

## DAFTAR PUSTAKA

- Aditiantoro, M. & Wulanyani, N., M., S. Pengaruh probelmatic internet use dan regulasi diri terhadap prokrastinasi akademik mahasiswa Program Studi Psikologi Fakultas Kedokteran Universitas Udayana. *Jurnal Psikologi Udayana*, 205-215.
- Aini, N. A. & Mahardayani, H. I. (2011). Hubungan Antara Kontrol Diri Dengan Prokrastinasi Dalam Menyelesaikan Skripsi Pada Mahasiswa Universitas Muria Kudus. *Jurnal Psikologi Pitutur*, 2, 65-71.
- Alwisol. (2010). *Psikologi Kepribadian*. Malang: UMM Press.
- APJII. (2017). Infografis: *Penetrasi & Perilaku Pengguna Internet Indonesia*. Asosiasi Penyelenggara Jasa Internet Indonesia.
- APJII. (2018). *Penetrasi dan Perilaku Pengguna Internet Indonesia 2018*. Jakarta: Asosiasi Penyelenggara Jasa Internet Indonesia.
- Arnett, J. J. (2013). *Adolescence and Emerging Adulthood: A Cultural Approach*. Upper Saddle River: Pearson Education.
- Atkinson, R. L., Richard, C. A., Smith, E. E., & Daryl, J. Bem. (2010). *Pengantar Psikologi Jilid 1*. Tangerang: Interaksara.
- Azwar, S. (2012). *Reliabilitas dan Validitas, Edisi III*. Yogyakarta: Pustaka Pelajar.
- Barkley, R., A. (1997). ADHD and Self Regulation. In: Baumeister RF, Vohs KD (eds). *Handbook of Self Regulation, Research, Theory, and Applications*. New York: Guilford.
- Basco, M. R. (2010). *The Procrastinator's Guide to Getting Things Done*. Diterjemahkan oleh E. Esti Hapsari. 2011. Bandung: PT. Mizan Pustaka.
- Bernard, M. E. (1991). *Procrastinate later: how to motivate yourself to do it now*. Melbourne: Schwartz & Wilkinson.
- Brown, K. W & Ryan, R, M. (2005). *Fostering Healthy Self Regulation from Within and Without: A Self Theory Perspective*. USA: John Willey and Sons Inc.
- Buente, W., & Robbin, A. (2008). Trend in internet information behavior. *Journal of the American Society for information Science*, 59, 1743-1760.
- Burka, J. B& Yuen, L. M. (2008). *Procrastination*. Cambridge: Da Capo Press.

- Cerino, E. (2014). Relationships between academic motivation, self-efficacy, and academic procrastination. *Journal of Psychological Research*, 19(4): 156-163.
- Chu, A. H. C., & Choi, J. M. (2005) Rethinking Procrastination: Positive Effect of Active Procrastination Behavior on Attitudes And Performance. *The Journal of Social Psychology*, 145(3), 245-264.
- Cicekoglu, P., Durualp, E., & Durualp, E. (2014). Evaluation of the level of internet addiction among 6th-8th grade adolescents in terms of various variables. *European Journal of Research on Education*(Special Issue: Educational Technology and Lifelong Learning), 22-28.
- Creswell, J. W. (2012). *Research Design Pendekatan Kualitatif, Kuantitatif, dan Mixed*. Yogyakarta: Pustaka Pelajar.
- Demirer, V., Bozoglan, B., & Sahin, I. (2013). Preservice Teachers' Internet Addiction in Terms of Gender, Internet Access, Loneliness and Life Satisfaction. *International Journal of Education in Mathematics, Science and Technology*, 1(1), 56-63.
- Ellis, A. & Knaus, W. J. (2002). *Overcoming Procrastination*. New York: McGraw-Hill.
- Erdogan, B. & Bauer, T. N. (2015). Leader-Member Exchange Theory. *International Encyclopedia of the Social & Behavioral Sciences*, 2nd edition, vol 13, 641-647.
- Feist, J & Feist, G., J. (2009). *Teori Kepribadian*. Jakarta: Salemba Humanika.
- Fernie, B. A., Bharucha, Z., Nikcevic, A. V., Marino, C., & Spada, M. (2017). Metacognitive model of procrastination. *Journal of Affective Disorder*, 210, 196-203.
- Ferrari, J. R., Johnson, J. L., & Mc. Cown, W. G. (1995). *Procrastination and Task Avoidance: Theory, Research, and Treatment*. New York: Platinum Press.
- Ferrari, J.R., & Morales, J.F.D. (2007). Perceptions of self-concept and self presentation by procrastinators: Further Evidence. *The Spanish Journal of Psychology*, 10(1), 91-96.
- Ferrari, J. R. (2010). *Still procrastinating?* .New Jersey: John Wiley & Sons, Inc.
- Fitriya & Lukmawati. (2016). Hubungan Antara Regulasi Diri dengan Perilaku Prokrastinasi Akademik Pada Mahasiswa Sekolah Tinggi Kesehatan Mitra Adiguna Palembang. *Jurnal Psikologi Islami*, Vol. 2, No. 2.

- Ghufron, M & Risnawati, N. (2011). *Teori-teori Psikologi*. Yogyakarta: Ar-Ruzz Media.
- Ghozali, I. (2016). *Aplikasi Analisis Multivariate Dengan Program IBM SPSS 23* (Edisi 8). Cetakan ke VIII. Semarang: Badan Penerbit Universitas Diponegoro.
- Gultom, S. A., Wardani, N. D., & Fitrikasari, A. (2018). Hubungan Adiksi Internet dengan Prokrastinasi Akademik. *Jurnal Kedokteran Diponegoro*. Vol. 7, No. 1, 330-347.
- Julyanti, M & Aisyah, S. (2015). Hubungan Antara Kecanduan Internet dengan Prokrastinasi Tugas Sekolah Pada Remaja Pengguna Warnet di Kecamatan Medan Kota. *Jurnal Diversita*, 1 (2), 17-27.
- Junia, A., V., Sofah, R., & Putri, R., M. (2019). Tingkat Prokrastinasi Akademik Berdasarkan Intensitas Penggunaan Media Sosial di SMP Negeri 18 Palembang. *Jurnal Konseling Komprhensif*, vol. 6, no. 1, 21-29.
- Kandemir, M. (2012). Reasons of Academic Procrastination: Self regulation, Academic Self-efficacy, Life Satisfaction and Demographics Variables. *Procedia-Social and Behavioral Sciences*, Vol. 157, 188-193.
- Kartadinata, I. & Tjundjing, S. (2008). Ilove you tomorrow: Prokrastinasi akademik dan manajemen waktu. *Anima: Indonesian Psychological Journal*, Vol. 23 (2), 109-119.
- Khasanah, U. & Andian A. I. (2012). Pengaruh Persepsi Siswa tentang Metode Mengajar Guru dan Disiplin Belajar terhadap Prestasi Belajar Akuntansi Siswa Kelas X Program Keahlian Akuntansi SMKN 1 Pengasih Tahun Ajaran 2011/2012 dengan Motivasi Belajar Sebagai Pemoderasi. *Jurnal Pendidikan Akuntansi Indonesia*, Vol. X, 95-113.
- Klassen, R. M., & Kuzucu, E. (2009). Academic Procrastination and Motivation of Adolescent in Turkey. *Educational Psychology*, Vol. 29, 68-81.
- Kormas, G., Critselis, E., Janikian, M., Kafetzis, D., & Tsitsika, A. (2011). Risk factors and psychosocial characteristics of potential problematic and problematic internet use among adolescents: A cross-sectional study. *BMC Public Health*, 11(1), 595.
- Kumambong, R. M. I. (2019). Peran Persepsi Dukungan Sosial Orangtua dan Regulasi Emosi Terhadap Kecenderungan Adiksi Internet Pada Remaja. (*Unpublished Master's Thesis*). Yogyakarta: Universitas Gadjah Mada.

- Kurniawan, D. E. (2017). Pengaruh Intensitas Bermain Game Online Terhadap Perilaku Prokrastinasi Akademik Pada Mahasiswa Bimbingan dan Konseling Universitas PGRI Yogyakarta. *Jurnal Konseling GUSJIGANG*, vol. 3, no. 1, 97-103.
- Kuss & Griffiths. (2015). *Internet Addiction in Psychology*. Basingstoke: Palgrave Macmillan.
- Lee, E. (2005). The Relationship of Motivation and Flow Experience to Academic Procrastination in University Students. *The Journal of Genetic Psychology*, Vol. 166 (1), 5-14.
- Lee, I., Chen, Y., & Holim, L. (2007). "Leaving A Never-Ending Game: Quitting MMORPGS and online gaming addiction". *Authors & Digital Games Research Association (DIGRA)*, hlm. 211-217.
- Maryono, Y., & Istiana, B. (2010). *Teknologi Informasi Dan Komunikasi*. Bogor: Yudhistira.
- Miskahuddin. (2017). Pengaruh Internet Terhadap Penurunan Minat Belajar Mahasiswa. *Jurnal Mudarrisuna*, Vol. 7, No. 2, 293-312.
- Monetti, D., Breneiser, J. E., & Whatley, M. A. (2015). A Factor Analytic Study of The Internet Usage Scale (IUS). *Journal of Research in Education*, 2 (21), 14-23.
- Neal, D. J ., & Carey, K. B. (2005). A Follow-Up Psychometric Analysis of the Self Regulation Questionnaire. *Psychology Adictive Behavior*, Vol. 19 (4), 414-422.
- Novak, S. P., & Clayton, R. R. (2001). The influence of school environment and self-regulation on transitions between stages of cigarette smoking: A multilevel analysis. *Health Psychology*, 20, 196-207.
- Ozer, B.U., Demir, A., & Ferrari, J.R. (2009). Exploring academic procrastination among Turkish students: possible gender differences in prevalence and reasons. *The Journal of Social Psychology*, 149(2), 241-257.
- Park, S. W., & Sperling, S. A. (2012). Academic Procrastinators and Their Self-Regulation. *Psychology*. Vol. 3, No. 1, 12-23.
- Purdi, A. J. (2017). Internet Use and Civic Engagement: A structural equation approach. *Computer in Human Behavior*, 71, 318-326.
- Purwadi, H. D. (1995). *Mengenal Internet Jaringan Informasi Dunia*. Jakarta: PT Elex Media Komputindo.

- Puspitasari, A. (2017). Peran Kecemasan Akademik Sebagai Mediator Hubungan Antara Perfectionism Dan Prokrastinasi Mengerjakan Tesis. (*Unpublished Master's Thesis*). Yogyakarta: Universitas Gadjah Mada.
- Rahmawati, D. A. (2011). Hubungan Antara Konsep Diri Akademik Dan Dukungan Sosial Teman Dengan Prokrastinasi Akademik Penulisan Skripsi Pada Mahasiswa. (*Unpublished Master's Thesis*). Yogyakarta: Universitas Gadjah Mada.
- Rakes, G. C., & Dunn, K. E. (2010). The Impact of Online Graduate Students' Motivation and Self-Regulation on Academic Procrastination. *Journal of Online Interactive Learning*. Vol. 9. No. 1, 77-93.
- Ramadhani, A. M. (2017). Peran Penggunaan Internet Berlebihan dan Regulasi Diri Pada Kepuasan Hidup Remaja. (*Unpublished Master's Thesis*). Yogyakarta: Universitas Gadjah Mada.
- Rebetez, M. M. L., Rochat, L., & Linden, M. V. D., (2015). Cognitive, emotional, and motivational factors related to procrastination: A cluster analytic approach. *Personality and Individual Differences*, 76, 1-6.
- Rozental & Carlbring . (2014). Understanding and Treating Procrastination: A review of a Common Self Regulatory Failure. *Psychology*. Vol.5, No.6 , Hal 1488-1502.
- Santrock, J. W. (2012). *Life-span development fourteenth edition* (Perkembangan masa hidup (14th ed., Jilid 1). (B. Widyasinta, Trans.). NewYork: McGrawHill International. (Naskah asli diterbitkan tahun 1994).
- Sardiman, A. (2011). *Interaksi dan Motivasi Belajar Mengajar*. Jakarta: Raja Grafindo Persada.
- Schraw, W. & Olafson. (2007). Doing Think We Do: A Grounded Theory of Academic Procrastination. *Journal of Education Psychology*, 99 (1), 12-25.
- Schouwenburg, H. (2004). *Counseling The Procrastinator in Academic Settings*. Washington DC: American Psychological Association.
- Scimeca, G., Bruno, A. C., Pandolfo, M. G., & Zoccali, R. (2014). The Relationship between Alexithymia, Anxiety, Depression, and Internet Addiction Severity in a Sample of Italian High School Students. *The Scientific World Journal*, 2014, 1-8. doi:10.1155/2014/504376
- Slavin, Robert E. (2011). *Educational Psychology: Theory and Practice, 9th ed.* New Jersey: Pearson Education, Inc.

- Solomon, L. J. & Rothblum, E.D. (1984). Academic Procrastination: Frequency and Cognitive Behavioral Correlates. *Journal of Counseling Psychology*, Vol. 31(4), 503-509.
- Steel, P. (2007). The Nature of Procrastination: A Meta-Analytic and Theoretical Review of Quintessential Self-Regulatory Failure. *Psychological Bulletin*, Vol. 133(1), 65-94.
- Sugiyono. (2017). *Metode Penelitian Kuantitatif, Kualitatif, dan R&D*. Bandung: Alfabeta, CV.
- Suryabrata, S. (2006). *Psikologi Pendidikan*. Jakarta: PT. Raja Grafindo Persada.
- Susandari, M. F. (2017). Peran Aksi Dukung Mendukung: Upaya Pencegahan Prokrastinasi Kronis Penyusunan Skripsi. (*Unpublished Master's Thesis*). Yogyakarta: Universitas Gadjah Mada.
- Tamami. (2011). *Psikologi Tasawuf*. Bandung: Pustaka Setia.
- Taylor, S., Peplau, L., & Sears, D. (2012). *Psikologi Sosial*. Jakarta: Kencana.
- Undang-undang Nomor 12 Tahun 2012 Tentang Pendidikan Tinggi*. Universitas Jenderal Soedirman.
- Vij, J & Lomash, H. (2014). Role of motivation in academic procrastination. *International Journal of Scientific and Engineering Research*. 5(8): 1065-1070.
- Wang, L., Luo, J., Bai, Y., Kong, J., Luo, J., Gao, W., & Sun, X. (2013). Internet addiction of adolescents in China: Prevalence, predictors, and association with well-being. *Addiction Research and Theory*, 21(1), 62-69.
- Winkel, W. S. (2009). *Psikologi Pengajaran*. Jakarta: Gramedia.
- Woolfolk, A., E. (1996). *Educational Psychology*. Boston: Allyn and Bacon.
- Worrel, J & Stilwell, W., E. (1981). *Psychology for Teacher and Students*. New York: McGraw-Hill.
- Yellowlees, P., M., & Marks, S. (2007). Problematic internet use or internet addiction? *Computers in Human Behavior*, 23(3), 1447-1453.
- Young, K. S. (1996). *Internet Addiction: The emergence of a new clinical disorder*. Paper presented at the 10th Annual Meeting of the American Psychological Association, Toronto, Ontario, Canada.

- Young, K. S. (2007). Treatment Outcomes with Internet Addicts. *Cyber Psychology and Behavior*, 10(5), 671-679.
- Young, K. S. (2009). Internet addiction: diagnosis and treatment considerations. *J Contemp Psychother*, 39, 241-246.
- Young, K. S. (2010). *Internet addiction: a handbook and guide to evaluation and treatment*. Canada: John Wiley & Sons, Inc.
- Young, K. S., & Abreu, C. N. (2011). *Internet addiction: a handbook and guide to evaluation and treatment*. New Jersey: John Wiley & Sons, Inc.
- Young, K. S., Yue, X. D., & Yin, L. (2011). Prevalence Estimate and Etiologic Models of Internet Addiction. In K. S. Young, & C. N. Abreu, *Kecanduan Internet: A Handbook and Guide to Evaluation and Treatment* (pp. 3-18). New Jersey: John Wiley & Son, Inc.
- Zimmerman, B. J. (2000). Attaining self regulation. In: P.R Pintrich & M. Zaidner (Ed.). *Handbook of self regulation*. San Diego: Academic Press.
- Zimmerman, B. J. (2008). Investigating self regulation and motivation: historical background, methodological developments, and future prospects. *American Educational Research Journals*, 5(1), 166-183.