

DAFTAR PUSTAKA

- Al-Farsi, Y. M. (2016) 'Stres, anxiety, and depression among parents of children with autism spectrum disorder in Oman: a case – control study', pp. 1943–1951. doi: 10.2147/NDT.S107103.
- Albantani, A. M. and Madkur, A. (2018) 'International Journal of Applied Linguistics & English Literature Think Global, Act Locally: The Strategy of Incorporating Local Wisdom in Foreign Language Teaching in Indonesia', (2015).
- American Heart Association. (2017) 'Hypertension Highlights 2017', pp. 1–2. doi: 10.1161/HYP.0000000000000065.
- Barker, G. (2007) 'Adolescents, social support and help-seeking behaviour consultation with recommendations for action'. [Online] Brazil, WHO. Available from <https://apps.who.int/iris/handle/10665/43778> [Accessed 30th September 2019].
- Baqutayan, S. (2011) 'Stres and Social Support'. *Indian J Psychol Med.* 33(1), 29–34. Available from: [10.4103/0253-7176.85392](https://doi.org/10.4103/0253-7176.85392).
- Bell C. N, Thorpe, R. J. and Laveist, T. (2010) 'Race/Ethnicity and Hypertension: The Role of Social Support', *American Journal of Hypertension*, 23(February). doi: 10.1038/ajh.2010.28.
- Carpenter, L. (2013) 'DSM-5 Autism Spectrum Disorder ', (February).
- CDC. (2018) *Autism Spectrum Disorder (ASD)*. [Online] Available from: <https://www.cdc.gov/ncbddd/autism/data.html> [Accessed 20th January 2019].
- Ditzen, B. and Heinrichs, M. (2014) 'Psychobiology of social support : The social dimension of stres buffering', 32, pp. 149–162. doi: 10.3233/RNN-139008.
- Gallagher, S & Whiteley, J. (2015) 'Social support is associated with blood pressure responses in parents caring for children with developmental disabilities'.
- Gona, J. K., Newton, C. R., Rimba, K. K., Mapenzi, R., Kihara, M., Vijver, F. V., & Abubakar, A. (2016) 'Challenges and coping strategies of parents of children with autism on the Kenyan coast', *Rural Remote Health*, 16(2). 3517
- Goto, C. et al. (2007) 'Acute Moderate-Intensity Exercise Induces Vasodilation Through an Increase in Nitric Oxide Bioavailability in Humans', pp. 825–830. doi: 10.1016/j.amjhyper.2007.02.014.
- Hernandez DC, Reitzel RL, Welter DW, McNeil LH. (2014) 'Social support and cardiovascular risk factors among black adults', *Ethn Dis.* [Online] 24(4), 444–

50. Available from: <https://www.ncbi.nlm.nih.gov/pubmed/25417427>. [Accessed 1st March 2019]
- Hoffmann, M. (2013) 'Benefits of Humor and Laughter: A Brief Introduction for Rehabilitation Counselors'. Available at: http://opensiuc.lib.siu.edu/cgi/viewcontent.cgi?article=1490&context=gs_rp.
- Grewen, Karen M., Gridler, Susan S., Amico, Janet, Light, Katheless C. (2005) 'Effects of Partner Support on Resting Oxytocin, Cortisol, Norepinephrine, and Blood Pressure Before and After Warm Partner Contact', *Psychosomatic Medicine*. doi: 10.1097/01.psy.0000170341.88395.47.
- Kementrian Kesehatan Republik Indonesia. (2018) 'Kemenkes peringati hari autisme internasional', pp. 2–3.
- Khazaeian, S., Kariman, N., Ebadi, A., Nasiri, M. (2017) 'The impact of social capital and social support on the health of female-headed households: a systematic review', *Electronic Physician*, 9(12), pp. 6027–6034. doi: 10.19082/6027.
- Sherwood, L. (2015). *Human Physiology from Cells to System*. 9th ed. California: Brooks/Cole Cengage Learning.
- Lawrence Robinson, Melinda Smith, M.A., Jeanne Segal, Ph.D., and J. and Shubin (2018) *The Benefits of Play for Adults*. Available at: <https://www.helpguide.org/articles/mental-health/benefits-of-play-for-adults.htm?pdf=13505> (Accessed: 7 March 2019).
- National Institute of Mental Health. (2018) *Autism Spectrum Disorders*. [Online] Available from: <https://www.nimh.nih.gov/health/topics/autism-spectrum-disorders-asd/index.shtml> [Accessed 14th December 2018].
- Niu, NN., Perez. MT., Katz, JN. (2011) 'A singing intervention for preoperative hypertension prior to total joint replacement: Case Report' *National Institute of Health*. [Online] Available: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3075493/pdf/nihms-253802.pdf>.
- Omar, T. E. I., Ahmed, W. M. and Basiouny, N. S. (2018) 'Challenges and adjustments of mothers having children with autism', pp. 120–129. doi: 10.4103/AJOP.AJOP.
- Park, HR., Lee JM., Moon HE., Lee DS., Kim BN., Kim J., Kim DG., Paek SH. (2016) 'A Short Review on the Current Understanding of Autism Spectrum Disorders', 25(1), pp. 1–13. doi: 10.5607/en.2016.25.1.1.

- Pennington, M. L., Cullinan, D. and Southern, L. B. (2014) 'Defining Autism: Variability in State Education Agency Definitions of and Evaluations for Autism Spectrum Disorders', 2014(c).
- Robledillo N.R. & Moya-Albiol, L. (2014) 'Protective and risk factors of health in caregivers of people with autism spectrum disorders', (September).
- Roohafza, H.R., Afahsar, H., Keshteli, A.H., Mohammadi, N., Feizi, A., Taslimi, M., Adibi, P. (2014) What's the role of perceived social support and coping styles in depression and anxiety? *J Res Med Sci*. [Online] 19(10), 944-9. Available from: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4274570/>.
- Sastroasmoro, Sudigdo (ed), Ismael, Sofyan (ed). (2014) *Dasar – dasar Metodologi Penelitian Klinis*. 5th ed. Jakarta, Sagung Seto.
- Savage, B. M., Lujan H.L., Thipparthi, R. R., DiCarlo, S.E. (2019) 'Humor, laughter, learning, and health! A brief review', 22, pp. 341–347. doi: 10.1152/advan.00030.2017.
- Shportun, O. M. (2016) 'Physiological Basis of Humor as a Positive E motion', 23(1), pp. 93–101.
- Sopa, M. (2018) 'Local Wisdom in the Cultural Symbol of Indonesian Traditional House', 2018, pp. 524–531. doi: 10.18502/kss.v3i4.1962.
- Stahl, S. M. (2013) *Stahl's Essential Psychopharmacology*.
- Steijn, Daphne & Oerlemans, Anoenk & Aken, Marcel & Buitelaar, Jan & N J Rommelse, Nanda. (2013). The reciprocal relationship of ASD, ADHD, depressive symptoms and stres in parents of children with ASD and/or ADHD. *Journal of autism and developmental disorders*. *Journal of Autism and Devepmental Disorder*. [Online] 44. Available from: doi:10.1007/s10803-013-1958-9.
- Stein, M.B. (ed.), Steckler, T. (ed.). (2010) *Behavioral Neurobiology of Anxiety and Its Treatment*. Heidelberg: Springer.
- Sudrajat, Taat Wulandari, A. T. W. (2015) 'JIPSINDO No. 1, Volume 2, Maret 2015', *Jipsindo*, 2(1), pp. 44–65.
- Tortora, G.J., Tortora, G.J. (2014) *Principles of Anatomy & Physiology*. 14th ed.
- Wang, Sam & Aamodt, Sandra. (2012) 'Play , Stres , and the Learning Brain', (September), pp. 1–12.
- World Health Organization. (2017) *Autism spectrum disorders*. [Online] Available from: <https://www.who.int/news-room/fact-sheets/detail/autism-spectrum-disorders> [Accessed 14th December 2018].

Yoshikawa, Y., Ohmaki, E., Kawahata, H., Maekawa, Y., Ogihara, T., Morishita R., Aoki, M. (2019) 'Beneficial effect of laughter therapy on physiological and psychological function in elders', (June 2018), pp. 93–99. doi: 10.1002/nop2.190.



UNIVERSITAS
GADJAH MADA

**EFEKTIVITAS DUKUNGAN SOSIAL DAN PERMAINAN DENGAN KEARIFAN BUDAYA LOKAL
TERHADAP PERUBAHAN TEKANAN**

DARAH PADA IBU DENGAN ANAK AUTIS DI SEKOLAH AUTIS YOGYAKARTA

AMANAH MIRANTI, Dr. Dra. Sumarni DW, M.Kes; dr. Andrian Fajar K., M. Sc., Sp. KJ

Universitas Gadjah Mada, 2019 | Diunduh dari <http://etd.repository.ugm.ac.id/>