

DAFTAR PUSTAKA

- Abidin, R. R. (1990). Introduction to the Special Issue: The Stresses of Parenting. *Journal of Clinical Child Psychology, Vol. 19, No. 4*, 298-301.
- Abidin, R. R. (1992). The Determinants of Parenting Behavior. *Journal of Clinical Child Psychology*, 407-412.
- Ahern, L. S. (2004). *Psychometric Properties of The Parenting Stress Index-Short Form*. Raleigh: North Carolina State University: Thesis.
- Amin, M. (1995). *Ortopedagogik Anak Tunagrahita*. Jakarta: Direktorat Jenderal Pendidikan Tinggi Departemen Pendidikan dan Kebudayaan.
- A'yun, S. Q. (2015). Resiliensi Ibu yang Memiliki Anak Down Syndrome. *Skripsi. Fakultas Psikologi UIN Maulana Malik Ibrahim Malang. Tidak Dipublikasikan*.
- Azwar, S. (2016). *Penyusunan Skala Psikologi*. Yogyakarta: Pustaka Pelajar.
- Bartone, P. T., & Priest, R. F. (2001). Sex differences in hardiness and health among West Point Cadets. *13th Annual Convention of the American Psychological Society (p. 17)*.
- Bartone, P. T., Eid, J., & Hystad, S. W. (2016). Training Hardiness for Stress Resilience. Dalam N. Maheshwari, & V. V. Kumar, *Military Psychology: Concepts, Trends and Interventions* (hal. 231-248). India: SAGE Publications.
- Baum, A. G. (1997). *An introduction to health psychology*. New York: McGraw-Hill.
- Ben-Zur, H., Duvdevany, I., & Lury, L. (2005). Associations of Social Support and Hardiness with Mental Health among Mothers of Adults Children with Intellectual Disability. *Journal of Intellectual Disability Research*, 54-62.
- Bornstein, M. H. (2002). *Handbook of Parenting Second Edition*. Mahwah, New Jersey: Lawrence Erlbaum Associates, Inc.
- Cheng, P. & Tang, P.S. (1995). Coping and psychological distress of Chinese parents of children with Down syndrome. *Mental Retardation, 33*, 10-20.

- Christianto, L. P. (2015). *Hubungan antara Kepribadian Tangguh dan Kualitas Hidup Ibu dengan Anak Cerebral Palsy*. Yogyakarta: Universitas Gadjah Mada Fakultas Psikologi.
- Cohen, S., & Syme, S. L. (1985). *Social Support and Health*. Orlando, Florida: Academic Press, Inc.
- Cohen, S., & Wills, T. A. (1985). Stress, Social Support, and the Buffering Hypothesis. *Psychological Bulletin* Vol. 98, No. 2, 310-357.
- Coico, R., & Sunshine, G. (2015). *Immunology: A Short Course Seventh Edition*. West Sussex: John Wiley & Sons, Ltd.
- Crnic, K. A., Gaze, C., & Hoffman, C. (2005). Cumulative Parenting Stress Across The Preschool Period: Relations to Maternal Parenting and Child Behaviour at Age 5. *Infant and Child Development* 14 (2), 117-132.
- Daryati, E., Farida, A., & Shofia, S. (2018). *Bincang Pengasuhan: Diskusi atas Parenting with Heart*. Mizan Publishing.
- Daulay, F. F. (2014, Agustus 4). *Bayi Australia Down Syndrome Dibuang Orangtuanya di Thailand*. Diambil kembali dari Tribunnews: <http://medan.tribunnews.com/2014/08/04/bayi-australia-down-syndrome-dibuang-orangtuanya-di-thailand>
- Daulay, N., Ramdhani, N., & Hadjam, N. R. (2018). Sense of Competence as Mediator on Parenting Stress. *The Open Psychology Journal*, Vol. 11, 198-209.
- Day, S. M. (2015). Mortality and causes of death in persons with Down syndrome in California. *Developmental Medicine & Childhood Neurology* Vol. 47, 171-176.
- Deater-Deckard, K. (2004). *Parenting Stress*. United States of America: The Composing Room of Michigan, Inc.
- DeGenova, M. K., & Rice, F. P. (2005). *Intimate Relationship, Marriages, and Families Sixth Edition*. New York: The McGraw-Hill Companies, Inc.
- Diananto, W. (2011, April 4). *Soraya Haque, Terkenang Bayi Down Syndrome yang Dibuang ke Tempat Sampah*. Diambil kembali dari Tabloidbintang.com: <https://archive.tabloidbintang.com/gaya-hidup/kesehatan/10709-soraya-haque-terkenang-bayi-down-syndrome-yang-dibuang-ke-tempat-sampah.html>

- Disabilities, A. A. (2010). *Definition of Intellectual Disability*. Diambil kembali dari AAIDD: <http://aaid.org/intellectual-disability/definition>
- Duarte, C. S., Bordin, I. A., Yazigi, L., & Mooney, J. (2005). Factors Associated with Stress in Mothers of Children with Autism. *Autism 9 (4)*, 416-427.
- Felizardo, S., Ribeiro, E., & Amante, M. J. (2016). Parental adjustment to disability, stress indicators and the influence of Social Support. *Social and Behavioral Sciences 217*, 830 – 837.
- Ganellen, R. J., & Blaney, P. H. (1984). Hardiness and Social Support as Moderators of the Effects of Life Stress. *Journal of Personality and Social Psychology, Vol. 47, No. 1*, 156-163.
- Ghonyah, Z., & Savira, S. I. (2015). Gambaran Psychological Well Being pada Perempuan yang Memiliki Anak Down Syndrome. *Unesa, Psikologi, Vol. 03 No. 02*.
- Ghonyah, Z., & Savira, S. I. (2015). Gambaran Psychological Well Being pada Perempuan yang Memiliki Anak Down Syndrome. *Character. Volume 03 Nomor 02*, 1-8.
- Gill, M. J., & Harris, S. L. (1991). Hardiness and Social Support as Predictors of Psychological Discomfort in Mothers of Children with Autism. *Journal of Autism and Developmental Disorders, Vol. 21, No. 4*, 407-416.
- Girimaji, S. C., Srinath, S., Seshadri, S., & Krishna, D. S. (1999). Family Interview for Stress and Coping in Mental Retardation (FISC-MR): A Tool to Study Stress and Coping in Families of Children with Mental Retardation. *Indian Journal of Psychiatry*, 341-349.
- Gottlieb, B. H., & Bergen, A. E. (2010). Social support concepts and measures. *Journal of Psychosomatic Research 69*, 511-520.
- Gunarhadi. (2005). *Penanganan Anak Syndrome Down dalam Lingkungan Keluarga dan Sekolah*. Jakarta: Depdiknas.
- Gunarsa, S. D. (2008). *Psikologis Praktis: Anak, Remaja, dan Keluarga*. Jakarta: PT BPK Gunung Mulia.
- Hallahan, D. P., & Kauffman, J. M. (2006). *Exceptional Learners*. United States of America: Pearson Education, Inc.
- Hamdi, A. S., & Baharuddin, E. (2014). *Metode Penelitian Kuantitatif Aplikasi dalam Pendidikan*. Yogyakarta: Deepublish.

- Hatton, C. (2012). Intellectual Disabilities- Classification, Epidemiology, and Causes. Dalam E. Emerson, E. Hatton, K. Dickson, R. Gone, A. Caine, & J. Bromley, *Clinical Psychology and People with Intellectual Disabilities* (hal. 3-20). West Sussex, UK: John Wiley & Sons, Ltd.
- Helgeson, V. S. (2003). Social Support and Quality of Life. *Quality of Life Research, 12*, 25-31.
- Henderson, D. A., & Thompson, C. L. (2016). *Counseling Children Ninth Edition*. Boston, USA: Cengage Learning.
- Hidangmayum, N. (2010). Parenting Stress of Normal and Mentally Challenged Children. *Thesis University of Agricultural Sciences Departement of Human Development*.
- Hystad, S. W., Eid, J., Laberg, J. C., Johnsen, B. H., & Bartone, P. T. (2009). Academic stress and health: Exploring the moderating role of personality hardiness. *Scandinavian Journal of Educational Research, 53*, 421–429.
- KemKesRI. (2013). *Riset Kesehatan Dasar*. Jakarta.
- KemKesRI. (2014). *Situasi Penyandang Disabilitas*. Jakarta.
- Kirk, S., Gallagher, J. J., Coleman, M. R., & Anastasiow, N. (2009). *Educating Exceptional Children Twelfth Edition*. United States of America: Houghton Miffl in Harcourt Publishing Company.
- Kobasa, S. C. (1979). Stressful Life Events, Personality, and Health: An Inquiry Into Hardiness. *Journal of Personality and Social Psychology Vol. 37 No. 1*.
- Kobasa, S. C., Maddi, S. R., & Kahn, S. (1982). Hardiness and Health: A Prospective Study. *Journal of Personality and Social Psychology Vol. 42, No. 1*, 168-177\.
- Lestari, S. (2012). *Psikologi keluarga: Penanaman nilai dan penanganan konflik dalam keluarga*.
- Maddi, S. R. (2006). Hardiness: The courage to grow from stresses. *The Journal of Positive Psychology*,, 160-168.
- Maddi, S. R. (2013). *Hardiness Turning Stressful Circumstances into Resilient Growth*. USA: Springer.

- Maddi, S. R., & Khoshaba, D. M. (1994). Hardiness and Mental Health. *Journal of Personality Assessment* 63 (2), 265-274.
- Maryanti, N. C. (2017). *Hubungan antara Stres Pengasuhan dan Penerimaan Orang Tua terhadap Kualitas Hidup pada Ibu dengan Anak Gangguan Spektrum Autisme*. Yogyakarta: Universtias Gadjah Mada Fakultas Psikologi.
- Mihania. (2018, Mei 24). *Sama-Sama Penting! Ini Dia Perbedaan Pola Pengasuhan Ayah & Ibu untuk Tumbuh Kembang Anak*. Diambil kembali dari mommyasia: <https://mommyasia.id/4850/article/sama-sama-penting-ini-dia-perbedaan-pola-pengasuhan-ayah-ibu-untuk-tum>
- Mizal, B. (2014). Pendidikan dalam keluarga. *Jurnal Ilmiah Peuradeun*, 155-178.
- Monks, F. J., & Knoers, A. M. (2006). *Psikologi Perkembangan Pengantar dalam Berbagai Bagiannya*. Yogyakarta: Gajah Mada University Press.
- Neufeld, A., & Harrison, M. (2010). *Nursing and Family Caregiving: Social Support and Nonsupport*. United States of America: Springer Publishing Company.
- Norizan, A., & Shamsuddin, K. (2010). Predictors of Parenting Stress among Malaysian Mothers of Children with Down Syndrome. *Journal of Intellectual Disability Research*, 992-1003.
- Nurdiani, N. (2014). Teknik Sampling Snowball dalam Penelitian Lapangan. *ComTech Vol. 5 No. 2*, 1110-1118.
- Nurlailiwangi, E., Rahayu, M. S., & Juwita, O. (2011). Studi Mengenai Dukungan Sosial Orang Tua Dalam Melatih “Self Help” Anak yang Mengalami “Down Syndrome” di PKA PUSPPA Suryakanti Bandung. *Prosiding Sosial, Ekonomi, dan Humaniora* .
- Nurwahidah, S., Suwondo, W., & Sasmita, I. S. (2017). Prevalensi Sindroma Down di Wilayah Priangan pada Tahun 2015. *Jurnal Kedokteran Gigi Universitas Padjajaran, Vol. XXIX (3)*, 189-195.
- Olsen, S. F., Marshall, E. S., Mandlco, B. L., Allred, K. W., Dyches, T. T., & Sansom, N. (1999). Support, Communication, and Hardiness in. *Journal of Family Nursing* 5(3), 275-291.

- Olson, D. H., DeFrain, J., & Skogrand, L. (2011). *Marriages and Families Intimacy, Diversity, and Strengths, Seventh Edition*. New York, America: McGraw-Hill.
- Olsson, M. B., & Hwang, P. C. (2003). Influence of macrostructure of society on the life situation of families with a child with intellectual disability: Sweden as an example. *Journal of Intellectual Dissability Research*, 328-341.
- Parker, J. N., & Parker, P. M. (2007). *Down Syndrome: A Bibliography and Dictionary for Physicians, Patients, and Genome Researchers*. San Diego: ICON Group International, Inc.
- PKBI. (2017, April 20). *Perilaku Seksual Remaja*. Diambil kembali dari PKBI: <http://pkbi-diy.info/perilaku-seksual-remaja/>
- Ptacek, J. T., & Gross, S. (1997). Coping As An Individual Difference Variable. Dalam G. R. Pierce, B. Lakey, I. G. Sarason, & b. R. Sarason, *Sourcebook of Social Support and Personality* (hal. 69-92). New York: Springer Science+Business Media.
- Purnamasari, F. (2019, 09 30). *Manajemen Stres Ketika Anak Sakit*. Diambil kembali dari Parentalk: <https://parentalk.id/manajemen-stres-anak-sakit/>
- Reichman, N. E., Corman, H., & Noonan, K. (2007). Impact of Child Disability on the Family. *Maternal and Child Health Journal*, 12(6), 679–683.
- Rini, M., Kusmiran, E., & Bangun, A. V. (2007). Faktor-Faktor yang Berhubungan dengan Kejadian Sindroma Down di SLB-C Cipaganti Bandung. *Jurnal Stikes A. Yani*, 14-29.
- Rohmadheny, P. S. (2016). Studi Kasus Anak Down Syndrome. *Jurnal CARE Edisi Temu Ilmiah Vol. 03 No 03*.
- Rondal, J. A., & Perera, J. (2006). *Down Syndrome Neurobehavioural Specificity*. England: John Wiley & Sons Ltd.
- Sarafino, E. P. (2006). *Health Psychology: Biopsychosocial Interactions Fifth Edition*. United States of America: John Wiley & Sons.
- Sarafino, E. P., & Smith, T. W. (2011). *Health Psychology: Biopsychosocial Interactions Seventh Edition*. United States of America: John Wiley & Sons, Inc.

- Sarafino, E. P., & Smith, T. W. (2014). *Health Psychology: Biopsychosocial Interactions Eight Edition*. United States of America: John Wiley & Sons, Inc.
- Sarason, I. G., Levine, H. M., Basham, R. B., & Sarason, B. R. (1983). Assessing Social Support: The Social Support Questionnaire. *Journal of Personality and Social Psychology*, 127-139.
- Setyaningrum, R. (2019, Oktober 29). *Memahami Dunia Penderita Down Syndrome*. Diambil kembali dari futuready: <https://www.futuready.com/artikel/family/memahami-dunia-penderita-down-syndrome/>
- Shumaker, S. A., & Brownell, A. (1984). Toward a Theory of Social Support: Closing Conceptual Gaps. *Journal of Social Issues*. Vol. 40, No. 4, 11-36.
- Smet, B. (1994). *Psikologi Kesehatan*. Jakarta: Grasindo.
- Stroebe, M. S., & Stroebe, W. (1985). Social Support and The Alleviation of Loss. Dalam I. G. Sarason, & B. R. Sarason, *Social Support: Theory, Research, and Applications* (hal. 439-462). Dordrecht, Lancaster: Martinus Nijhoff Publishers.
- Suadnyana, M. A. (2017). *Hubungan antara Dukungan Sosial dengan Pertumbuhan Terkait Stres pada Ibu dari Anak Autis*. Yogyakarta: Universitas Gadjah Mada Fakultas Psikologi.
- Taylor, S. E. (2012). *Health Psychology Ninth Edition*. New York: McGraw-Hill Education.
- Tomlison, H. B., & Andina, S. (2015). *Parenting Education in Indonesia*. Washington: The World Bank.
- Urbina, S. (2014). *Essentials of Psychological Testing*. Hoboken, New Jersey: John Wiley & Sons, Inc.
- U.S. Department of Education. (2018). 40th Annual Report to Congress on the Implementation of the Individuals with Disabilities Education Act , 2018
- Walker-Hirsch, L. (2010). Sexuality Meets Intellectual Disability: What Every Parent Should Know. *Developmental and Other Disabilities*, 4-5.
- Weiss, M. J. (2002). Hardiness and Social Support as Predictors of Stress in Mothers of Typical Children, Children with Autism, and Children with

Mental Retardation. *SAGE Publication and The National Autistic Society*, 115-130.

WHO. (2018, Decembre 13). *Genomic resource centre*. Diambil kembali dari Down Syndrome:
<https://www.who.int/genomics/public/geneticdiseases/en/index1.html>

Widiarso, W. (2010, September 2). *Perbedaan Pengertian Aspek dan Dimensi dalam Pengembangan Alat Ukur*. Diambil kembali dari Wahyu Widiarso:
<http://widhiarso.staff.ugm.ac.id/wp/perbedaan-pengertian-aspek-dan-dimensi-dalam-pengembangan-alat-ukur/>

Wijayanti, D. (2015). Subjective Well Being dan Penerimaan Diri Ibu yang Memiliki Anak Down Syndrome. *eJournal Psikologi 4 (1)*, 120-130.

Yuliana, M. S. (2017). Hubungan antara Dukungan Sosial Keluarga dan Self Efficacy dengan Stres Pengasuhan pada Ibu yang Memiliki Anak Retardasi Mental di SLB Negeri Semarang. *Skripsi Universitas Diponegoro*.