

DAFTAR PUSTAKA

- Abdullah, A. B., 2007, *Mengatasi Stres Anak: Melalui Kasih Sayang Orang Tua*, Restu Agung, Jakarta.
- Al-Shagga, M. A., Nasir, N. Z. M., Behzadnia, A., Jasamai, M., Al-Absi, A. M., & Al-Dubai, S. A. R., 2015, Perceived Stress and Sources of Stress Among Pharmacy Students in Malaysian Public and Private Universities: A Comparative Study, *Pharmacy Education*, **15** (1), 64-68.
- Amiruddin, 2017, *Analisis Faktor-Faktor Penyebab Tingkat Kejadian Stres pada Mahasiswa Fakultas Kedokteran Universitas Hasanuddin Angkatan 2015*, Skripsi, Fakultas Kedokteran Universitas Hasanuddin, Makassar.
- Andalo, D, 2002, Improving Working Lives: Safety Under the Spotlight, *Hosp Pharm*, **9**, 145-148.
- Andreou, E., 2011, Perceived Stress Scale: Reliability and Validity Study in Greece, *International Journal of Enviromental Research and Public Health*, **8**, 3287-3298.
- Angriyani, D., 2008, *Kualitas Hidup pada Orang dengan Penyakit Lupus Erythematotus (Odapus)*, Skripsi, Universitas Airlangga, Surabaya.
- Assaf, A. M., 2013, Stress-Induced Immune-Related Diseases and Health Outcomes of Pharmacy Students: A Pilot Study, *Saudi Pharmaceutical Journal*, **21**(1), 35-44.
- Beall, J. W., DeHart, R. M., Riggs, R. M., & Hensley, J., 2015, Perceived Stress, Stressors, and Coping Mechanisms among Doctor of Pharmacy Students, *Pharmacy*, **3**, 344-354.
- Beck, D. L., Hackett, M. B., Srivastava, R., McKim, E., & Rockwell, B., 1997, Perceived Level and Sources of Stress in University Professional Schools, *J Nurs Educ*, **36**(4), 180.
- Beesdo, K., Susanne K., Dipl, P., & Daniel, S. P., 2009, Anxiety and Anxiety Disorders in Children and Adolescents: Developmental Issues and Implications for DSM-V, *Psychiatr Clin North Am*, **32** (3), 483-524.
- Bhat, R. M., Sameer, M. K., & Ganaraja, B., 2011, Eustress in Education: Analysis of the Perceived Stress Score (PSS) and Blood Pressure (BP) during Examinations in Medical Students, *J. Clinical and Diagnostic Research*, **5** (7), 331-1335.
- Carolyn, 2010, *Gambaran Tingkat Stres pada Mahasiswa Kedokteran Universitas Sumatera Utara*, Universitas Sumatera Utara, Medan.

- Chen, L., Wang, L., Qiu, X. H., Yang, X. X., Qiao, Z. X., Yang, Y. J., & Liang, Y., 2013, Depression among Chinese University Students: Prevalence and Socio-Demographic Correlates, *PLoS ONE*, **8**(3).
- Chen, T.-h., Li, L., & Kochen, M. M., 2005, A Systematic Review: How to Choose Appropriate Health-Related Quality of Life (HRQOL) Measures in Routine General Practice, *Journal of Zhejiang University SCIENCE*, **6B**(9), 936-940.
- Cohen, S., Evans, G. W., Stokols, D., & Krantz, D. S., 1983, A Global Measure of Perceived Stress, *Journal of Health and Social Behavior*, **24**(385-396).
- Cohen, S., & Janicki-Deverts, D., 2012, Who's Stressed? Distribution of Psychological Stress in the United States in Probability Samples from 1983, 2006 and 2009, *J Appl Soc Psychol*, **42** (6), 1320-1334.
- Cooper, R. K., & Sawaf, A., 2004, *Executive EQ: Kecerdasan Emosional dalam Kepemimpinan Organisasi*, PT. Gramedia Pustaka Utama, Jakarta.
- Council for Pharmacy Education Accreditation, 2006, *Accreditation Standards and Guidelines for the Professional Program in Pharmacy Leading to the Doctor of Pharmacy Degree Chicago*, <http://www.acpe-accredit.org>, diakses pada Maret 2019.
- Cronbach, 1951, Coefficient Alpha and the Internal Structure of Test, *Psychometrika*, **16**.
- Depkes, 2013, *Riset Kesehatan Dasar*, Badan Penelitian dan Pengembangan Kesehatan Kementerian Kesehatan RI, Jakarta.
- Dowell, C. A., Westcott, T., McLeod, K. D., & Hamilton, S., 2001, A Survey of Job Satisfaction, Sources of Stress and Psychological Symptoms Among New Zealand Health Professionals, *N Z Med J*, **114**, 540-544.
- Dutta, A. P., Pyles, M. A., & Miederhoff, P., 2006, *Measuring and Understanding Stress in Pharmacy Students*, Nova Science Publishers, New York.
- Endarwati, M. L., Rahmawaty, P., & Wibowo, A., 2016, *The Quality of Student Life (Kualitas Hidup Mahasiswa) Fakultas Ekonomi Universitas Negeri Yogyakarta*, Universitas Negeri Yogyakarta, Yogyakarta.
- Fayers, P., & Machin, D., 2007, *Quality of Life: The Assessment, Analysis and Interpretation of Patient-reported Outcomes*, 2nd ed., John Wiley & Sons Ltd., Hoboken.
- Fernandez, J.L., 2010, An Exploratory Study of Factors Influencing the Decision of Students to Study at Universiti Sains Malaysia, *Kajian Malaysia*, **28**.
- Gallagher, C. T., Mehta, A. N. V., Selvan, R., Mirza, I. B., Radia, P., Bharadia, N. S., & Hitch, G., 2014, Perceived Stress Levels Among Undergraduate

Pharmacy Students in the UK, *Currents in Pharmacy Teaching & Learning*, **6**, 437-441.

Gomathi, K. G., Ahmed, S., & Sreedharan, J., 2013, Causes of Stress and Coping Strategies Adopted by Undergraduate Health Professions Students in a University in the United Arab Emirates, *Sultan Qaboos University Med J.*, **13**(3), 437-441.

Gupchup, G.V., Borrego, M.E., & Konduri, N., 2004, The Impact of Student Life Stress on Health Quality of Life among Doctor of Pharmacy Students, *Coll Stud J.*, **38**(2), 292-301.

Hanna, L-A., Wilson, M., Hall, M., & Hanna, A., 2018, A Questionnaire Study to Investigate Stress among Future Pharmacists by Gender and Year Group, *Pharmacy*, **6**(3).

Hardjana, & Agus, M., 1994, *Sres Tanpa Distres Seni Mengolah Stres*, Kanisius, Yogyakarta.

Hawari, D., 1995, *Alquran Ilmu Kedokteran Jiwa dan Kesehatan Jiwa*, PT. Dana Bhakti Prima Yasa, Yogyakarta.

Henning, K., Ey, S., & Shaw, D., 1998, Perfectionism, the Imposter Phenomenon and Psychological Adjustment in Medical, Dental, Nursing, and Pharmacy Students, *Med Educ*, **32**(5), 456-464.

Herindrati, A. A., 2014, *Hubungan Sosiodemografi dan Status Merokok dengan Kualitas Hidup pada Mahasiswa Universitas Gadjah Mada*, Skripsi, Fakultas Farmasi Universitas Gadjah Mada, Yogyakarta.

Hidayati, A., Mufliha, F. N., & Faridah, I. N., 2016, Kualitas Hidup Mahasiswa Profesi Apoteker dengan Health Related Quality of Life (HRQOL) SF-6D di Fakultas Farmasi Universitas Ahmad Dahlan Yogyakarta, *Media Farmasi*, **13** (1), 135-143.

Hirsch, J. D., Do, A. H., & Hollenbach, K. A., 2009, Students' Health-related Quality of Life Across the Preclinical Pharmacy Curriculum, *Am J Pharm Educ*, **73**(8), 147.

Jamali, A., Tofangchiha, S., Nedjat, S., Narimani, A., Jan, D., & Montazeri, A., 2013, *Medical Students Health Related Quality of Life: Roles of Social and Behavioral Factors*, Tehran University of Medical Sciences, Tehran.

Kaplan, H. I., & Benjamin, J. S., 2010, *Sinopsis Psikiatri*, Jilid 1, Bina Rupa Aksara Publisher, Tangerang.

Komite Farmasi Nasional, 2018, *Jumlah Apoteker yang Terdaftar di KFN Sampai Tanggal 27 Februari 2018*, Pangkalan Data KFN 2018, Jakarta.

- Kwan, T., 2000, *Quality of Life in Family Caregivers of Persons with Schizophrenia*. Dissertation, The University of Arizona, USA.
- Lazarus, R., 1999, *Stress and Emotion A New Synthesis*, Springer Publishing Company Inc., New York.
- Lee, C.T., Yeh, C.J., Lee, M.C., Lin, H.S., Chen, V.C., Hsieh, M.H., Yen, C.H., & Lai, T.J., 2012, Leisure Activity, Mobility Limitation and Stress as Modifiable Risk Factors for Depressive Symptoms in the Elderly: Results of A National Longitudinal Study, *Archives of Gerontology and Geriatrics*, **54**.
- Lemeshow, S., 1990, *Adequacy of Sample Size in Health Studies*, Gadjah Mada University Press, Yogyakarta.
- Lumongga, N., 2009, *Depresi Tinjauan Psikologis*, Kencana, Jakarta.
- Luy, M., & Paola D. G., 2006, Impact of Health Behaviors and Life Quality on Gender Differences in Mortality, *Max Planck Institute for Demographic Research*.
- Mancevska, S., Bozinovska, L., Tecce, J., Pluncevik, G. J., & Sivevska, S. E., 2008, Depression, Anxiety and Substance Use in Medical Students in the Republic of Macedonia, *Bratisl Lek Listy*, **109** (12).
- Marshall, L. L., Allison, A., Nykamp, D., & Lanke, S., 2008, Perceived Stress and Quality of Life Among Doctor of Pharmacy Students, *American Journal of Pharmaceutical Education*, **72**(6).
- Mijoc, P., 2009, Gender Differences in Stress Symptoms Among Slovene Managers, *International Journal of Business and Globalization*.
- Misra, R., & Castillo, L. G., 2004, Stress Among College Students: Comparison of American and International Students, *International Journal of Stress Management*, **11**(2), 132-148.
- Moore, D. A., Truscott, M. L., Clair, L. S., & Klingborg, D. J., 2007, Effects of a Veterinary Student Leadership Program on Measures of Stress and Academic Performance, *Journal of Veterinary Medical Education*, **34**(2), 112-121.
- Moore, M.C., 2002, *Buku Pedoman Terapi Diet dan Nutrisi*, Hipokratres, Jakarta.
- Morgan, C. T., King, R. A., Weisz, J. R., & Schopler, J., 1989, *Introduction to Psychology*, 7th ed., McGraw-Hill, Singapore.
- Murphy, R. J., Gray, S. A., Sterling, G., Reeves, K., & DuCette, J., 2009, A Comparative Study of Professional Student Stress, *J Dent Educ*, **73**(3).

- Noftri, N.F.M., 2009, *Gambaran Kualitas Hidup Pada Individu Dewasa Berdasarkan Karakteristik Budaya Jakarta*, Universitas Indonesia, Jakarta.
- Notoatmodjo, S., 2010, *Metodologi Penelitian Kesehatan*, Rineka Cipta, Jakarta.
- Notoatmodjo, S., 2012, *Promosi Kesehatan dan Perilaku Kesehatan*, Rineka Cipta, Jakarta.
- O'Connor, R., 1993, *Issues In The Measurement of Health-Related Quality of Life*, NHMRC National Centre for Health Program Evaluation, Melbourne, Australia.
- Olpin, M., & Hesson, M., 2009, *Stress Management for Life: A Research-based Experiential Approach*, 2nd ed., Wadsworth Cengage Learning, USA.
- Opoku-Acheampong, A., Kretchy, I. A., Acheampong, F., Afrane, B. A., Ashong, S., Tamakloe, B., & Nyarko, A. K., 2017, Perceived Stress and Quality of Life of Pharmacy Students in University of Ghana, *BMC Research Notes*, **10**(115), doi: DOI 10.1186/s13104-017-2439-6.
- Paramita, G. V., 2010, Studi Kasus Perbedaan Karakteristik Mahasiswa di Universitas 'X'-Indonesia dengan Universitas 'Y'-Australia, *Humaniora*, **1** (2), 629-635.
- PDDIKTI, 2019, *Pangkalan Data Pendidikan Tinggi*, <https://forlap.ristekdikti.go.id/>, diakses pada 15 November 2019 pukul 14.00 WIB.
- Perdana, S. S., 2014, *Hubungan Status Merokok dengan Kualitas Hidup di Kota Yogyakarta*, Skripsi, Fakultas Farmasi Universitas Gadjah Mada, Yogyakarta.
- Pin, T. L., 2011, *Hubungan Kebiasaan Berolahraga dengan Tingkat Stres pada Mahasiswa Fakultas Kedokteran Universitas Sumatera Utara Tahun Masuk 2008*, Skripsi, Universitas Sumatera Utara, Medan.
- Rapley, M., 2003, *Quality of Life Research A Critical Introduction*, SAGE Publications, Inc., London.
- Rasmun, 2004, *Stress, Koping, dan Adaptasi Teori dan Pohon Masalah Keperawatan*, CV. Sagung Seto, Jakarta.
- Ribeiro, I. J. S., Pereira, R., Freire, I. V., de Oliveira, B. G., Casotti, C. A., & Boery, E. N., 2017, Stress and Quality of Life Among University Students: A Systematic Literature Review, *Health Professions Education*, **4**, 70-77.
- Richard, G., 2010, *Psikologi*, Pustaka Baca, Yogyakarta.

- Rindang, G., Hartati, S., & Listiara, A., 2006, Hubungan Antara Efektivitas Komunikasi Mahasiswa-Dosen Pembimbing Utama Skripsi dengan Stres dalam Menyusun Skripsi pada Mahasiswa Program Studi Psikologi Fakultas Kedokteran Universitas Diponegoro, *Jurnal Psikologi Universitas Diponegoro*, **3** (2).
- Rosal, M. C., Ockene, I. S., Ockene, J. K., Barrett, S. V., Ma, Y., & Hebert, J. R., 1997, A Longitudinal Study of Students' Depression at One Medical School, *Academic Medicine*, **72**(6), 542.
- Salim, O., 2007, Validitas dan Reliabilitas World Health Organization Quality of Life-BREF Untuk Mengukur Kualitas Hidup Lanjut Usia, *Jurnal Ilmu Kedokteran Komunitas*, **26**.
- Santoso, S., 2010, *Statistika Non Parametrik: Konsep dan Aplikasi dengan SPSS*, PT. Elex Media Komputindo, Jakarta.
- Santrock, J. W., 2003, *Adolescence*, Erlangga, Jakarta.
- Santrock, 2006, *Life Span Development: Perkembangan Masa Hidup*, Erlangga, Jakarta.
- Selye, H., 1936, A Syndrome Produced by Diverse Nocuous Agents, *Nature*, **138**(3479), 32-32.
- Sharifirad, G., Marjani, A., Abdolrahman, C., Mostafa, Q., & Hossein, S., 2012, Stress Among Isfahan Medical Sciences Students, *J Res Med Sci*, **17**(4), 402-406.
- Sharkey, B. J., 2003, *Kebugaran dan Kesehatan*, PT. Raja Grafindo Indonesia, Jakarta.
- Silalahi, N., 2010, *Gambaran Stres pada Mahasiswa Tahun Pertama Fakultas Kedokteran Universitas Sumatera Utara*, Fakultas Kedokteran, Universitas Sumatera Utara, Medan.
- Slamet, S., & Markam, S., 2008, *Pengantar Psikologi Klinis*, Universitas Indonesia, Jakarta.
- Smith, K. J., & Emerson, D. J., 2014, An Assessment of Psychometric Properties of the Perceived Stress Scale 10 (PSS 10) with U.S. Public Accounting Sample, *Advance in Accounting, Incorporating Advances in International Accounting*, 1-6.
- Suliswati, 2005, *Konsep Dasar Keperawatan Kesehatan Jiwa*, EGC, Jakarta.
- Sun, S. H., & Zorlah, A., 2015, Assessing Stress among Undergraduate Pharmacy Students in University of Malaya, *Indian J Pharm Educ*, **49**(2), 99-105.

- Suyamto, Yayi, S.P., & Carla, R. M., 2009, Pengaruh Relaksasi Otot dalam Menurunkan Skor Kecemasan TTMAS Mahasiswa Menjelang Ujian Akhir Program di Akademik Keperawatan Notokusumo Yogyakarta, *BKM*, **25** (03).
- Terok, M. P., 2012, Hubungan Dukungan Sosial dengan Kualitas Hidup pada Pasien Tuberkulosis Paru di Poli Paru BLU RSUP Prof. DR. R. D Kandou Manado, *Ejournal Keperawatan*, **1** (1).
- Unni, E. J., Madrid, L., Oderda, G., & Saokaew, S., 2015, Quality of Life of Pharmacy Students in the United States, *Currents in Pharmacy Teaching and Learning*, **7**, 753-763.
- Votta, R. J., & Benau, E. M., 2014, Sources of stress for pharmacy students in a nationwide sample, *Currents in Pharmacy Teaching & Learning*, **6**, 675-681.
- Waghachavare, V. B., Dhumale, G. B., Kadam, Y. R., & Gore, A. D., 2013, A Study of Stress among Students of Professional Colleges from an Urban area in India, *Sultan Qaboos University Med J.*, **13**(3), 429-436.
- Wang, Z., Chen, J., & Xiao, Z., 2011, Psychometric Properties of the Chinese Version of the Perceived Stress Scale in Policewomen, *Chinese Mental Health J.*
- Wardhani, V., 2006, *Gambaran Kualitas Hidup Dewasa Muda Berstatus Lajang Melalui Adaptasi Instrumen WHOQOL-BREF dan SPRB*, Universitas Indonesia, Depok.
- Wendy, W., Nancy R., & Melanie W., 1989, Sex Differences in Positive Well Being: A Consideration of Emotional Style and Marital Status, *Psychological Bulletin The American Psychological Association*, **106** (2), 249-264.
- WHO, 1996, *WHOQOL-BREF Introduction, Administration, Scoring and Generic Version of The Assessment*, Programme on Mental Health WHO, Geneva.
- WHO, 2004, *The World Health Organization Quality of Life (WHOQOL)-BREF*, The World Health Organization, Geneva.
- Willis, S. S., 2012, *Remaja dan Masalahnya*, Alfabeta, Bandung.
- Yusuf, S., 2004, *Mental Hygiene: Pengembangan Kesehatan Mental dalam Kajian Psikologi dan Agama*, Pustaka Bani Quraisi, Bandung.