

DAFTAR PUSTAKA

- Ahmed, H. M., & Mohammed, R. E. (2017). The Relationship Between Personality Traits And Adherence of Adolescents with Diabetes in Najran City. *Journal of Nursing and Health Science*, 6(5), 26–36. <https://doi.org/10.9790/1959-0605082636>
- American Diabetes Association. (2008). Standards of Medical Care in Diabetes--2008. *Diabetes Care*, 31(Supplement 1), S12–S54. <https://doi.org/10.2337/dc08-S012>
- Arifin, & Santi, D. (2015). Hubungan Dukungan Keluarga dengan Kepatuhan Diet Diabetes Melitus Tipe 2 di Poli Penyakit Dalam RSUP Dr. Soeraji Tirtonegoro Klaten. *Jurnal Keperawatan Respati*, II(September).
- Askandar, T. (2005). *Diabetes Mellitus Klasifikasi Diagnosis dan Terapi* (Ketiga). Jakarta: PT Gramedia Pustaka Utama.
- Azwar. (2012). *Metode Penelitian*. Yogyakarta: Pustaka Pelajar.
- Azwar, S. (2011). *Sikap Manusia; Teori dan Pengukurannya*. Yogyakarta: Pustaka Pelajar.
- Bandura, A. (1997). *Self Efficacy: The Exercise of Control*. New York: W.H. Froeman and Company.
- Bandura, A. (2004). Health Promotion by Social Cognitive Means. *Health Education & Behavior*, 31(April), 143–164. <https://doi.org/10.1177/1090198104263660>
- Baradero, M., Dayrit, M. W., & Siswadi, Y. (2009). *Klien Gangguan Endokrin: Seri Asuhan Keperawatan*. (M. Ester & A. O. Tampubolon, Eds.). Jakarta: EGC.
- Barnes, P. M., & Schoenborn, C. A. (2003). Physical Activity Among Adults: United States, 2000. *Health (San Francisco)*, (333).
- Beaton, D. E., Bombardier, C., Guillemin, F., & Ferraz, M. B. (2000). Guidelines for the Process of Cross-Cultural Adaptation of Self-Report Measures. *Spine*, 25(24), 3186–3191. <https://doi.org/10.1097/00007632-200012150-00014>
- Berman, A., & Snyder, S. (2012). *Fundamentals of Nursing: Concepts, Process, and Practice (9th ed)*. New jersey: Pearson.

- Bos-touwen, I., Schuurmans, M., Monninkhof, E. M., Korpershoek, Y., Spruit-Bentvelzen, L., Ertugrul-van der Graaf, I., ... Trappenburg, J. (2015). Patient and Disease Characteristics Associated with Activation for Self- Management in Patients with Diabetes , Chronic Obstructive Pulmonary Disease , Chronic Heart Failure and Chronic Renal Disease : A Cross-Sectional Survey Study. *Journal of Pone*, 1–15. <https://doi.org/10.5061/dryad.rf3ht>
- BPJS. (2014). *Panduan Praktis Prolanis (Program Pengelolaan Penyakit Kronis)*. Jakarta: BPJS Kesehatan.
- Broadbent, E., Donkin, L., & Stroh, J. C. (2011). Illness and Treatment Perceptions Are Associated With Adherence to Medications, Diet, and Exercise in Diabetic Patients. *Diabetes Care*, 34(November 2010). <https://doi.org/10.2337/dc10-1779>
- Brunner, & Suddarth. (2002). *Buku Ajar Keperawatan Medikal Bedah*. (A. Waluyo, A. Yasmin, Juli, Kuncara, & I. M. Karyasa, Eds.) (8th ed.). Jakarta: EGC.
- Buckman, R., & McLaughlin, C. (2010). *Hidup Dengan Diabetes*. Klaten: PT Intan sejati.
- Cho, S., & Kim, J. (2014). Factors associated with nonadherence to antihypertensive medication. *Nursing and Health Sciences*, (16), 461–467. <https://doi.org/10.1111/nhs.12145>
- Dahlan, M. S. (2015). *Statistik untuk Kedokteran dan Kesehatan*. Jakarta: Epidemiologi Indonesia.
- Dahlan, M. S. (2016). *Besar Sampel Dalam Penelitian Kedokteran dan Kesehatan*. Jakarta: Epidemiologi Indonesia.
- Dewi. (2013). *Pengaruh Kepesertaan Asuransi Kesehatan dan Dukungan Keluarga Terhadap Tingkat Kepatuhan Berobat Penderita Diabetes Melitus Tipe II*. Universitas Sebelas Maret.
- Dewi, R. F. (2014). *Diabetes Bukan untuk Ditakuti*. Jakarta: FMedia (Imprint Agro Media Pustaka).
- Dharma, K. K. (2011). *Metodologi Penelitian Keperawatan: Panduan Melaksanakan Dan Menerapkan Hasil Penelitian*. Jakarta: Trans Info Media.
- Dinas Kesehatan Kota Yogyakarta. (2015). *Profil Kesehatan Tahun 2015 Kota Yogyakarta (Data Tahun 2014)*. Yogyakarta: Dinkes Kota Yogyakarta. <https://doi.org/10.1016/j.jiph.2017.04.005>

- Dominick, & Morey. (2006). *Adherence to Physical Activity*. San Francisco: Jossey-Bass.
- Fatimah, R. N. (2015). Diabetes Melitus Tipe 2. *Majority*, 4, 93–101.
- Fleury, J., & Lee, S. M. (2006). The Social Ecological Model and Physical Activity in African American Women. *American Journal of Community Psychology*, 37(March). <https://doi.org/10.1007/s10464-005-9002-7>
- Gruenewald, P. J., Remer, L. G., & Lascala, E. A. (2013). Testing a social ecological model of alcohol use : the California 50-city study. *Addiction*, (i), 736–745. <https://doi.org/10.1111/add.12438>
- Gunarsa, S. D. (2008). *Psikologi Olahraga Prestasi*. Jakarta: PT BPK Gunung Mulia.
- Hanson, M. D., & Chen, E. (2007). Socioeconomic status and health behaviors in adolescence: A review of the literature. *Journal of Behavioral Medicine*, 30(3), 263–285. <https://doi.org/10.1007/s10865-007-9098-3>
- Hasbi, M. (2017). Analisis Faktor Yang Mempengaruhi Kepatuhan Penderita Diabetes Melitus Dalam Melakukan Olahraga di Wilayah Kerja Puskesmas Praya Lombok Tengah. *Kesehatan Prima*, I(1), 76–82.
- He, W., Zhang, Y., & Zhao, F. (2013). Factors influencing exercises in Chinese people with type 2 diabetes. *International Nursing Review*, 60, 494–500. <https://doi.org/10.1111/inr.12046>
- Heijden, M. M. P. Van Der, Pouwer, F., Romeijnders, A. C., & Pop, V. J. M. (2012). Testing the effectiveness of a self-efficacy based exercise intervention for inactive people with type 2 diabetes mellitus : design of a controlled clinical trial.
- International Diabetes Federation. (2015). *Diabetes. International Diabetes Federation* (Seventh). International Diabetes Federation.
- Iskandar, A. (2010). Uji Keandalan dan Kesahihan Indeks Activity of Daily Living Barthel untuk Mengukur Status Fungsional Dasar. Retrieved February 20, 2019, from <http://www.eprints.lib.ui.ac.id>
- Juwono, I. D. (2018). Social Support for Diet and Exercise: Survey (Bahasa Indonesian). Retrieved January 12, 2019, from http://sallis.ucsd.edu/measure_social_support.html
- Kaakinen, J. R., Duff, V. G., Coehlo, D. ., & Hanson, S. M. . (2010). *Family Health Care Nursing: Theory, Practice, & Research* (4th ed.). Philadelphia: F.A Davis

Company.

Kocurek, B. (2009). Promoting Medication Adherence in Older Adults and the Rest of Us. *Diabetes Spectrum*, 22(2).

Laniwaty, E. (2011). *Diabetes Mellitus Penyakit Kencing Manis*. Yogyakarta: Kanisius.

Marinho, F. S., Moram, C. B. M., Rodrigues, P. C., Leite, N. C., Salles, G. F., & Cardoso, C. R. L. (2018). Treatment Adherence and Its Associated Factors in Patients with Type 2 Diabetes : Results from the Rio de Janeiro Type 2 Diabetes Cohort Study. *Journal of Diabetes Research*, 2018. <https://doi.org/10.1155/2018/8970196>

Mcauley, E., Mullen, S. P., Szabo, A. N., White, S. M., Wójcicki, T. R., Mailey, E. L., ... Kramer, A. F. (2012). Self-Regulatory Processes and Exercise Adherence in Older Adults: Executive Function and Self-Efficacy Effects. *Journal of Preventive Medicine*, 41(3), 284–290. <https://doi.org/10.1016/j.amepre.2011.04.014>.Self-Regulatory

Murano, I., Asakawa, Y., Mizukami, M., Takihara, J., Shimizu, K., & Imai, T. (2014). Factors Increasing Physical Activity Levels in Diabetes Mellitus : A Survey of Patients after an Inpatient Diabetes Education Program. *Physical Therapy Science*, 26. <https://doi.org/10.1589/jpts.26.695>

Newman-Beinart, N. A., Norton, S., Dowling, D., Gavriloff, D., Vari, C., Weinman, J. A., & Godfrey, E. L. (2017). The development and initial psychometric evaluation of a measure assessing adherence to prescribed exercise: the Exercise Adherence Rating Scale (EARS). *Physiotherapy (United Kingdom)*, 103(2), 180–185. <https://doi.org/10.1016/j.physio.2016.11.001>

Notoatmodjo. (2003). *Prinsip – Prinsip Dasar Ilmu Kesehatan Masyarakat*. Jakarta: Rineka Cipta.

Notoatmodjo, S. (2010). *Ilmu Perilaku Kesehatan*. Jakarta: Rineka Cipta.

Ozdemir, A. (2013). *Designing Landscapes for Child Health*. (M. Ozyavuz, Ed.). <https://doi.org/10.5772/55762>, 2013

Pan, S. Y., Cameron, C., Desmeules, M., Morrison, H., Craig, C. L., & Jiang, X. (2009). Individual, social, environmental, and physical environmental correlates with physical activity among Canadians: a cross-sectional study. *BMJ Public Health*, 12, 1–12. <https://doi.org/10.1186/1471-2458-9-21>

Pei, L., Wang, Y., Sun, C. Y., & Zhang, Q. (2016). Individual , social and environmental predictors of regular exercise among adults with type 2 diabetes

and peripheral neuropathy in China. *International Journal of Nursing Practice*. <https://doi.org/10.1111/ijn.12474>

PERKENI. (2011). Konsensus Pengelolaan dan Pencegahan Diabetes Melitus Tipe 2 di Indonesia. <https://doi.org/10.1017/CBO9781107415324.004>

Perwitasari, D. A., Faridah, I. N., Arifin, B., Novitasari, L., Niamuzisilawati, E., & Utami, I. N. (2018). Validation of the Perceived Neighborhood Environment Questionnaire for diabetes mellitus type 2 patients. *Journal of Epidemiological Research*, 4(2). <https://doi.org/10.5430/jer.v4n2p28>

Peyman, N., Esmaily, H., & Taghipour, A. (2013). Using of social cognitive theory : predictors of physical activity among women with diabetes type 2. *Journal of Research & Health*, 3(2), 345–354.

Plotnikoff, R. C., Trinh, L., Courneya, K. S., Karunamuni, N., & Sigal, R. J. (2009). Predictors of aerobic physical activity and resistance training among Canadian adults with type 2 diabetes : An application of the Protection Motivation Theory. *Psychology of Sport & Exercise*, 10(3), 320–328. <https://doi.org/10.1016/j.psychsport.2008.10.002>

Puspita, F. A., & Rakhma, L. R. (2018). Hubungan Lama Kepesertaan Prolanis dengan Tingkat Pengetahuan Gizi dan Kepatuhan Diet Pasien Diabetes Mellitus di Puskesmas Gilangan Surakarta. *Jurnal Dunia Gizi*, 1(2), 101–111.

Resnick, B., & Jenkins, L. S. (2000). Testing the Reability and Validity of the Self-Efficacy for Exercise Scale. *Nursing Research*, 49. <https://doi.org/10.1097/00006199-200005000-00007>

Rimal, R. N. (2015). Closing the Knowledge-Behavior Gap in Health Promotion : The Mediating Role of Self-Efficacy Closing the Knowledge – Behavior Gap in Health Promotion: The Mediating Role of Self-Efficacy. *Health Communication*, 236(November). <https://doi.org/10.1207/S15327027HC1203>

Risikesdas. (2015). Pembinaan Kesehatan Olahraga di Indonesia.

Riwidikdo, H. (2009). *Statistika Kesehatan*. Yogyakarta: Mitra Cendikia Press.

Riyadi. (2008). *Asuhan Keperawatan pada Pasien dengan Gangguan Eksokrin dan Endokrin pada Pankreas*. Yogyakarta: Graha Ilmu.

Ross, T., Jackie, B., & O'Connell, S. B. (2005). *American Dietetic Association Guide to Diabetes Medical Nutrition Therapy and Education*. American Dietetic Associati.

Sastroasmoro, S., & Ismael, S. (2011). *Dasar-Dasar Metodologi Penelitian Klinis*

(4th ed.). Jakarta: Sagung Seto.

Serour, M., Alqhenaei, H., Al-saqabi, S., & Mustafa, A. (2007). Cultural factors and patients' adherence to lifestyle measures How this fits in, (August 2006), 291–295.

Shenoy, S., Guglani, R., & Sandhu, J. S. (2010). Effectiveness of an aerobic walking program using heart rate monitor and pedometer on the parameters of diabetes control in Asian Indians with type 2 diabetes. *Primary Care Diabetes*, 4(1), 41–45. <https://doi.org/10.1016/j.pcd.2009.10.004>

Smeltzer, S. C., & Bare. (2005). *Medical Surgical Nursing* (10th ed.). Lippincot: Williem Wilkins.

Stanley, M., & Beare, P. G. (2007). *Buku Ajar Keperawatan Gerontik*. (E. Meiliya & M. Ester, Eds.) (Kedua). Jakarta: EGC.

Stokols, D. (1996). Translating Social Ecological Theory into Guidelines for Community Health Promotion. *The Science of Health Promotion*, 282–298. <https://doi.org/10.4278/0890-1171-10.4.282>

Sucipto, A., & Fadlilah, S. (2017). Model Konseling Terstruktur dan SMS Gateway Dalam Meningkatkan Kepatuhan Pengendalian Gula Darah dan HBA1C Pada Pasien Diabetes Melitus Tipe 2. *Keperawatan Respati Yogyakarta*, 4(April), 163–170.

Sustrani, L., Alam, S., & Hadibroto, I. (2006). *Diabetes*. Jakarta: PT Gramedia Pustaka Utama.

Sutedjo. (2010). *5 Strategi Penderita Diabetes Berusia Panjang*. Yogyakarta: Kanisius.

Tjindrawati, T. C., & Wibisono, S. (2004). *Olahraga dan Diabetes Melitus*. *DEXA media majalah kedokteran dan farmasi*. Jakarta: Fatmawati.

Trinh, L., Larsen, K., Faulkner, G. E., Plotnikoff, R. C., Rhodes, R. E., North, S., & Courneya, K. S. (2015). Social-ecological correlates of physical activity in kidney cancer survivors. *Cancer Surviv*. <https://doi.org/10.1007/s11764-015-0462-y>

U.S. Department of Health and Human Services. (2000). *Healthy people 2010: National health promotion and disease prevention objectives*. Washington, DC: US Government Printing Office, DHHS (PHS).

Vatankhah, N., Ebrahim, M., & Jahangiri, Y. (2009). The effectiveness of foot care education on people with type 2 diabetes in Tehran , Iran. *Primary Care*

Diabetes, 3, 73–77. <https://doi.org/10.1016/j.pcd.2009.05.003>

Wahyuni. (2009). *Perawatan Luka Diabetes* (Kedua). Bogor: Wocare Indonesia.

WHO. (2003). Adherence to Long-Term Therapies: Evidence For Action. Retrieved September 24, 2018, from http://www.who.int/chp/knowledge/publications/adherence_report

WHO. (2018). Diabetes. Retrieved July 23, 2018, from <http://www.who.int/news-room/facts-in-pictures>