



DAFTAR PUSTAKA

- Aamodt, M. G. (2010). *Industrial/Organizational Psychology (Sixth Edition)*. Wadsworth: Cengage Learning.
- Abhyankar, S., & Pujari, U. (2012). Occupational Stress and Work Life Imbalance among Industrial Employees. *Journal of Psychosocial Research*, 7, 17-24.
- Ahmad, A. (2008). Job, Family, and Individual Factors as Predictors of Work-Family Conflict. *The Journal of Human Resource and Adult Learning*, 4(1), 57-65.
- Alali, H., Braeckman, L., Hecke, T., & Wahab, M. (2018). Shift Work and Occupational Accident Absence in Belgium: Findings from the Sixth European Working Condition Survey. *International Journal of Environmental Research and Public Health*, 15, 1811.
- Allen, T. D., Herst, D. E., Bruck, C., & Sutton, M. (2000). Consequences Associated With Work-to-Family Conflict: A Review and Agenda for Future Research. *Journal of Occupational Health Psychology*, 5(2), 278–308.
- Amalina, M. Z., Huda, B. Z., & Hejar, A. R. (2016). Job Stress and Its Determinants among Academic Staff in a University in Klang Valley Malaysia. *International Journal of Public Health and Clinical Sciences*, 3(6), 125-136.
- Amstad, F. T., Meier, L. L., Fasel, U., Elfering, A., & Semmer, N. K. (2011). A Meta-Analysis of Work-Family Conflict and Various Outcomes with A Special Emphasis on Cross-Domain versus Matching-Domain Relations. *Journal of Occupational Health Psychology*, 16, 151-169.
- Armstrong, G. S., Atkin-Plunk, C. A., & Wells, J. (2015). The Relationship Between Work-Family Conflict, Correctional Officer Job Stress, and Job Satisfaction. *Criminal Justice and Behavior*, 1-17.
- Armstrong, M. (2012). *Armstrong's Handbook of Human Resource Management Practice (12th Edition)*. London: Kogan Page.
- ASN. (2019). *Fatal Accidents and Fatalities Per Year for Airliner*. Diambil kembali dari Aviation Safety Network: <https://aviation-safety.net/statistics/period/stats.php?cat=A1>
- Atheya, R., & Arora, R. (2014). Stress and Its Brunt on Employee's Work-Life Balance (WLB): A Conceptual Study. *IOSR Journal Of Humanities And Social Science*, 19(3), 57-62.



- Azwar, S. (2015). *Reliabilitas dan Validitas (Edisi 4)*. Yogyakarta: Pustaka Pelajar.
- Azwar, S. (2016). *Penyusunan Skala Psikologi (Edisi 2)*. Yogyakarta: Pustaka Pelajar.
- Babatunde, A. (2013). Occupational Stress: A Review on Conceptualisations, Causes and, Cure. *Economic Insights*, 2, 73-80.
- Balkan, O. (2014). Work-Life Balance, Job Stress and Individual Performance: An Application. *International Journal of Management Sciences and Business Research*, 3(3), 38-46.
- Bao, M., & Ding, S. (2014). Individual-Related Factors and Management-Related Factors in Aviation Maintenance. *International Symposium on Aircraft Airworthiness* (hal. 80(3), 293–302). Beijing: Procedia Engineering.
- Beehr, T. A., & Newman, J. E. (1978). Job Stress, Employee Health, and Organizational Effectiveness: A Facet Analysis, Model, and Literatur Review. *Personnel Psychology*, 31, 665-699.
- Bell, A. S., Rajendran, D., & Theiler, S. (2012). Job Stress, Wellbeing, Work-Life Balance and Work-Life Conflict Among Australian Academics. *Electronic Journal of Applied Psychology*, 8(1), 25-37.
- BPS. (2017). *Statistik Transportasi Udara*. Diambil kembali dari Badan Pusat Statistika:
<https://www.bps.go.id/publication/2018/11/27/c5a66561bc763984bed341db/statistik-transportasi-udara-2017.html>
- Brough, P., Timms, C., O'Driscoll, M. P., Kalliath, T., Siu, O.-L., Sit, C., et al. (2014). Work – Life Balance: a Longitudinal Evaluation of a New Measure Across Australia and New Zealand Workers. *The International Journal of Human Resource Management*, 37–41.
- CFO. (2012). *Work is Top Trigger of Stress for Asia-Pacific Workers*. Diambil kembali dari CFO Innovation: <https://www.cfoinnovation.com/work-top-trigger-stress-for-asia-pacific-workers>
- Chang, Y. H., & Wang, Y. (2010). Significant Human Risk Factors in Aircraft Maintenance Technicians. *Safety Science*, 48, 54–62.
- Cigna. (2019). *2019 Cigna 360 Well-Being Survey*. Bloomfield: Cigna.
- Clark, S. C. (2000). Work/Family Borde Theory: A New Theory of Work/Family Balance. *Human Relation*, 53(6), 747-770.
- DeBruin, G. P. (2006). The Dimensionality of The General Work Stress Scale: A Hierarchical Exploratory Factor Analysis. *Journal of Industrial Psychology*, 32(4), 68-75.



- Dessler, G. (2014). *Fundamental of Human Resource Management*. Edinburgh: Pearson Education Limited.
- Dewe, P. J., O'Driscoll, M. P., & Cooper, C. L. (2012). Theories of Psychological Stress at Work. *Handbook of Occupational Health and Wellness, Handbooks in Health, Work, and Disability*, 23-36.
- Edralin, D. M. (2013). Work and Life Harmony: An Explanatory Case Study EntrePinays. *Business & Economics Review*, 22(2), 15-36.
- Fisher, G. G. (2001). *Work/Personal Life Balance: A Construct Development Study*. Dissertation. ProQuest Information and Learning Company.
- Fisher, G. G., Bulger, C. A., & Smith, C. S. (2009). Beyond Work and Family: A Measure of Work/Nonwork Interference and Enhancement. *Journal of Occupational Health Psychology*, 14(4) 441–456.
- Fogarty, G. J. (2004). The Role of Organizational and Individual Variables in Aircraft Maintenance Performance. *International Journal of Applied Aviation Studies*, 4(3), 73-90.
- Forbes. (2015). *Workplace Stress Responsible for Up to \$190 Billion in Annual Healthcare Costs*. Irvine: Lorie Eber.
- Frone, M. R. (2003). Work-Family Balance. Dalam J. C. Quick, & L. E. Tetrick, *Handbook of Occupational Health Psychology* (hal. 143–162). Washington: American Psychological Association.
- Greenhaus, J. H., Collins, K. M., & Shaw, J. D. (2003). The Relation between Work–Family Balance and Quality of Life. *Journal of Vocational Behavior*, 63, 510–531.
- Grzywacz, J. G., & Marks, N. F. (2000). Reconceptualizing the Work Family Interface: An Ecological Perspective on The Correlates of Positive and Negative Spillover between Work and Family. *Journal of Occupational Health Psychology*, 5, 111–126.
- Hanson, G., Hammer, L., & Colton, C. (2006). Development and Validation of a Multidimensional Scale of Perceived Work-Family Positive Spillover. *Journal of Occupational Health Psychology*, 11, 249–265.
- Hansson, R. O., Robson, S. M., & Limas, M. J. (2001). Stress and Coping among Older Workers. *Work*, 247-256.
- Hobbs, A., & Williamson, A. (2003). Associations between Errors and Contributing Factors in Aircraft Maintenance. *Journal of the Human Factors and Ergonomics Society*, 186-201.
- Hobson, C. J., Delunas, L., & Kesic, D. (2001). Compelling Evidence of The Need for Corporate Work/Life Balance Initiatives: Results from A National Survey of Stressful Life-Events. *Journal of Employment Counseling*, 38, 38-44.



- House, J. S. (1974). Occupational Stress and Coronary Heart Disease: A Review and Theoretical Integration. *Journal of Health and Social Behavior*, 15(1), 12-27.
- IATA. (2016). *Robust Passenger Demand Continues*. Diambil kembali dari International Aviation Transport Association: <https://www.iata.org/pressroom/pr/Pages/2015-09-04-02.aspx>
- Jaga, A., & Bagraim, J. (2011). The Relationship between Work-Family Enrichment and Work-Family Satisfaction Outcomes. *South African Journal of Psychology*, 41(1), 52–62.
- Jex, S. M., & Britt, T. (2008). *Organizational Psychology (Second Edition)*. New Jersey: John Wiley & Sons.
- Kalliath, T., & Brough, P. (2008). Work–Life Balance: A Review of The Meaning of The Balance Construct. *Journal of Management & Organization*, 14, 323–327.
- Karkoulian, S., Srour, J., & Sinan, T. (2016). A Gender Perspective on Work-Life Balance, Perceived Stress, and Locus of Control. *Journal of Business Research*, 69(11), 4918–4923.
- Kim, C. Y., & Song, B. H. (2015). A Study on Safety Culture in Aviation Maintenance Organization. *Advanced Science and Technology Letters*, 120, 485–490.
- KNKT. (2016). *Data Investigasi Kecelakaan Penerbangan Tahun 2010-2016*. Jakarta: Media Release KNKT Tahun 2016.
- Lac, G., & Chamoux, A. (2004). Biological and Psychological Responses to Two Rapid Shiftwork Schedules. *Ergonomics*, 47, 1339–1349.
- LaRocco, J. M., House, J. S., & French, J. R. (1980). Social Support, Occupational Stress, and Health. *Journal of Health and Social Behavior*, 21(3), 202-218.
- Lawson, M. (2001). In Praise of Slack: Time is of The Essence. *Academy of Management Executive*, 15 (3), 125–135.
- Lazarus, R. S., & Folkman, S. (1984). *Stress, Appraisal, and Coping*. New York: Springer Publishing Company.
- Lin, N. Y. (2007). Occupational Stress, Personality, and Coping Strategies among Aircraft Maintenance Personnel in Hong Kong. *Occupational Stress*, 1–81.
- Lowe, G. (2006). *Under Pressure: Implication of Work-Life Balance and Job Stress*. California: Human Solutions.



- Major, V. S., Klein, K. J., & Ehrhart, M. G. (2002). Work Time, Work Interference with Family, and Psychological Distress. *Journal of Applied Psychology*, 87(30) 427–436.
- Nohe, C., Meier, L. L., Sonntag, K., & Michel, A. (2015). The Chicken or The Egg? A Meta-Analysis of Panel Studies of The Relationship between Work-Family Conflict and Strain. *Journal of Applied Psychology*, 100, 522-536.
- Oosthuizen, R., Coetzee, M., & Munro, Z. (2016). Work-life balance, Job Satisfaction and Turnover Intention amongst Information Technology Employees. *Southern African Business Review*, 20, 446-467.
- Parker, D. F., & DeCotiis, T. A. (1983). Organizational Determinants of Job Stress. *Organizational Behavior and Human Performance*, 32, 160-177.
- Parkes, L. P., & Langford, P. H. (2008). Work-Life Balance or Work-Life Alignment? A Test of The Importance of Work-Life Balance for Employee Engagement and Intention to Stay in Organisations. *Journal of Management & Organization*, 14(3), 267-284.
- Pettersen, K., & Aase, K. (2008). Explaining Safe Work Practices in Aviation Line Maintenance. *Safety Science*, 46, 510–519.
- Purnell, M. T., Feyer, A. M., & Herbison, G. P. (2002). The Impact of Nap Opportunity during The Night Shift on The Performance and Alertness of 12-h Shift Workers. *Jurnal of Sleep Research*, 11(3), 219-227.
- Rabenu, E., Tziner, A., & Sharoni, G. (2017). The Relationship between Work-Family Conflict, Stress, and Work Attitudes. *International Journal of Manpower*.
- Razak, M. I. (2014). The Impact of Work Stress Towards Work Life Balance in Malaysia. *International Journal of Economics, Commerce and Management*, 11(2), 1-16.
- Robbins, S. P., & Judge, T. (2013). *Organizational Behavior (Fifteen Edition)*. New Jersey: Pearson Education.
- Ryu, J., Jung Choi, K., Choi, K. H., Kwon, H. J., Kang, C., & Kim, H. (2017). Associations of Shift Work and Its Duration with Work-Related Injury among Electronics Factory Workers in South Korea. *International Journal of Environmental Research and Public Health*, 14, 1429.
- Selye, H. (1976). *Stres in Health and Disease*. Boston: Butterworths.
- Sinha, S. (2016). Stress Management and Work Life Balance - A Study on some Selected Banks in Nagaland India. *Indian Journal of Commerce and Management Studies*, 7(2), 36-40.
- Sirgy, M. J., & Lee, D. J. (2018). Work-Life Balance: an Integrative Review. *Applied Research Quality Life*, 229–254.



- Steenbergen, E. F., Ellemers, N., & Mooijaart, A. (2007). How Work and Family can Facilitate Each Other: Distinct Types of Of Work-Family Facilitation and Outcomes for Women and Men. *Journal of Occupational Health Psychology*, 12, 279–300.
- Tourigny, L., Baba, V. V., & Wang, X. (2010). Stress Episode in Aviation: The Case of China. *Cross Cultural Management: An International Journal*, 17(1), 68-72.
- Wang, Y., Keller, J. C., Huang, C., & Fanjoy, R. O. (2016). An Exploratory Study: Correlations Between Occupational Stressors, Coping Mechanisms, and Job Performance Among Chinese Aviation Maintenance Technicians. *Journal of Aviation Technology and Engineering*, 5, 69-80.
- Yazgan, E., & Kavsaoglu, M. (2017). Evaluation of Stress Affecting Aircraft Maintenance Technician's Performance. *International Journal of Computing, Communications & Instrumentation Engineering*, 4, 96-101.