



DAFTAR PUSTAKA

- Afriyeni, N. & Murjito, W.H. (2014). Hubungan Antara Efikasi Diri dengan Prokrastinasi Akademik pada Siswa Kelas XI SMA Negeri 9 Padang. *Jurnal Antropologi: Isu-isu Sosial Budaya*, 16(2), 191-199.
- Alwisol. (2009). *Psikologi Kepribadian*. Malang: PT. UMM Press.
- Amiran, S. M. R., & Behshad, A. (2016). Emotional Intelligence and Self Efficacy of Iranian Teachers: A Research Study of University Degree and Teaching Experience. *Journal of Language Teaching and Research*, 7(3), 548-558.
- Anastasi, A. Urbina U. (1997). *Psychological Testing, 7th Edition*. New Jersey : Prentice-Hall, Inc.
- Arinda, A.S. (2017). Peran efikasi diri akademik, dukungan sosial dosen pembimbing, dan jenis kelamin sebagai prediktor prokrastinasi akademik pada penyusunan skripsi mahasiswa. (*Unpublished Master's Thesis*). Yogyakarta: Universitas Gadjah Mada.
- Azwar, S. (2005). Signifikan Atau Sangat Signifikan?. *Buletin Psikologi*, 13(1), 38-44.
- Azwar, S. (2010). *Metode Penelitian*. Yogyakarta: Pustaka Pelajar.
- Azwar, S. (2012). *Reliabilitas dan Validitas*. Yogyakarta: Pustaka Pelajar.
- Bandura, A. (1997). *Self Efficacy:: The Exercise of Control*. New York: W.H. Freeman and Company.
- Baron, R. M., & Kenny, D. A. (1986). The moderator–mediator variable distinction in social psychological research: Conceptual, strategic, and statistical considerations. *Journal of Personality and Social Psychology*, 51(6), 1173-1182.
- Batool, S.S, Khursheed, S., & Jahangir, H. (2017). *Pakistan Journal of Psychological Research*; Islamabad, 32(1), 195-211.
- Bong, M., & Skaalvik, E. M. (2003). Academic self-concept and self-efficacy: How different are they really?. *Educational Psychology Review*, 15, 1–40.
- Brackett, M.A. and Mayers, J.D. (2003). Convergent, discriminant, and incremental validity of competing measures of emotional intelligence. *Personality and Social Psychology Bulletin*, 29(9), 1147-1158.
- Brackett, M.A., Rivers, S.E., Shiffman, S., Lerner, N., and Salovey, P. (2006). Relating emotional abilities to social functioning: A comparison of self-report and performance measures of emotional intelligence. *Journal of Personality and Social Psychology*, 91(4), 780-795.



Cerino, E.S. (2014). Relationships between academic motivation, self efficacy, and academic procrastination. *Psi Chi Journal od Psychological Research*, 19(4), 156-163.

Creswell, J., W. (2012) *Research design Pendekatan kualitatif, Kuantitatif dan Mixed; Cetakan ke-2*. Yogyakarta: Pustaka Pelajar.

Day, V., Mensink, D., & O'Sullivan, M. (2000). Patterns of academic procrastination. *Journal of College Reading and Learning*, 30(2), 120 – 134.

Deniz, M.E; Tras, Z. & Aydogan. (2009). An Investigation of Academic, Procrastination, Locus of Control, and Emotional Intelligence. *Educational Sciences: Theory & Practice*, 9(2), 623-632.

Djing, S.T. (2010). Pengembangan Alat Ukur Penunda-nundaan Pengerjaan Skripsi. *Disertasi*. Yogyakarta: Program Doktor Psikologi Universitas Gadjah Mada.

Dwitantyanov, A., Hidayati, F., & Sawitri, D. R. (2010). Pengaruh Pelatihan Berfikir Positif pada Efikasi Diri Akademik Mahasiswa (Studi Eksperimen pada Mahasiswa Fakultas Psikologi UNDIP Semarang). *Jurnal Psikologi*, 8(2).

Ferrari, J.R., Johnson, J.L., & Mc. Cown, W.G. (1995). *Procrastination and Task Avoidance: Theory, Research, and Treatment*. New York: Platinum Press.

Ferrari, J.R., & Morales, J.F.D. (2007). Perceptions of self-concept and selfpresentation by procrastinators: Further Evidence. *The Spanish Journal of Psychology*, 10(1), 91-96.

Ganda, Yahya. (2004). *Petunjuk Praktis Cara Mahasiswa Belajar di Perguruan Tinggi*. Jakarta: Grasindo.

Ghufron. (2010). *Teori-teori Perkembangan*. Bandung: Refika Aditama.

Gundlach, Michael J; Martinko, Mark J; Douglas, Scott C. (2013). Emotional Intelligence, Causal Reasoning, And The Self-Efficacy Development Process. *International Journal of Organizational Analysis*; Bowling Green, 11(3), 229-246.

Goleman, D. (2000). *Emotional Intelligence (terjemahan)*. Jakarta: PT. Gramedia Pustaka Utama.

Goleman, D. (2000). *Working With Emotional Intelligence (terjemahan)*. Jakarta: PT. Gramedia Pustaka Utama.

Goleman, Daniel. (2009). *Kecerdasan Emosional : Mengapa EI lebih penting daripada IQ*. Jakarta : PT. Gramedia Pustaka Utama.

Hen, M. & Goroshit, M. (2014). Academic Procrastination, Emotional Intelligence, Academic Self-Efficacy, and GPA: A Comparison Between Students With and



Without Learning Disabilities. *Journal of Learning Disabilities*, 47(2), 116-124.

Hen, M. & Goroshit, M. (2014). Academic Self-Efficacy, Emotional Intelligence, Gpa And Academic Procrastination in Higher Education. *Eurasian Journal of Social Sciences*, 2(1), 1-10.

Heward, E. (2010). *An Examination of the Relations between Emotional Intelligence and Procrastination*. Canada: Carleton University Ottawa.

Huda, M. (2011) Perkembangan Keilmuan di STAIN Ponorogo. *Jurnal Dialogia*, 9(2).

Hulukati, W. & Djibrin, M.R. (2018). Analisis Tugas Perkembangan Mahasiswa Fakultas Ilmu Pendidikan Universitas Negeri Gorontalo. *Jurnal Bikotetik*, 2(1), 73-144.

Hurlock, E. (1980). *Psikologi Perkembangan, Edisi Kelima*. Jakarta: Erlangga.

Kartadinata, I. & Tjundjing, S. (2008). Prokrastinasi akademik dan manajemen waktu. *Anima: Indonesian Psychological Journal*, 23 (2), 109-119.

Kaur, I., Schutte, N. S., & Thorsteinsson, E. B. (2006). Gambling control self-efficacy as a mediator of the effects of low emotional intelligence on problem gambling. *Journal of Gambling Studies*, 22, 405–411.

Khotimah, R.H., Radjah, C.L., & Handarini, D.M. (2016). Hubungan antara konsep diri akademik, efikasi diri akademik, harga diri, dan prokrastinasi akademik pada siswa SMP Negeri di kota Malang. *Jurnal Kajian dan Bimbingan Konseling*, 1(2), 60-67.

Krishnakumar, S. & Choudhury, J. (2013). Emotional Intelligence as Predictor of Self-efficacy. *Review of HRM*. 2, 96-106.

MacCan, C., & Roberts, R. D. (2008). New paradigms for assessing emotional intelligence: Theory and Data. *Emotion*, 8(4), 540-551.

MacKinnon, D. P., A. J. Fairchild., dan M. S. Fritz. (2007). Mediation analysis. *Annual Review of Psychology*, 58, 593-614.

Malkoc, A. & Mutlu, A.K. (2018). Academic Self-efficacy and Academic Procrastination: Exploring the Mediating Role of Academic Motivation in Turkish University Students. *Universal Journal of Educational Research*. 6(10), 2087-2093.

Mayer, J. D., Roberts, R. D., & Barsade, S. G. (2008) Human Abilities: Emotional Intelligence. *Annual Review of Psychology*. 59, 2507-2536.

Mayer, J. D., Salovey, P., & Caruso, D. (2004) Emotional Intelligence: Theory, Findings, and Implications. *Psychology Inquiry*, 15(3), 197-215.



- Mayer, J. D., Salovey, P., & Caruso, D. (2008). Emotional Intelligence: New Ability or Ecletic Traits?. *American Psychologist Association*. 63(6), 503-517.
- Mayer, J. D., Salovey, P., Caruso, D. R., & Cherkasskiy, L. (2011) Emotional Intelligence. Dalam Stenberg R. J., & Kaufman S. B. (Eds). *The Cambridge handbook of Intelligence* (528-649). New York: Cambridge University Press.
- Milgram, N. A. (1988). The Procrastination of Everyday Life. *Journal of Research in Personality*, (22), 197-212.
- Mubdi, Faiz H. & Indrawati, Endang S. (2017). Hubungan Antara Kecerdasan Emosi dan Efikasi Diri Akademik pada Siswa Kelas XI SMK Bina Wisata Lembang. *Jurnal Empati*, 6(1), 152-157.
- Muyana, S. (2018). Prokrastinasi Akademik Dikalangan Mahasiswa Program Studi Bimbingan dan Konseling. *Counsellia: Jurnal Bimbingan dan Konseling*, 8(1), 45-52.
- Mu'tadin, Z. (2002). Kesulitan Menulis Skripsi. Internet. <http://www.e-psikologi.com>. Diakses pada tanggal 20 Maret 2019.
- Ozer, B.U., Demir, A., & Ferrari, J.R. (2009). Exploring academic procrastination among Turkish students: possible gender differences in prevalence and reasons. *The Journal of Social Psychology*, 149(2), 241-257.
- Popoola, B.I. (2005). A Study of The Relationship Between Procriastinatory Behavior and Academic Performance of Undergraduate Student in A and Nigerian University. *An online Journal of African Educational Research Network*.
- Preacher, K. J., & Hayes, A. F. (2004). SPSS and SAS procedures for estimating indirect effects in simple mediation models. *Behavior Research Methods, Instruments, and Computers*, 36, 717-731.
- Rananto, H.W., & Hidayati, F. (2017). Hubungan antara *Self-Compassion* dengan Prokrastinasi pada Siswa SMA Nasima Semarang. *Jurnal Empati*, 6(1), 232-238.
- Reivich, K. & Shatte, A. (2002). *The Resilience Factor. Seven Essential Skills for Overcoming Life's Inevitable Obstacle*. Nevada : Broadway Books.
- Schouwenburg, H. C., Lay, C.H., Phycyl, A. T., & Ferarri, J. R. (2004). *Counselling the Procrastinator in Academic Settings*. Washington DC: APA.
- Schunk, D. H. (2012). *Learning theories an educational perspective teori-teori pembelajaran: Perspektif pendidikan edisi keenam*. Yogyakarta: Pustaka Pelajar.
- Shahzad, K., Sarmad, M., Abbas, M. & Khan, M.A. (2011). Impact of emotional intelligence on employee's performance in telecom sector of pakistan. *African Journal of Business Management*, 5(4), 1225-1231.



Shaughnessy, J. J. Zechmeister, E. B., & Zechmeister, J. S. (2012). *Metode Penelitian Psikologi*. Yogyakarta: Pustaka Pelajar.

Smieja, M., Mrozowicz M., & Kobylinska D. (2011). Emotional Intelligence and Emotion Regulation Strategies. *Studia Psychologiczne*, 49(5), 55–64.

Solomon, L. J. & Rothbkum, E.D. (1984). Academic Procrastination: Frequency and Cognitive Behavioral Correlates. *Journal of Counseling Psychology*, 31(4), 503-509.

Steel, Piers. (2007). The Nature of Procrastination: A Meta-Analytic and Theoretical Review of Quintessential Self-Regulatory Failure. *Psychological Bulletin*, 133(1), 65-94.

Steel, P. & Ferrari, J. (2013). Sex, Education and Procrastination: An Epidemiological Study of Procrastinators' Characteristics from a Global Sample. *European Journal of Personality*, 27(1), 51-58.

Struber, D., Luck, M., & Roth, G. (2008). Sex, aggression and impulse control: An integrative account. *Neurocase: The Neural Basis of Cognition*, 14(1), 93–121.

Strunk, K.K., & Steele, M.R. (2011). Relative Contributions of Self-Efficacy, SelfRegulation, and Self-handicapping in Predicting Student Procrastination. *Psychological Reports*, 109(3). 983-989.

Tondok, M.S. Ristyadi, H & Kartika, A. (2008). Prokrastinasi Akademik dan Niat Membeli Skripsi. *Jurnal Psikologi Anima*, 24(1), 78-87.

Ursia, N. R., Siaputra, I. B., & Sutanto, N. (2013). Prokrastinasi Akademik dan Self-Control pada Mahasiswa Skripsi Fakultas Psikologi Universitas Surabaya. *Makara Seri Sosial Humanior*, (1), 1-18.

Wardhani, R.K. (2016). Pengaruh program “Remaja Bijak” terhadap kecenderungan perilaku agresif remaja. (*Unpublished Master's Thesis*). Yogyakarta: Universitas Gadjah Mada.

Yapono, Farid & Suharnan. (2013). Konsep Diri, Kecerdasan Emosi dan Efikasi Diri. *Jurnal Psikologi Indonesia*, 2(3), 208-216.

Yeyentimalla. (2007). Efektivitas Pelatihan Kecerdasan Emosi terhadap Peningkatan Komunikasi Terapeutik Mahasiswa Keperawatan-Pasien (di Akper Pemda Kapuas Kalimantan Tengah. (*Unpublished Master's Thesis*). Yogyakarta: Fakultas Psikologi Universitas Gadjah Mada.

Yusuf, S. (2012). *Psikologi Perkembangan Anak dan Remaja*. Bandung: Remaja Rosdakarya.

<https://www.bengkulutoday.com>. Diakses pada tanggal 9 Mei 2019.