

***PSYCHOLOGICAL WELL-BEING* PADA PEREMPUAN KORBAN KEKERASAN SEKSUAL**

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ABSTRAK

Kekerasan seksual terhadap perempuan merupakan fenomena yang sering dijumpai di kalangan masyarakat Indonesia. Dampak kekerasan seksual berpotensi mempengaruhi kondisi *psychological well-being* korban. Penelitian ini bertujuan untuk memahami dinamika *psychological well-being* perempuan dewasa yang pernah mengalami kekerasan seksual, dan juga mengetahui faktor apa saja yang mempengaruhi *psychological well-being*. Pengumpulan data primer dilakukan dengan wawancara mendalam sebanyak beberapa kali pada tiga partisipan, sementara data sekunder diperoleh dari wawancara dengan *significant others* dan observasi. Desain penelitian menggunakan desain kualitatif fenomenologi dan prosedur analisis data yang digunakan adalah *Interpretative Phenomenological Analysis* (IPA). Hasil penelitian menunjukkan bahwa ketiga partisipan memiliki *psychological well-being* yang bervariasi, ditinjau dari keenam aspek *psychological well-being*. Kondisi tersebut bergantung pada latar belakang individu, terutama keadaan keluarga dan karakteristik pribadi. Dalam penelitian ini juga ditemukan bahwa dukungan sosial dan evaluasi positif terhadap pengalaman hidup mempengaruhi kondisi *psychological well-being* korban kekerasan seksual.

Kata kunci: *psychological well-being*, perempuan, korban kekerasan seksual

PSYCHOLOGICAL WELL-BEING AMONG WOMEN WHO HAVE EXPERIENCED SEXUAL VIOLENCE

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ABSTRACT

Women sexual violence has become a phenomenon that is often found in Indonesia. The impact of sexual violence will likely to affect the psychological well-being of the victim. This study aims to understand the dynamics of psychological well-being among adult women who have experienced sexual violence, and also determine the factors that influence psychological well-being. The primary data were collected by in-depth interviews for several times with three participants, while the secondary data were obtained through interviews with each participant's significant others and through observation. This study uses qualitative approach of phenomenology and Interpretative Phenomenological Analysis (IPA) as data analysis. The result showed that all three participants had varied psychological well-being, in terms of the six aspects of psychological well-being. These conditions depend on the individual's background, especially each family condition and personal characteristics. This study also found that social support and positive evaluation of life experiences have an impact on the psychological well-being among the victims of sexual violence.

Keywords: psychological well-being, women, sexual violence vict