

## DAFTAR PUSTAKA

- Adefegha, S.A, Oyeleye, S.I., & Oboh, G., 2015, Distribution of Phenolic Contents, Antidiabetic Potentials, Antihypertensive Properties, and Antioxidative Effects of Soursop (*Annona muricata* L.) Fruit Parts In Vitro, *Biochemistry Research International*.
- Ahmad, S. & Beg, Z.H., 2014, Mitigating Role of Thymoquinone Rich Fractions from *Nigella sativa* oil and its Constituents, Thymoquinone and Limonene on Lipidemicoxidative Injury in Rats, *SpringerOpen Journal*, **Vol.3**(316), 1–13.
- Aladaileh S. H., dkk., 2019, Antihyperlipidemic and Antioxidant Effects of *Averrhoa Carambola* Extract in High-Fat Diet-Fed Rats, *Biomedicines*, **Vol.7**(72), 1–22.
- Alam, M.N., Bristi N.J., & Rafiquzzaman, M., 2013, Review on *in vivo* and *in vitro* Methods Evaluation of Antioxidant Activity, *Saudi Pharmaceutical Journal*, **Vol.21**, 143–152.
- Alruhaimi, H.S., Allow, A.K., Buyong, Z., Naser, M., & Mizanur, H., 2019, Effects of *Eurycoma longifolia* Jack on Chronic Cerebral Hypoperfusion-induced Oxidative Damage and Memory Deficit in Rats, *Journal of Applied Pharmaceutical Science*, **Vol.9**(04), 077–081
- Amin, I., Norazaidah, Y., & Hainida, K.I.E., 2006, Antioxidant Activity and Phenolic Content of Raw and Blanched Amaranthus Species, *Food Chemistry*, **Vol.94**, 47–52.
- Amin, I., Norazaidah, Y., & Hainida, K.I.E., 2006, Antioxidant Activity and Phenolic Content of Raw and Blanched Amaranthus Species, *Food Chemistry*, **Vol.94**, 47–52.
- Andriati & Wahjudi, R.M.T., 2016, Tingkat Penerimaan Penggunaan Jamu Sebagai Alternatif Penggunaan Obat Modern pada Masyarakat Ekonomi Rendah-menengah dan Atas, *Masyarakat, Kebudayaan dan Politik*, **Vol.29**(3), 133–141.
- Arshiya, S., 2013, The Antioxidant Effect of Certain Fruits: - A Review, *Journal of Pharmaceutical Sciences and Research*, **Vol.5**(12), 265–268.
- Artanti, A.N, & Lisnasari, R., 2018, Uji Aktivitas Antioksidan Ektrak Ethanol Daun Family Solanum Menggunakan Metode Reduksi Radikal Bebas DPPH, *Journal of Pharmaceutical Science and Clinical Research*, **Vol.3**(2), 62–69.
- Auoey, B., Samet, A.M., Fetoui, H., Simmonds, M.S.J., & Bouaziz, M., 2016, Anti-oxidant, Anti-inflammatory, Analgesic and Antipyretic Activities of Grapevine Leaf Extract (*Vitis vinifera*) in Mice and Identification of Its Active Constituents by LC–MS/MS Analyses, *Biomedicine & Pharmacotherapy*, **Vol.84**, 1088–1098.
- Badmus, J.A., dkk., 2011, Lipid Peroxidation Inhibition and Antiradical Activities of Some Leaf Fractions of *Mangifera indica*, *Acta Poloniae Pharmaceutica-Drug Research*, **Vol.68**(1), 23–29.

- Balea, S.S., Parvu, A.E., Pop, N., Marin, F.Z., & Parvu, M., 2018, Polyphenolic Compounds, Antioxidant, and Cardioprotective Effects of Pomace Extracts from Fetească Neagră Cultivar, *Oxidative Medicine and Cellular Longevity*.
- Bendich, A., 1993, Physiological Role of Antioxidants in the Immune System, *Journal of Dairy Science*, **Vol.76**(9), 2789—2794.
- Benzie, I.F.F. & Strain, J.J, 1996, The Ferric Reducing Ability of Plasma as a Measure of “Antioxidant Power” : The FRAP assay, *Analitical Biochemitcal*, **Vol.239**, 70–76.
- Bouasla, I., dkk., 2014, Nigella sativa Oil Reduces Aluminium Chloride-Induced Oxidative Injury in Liver and Erythrocytes of Rats, *Biol Trace Elem Res*
- Budrat, P. & Shotipruk, A., 2008, Extraction of Phenolic Compounds from Fruits of Bitter Melon (*Momordica charantia* ) with Subcritical Water Extraction and Antioxidant Activities of These Extracts, *Chiang Mai J. Sci.*, **Vol.35**(1), 123—130.
- Bursal, E. & Gulcin, I., 2011, Polyphenol Contents and In Vitro Antioxidant Activities of Lyophilised Aqueous Extract of Kiwifruit (*Actinidia deliciosa*), *Food Research International*, **Vol.44**, 1482—1489.
- Chaiyasut, C., dkk., 2018, Changes in the Total Polyphenolic Content and Antioxidant Activity of Fermented *Morinda Citrifolia* L., *Asian J Pharm Clin Res*, **Vol.1**(6), 228-231.
- Chang, W. & Liu, J., 2009, Effects of Kiwifruits Consumption on Serum Lipid Profiles and Antioxidative Status in Hyperlipidemic Subjects, *International Journal of Food Sciences and Nutrition*, **Vol.60**(8), 709—716.
- Chojnacka, K., 2010, Fermentation Products, *Chemical Engineering and Chemical Process Technology*, **Vol.5**.
- Chowdhury M. R. H., dkk., 2015, Supplementation of *Citrus maxima* Peel Powder Prevented Oxidative Stress, Fibrosis, and Hepatic Damage in Carbon Tetrachloride (CCl<sub>4</sub>) Treated Rats, *Hindawi Publishing Corporation Evidence-Based Complementary and Alternative Medicine*, **Vol.2015**, 1—10.
- Deby, C. & Goutier, R., 1990, New Perspectives on the Biochemistry of Superoxide Anion and the Efficiency of Superoxide Dismutases, *Biochemical Pharmacology*, **Vol.39**(1), 399—405.
- Dhawan, V. & Jain, S., 2005, Garlic supplementation prevents oxidative DNA damage in essential hypertension, *Molecularr and Cellular Biochemistry*, **Vol.275**, 85—94.
- Emmanuel, E.U., dkk., 2016, In Vivo and In Vitro Antioxidant and Hypolipidemic Activity of Methanol Extract of Pinneapple Peels in Wistar Rats, *International Journal of Biosciences*, **Vol.8**(6), 64—72.
- Erviana, L., Malik, A., & Najib, A., Uji Aktivitas Antiradikal Bebas Ekstrak Etanol Daun Kemangi (*Ocimum basilicum* L.) dengan Menggunakan Metode DPPH, *Jurnal Fitofarmaka Indonesia*, **Vol.3**(2), 164—168.

- Ervina, M., Nawu Y.E., & Esar S.Y., 2016, Comparison of *In vitro* Antioxidant Activity of Infusion, Extract and Fractions of Indonesian Cinnamon (*Cinnamomum burmannii*) Bark, *International Food Research Journal*, **Vol.23**(3), 1346—1350.
- Farombi, E.O. & Ige, O.O., 2007, Hypolipidemic and Antioxidant Effects of Ethanolic Extract from Dried Calyx of Hibiscus sabdariffa in alloxan-induced Diabetic Rats, *Fundamental & Clinical Pharmacology*, **Vol.21**, 601—609.
- Farooqui, Z., dkk., 2017, Protective Effect of *Nigella sativa* Oil on Cisplatin Induced Nephrotoxicity and Oxidative Damage in Rat Kidney, *Biomedicine & Pharmacoteraphy*, **Vol.85**, 7—15.
- Ferrari, R., 2015, Writing Narrative Style Literature Reviews, *the European Medical Writers Association*, **Vol.24**(4), 230—235.
- Fidrianny, A., Sari E., & Ruslan K., 2016, Phytochemical Content and Antioxidant Activities in Different Organs of Pomelo (*Citrus Maxima [Burm] Merr.*) Using 2,2-diphenyl-1-picrylhydazyl and Phosphomolybdenum Assays, *Asian Journal of Pharmaceutical and Clinical Research*, **Vol.9**(2), 185—190.
- Fonseca, A.M.D., dkk., 2009, Constituents and Antioxidant Activity of Two Varieties of Coconut Water (*Cocos nucifera* L.), *Revista Brasileira de Farmacognosia/Brazilian Journal of Pharmacognosy*, **Vol.19**(1B), 193—198.
- Gajula, D., dkk., 2009, Determination of Total Phenolics, Flavonoids and Antioxidant and Chemopreventive Potential of Basil (*Ocimum basillicum* L. and *Ocinum tenuiflorum* L.), *International Journal of Cancer Research*, **Vol.5**(4), 130—143.
- Gan, R.Y., Xu, X.R., Song, F.L., Kuang, L., & Li, H.B., 2012, Antioxidant Activity and Total Phenolic Content of Medicinal Plants Associated with Prevention and Treatment of Cardiovascular and Cerebrovascular Diseases, *Journal of Medicinal Plant Research*, **Vol.22**(4), 2438 — 2444.
- Gao, H., dkk., 2019, Momordica Charantia Juice with *Lactobacillus plantarum* Fermentation: Chemical Composition, Antioxidant Properties and Aroma Profile, *Food Bioscience*, **Vol.29**, 62–72.
- Ghahari, S., Alinezhad, H., Nematzadeh, G.A., Tajbakhsh, M., & Ghaharfar, R., 2017, Chemical Composition, Antioxidant and Biological Activities of the Essential Oil and Extract of the Seeds of *Glycine max* (Soybean) from North Iran, *Curr Microbiol*, **Vol.**
- Ghasemi, K., Ghasemi, Y., & Ebrahimzadeh, M.A., 2009, Antioxidant Activity, Phenol, and Flavonoid Contents of 13 *Citrus* Species Peels and Tissues, *Pakistan Journal of Pharmaceutical Sciences*, **Vol.22**(3), 277—281.
- Ghassana, D.A., Marhendra, A.P.W., & Haskito, A.E.P., 2020, The Preventive Effect of Rome beauty (*Malus sylvestris* Mill) Apple Peel's Extract Towards the Malondialdehyde (MDA) Levels of Rat (*Rattus norvegicus*) Stomach Exposed to Plumbum Acetate, *The 2nd International*

- Conference on Computer Science and Engineering Technology*, **Vol.1430**, 1–4.
- Gina, L.P., Mahdi, C., & Am, A., 2014, The Influence Water Extract of Black Soybean (*Glycine max (L.) Merr.*) on Reducing of Blood Glucose Level and The Superoxide Dismutase (SOD) Activity on Diabetes Mellitus Rats Induced With Multiple Low Dose of Streptozotocin (MLD-STZ), *J. Pure App. Chem. Ress*, **Vol.3**(3), 131–137.
- Guder, A., 2014, Influence of Total Anthocyanins from Bitter Melon (*Momordica charantia* Linn.) as Antidiabetic and Radical Scavenging Agents, *Iranian Journal of Pharmaceutical Research*, **Vol.15**(1), 301–309.
- Gulcin, I., 2011, Antioxidant and Antioxidant Methods: an Updated Overview, *Archives of Toxicology*, **Vol.94**, 651–715.
- Halliwell, B., 1994, Free Radicals, Antioxidants, and Human Disease: Curiosity, Cause, or Consequences?, *The Lancet*, **Vol.344**, 721–724.
- Harasym, J. & Oledzki, R., 2014, Effect of Fruit and Vegetable Antioxidants on Total Antioxidant Capacity of Blood Plasma, *Nutrition*, **Vol.30**, 511–517.
- Haripyaree, A., Guneshwor, K., & Damayanti, M., 2010, Evaluation of Antioxidant Properties of Phenolics Extracted from *Ananas comosus* L., *Notulae Scientia Biologicae*, **Vol.2**(2), 68–71.
- Hartajanie, L., Lindayani, Novita, A., Sutanto, E.T., & Sundoro, A.A., 2018, *Lactobacillus fermentum* LLB3 Improves Antioxidant Activity of Bitter Melon (*Momordica charantia*) Juice, *Microbiology Indonesia*, **Vol.12**(2), 61–64.
- Hasanuzzaman, M., Ali M.R., Hossain M., Kuri S., & Islam M.S., 2014, Evaluation of Total Phenolic Content, Free Radical Scavenging Activity and Phytochemical Screening of Different Extracts of *Averrhoa bilimbi* (fruits), *International Current Pharmaceutical Journal*, **Vol.2**(4), 92–96.
- Hassan, W.N.A.W., Zulkifli R.M., Ahmad F., & Yunus M.A.C., 2015, Antioxidant and Tyrosinase Inhibition Activities of *Eurycoma longifolia* and *Swietenia macrophylla*, *Journal of Applied Pharmaceutical Science*, **Vol.5**(08), 006–010.
- Husin, S.Z., Mahmud, M., Ramasamy, S., Othman, R., & Yaacob, J.S., 2018, Effect of Seedling Size and Flowering Time on Fruit Quality, Secondary Metabolite Production and Bioactivity of Pineapple [*Ananas comosus* (L.) Merr. var. ‘Yankee’] Fruits, *Malaysian Journal of Fundamental and Applied Sciences*, **Vol.14**(1), 102–108.
- Jiao, Y., Jiang, Y., Zhai, W., & Yang, Z., 2012, Studies on Antioxidant Capacity of Anthocyanin Extract from Purple Sweet Potato (*Ipomoea batatas* L.), 2012, **Vol.11**(27), 7046–7054.
- Jung W. W., 2014, Protective Effect of Apigenin Against Oxidative Stress-induced Damage in Osteoblastic Cells, *International Journal of Molecular Medicine*, **Vol.33**, 1327–1334.

- Kadri, H., Jarit, E.J., & Rustam, E., 2010, Pengaruh Pemberian Minyak Buah Merah (*Pandanus conoideus lam*) Terhadap Kadar Glukosa Darah dan Malondialdehid Serum Mencit yang Diinduksi Aloksan, *Artikel Penelitian*, **Vol.34**(1), 79–88.
- Kalava S. & Mayilsamy D., 2014, Aqueous Extract OF *Brassica Rapa Chinensis* Ameliorates Tert- butyl Hydroperoxide Induced Oxitative Stress in Rats, *International Journal of Current Pharmaceutical Research*, **Vol.6**(3), 58–61.
- Kandikattu, H.K., dkk., 2015, LC–ESI-MS/MS Analysis of Total Oligomeric Flavonoid Fraction of *Cyperus rotundus* and its Antioxidant, Macromolecule Damage Protective and Antihemolytic Effects, *Pathophysiology*, **Vol.**
- Kasote, D.M., Katyare, S.S., Hedge, M.V., & Bae, H., 2015, *International Journal of Biological Sciences*, **Vol.11**(8), 982–991.
- Kazemi, M., 2014, Phytochemical Composition, Antioxidant, Antiinflammatory and Antimicrobial Activity of *Nigella sativa* L. Essential Oil, *Journal of Essential Oil Bearing Plants*, **Vol.17**(5), 1002–1111.
- Kedare, S.B., & Singh, R.P., 2011, Genesis and Development of DPPH Method of Antioxidant Assay. *Journal of Food Science and Technology*, **Vol.48**(4), 412–422.
- Kim, H., dkk., 2010, Antioxidant and Antiproliferative Activities of Mango (*Mangifera indica* L.) Flesh and Peel, *Food Chemistry*, **Vol.121**, 429–436.
- Kosem, N., Han, Y. H., & Moongkarndi, P., 2007, Antioxidant and Cytoprotective Activities of Methanolic Extract from *Garcinia mangostana* Hulls, *Science Asia*, **Vol.33**, 283–292.
- Ksouri, A., Dob, T., Belkebir, A., Krmat, S., & Chelgoum, C., 2015, Chemical Composition and Antioxidant Activity of the Essential Oil and the Methanol Extract of Algerian Wild carrot *Daucus carota* L. ssp. (L.), *J. Mater. Environ. Sci.*, **Vol.6**(3), 784–791.
- Kubola, J. & Siriamornpun, S., 2008, Phenolic Contents and Antioxidant Activities of Bitter Gourd (*Momordica charantia* L.) Leaf, Stem and Fruit Fraction Extracts In vitro, *Food Chemistry*, **Vol.110**, 881–890.
- Kubola, J., Siriamornpun, S., 2008, Phenolic Contents and Antioxidant Activities of Bitter Gourd (*Momordica charantia* L.) Leaf, Stem and Fruit Fraction Extracts In Vitro, *Food Chemistry*, **Vol.110**, 881–890.
- Li, X., dkk., 2017, Effects of Six Commercial *Saccharomyces cerevisiae* Strains on Phenolic Attributes, Antioxidant Activity, and Aroma of Kiwifruit (*Actinidia deliciosa* cv.) Wine, *Biomed Research International*.
- Liang, N., & Kitts, D., 2014, Antioxidant Property of Coffee Components: Assessment of Methods that Define Mechanisms of Action. *Molecules*, **Vol.19**(11), 19180–19208.
- Lisha, V., John, P., Sujith, S., & Usha, P.T.A., 2018, Ameliorative Effect on Oxidative Stress Induced by High Fat Diet in Rats by *Averrhoa bilimbi*,



- Journal of Pharmacognosy and Phytochemistry*, **Vol.7**(6), 2457—2459.
- Litescu, S.C., Eremia, S.A.V., Diaconu, M., Tache, A., & Radu, G.L., 2011, Biosensors Applications on Assessment of Reactive Oxygen Species and Antioxidants, *Intech open*, 96—114.
- Liu, C., dkk., 2009, Extraction and Characterization of Antioxidant Compositions From Fermented Fruit Juice of *Morinda citrifolia* (Noni), *Agricultural Scirncr of China*, **Vol.6**(12), 1494—1501.
- Metwally, M.A.A., 2009, Effects of Garlic (*Allium sativum*) on Some Antioxidant Activities in Tilapia Nilotica (*Oreochromis niloticus*), *World Journal of Fish and Marine Sciences*, **Vol.1**(1), 56—64.
- Molan, A.L. & Mahdy, A.S., 2016, Total Phenolics, Antioxidant Activity and Antidiabetic Capacities of Selected Iraqi Medicinal Plants, *American Journal of Life Science Research*, **Vol.4**(2), 26—32.
- Moller, P., Wallin, H., & Knudsen, L.E., 1996, Oxidative Stress Associated with Exercise, Psychological Stress and Life-Style Factors, *Chem. Biol. Interact*, **Vol.102**, 7—36.
- Moresco, H.H., Queiroz, G.S., Pizzolatti, M.G., & Brighente, I.M.C., 2015, Chemical Constituents and Evaluation of the Toxic and Antioxidant Activities of *Averrhoa carambola* Leaves, *Revista Brasileira de Farmacognosia Brazilian Journal of Pharmacognosy*, **Vol.22**(2), 319—324.
- Nimse, S.B. & Pal, D., 2015, Free Radicals, Natural Antioxidants, and Their Reaction Mechanisms, *Royal Society of Chemistry*, **Vol.5**, 27986 — 28006.
- Oboh, G., Ademosun, A.O., & Lajide, L., 2012, Improvement of the Nutritive Value and Antioxidant Properties of Citrus Peels Through *Saccharomyces Cerevisiae* Solid Substrate Fermentation for Utilization in Livestock Feed, *Livestock Research for Rural Development*, **Vol.24**(1).
- Peiretti, P.G., dkk., 2019, Phenolic Composition and Antioxidant Activities of Soybean (*Glycine max* (L.) Merr.) Plant during Growth Cycle, *Agronomy*, **Vol.9**(153), 1—15.
- Pongpaichit, dkk., 2007, Biological Activities of Extracts from Endophytic Fungi Isolated from *Garcinia* Plants, *Federation of European Microbiological Societies*, **Vol.51**, 517—525.
- Prataphan, A. & Rajamohan, T., 2010, Antioxidant and Antithrombotic Activity of Tender Coconut Water in Experimental Myocardial Infarction, *Journal of Food Biochemistry*, **Vol.35**, 1501—1507.
- Preetha, P.P., Devi, V.G., & Rajamohan, T., 2012, Hypoglycemic and Antioxidant Potential of Coconut Water in Experimental Diabetes, *Food & Function*, **Vol.3**, 753—757.

- Promgool, T., Pancharoen, O., & Dechathai, S., 2014, Antibacterial and Antioxidative Compounds from *Cassia alata* Linn., *Songklanakarin Journal of Science and Technology*, **Vol.36**(4), 459–463.
- Qin, Y., Jin, X-N., & Park, H.D., 2010, Comparison of Antioxidant Activities in Black Soybean Preparations Fermented with Various Microorganisms, *Agricultural Science in China*, **Vol.9**(7), 1065–1071.
- Rahman, A., dkk., 2014, *In vitro* Antioxidant Potential of the Essential Oil and Leaf Extracts of *Curcuma zedoaria* Rosc., *Journal of Applied Pharmaceutical Science*, **Vol.4**(02), 107–111.
- Rahman, N., Dewi, N.U., & Bohari, 2018, Phytochemical and Antioxidant Activity of Avocado Leaf Extract (*Persea americana* Mill.), *Asian Journal of Scientific Research*, **Vol.11**(3), 357–363.
- Rajan, S., Gokila, M., Jency, P., Brindha, P., & Sujatha, R.K., 2011, Antioxidant and Phytochemical Properties of Aegle Marmelos Fruit Pulp, *International Journal of Current Pharmaceutical Research*, **Vol.3**(2), 65–70.
- Ramdhani, A., Ramdhani M.A., & Amin, A.S., 2014, Writing a Literature Review Research Paper: A step-by-step Approach, *International Journal of Basics and Applied Sciences*, **Vol.3**(1), 47–56.
- Ramful, D., Tarnus, E., Aruoma, O.I., Bourdon, E., & Bahorun, T., 2011, Polyphenol Composition, Vitamin C Content and Antioxidant Capacity of Mauritian Citrus Fruit Pulps, *Food Research International*, **Vol.44**, 2088–2099.
- Rani, M.P. & Padmakumari K. P., 2012, HPTLC and Reverse Phase HPLC Methods for the Simultaneous Quantification and In vitro Screening of Antioxidant Potential of Isolated Sesquiterpenoids from the Rhizomes of *Cyperus rotundus*. *Journal of Chromatography B*, **Vol.904**, 22–28.
- Reyes-Bastidas, M., dkk., 2010, Physicochemical, Nutritional and Antioxidant Properties of Tempeh Flour from Common Bean (*Phaseolus vulgaris* L.), *Food. Sci. Tech. Int.*, **Vol.6**(5), 427–434.
- Rohman, A., dkk., 2010, Antioxidant Activity, Total Phenolic, and Total Flavonoid of Extracts and Fractions of Red Fruit (*Pandanus conoideus* Lam), *International Food Research Journal*, **Vol.17**, 97–106.
- Rohman, A., Riyanto, S., & Utari, D., 2005, Antioxidant Activities, Total Phenolic and Flavonoid Contents of Ethyl Acetate Extract of Mengkudu (*Morinda citrifolia*, L) Fruit and its fractions, *Majalah Farmasi Indonesia*, **Vol.17**(3), 136–142.
- Rumbaoa, R.G.O., Cornago, D.F., & Geronimo, I.M., 2009, Phenolic Content and Antioxidant Capacity of Philippine Potato (*Solanum tuberosum*) Tubers, *Journal of Food Composition and Analysis*, **Vol.22**, 546–550.
- Saiah, H., Allem, R., Kebir, F.Z.R., 2016, Antioxidant and Antibacterial Activities of Six Alergian Medicinal Plants, *International Journal of Pharmacy and Pharmaceutical Sciences*, **Vol.8**(1), 367–374.
- Samuagam, L., Sia, C. M., Akowuah, G.A., Okechukwu, P.M., & Yim, H.S., 2015, In vivo Antioxidant Potentials of Rambutan, Mangosteen, and

- Langsat Peel Extracts and Effects on Liver Enzymes in Experimental Rats, *Food Science & Biotechnology*, **Vol.24**(1), 191–198.
- Sarkar, B., Khodre, S., Patel, P., & Mandaniya, M., 2014, HPLC Analysis and Antioxidant Potential of Plant Extract of *Cassia alata*, *Asian Journal of Pharmaceutical Science & Technology*, **Vol.4**(1), 4–7.
- Silva, K.D.R.R., & Sirasa, M.S.F., 2018, Antioxidant Properties of Selected Fruit Cultivars Grown in Sri Lanka, *Food Chemistry*, **Vol.238**, 203–208.
- Sinaga, F.A. & Susanti, N., 2018, The Influence of Red Fruit (*Pandanus conoideus* Lam) Oil on Glutathione Peroxidase Level at Maximum Physical Activity, *Asian Journal of Pharmaceutical and Clinical Research*, **Vol.11**(1), 104–106.
- Soman, 2015, 'Kandungan Soman 1', <http://www.somanindonesia.co.id/home/produk/kandungan-soman1?showall=&limitstart=>, diakses tanggal 21 April 2020.
- Somawathi, K.M., Rizliya, V., Wijesinghe, D.G.N.G. & Madhujith, W.M.T., 2014, Antioxidant Activity and Total Phenolic Content of Different Skin Coloured Brinjal (*Solanum melongena*), *Tropical Agricultural Research*, **Vol.26**(1), 152–161.
- Spanou, dkk., 2007, Assessment of Antioxidant Activity of Extracts from Unique Greek Varieties of *Leguminosae* Plants Using *In vitro* Assays, *Anticancer Research*, **Vol.27**, 3403–3410.
- Sreeramulu, D., Reddy, C.V.K., Raghunath, M., 2009, Antioxidant Activity of Commonly Consumed Cereals, Millets, Pulses, and Legumes in India, *Indian Journal of Biochemistry and Biophysics*, **Vol.46**, 112–115.
- Sujatha, J., Rajesh K.S., & Lakshmi T., 2019, Antidermatophytic, The Anticancer and Antioxidant Activity of *Cassia alata* Ethanolic Extract and its Phytochemical Analysis, *International Journal of Research in Pharmaceutical Science*, **Vol.10**(2), 838–842.
- Sultan, M.T., dkk., 2009, Nutritional Profile of Indigenous Cultivar of Black Cumin Seeds and Antioxidant Potential of Its Fixed and Essential Oil, *Pak. J., Bot*, **Vol.41**(3), 1321–1330.
- Tiveron, A.P., dkk, 2012, Antioxidant Activity of Brazilian Vegetables and Its Relation with Phenolic Composition, *International Jurnal of Molecular Access*, **Vol.13**, 8943–8957.
- Valko, M., dkk., 2007, Review Free Radicals and Antioxidants in Normal Physiological Functions and Human Disease, *Int. J. Biochem. Cell. Biol.*, **Vol.39**(1), 44–84.
- Vardhini, S.P., dkk., 2018, Antioxidant, anticancer, antibacterial activities and GCMS analysis of aqueous extract of pulps of *Aegle marmelos* (L.) Correa, *The Journal of Phytopharmacology*, **Vol.7**(1), 72–78.
- Vivek, K.R., Kumar, S., Shashidhara, S., & Anitha, S., 2011, In-Vitro Anti-Oxidant, Anti-Amylase, Anti-Arthritic and Cytotoxic Activity of Important Commonly Used Green Leafy Vegetables, *International Journal of PharmTech Research*, **Vol.3**(4), 2096–2103.



- Wang, M.Y., dkk., 2009, Antioxidant Activity of Noni Juice in Heavy Smokers, *Chemistry Central Journal*, **Vol.3**(13), 1—5.
- Watawana, M.I., dkk., 2016, Enhancement of the Antioxidant and Starch Hydrolase Inhibitory Activities Of King Coconut Water (*Cocos nucifera* var. *Aurantiaca*) by Fermentation with Kombucha ‘Tea Fungus’, *International Journal of Food Science and Technology*, **Vol.51**, 490–498.
- West, B.J., dkk., 2011, Toxicity and Antioxidant Tests of *Morinda citrifolia* (noni) Seed Extract, *Advance Journal of Food Science and Technology*, **Vol.3**(4), 303—307.
- Winarsi, H., 2007, Antioksidan Alami dan Radikal Bebas, 11 — 27, Kanisius, Yogyakarta.
- World Health Organization, 1999, Healthy living: What is a Healthy Lifestyle?, WHO Regional Office for Europe, Copenhagen.
- Yang, L., dkk., 2012, Antioxidant Capacity of Extracts from Calyx Fruits of Roselle (*Hibiscus sabdariffa* L.), *African Journal of Biotechnology*, **Vol.11**(17), 4063—4068.
- Zeghad, N., Ahmed E., Belkhiri A., Heyden Y.V., & Demeyer K., 2019, Antioxidant activity of *Vitis vinifera*, *Punica granatum*, *Citrus aurantium* and *Opuntia ficus indica* fruits cultivated in Algeria, *Heliyon*.