

DAFTAR PUSTAKA

- Akanwa, E. E. (2015). International students in western developed countries: History, challenges, and prospects. *Journal of International Students*, 5(3), 271-284.
- Alsa, A. (2003). *Pendekatan kuantitatif dan kualitatif serta kombinasinya dalam penelitian psikologis*. Yogyakarta: Pustaka Pelajar.
- Anindita, A. G. (2015). *Hubungan antara Harga Diri dan Dukungan Sosial Teman Sebaya dengan Resiliensi Mahasiswa yang Menjalani Perkuliahan dengan Sistem Kurikulum Kompetensi Psikologi (KKP) 2011* [Skripsi]. Yogyakarta: Universitas Gadjah Mada
- Anugraheni, E. (2014, Januari 15). *Ratusan Ribu Mahasiswa Luar Daerah di Yogya Berpotensi Golput*. Retrieved from TribunJogja.com: <https://jogja.tribunnews.com/2014/01/15/ratusan-ribu-mahasiswa-luar-daerah-di-yogya-berpotensi-golput>
- APA. (2013). *American Psychological Association*. Retrieved Maret 10, 2018, from 10 ways to build resilience: <http://www.apa.org/helpcenter/road-resilience.aspx>
- Arnett, J.J. (2004). *Emerging Adulthood: The Winding Road from the Late Teens Through the Twenties* (2nd edition). New York: Oxford University Press
- Azizah, Z. N. (2016). *Hubungan antara Dukungan Sosial dengan Resiliensi pada Caregiver Orang dengan Skizofrenia (ODS)* [Skripsi]. Yogyakarta: Universitas Gadjah Mada
- Azwar, S. (2015). *Reliabilitas dan Validitas*. Yogyakarta: Pustaka Pelajar.
- Azwar, S. (2016). *Penyusunan Skala Psikologi*. Yogyakarta: Pustaka Pelajar.
- Azwar, S. (1993). "Kelompok subjek ini memiliki harga diri yang rendah"; Kok, tahu?. *Buletin Psikologi*, 1(2), 13-17.
- Azwar, S. (2001). Asumsi-asumsi dalam inferensi statistika. *Buletin Psikologi*, 9(1), 8-17. doi: 10.22146/bpsi.7436.
- Bacchi, S., & Licinio, J. (2016). *Resilience and Psychological Distress in Psychology and Medical Students*. *Academic Psychiatry*, 41(2), 185-188. doi:10.1007/s40596-016-0488-0
- Bandura, A. (1997). *Self Efficacy: The Exercise of Control*. New York: W. H. Freeman & Company.

- Baron, A. R., & Branscombe, N. R. (2012). *Social Psychology (13th ed)*. New Jersey: Pearson.
- Benard, B. (2004). *Resilience, What We Have Learned*. San Francisco: WestED.
- Bezek, E. (2010). *Gender Differences in Resilience in the Emerging Adulthood Population* [Thesis]. New York: College of Liberal Arts Rochester Institute of Technology
- Bulo, J. G., Sanchez, M. G. (2014). Sources of Stress Among College Students. *CVCITC Research Journal*, 1 (1), 16-25
- Burleson, B. R. (2003). The experience and effects of emotional support: What the study of cultural and gender differences can tell us about close relationships, emotion, and interpersonal communication. *Personal Relationships*, 10(1), 1–23. doi:10.1111/1475-6811.00033
- Caruana, V., Clegg, S., Ploner, J., Stevenson, J., & Wood, R. (2011). *Promoting Students' 'resilient thinking' in diverse higher education learning environments*. England: ResearchGate. doi: 10.13140/RG.2.1.1834.1361
- Carver, C. S., & Connor-Smith, J. (2010). Personality and coping. *Annual review of psychology*, 61(1), 679-704. doi: 10.1146/annurev.psych.093008.100352
- Cho, J., & Yu, H. (2014). Roles of university support for international students in the United States: Analysis of a systematic model of university identification, university support, and psychological well-being. *Journal of Studies in International Education*, 19(1), 11-27. doi: 10.1177/1028315314533606
- Connor, K. M., & Davidson, J. R. (2003). Development of The New Resilience Scale : The Connor-Davidson Resilience Scale (CD-RISC). *Journal of depression and anxiety*, 18, 76-83. doi: 10.1002/da.10113
- Dawson, M., & Pooley, J. A. (2013). Resilience: The Role of Optimism, Perceived Parental Autonomy Support and Perceived Social Support in First Year University Students. *Journal of Education and Training Studies*, 1(2), 38-49. doi:10.11114/jets.v1i2.137
- Devinta, M., Hidayah, N., Hendrastomo, g. (2015). Fenomena *Culture Shock* (Gegar Budaya) Pada Mahasiswa Perantauan Di Yogyakarta. *Jurnal Pendidikan Sosiologi*, 2, 1-15
- Earvolino-Ramirez, M. (2007). Resilience: A concept analysis. *Nursing Forum*, 42(2), 73-82. doi:10.1111/j.1744-6198.2007.00070.x

- Eisenberg, N., Fabes, R. A., Guthrie, I. K., Reiser, M. (2000). Dispositional Emotionality and Regulation: Their Role in Predicting Quality of Social Functioning. *Journal of Personality and Social Psychology*, 78(1), 136-157
- Everall, R. D., Altrows, K. J., & Paulson, B. L. (2006). Creating a Future: A Study of Resilience in Suicidal Female Adolescents. *Journal of Counseling & Development*, 84(4), 461–470. doi: 10.1002/j.1556-6678.2006.tb00430.x
- Galatzer-Levy, I. R., Burton, C. L., & Bonanno, G. A. (2012). Coping Flexibility, Potentially Traumatic Life Events, and Resilience: A Prospective Study of College Student Adjustment. *Journal of Social and Clinical Psychology*, 31(6), 542–567. doi:10.1521/jscp.2012.31.6.542
- Gerson, M. W., & Fernandez, N. (2013). PATH: a program to build resilience and thriving in undergraduates. *Journal of Applied Social Psychology*, 43(11), 2169–2184. doi:10.1111/jasp.12168
- Goldenberg, H., and I. Goldenberg. (2013). *Family therapy: an overview*. USA: Brooks/Cole
- Goncalves, A., Sequeira, C., Duarte, J., Fretas, P. (2014). Suicide ideation in Higher Education Students: Influence of Social Support. *Atención Primaria*, 46, 88–91. doi:10.1016/s0212-6567(14)70072-1
- Gross, J. J. (2014). Emotion Regulation: Conceptual and empirical Foundations. In J. J. Gross, *Handbook of Emotion Regulation (2nd edition)* (pp. 3-22). New York: The Guildford Press.
- Gurung, R. A. R. (2018). *Health Psychology :Well-being in a Diverse World (4th ed)*. Australia: Sage Publications, Inc.
- Gusti. (2014, Januari 17). *Mahasiswa UGM dari Luar DIY difasilitasi Tinggal di Asrama*. Retrieved Juli 26, 2018, from Universitas Gadjah Mada: <https://ugm.ac.id/id/berita/8599-mahasiswa.ugm.dari.luar.diy.difasilitasi.tinggal.di.asrama>
- Hadi, S. (2015). *Statistik (cetakan iii)*. Yogyakarta: Pustaka pelajar.
- Hartley, M. T. (2010). Increasing Resilience: Strategies for Reducing Dropout Rates for College Students with Psychiatric Disabilities. *American Journal of Psychiatric Rehabilitation*, 13(4), 295-315, doi: 10.1080/15487768.2010.523372
- Hassan, M. I. (2002). *pokok-pokok materi metodologi penelitian dan aplikasinya*. Bogor: Ghalia Indonesia.

- Holaday, M. (1997). Resilience and severe burn. *Journal of counseling and development*, 346-357.
- Holsworth, S., Turner, M., Scott-Young, C. M. (2018). Not Drowning, waving. Resilience and University: a Student Perspective. *Studies in Higher Rducation*, 43 (11), 1837-1853. doi: 10.1080/03075079.2017.1284193
- Jang, J. (2012). *The Effect of Social Support Type on Resilience* [Thesis]. USA: The University of Alabama
- Katherine, E.L. 2014. "Understanding Resilience and Happiness among College Student [Thesis]. USA: Master of Arts in Psychology Middle Tennessee State University
- Kaloeti, D. V. S., Rahmandani, A., Sakti, H., Salma, S., Suparno, S., Hanafi, S. (2019). Effect of Childhood Adversity Experiences, Psychological distress, and Resilience on Depressive Symptoms among Indonesian Students. *International Journal of Adolescent and Youth*, 24(2), 177-184.
- KBBI. (2005). *Kamus Besar Bahasa Indonesia (KBBI)*. Diakses pada Maret 2018
- Kegel, K. (2015). *Homesickness and Psychological Distress in Asian International Students: The Potential Mediating Roles of Social Connectedness and Universal-Diverse Orientation [Dissertation]*. Lehigh University
- Khademi, A., Aghdam, A. S. F. (2012). The Role of Personality Traits and Resilience on Homesickness of College Students. *Procedia – Social and Behavioral Sciences*, 82(2013) 537-541.
- Kompas.com. (2013, Agustus 04). *Pertahankan "Indonesia Mini" di Yogyakarta*. Retrieved Maret 7, 2018, from Kompas.com: <https://nasional.kompas.com/read/2013/04/08/03164776/Pertahankan.Indonesia.Mini.di.Yogyakarta>
- Kompas.com. (2017, Oktober 02). *Seorang Mahasiswa di Yogyakarta bunuh diri di kamar kos*. Retrieved Januari, 15, 2020, from Kompas.com: <https://yogyakarta.kompas.com/read/2017/10/04/17535551/seorang-mahasiswa-di-yogyakarta-bunuh-diri-di-kamar-kos?page=all>
- Kranstuber, H., Carr, K., & Hosek, A. M. (2012). "If You Can Dream It, You Can Achieve It." Parent Memorable Messages as Indicators of College Student Success. *Communication Education*, 61(1), 44-66. doi:10.1080/03634523.2011.620617
- Kumar, A., & Dixit, V. (2014). Forgiveness, Gratitude and Resilience among Indian Youth. *Indian Journal of Health and Wellbeing*, 5(12), 1414-1419.



- Laidlaw, A., McLellan, J., & Ozakinci, G. (2015). Understanding undergraduate student perceptions of mental health, mental well-being and help-seeking behaviour. *Studies in Higher Education*, 41(12), 2156–2168. doi:10.1080/03075079.2015.1026890
- Lerner, R. M., & Steinberg, L. (2004). *Handbook of Adolescent Psychology*. Canada: John Wiley & Sons
- Liu, W., & Xu, Z. (2013). The relationship among social support, resilience, and mental health of college students. *Advances in Psychology*, 3, 32-37. doi.org/10.12677/ap.2013.36A006
- Listiyandini, R. A., Permata, D. C. (2015). Peranan Pola Asuh Orang Tua dalam Memprediksi Resiliensi Mahasiswa Tahun Pertama yang Merantau di Jakarta. *Prosiding PESAT (Psikologi, Ekonomi, Sastra, Arsitektur & Teknik Sipil)*, 6, 6-13
- Listiyandini, R. A., Akmal, S. Z. (2015). Hubungan Antara Kekuatan Karakter dan Resiliensi pada Mahasiswa. *Prosiding Temu Ilmiah Nasional Psikologi At: Fakultas Psikologi Universitas Pancasila*
- Luthar, S. S. (2006). Resilience in Development: A Synthesis of Research across Five Decades. In D. Cichetti, & D. J. Cohen, *Developmental Psychopathology: Risk, Disorder, and Adaptation* (pp. 740-783). Hoboken, NJ: John Wiley & Sons, Inc.
- Macdermid, S., Samper, R. E., Schwarz, R. L., Nishida, J., & Nyaronga. (2008, July). *Understanding and Promoting Resilience in Military Families*. Retrieved Maret 31, 2018, from SemanticScholar: <https://www.semanticscholar.org/paper/Understanding-and-Promoting-Resilience-in-Military-Macdermid-Samper/d5f1e43a507b08154676611d9c5130403f3ab9ce>
- Mamiseishvili, K. (2012). International student persistence in U.S. postsecondary institutions. *Higher Education*, 64(1), 1-17. doi:10.1007/s10734-011-9477-0
- Markstrom, C. A., Marshall, S. K., & Tryon, R. J. (2000). *Resiliency, social support, and coping in rural low-income Appalachian adolescents from two racial groups*. *Journal of Adolescence*, 23(6), 693–703. doi:10.1006/jado.2000.0353
- Masten, A. S., Best, K. M., & Garmezy, N. (1990). Resilience and development: contributions from the study of children who overcome adversity. *Development and psychopathology*, 2, 425-444.
- Masten, A. S., & Reed, M.-G. J. (2002). Resilience in Development. In C. R. Snyder, & S. J. Lopez, *Handbook of Positive Psychology* (pp. 74-89). New York: Oxford University Press.

- McSorley, D. (2017). *The Impact of Social Support on Institutional Integration among International Students in The Midwest* [dissertation]. USA: Edgewood College
- Misra, R., & Castillo, L. G. (2004). *Academic Stress Among College Students: Comparison of American and International Students. International Journal of Stress Management, 11*(2), 132–148. doi:10.1037/1072-5245.11.2.132
- Morales, B. L. (2016). *Building Resilience in The University Environment* [Disertasi]. United States: Keiser University
- Muallifah. (2009). Pengaruh Dukungan Sosial dan Resiliensi terhadap Motivasi Berprestasi Siswa *Survivor* Gempa Yogyakarta [Thesis]. Yogyakarta: Universitas Gadjah Mada
- Paul, H., Sriram, S., Subalukhsmi, & Mala, V. (2015). Resilience, academic motivation and social support among college students. *Indian Journal of Positif Psychology, 6*(1), 106-110.
- Peters, R. D., Leadbeater, B., & McMahon, R. J. (2005). *Resilience in children, families, and communities: Linking context to practice and policy*. New York, NY: Kluwer Academic/ Plenum Publishers.
- Peterson, C., & Park, N. (2007). Explanatory style and emotion regulation. In J. J. Gross (Ed.), *Handbook of emotion regulation* (pp. 159–179). New York: Guilford Press.
- Pidgeon, A.M., Rowe, N. F., Stapleton, P., Magyar, H. B., Lo, B. C. Y. (2014) Examining Characteristics of Resilience among University Students: An International Study. *Open Journal of Social Sciences, 2*, 14-22
- Pusat Krisis fakultas Psikologi Universitas Indonesia. (2015, Juli). Berdamai dengan penatnya kehidupan mahasiswa. Retrieved Desember 22, 2019, from <http://www.puskrispsiui.or.id/berdamai-dengan-penatnya-kehidupan-mahasiswa/>
- Resnick, B. (2014). Theory of Self-Efficacy. In M. J. Smith, & P. R. Liehr, *Middle Range Theory for Nursing* (pp. 197-214). New York: Springer.
- Reivich, K., & Shatte, A. (2002). *The Resilience Factor*. New York: Broadway Books.
- Reza, K. (2015, November 12). *Mahasiswa Yang Gantung Diri di Seturan*. Dipetik Maret 7, 2018, dari [TribunJogja.com: http://jogja.tribunnews.com/2015/11/12/ini-isi-tulisan-terakhir-di-laptop-mahasiswa-yang-gantung-diri-di-seturan](http://jogja.tribunnews.com/2015/11/12/ini-isi-tulisan-terakhir-di-laptop-mahasiswa-yang-gantung-diri-di-seturan)

- Riva, G., Teruzzi, T., & Anolli, L. (2003). The Use of Internet in Psychological Research: Comparison of Online and Offline Questionnaires. *Cyber Psychology & Behavior*, 6(1), 73-80. doi:10.1089/109493103321167983.
- Sabouripour, F., Hassan, N. C., & Roslan, S. B. (2014). Effects of Social Support and Race on Resilience among International Students of UPM. *National Research & Innovation Conference for Graduate Students in Social*. Malaysia: Researchgate.
- Sabouripour, F., & Roslan, S. B. (2015). Resilience, Optimism and Social Support among International Students. *Asian Social Science*, 11(5). doi:10.5539/ass.v11n15p159
- Sabouripour, F., Hassan, N. C., & Roslan, S. (2017). Predictors of Resilience among Iranian Graduate Students in University Putra Malaysia. *International Journal of Academic Research in Business and Social Sciences*, 7, 996-1011. doi: 10.6007/IJARBS/v7-i14/3756
- Santrock, J. W. (2018). *Life Span Development* (17 ed.). New York: McGraw-Hill.
- Sarafino, E. P., & Smith, T. W. (2014). *Health Psychology: Biopsychosocial interactions* (9th edt) . New York: Joh Wiley and Sons.
- Sarason, I. G., & Sarason, B. R. (1982). Concomitants of social support: Attitudes, personality characteristics, and life experiences. *Journal of Personality*, 50(3), 331–344. doi:10.1111/j.1467-6494.1982.tb00754.x
- Siegler, R., DeLoache, J., Eisenberg , N., Saffran, J., & Leaper, C. (2014). *How Children Develop* (4th edition). New York: Worth Publisher.
- Simbolon, T. (2018, Agustus 11). *Pelatihan Pembelajar Sukses Bagi Mahasiswa Baru Universitas Gadjah Mada (PPSMB UGM) 2018*. Retrieved Januari 14, 2020, from Ditmawa UGM: <https://karakter.ditmawa.ugm.ac.id/pembukaan-pelatihan-pembelajar-sukses-bagi-mahasiswa-baru-universitas-gadjah-mada-2018/>
- Sullivan, C., & Kashubeck-West, S. (2015). The interplay of international students' acculturative stress, social support, and acculturation modes. *Journal of International Students*, 5(1), 1-11
- Snyder, C.R., and Lopez, S.J. (2007). *Positive psychology: The scientific and practical exploration of human strenght*. California: Sage Publication, Inc.
- Taylor, S. E. (2015). *Health Psychology*. New York: McGraw-Hill.
- Thompson, B. (2008). How college freshman communicate student academic support: Agrounded theory study. *Communication Education*, 57, 123-144. doi: 10.1080/03634520701576147

- Thompson, B., & Mazer, J.P. (2009). College student ratings of student academic support: frequency, importance, and models of communication. *Communication education*, 58, 433-458. doi: 10.1080/03634530902930440
- Walsh, F. (2007). Traumatic loss and major disasters: Strengthening family and community resilience. *family process*, 46, 207-227.
- Vedder, P., Boekaerts, M., & Seegers, G. (2005). Perceived Social Support and Well Being in School; The Role of Students' Ethnicity. *Journal of Youth and Adolescence*, 34(3), 269-278. doi:10.1007/s10964-005-4313-4
- Weidong, J., Guoquan, Z., Yaosheng, P., Shumin, Z., Daoliang, Y., Guangyao, L., & Yongyong, S. (2012). P-1407 - Relationship between resilience and social support, coping style of students in middle school. *European Psychiatry*, 27, 1. doi:10.1016/s0924-9338(12)75574-8
- Widhiarso, W. (2017, Maret 12). *Pengategorian Data dengan Menggunakan Statistik Hipotetik dan Statistik Empirik*. Diakses dari Wahyu Widhiarso: <http://widhiarso.staff.ugm.ac.id/wp/pengategorian-data-dengan-menggunakan-statistik-hipotetik-dan-statistik-empirik/> tanggal 20 April 2018.
- Widhiarso, W. (2011, Februari 25). *Isu Uji Asumsi*. Diakses dari Wahyu Widhiarso: <http://widhiarso.staff.ugm.ac.id/wp/isu-uji-asumsi/> tanggal 20 April 2019
- Widhiarso, W. (2010). *Uji Linieritas Hubungan*. Naskah tidak dipublikasikan, Universitas Gadjah Mada, Fakultas Psikologi, Yogyakarta.
- Widhiarso, W. (t.t.). *Uji Normalitas*. Diakses dari Wahyu Widhiarso: widhiarso.staff.ugm.ac.id/files/Uji%20Normalitas.pdf tanggal 20 Februari 2018
- Widiastuti, A. A. 2011. *Permasalahan Penyesuaian Diri dan Strategi Coping (Kasus Tiga Remaja Bermasalah di Balai Rehabilitasi Sosial)* [Tesis]. Yogyakarta: Universitas Gadjah Mada.
- Wilks, S. E., & Spivey, C. A. (2010). Resilience in undergraduate social work students: Social support and adjustment to academic stress. *Social Work Education*, 29 (3), 276-288. doi: 10.1080/02615470902912243
- Wolin, S. J., Muller, W., Taylor, F., Wolin, S., Ranganathan, S., Saymah, D., & Zeyada, H. (2009). Religious perspectives on resilience: Buddhism, Christianity, Judaism, Hinduism and Islam. In F. Walsh (Ed.), *Spiritual resources in family therapy* (2nd ed., pp. 103-124). New York, NY: The Guildford Press.
- Wright. K.B. (2012) Emotional support and perceived stress among college students using facebook.com: An exploration of the relationship between source



perceptions and emotional support. *Communication research Reports*, 29, 175-184. doi: 10.1080/08824096.2012.695957

Xu, J., & Ou, L. (2014). Resilience and quality of life among Wenchuan earthquake survivors: the mediating role of social support. *Public Health*, 128(5), 430–437. doi:10.1016/j.puhe.2014.03.002