronik yang Menjalani Hemodialisis di RSUP Dr. M. Djamil Padang. *Jurnal Kesehatan Andalas*, 7(1), 42. <https://doi.org/10.25077/jka.v7i1.778>
- Andrews, S., & Dempsey, B. (2007). *Acupressure & Reflexology for Dummies*. (K. DeMint, Ed.). Canada: Wiley Publishing, Inc.
- Annisa, D. F. (2016). Konsep Kecemasan (Anxiety) pada Lanjut Usia (Lansia), 5(2).
- Arafah, S., Hrp, J., Yustina, I., & Ardinata, D. (2017). The Factors Related to Level of Anxiety of Hemodialysis Patients in Dr . Pirngadi Medan Hospital, 1–9.
- Ariyani, Y. (2015). *Ilmu Pijat Pengobatan Refleksi Relaksasi* (Edisi 1). Jakarta: Kementerian Pendidikan dan Kebudayaan RI.
- Aryasa, I. A., & Adiputra, L. M. I. S. H. (2016). Skor Probabilitas Deep Vein Thrombosis Pegawai Kasir Pusat Perbelanjaan Yang Menggunakan Sepatu Hak Tinggi Di Denpasar. *E-Jurnal Medika*, 5(11), 1–5. <https://doi.org/2303-1395>
- Babamohamadi, H., Sotodehasl, N., & Koenig, H. G. (2015). The Effect of Holy Qur ' an Recitation on Anxiety in Hemodialysis Patients : A Randomized Clinical Trial. *J Relig Health*. <https://doi.org/10.1007/s10943-014-9997-x>
- Basha, E., & Kaya, M. (2016). Depression, Anxiety and Stress Scale (DASS): The Study of Validity and Reliability. *Universal Journal of Educational Research*, 4(12), 2701–2705. <https://doi.org/10.13189/ujer.2016.041202>
- Bates, N., Schell, J., & Jordan, A. (2017). Depression and Anxiety in ESRD: A Practical Guide for Nephrologist. *Nephrology and Palliative Care*, 6(5), 151–152. <https://doi.org/10.1080/09699260.1998.11746809>
- Bomback, A. S., & Bakris, G. L. (2011). *Chronic Kidney Disease and Hypertension Essentials*. (S. Cameron, Ed.). Canada: Jones & Bartlett Learning. Retrieved from <https://books.google.com/books?id=Nshc2hJkLvsC&pgis=1>
- Centers for Disease Control and Prevention. (2019). Chronic Kidney Disease in The United States. *US Department of Health and Human Services, Centers for Disease Control and Prevention*, 1, 1–6. Retrieved from https://www.cdc.gov/kidneydisease/pdf/2019_National-Chronic-Kidney-Disease-Fact-Sheet.pdf
- Ceyhan, Ö., Göris, S., Dogan, N., & Bayindir, S. K. (2017). The Use of Complementary and Alternative Medicine by Patients Undergoing Hemodialysis. *Alternative*

Therapies, 23(1), 40–45. Retrieved from https://manchester.idm.oclc.org/login?url=https://search.proquest.com/docview/1914146352?accountid=12253%0Ahttp://manfe.hosted.exlibrisgroup.com/openurl/44MAN/44MAN_services_page?genre=article&atitle=The+Use+of+Complementary+and+Alternative+Medicine+by+P

Choudhari, S. K., Potdar, N., Hiremath, P., & Kharat, D. (2017). A study to assess effectiveness of foot reflexology on anxiety of patients undergoing hemodialysis in tertiary care hospital, Karad. *Asian Journal of Pharmaceutical and Clinical Research*, 10(7), 345–348. <https://doi.org/10.22159/ajpcr.2017.v10i7.18602>

Clucas, C., Sibley, E., Harding, R., Liu, L., Catalan, J., & Sherr, L. (2011). A systematic review of Interventions for anxiety in people with HIV, (January 2015), 37–41. <https://doi.org/10.1080/13548506.2011.579989>

Damanik, E. D. (2006). The Measurement of Reliability, Validity, Items Analysis and Normative Data of Depression Anxiety Stress Scale (DASS).

Dewina, A., Emaliyawati, E., & Praptiwi, A. (2018). Death Anxiety Level among Patients with Chronic Renal failure Undergoing Hemodialysis. *JNC, Volume 1*(February). <https://doi.org/10.24198/jnc.v1i1.15757>

Dharma, K. K. (2011). *Metodologi Penelitian Keperawatan* (11th, 13th ed.). Jakarta Timur: CV. Trans Info Media.

Embong, N. H., Soh, Y. C., Ming, L. C., & Wong, T. W. (2015). Revisiting Reflexology: Concept, evidence, current practice and practitioner training. *Journal of Traditional and Complementary Medicine*, 5(4), 197–206. <https://doi.org/10.1016/j.jtcme.2015.08.008>

Gerogianni, G., Babatsikou, F., Polikandrioti, M., & Grapsa, E. (2019). Management of anxiety and depression in haemodialysis patients: the role of non-pharmacological methods. *International Urology and Nephrology*, 51(1), 113–118. <https://doi.org/10.1007/s11255-018-2022-7>

Gooz, M. (2012). *Chronic Kidney Disease* (1st editio). Rijeka, Croatia: InTech.

Hanjani, S. M., Tourzani, Z. M., & Shoghi, M. (2015). The Effect of Foot Reflexology on Anxiety, Pain, and Outcomes of the Labor in Primigravida Women, (August 2016).

Hekimoglu, L., Altun, Z. O., Kaya, E. Z., Bayram, N., & Bilgel, N. (2012). Psychometric Properties of The Turkish Version of The 42 item Depression Anxiety Stress Scale (DASS-42) in a Clinical Sample. *International Journal of Psychiatry in Medicine*, 44(3), 183–198. <https://doi.org/10.2190/PM.44.3.a>

Henneghan, A. M., & Harrison, T. (2015). Complementary and Alternative Medicine Therapies as Symptom Management Strategies for the Late Effects of Breast Cancer Treatment. *Journal of Holistic Nursing*, 33(1), 84–97. <https://doi.org/10.1177/0898010114539191>

Hmwe, N. T. T., Subramanian, P., Tan, L. P., & Chong, W. K. (2015a). The effects of

- acupressure on depression, anxiety and stress in patients with hemodialysis: A randomized controlled trial. *International Journal of Nursing Studies*, 52(2), 509–518. <https://doi.org/10.1016/j.ijnurstu.2014.11.002>
- Hmwe, N. T. T., Subramanian, P., Tan, L. P., & Chong, W. K. (2015b). The effects of acupressure on depression, anxiety and stress in patients with hemodialysis: A randomized controlled trial. *International Journal of Nursing Studies*, 52(2), 509–518. <https://doi.org/10.1016/j.ijnurstu.2014.11.002>
- Hughes, C. M., Krirsnakriengkrai, S., Kumar, S., Mcdonough, S. M., Ireland, N., Hughes, C. M., ... Pradesh, U. (2011). The Effect of Reflexology on the Autonomic Nervous System in Healthy Adults: A Feasibility Study. *Alternative Therapies Health Med*, 17(3), 32–37.
- Jameson, J. L., & Loscalzo, J. (2013a). *Harrison's Nephrology And Acid Base Disorders* (2nd Editio, Vol. 53). Boston: McGraw- Hill ducatin.
- Jameson, J. L., & Loscalzo, J. (2013b). *Harrison's Nephrology ans Acid-Base Disorders. Mc Graw Hill Education* (18th editi). McGraw-Hill Education. <https://doi.org/10.1017/CBO9781107415324.004>
- Juwita, L., & Kartika, I. R. (2019). Pengalaman Menjalani Hemodialisa Pada Pasien Gagal Ginjal Kronis, 4(1), 97–106.
- Kementerian Kesehatan RI. (2018). *Hasil Utama Riset Kesehatan Dasar (RISKESDAS)* (Vol. 44). Jakarta: Kementerian Kesehatan Republik Indonesia. <https://doi.org/10.1088/1751-8113/44/8/085201>
- Kidney Disease Improving Global Outcomes. (2013). *KDIGO 2012 Clinical Practice Guideline for the Evaluation and Management of Chronic Kidney Disease*. (K. Willis, M. Cheung, & S. Slifer, Eds.) (Vol. 3). <https://doi.org/10.3182/20140824-6-za-1003.01333>
- Ku, E., Lee, B. J., Wei, J., & Weir, M. R. (2019). Hypertension in CKD: Core Curriculum 2019. *American Journal of Kidney Diseases*, 74(1), 120–131. <https://doi.org/10.1053/j.ajkd.2018.12.044>
- Levy, I., Attias, S., Stern Lavee, T., Avneri, O., Cohen, G., Balachsan, S., ... Schiff, E. (2020). The effectiveness of foot reflexology in reducing anxiety and duration of labor in primiparas: An open-label randomized controlled trial. *Complementary Therapies in Clinical Practice*, 38(December 2019), 101085. <https://doi.org/10.1016/j.ctcp.2019.101085>
- Lovibond, P. F., & Lovibond, S. H. (1995). The structure of negative emotional states: Comparison of the Depression Anxiety Stress Scales (DASS) with the Beck Depression and Anxiety Inventories. *Behaviour Research and Therapy*, 33(3), 335–343. [https://doi.org/https://doi.org/10.1016/0005-7967\(94\)00075-U](https://doi.org/https://doi.org/10.1016/0005-7967(94)00075-U)
- Mahmoudirad, G., Moslo Ghaedi, M., & Bahrami, H. (2013). Effect of foot reflexology on anxiety of patients undergoing coronary angiography. *Critical Care Nursing*, 6(4), 241–248.

- Masdar, H., Saputri, P. A., Rosdiana, D., Chandra, F., & Darmawi. (2016). Depresi , ansietas , dan stres serta hubungannya dengan obesitas pada remaja. *Jurnal Gizi Klinik Indonesia*, 12(4), 138–143.
- Miftahus, F. (2015). Konsep Bimbingan dan Konseling ..., 12(2), 49–59.
- Naseri Salahshour, V., Sajadi, M., Abedi, A., Fournier, A., & Saeidi, N. (2019). Reflexology as an adjunctive nursing intervention for management of nausea in hemodialysis patients: A randomized clinical trial. *Complementary Therapies in Clinical Practice*, 36(March), 29–33. <https://doi.org/10.1016/j.ctcp.2019.04.006>
- Nauside, M., Mara, E., Ferreira, F., Rodrigues, F. M., Barros, A., Maia, B., ... Balduino, L. S. (2017). Nursing Care in the Hemodialysis Room : Integrative Review, 1–7. <https://doi.org/10.3823/2498>
- Ozdelikara, A., & Alkan, S. A. (2018). The Effects of Reflexology on Fatigue and Anxiety in Patients With Multiple Sclerosis. *Alternative Therapies Health Med*, 24(4), 8–13.
- Öztürk, R., Sevil, Ü., Sargin, A., & Yücebilgin, M. S. (2018). The effects of reflexology on anxiety and pain in patients after abdominal hysterectomy: A randomised controlled trial. *Complementary Therapies in Medicine*, 36(July 2017), 107–112. <https://doi.org/10.1016/j.ctim.2017.12.005>
- Prima, A. (2018). Pengaruh Pijat Refleksi Kaki Terhadap Penuruna Kadar Kortisol Saliva Sebagai Biomarker Stress Pada Pasien Kanker.
- Puri, B. K. (2012). *Buku Ajar Psikiatri*. (F. Muttaqin, Husni; Dany, Ed.) (edisi 2). EGC.
- Rahmani, A., Naseri, M., Salaree, M. M., & Nehrir, B. (2016). Comparing the Effect of Foot Reflexology Massage, Foot Bath and Their Combination on Quality of Sleep in Patients with Acute Coronary Syndrome. *Journal of Caring Sciences*, 5(4), 299–306. <https://doi.org/10.15171/jcs.2016.031>
- Rahmani Vasokolaei, Z., Rejeh, N., Heravi-Karimooi, M., Tadrissi, S. D., Saatchi, K., Poshtchaman, Z., ... Vaismoradi, M. (2019). Comparison of the Effects of Hand Reflexology versus Acupressure on Anxiety and Vital Signs in Female Patients with Coronary Artery Diseases. *Healthcare*, 7(1), 26. <https://doi.org/10.3390/healthcare7010026>
- Ramezanibadr, F., Amini, K., Hossaingholipor, K., & Faghihzadeh, S. (2018). The impacts of foot reflexology on anxiety among male candidates for coronary angiography: A three-group single-blind randomized clinical trial. *Complementary Therapies in Clinical Practice*, 32(July), 200–204. <https://doi.org/10.1016/j.ctcp.2018.07.005>
- Risdianto, I. P., & Kurniawan, L. S. (2016). Prevalensi depresi, kecemasan dan tindak kekerasan pada mahasiswa fakultas kedokteran universitas udayana denpasar sebuah penelitian pendahuluan.
- RISET KESEHATAN DASAR. (2018). *Hasil Utama RISKESDAS 2018*.
- Sharifi, S., Navidian, A., Jahantigh, M., & Lori, A. S. (2018). Investigating the Impact of

Foot Reflexology on Severity of Fatigue in Patients Undergoing Hemodialysis : A Clinical Trial Study. *Medical- Surgical Nursing Journal*, 7(1), 1–5. <https://doi.org/10.5812/msnj.81634.Research>

Smeltzer, S. C., Bare, B. G., Hinkle, J. L., & Cheever, K. H. (2010). *Textbook of Medical-Surgical Nursing* (Twelfth Ed). Philadelphia: Wolters Kluwer Health/ Lippincott Williams & Wilkins.

Smeltzer, S. C., Hinkle, J. L., Bare, B. G., & Cheever, K. H. (2010). *Brunner & Suddath's Textbook of Medical Surgical Nursing* (twelfth ed).

Sopha, R. F., & Wardani, I. Y. (2016a). Stress dan Tingkat Kecemasan Saat Ditetapkan Perlu Hemodialisis Berhubungan dengan Karakteristik Responden. *Jurnal Keperawatan Indonesia*, 19(1), 55–62.

Sopha, R. F., & Wardani, I. Y. (2016b). Stress Dan Tingkat Kecemasan Saat Hemodialisis Berhubungan Dengan Karakteristik Pasien. *Jurnal Keperawatan Indonesia*, 19(1), 55–62.

Stuart, G. W. (2013). *Principles and Practice of Psychiatric Nursing* (10 th edit). St Louis, Missouri: Elsevier Inc.

Syaiful, H. Q., Oenzil, F., & Afriant, R. (2014). Hubungan Umur dan Lamanya Hemodialisis dengan Status Gizi pada Penderita Penyakit Ginjal Kronik yang menjalani Hemodialisis di RS. Dr.M. Djamil Padang. *Jurnal Kesehatan Andalas*, 3(3), 381–386.

Unal, K. S., & Balci Akpınar, R. (2016). The effect of foot reflexology and back massage on hemodialysis patients' fatigue and sleep quality. *Complementary Therapies in Clinical Practice*, 24, 139–144. <https://doi.org/10.1016/j.ctcp.2016.06.004>

Upadhyay, A., Inker, L. A., & Levey, A. S. (2016). Chronic Kidney Disease: Definition, Classification, and approach to management. In *Oxford Textbook of Clinical Nephrology* (4th editio, Vol. 1, p. 2173). Oxford, United Kingdom: Oxford University Press. <https://doi.org/10.1001/jama.280.8.752>

Vos, T., & Bikbov, B. (2020). Global, regional, and national burden of chronic kidney disease, 1990–2017: a systematic analysis for the Global Burden of Disease Study 2017. *The Lancet*, 395(10225), 709–733. [https://doi.org/10.1016/S0140-6736\(20\)30045-3](https://doi.org/10.1016/S0140-6736(20)30045-3)

Wiliyanarti, P. F., & Muhith, A. (2019). Life Experience of Chronic Kidney Disease Undergoing Hemodialysis Therapy. *NurseLine*, 4(1), 54–60.

Zakiyeh, A., Mostafa, R., Reza, B. H., Akram, S., Leila, J., & Azadeh, K. (2017). The Effects of Foot Reflexology on the Level of Depression in Patients Under Hemodialysis, 5(6), 0–6. <https://doi.org/10.21859/jne-05065>