

## Inti Sari

Bantuan tunai tanpa syarat atau *Unconditional Cash Transfer* (UCT) adalah program bantuan dalam bentuk pemberian uang tunai tanpa syarat kepada rumah tangga miskin dan rentan. Salah satu bentuk UCT di Indonesia berupa Bantuan Langsung Sementara Masyarakat (BLSM) yang disalurkan untuk mempertahankan daya beli rumah tangga miskin dan rentan akibat kenaikan harga bahan bakar minyak (BBM). Tujuan utama penelitian ini adalah menganalisis dampak UCT terhadap nilai gizi rumah tangga penerima manfaat. Penelitian ini menggunakan data mikro dari *Indonesian Family Live Survey* (IFLS) gelombang empat dan lima. Alat analisis menggunakan *Propensity Score Matching with Difference in Differences* (PSM with DiD). Hasil penelitian menunjukkan bahwa UCT signifikan meningkatkan kalori dan protein daging ayam namun tidak signifikan terhadap tingkat kalori dan protein ikan, gula, daging sapi dan beras serta total kalori dan protein rumah tangga.

Kata kunci: UCT, nilai gizi, tingkat kalori, tingkat protein, PSM with DiD, IFLS.

## **Abstract**

Unconditional Cash Transfer (UCT) is an unconditional cash assistance program for households that meet certain criteria. One form of UCT in Indonesia is Bantuan Langsung Sementara Masyarakat (BLSM) which distributed to maintain the purchasing power of poor households and vulnerable poor households due to the rising fuel oil (BBM) prices. The aim of this study is to analyze the impact of UCT on the nutritional value of beneficiary households. This study uses micro data from the fourth and the fifth wave of the Indonesian Family Life Survey (IFLS). The analysis tool of this study is Propensity Score Matching with Difference in Differences (PSM with DiD). The results show that UCT significantly increase the calories and protein of chicken but it is not significant on the protein and calories of fish, sugar, beef and rice as well as total calories and protein of household.

Keywords: UCT, nutritional value, levels of calories, levels of protein, PSM with DiD, IFLS.