

TABLE OF CONTENTS

TITLE PAGE	i
APPROVAL PAGE	ii
AUTHENTICITY STATEMENT	iii
PREFACE	iv
TABLE OF CONTENTS	vi
LIST OF FIGURES	viii
LIST OF APPENDICES	ix
LIST OF ABBREVIATIONS	x
ABSTRACT	xi
INTISARI	xii
CHAPTER I INTRODUCTION	
I.1. Background	1
I.2. Problem Formulation	3
I.3. Study Objective	3
I.4. Study Originality	3
I.5. Study Benefit	4
CHAPTER II LITERATURE REVIEW	
II.1. Literature Review	5
II.1.1. Anatomy and Physiology of the Heart	5
II.1.2. Obesity	6
II.1.3. NF-κB	9
II.1.4 MCP-1	11
II.1.5. Macrophage and CD68	11
II.2. Theoretical Framework	14
II.3. Conceptual Framework	15
II.4. Hypothesis	15
CHAPTER III RESEARCH METHODOLOGY	
III.1. Research Design	16
III.2. Time and Study Setting	16
III.3. Study Subjects	16
III.4. Study Tools and Materials	18
III.4.1. Study Tools	18
III.4.2. Study Materials	18
III.5. Research Variables	21
III.5.1. Dependent variable	21
III.5.2. Independent Variable	21
III.5.3. Controlled Variable	21
III.5.3. Uncontrolled Variable	21
III.6. Operational Definition	21
III.7. Study Procedure	22
III.7.1. High-Fat Diet Rat Model	22
III.7.2. Termination	23
III.7.3. RNA extraction, cDNA synthesis	23

III.7.4. Reverse Transcription-Polymerase Chain Reaction (RT-PCR)	24
III.7.5. Gel Agarose 2%	25
III.7.6. Electrophoresis	25
III.8. Study Timeline.....	25
III.9. Ethical Considerations.....	26
III.10. Result Analysis	26
CHAPTER IV RESULT AND DISCUSSION	
IV.1. Result	28
IV.1.1. Lee Index	28
IV.1.2. Expression of NF-κB	29
IV.1.3. Expression of MCP-1	31
IV.1.4. Expression of CD68	33
IV.2. Discussion	36
IV.3. Limitation	41
CHAPTER V CONCLUSION AND SUGGESTION	
V.1. Conclusion	42
V.2. Suggestion.....	42
REFERENCES	43
APPENDICES	50

LIST OF FIGURES

Figure Number	Title of Figure	Page
Figure 1	Theoretical Framework	14
Figure 2	Conceptual Framework	15
Figure 3	Bar Chart of Lee Index	28
Figure 4	Representative Figure of NF- κ B/HPRT-1	29
Figure 5	Bar Chart of NF- κ B mRNA Expression	30
Figure 6	Representative Figure of MCP-1/HPRT-1	31
Figure 7	Bar Chart of MCP-1 mRNA Expression	32
Figure 8	Representative Figure of CD68/HPRT-1	33
Figure 9	Bar Chart of CD68 mRNA Expression	34
Figure 10	CD68 Immunohistochemical Staining	35

LIST OF APPENDICES

Appendix Number	Title of Appendix	Page
Appendix 1	Ethics Committee Approval	50
Appendix 2	Lee Index: the result of the Shapiro-Wilk normality test, one-way ANOVA, Post-Hoc	51
Appendix 3	NF-κB mRNA Expression: the result of the Shapiro-Wilk normality test, one-way ANOVA, Post-Hoc	52
Appendix 4	MCP-1 mRNA Expression: the result of the Shapiro-Wilk normality test, one-way ANOVA, Post-Hoc	53
Appendix 5	CD68 mRNA Expression: the result of the Shapiro-Wilk normality test, one-way ANOVA, Post-Hoc	54