



THE ROLE OF SELF LEADERSHIP TOWARDS TEACHERS' WORK ENGAGEMENT

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ABSTRACT

A heavy workload makes the teachers vulnerable to stress which can affect their work performance and work engagement. Self leadership can be a variable that contributes to work engagement so that the teachers can show their good working performance. This study aims to examine the role of self leadership towards work engagement of the elementary school teachers. The total participants of this study are 96 teachers. The measurement uses self-leadership scale and work engagement scale. The data were analyzed using simple regression analysis techniques. The results of data analysis show that there is a positive role of self leadership in teacher work engagement ($\beta = 0.794$, $P < 0.05$). The effective contribution of self leadership to work engagement is as much as 11.4 percent.

Keywords: Self leadership; Teacher; Work engagement



PERAN KEPEMIMPINAN DIRI TERHADAP WORK ENGAGEMENT GURU

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ABSTRAK

Beban kerja yang berat berisiko membuat guru menjadi rentan stres sehingga memengaruhi performansi kerja dan *work engagement*. Kepemimpinan diri dapat berperan untuk meningkatkan *work engagement* sehingga guru bisa menunjukkan performansi kerja yang baik. Penelitian ini bertujuan untuk menguji peran kepemimpinan diri terhadap *work engagement* guru sekolah dasar. Partisipan penelitian berjumlah 96 guru. Pengukuran menggunakan Skala Kepemimpinan Diri dan Skala *Work Engagement*. Data dianalisis menggunakan teknik analisis regresi sederhana. Hasil analisis data membuktikan bahwa terdapat peran positif *kepemimpinan diri* terhadap *work engagement* guru ($\beta=0,794.$, $p<0,05$). Sumbangan efektif kepemimpinan diri terhadap *work engagement* sebesar 11,4 persen.

Kata Kunci: Guru; Kepemimpinan diri; *Work engagement*



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