

DAFTAR PUSTAKA

- . (2010). *Al-Qur'anulkarim Terjemah Tafsir Per Kata*. Bandung: Sygma & Syaamil Al-Qur'an.
- . (2018). *Membumikan A*. Jakarta. Retrieved from depkes.go.id
- Abd-elmotaleb, M., & Saha, S. K. (2013). The Role of Academic Self-Efficacy as a Mediator Variable between Perceived Academic Climate and Academic Performance, 2(3), 117–129. <https://doi.org/10.5539/jel.v2n3p117>
- Amir, Y., & Lesmawati, D. R. (2016). Religiusitas dan spiritualitas: konsep yang sama atau berbeda? *Jurnal Ilmiah Penelitian Psikologi (JIPP)*, 2(2), 67–73.
- Anonim. (2018, August 30). Merck dan PERFITRI Sosialisasikan Bayi Tabung/In Vitro Fertilization (IVF) Sebagai Solusi Masalah Kesuburan di Indonesia. *Merck Group*. Retrieved from <https://www.merckgroup.com/id-id/company/press-release/ivf-media-briefing-2018.html>
- Antari, I., Prihatiningsih, T. S., & Suryadi, E. (2015). *Pengaruh Feedback Terhadap Efikasi Mahasiswa*. Yogyakarta: Universitas Gadjah Mada.
- Aperwati, J., & Martaniah, S. M. (2003). *Persepsi Tentang Persalinan, Dukungan Suami, Dan Kecemasan Menghadapi Persalinan Pada Ibu Primigravida*. Yogyakarta: Universitas Gadjah Mada.
- Aprillia, Y. (2018). *Bebas Takut Hamil dan Melahirkan*. Jakarta: Gramedia.
- Ardian, I. (2016). KONSEP SPIRITUALITAS DAN RELIGIUSITAS (SPIRITUAL AND RELIGION) DALAM KONTEKS KEPERAWATAN PASIEN DIABETES MELITUS TIPE 2. *Jurnal Keperawatan Dan Pemikiran Ilmiah*, 2(5), 1–9.
- Azwar, S. (2018). *Reliabilitas dan Validitas*. Yogyakarta: Pustaka Pelajar.
- Bale, J. R., Stoll, B. J., & Lucas, A. O. (2003). *Copyright © National Academy of Sciences. All rights reserved. Unless otherwise indicated, all materials in this PDF File are copyrighted by the National Academy of Sciences. Distribution, posting, or copying is strictly prohibited without written permmiss.*
- Bandura, A. (1977). Self- Efficacy: Toward a Unifying Theory of Behavior Change. *Psychological Review*, 8(2), 191–215.
- Bandura, A. (1994). *Self-efficacy*. (V. S. Ramachaudran, Ed.), *Encyclopedia of Human Behavior (vol.4, pp. 77-81)*. New York: Academic Press.
- Bandura, A. (1997). *The Exercise of Control*. New York: Freeman.
- Bandura, A. (2005). *Self-Efficacy Beliefs of Adolescents: Guide For Constructing Self-Efficacy Scales*. Information Age Publishing.
- Bandura, A. (2016). Overview of Social Cognitive and Self Efficacy Theories. Retrieved from <https://wikispaces.psu.edu/display/PSYCH484/7.+Self-Efficacy+and+Social+Cognitive+Theories>

- Bandura, A., & Bandura, A. (1997). GUIDE FOR CONSTRUCTING SELF-EFFICACY SCALES, 307–337.
- Bandura, Albert. (1998). Self-Efficacy, 4(1994), 71–81.
- Bandura, Albert. (2008). Self-Efficacy (pp. 1–14). Retrieved from <http://www.des.emory.edu/mfp/BanEncy.html>
- Becker, L. A. (2000). Effect Size (ES). Retrieved from <http://web.uccs.edu/lbecker/Psy590/es.htm>
- Berentson-shaw, J., Scott, K. M., & Jose, P. E. (2009). Do self-efficacy beliefs predict the primiparous labour and birth experience? A longitudinal study, 27(4), 357–373. <https://doi.org/10.1080/02646830903190888>
- Callister, L. C., & Ph, D. (1999). Cultural and Spiritual Meanings of Childbirth Orthodox Jewish and Mormon Women, 17(3), 280–295.
- Campbell, D. T., & Stanley, J. C. (1963). *Experimental and Quasi-Experimental Designs for Research*. London: Houghton Mifflin Company Boston.
- Carlsson, I., Ziegert, K., & Nissen, E. (2014). Psychometric properties of the Swedish childbirth self-efficacy inventory (Swe-CBSEI), 1–11.
- Catarina, Y. B. N. S., Dewantiningrum, Y., & Hapsari, R. (n.d.). Pengaruh Pemberian Pamflet Persalinan Terhadap Tingkat Pengetahuan Dan Tingkat Kecemasan Ibu Hamil. *Eprints.Undip*. Retrieved from <http://eprints.undip.ac.id/37454/1/Yossy.pdf>
- Christiaens, W., & Bracke, P. (2007). Assessment of social psychological determinants of satisfaction with childbirth in a cross-national perspective. *BMC Pregnancy and Childbirth*, 7(26), 1–12. <https://doi.org/10.1186/1471-2393-7-26>
- Creswell, J. W. (2014). *Research Design: Pendekatan Kualitatif, Kuantitatif, dan Mixed* (3rd ed.). Yogyakarta: Pustaka Pelajar.
- Cunningham, F. G., Gant, N. F., Leveno, K. J., Gilstrap III, L. C., Hauth, J. C., & Wenstrom, K. D. (2006). *Obstetri Williams Vol. 1* (21st ed.). Jakarta: EGC.
- Cunqueiro, M. J., Comeche, M. I., & Docampo, D. (2009). Childbirth Self-Efficacy Inventory: psychometric testing of the Spanish version, 2710–2718. <https://doi.org/10.1111/j.1365-2648.2009.05161.x>
- Dahlan, M. S. (2018). *Statistik untuk Kedokteran dan Kesehatan* (6th ed.). Jakarta: Epidemiologi Indonesia.
- Davis-Floyd, R. (2001). The Technocratic, Humanistic, And Holistic Paradigms Of Childbirth. *International Journal of Gynecology & Obstetrics*, 75, S5–S23.
- Descilo, T., Vedamurtachar, A., Pl, G., & Nagaraja, D. (2009). Effects of a yoga breath intervention alone and in combination with an exposure therapy for post-traumatic stress disorder and depression in survivors of the 2004 South-East Asia tsunami, 1–12. <https://doi.org/10.1111/j.1600-0447.2009.01466.x>

- Diponegoro, A. M., & Hastuti, S. F. B. (2009). Pengaruh Dukungan Suami terhadap Lama Persalinan Kala II Pada Ibu Primigravida. *Humanitas*, VI No. 2.
- Drummond, J. (1997). Childbirth confidence : validating the childbirth self-efficacy inventory (CBSEI) in an Australian sample, 613–622.
- Eaton, M. M. (2007). *Self Efficacy in First Time Mother: A Comparison of Younger and Older Mother*. Dissertation. Manhattan: Kansas State University.
- Fleming, S. E., Cns, P., Smart, D., & Eide, P. (2011). Grand Multiparous Women ' s Perceptions of Birthing , Nursing Care , and Childbirth Technology, 20(2), 108–117. <https://doi.org/10.1891/1058-1243.20.2.108>
- Frazer, D. M., & Cooper, M. A. (Eds.). (2009). *Myles Buku Ajar Bidan* (14th ed.). Jakarta: EGC.
- Gagnon, a J. (2000). Individual or group antenatal education for childbirth/parenthood. *Cochrane Database of Systematic Reviews (Online)*, (4), CD002869. <https://doi.org/10.1002/14651858.CD002869>
- Gerintya, S. (2017). *Meningkatnya Tren Bayi Tabung di Indonesia*. Retrieved from <https://tirto.id/meningkatnya-tren-bayi-tabung-di-indonesia-cli9>
- Glanz, K., Rimer, B. K., & Viswanath, K. (2008). *Health Behavior and Health Education Theory, Research, and Practice* (4th ed.). USA: Jossey-Bass A Wiley Imprint.
- Gore, P. A. J. (2006). Studies Academic Self-Efficacy as a Predictor of College Outcomes: Two Incremental Validity. *Journal of Career Assessment*, 14:92. Retrieved from <http://jca.sagepub.com/content/14/1/92>
- Gourounti, K., Kouklaki, E., & Lykeridou, K. (2015). Childbirth efficacy: Validating the childbirth self-efficacy inventory in a Greek sample of pregnant women. *Midwifery*. <https://doi.org/10.1016/j.midw.2015.03.013>
- Gufron, M. N., & Risnawati, R. S. (2016). *Teori-Teori Psikologi*. Yogyakarta: Ar-Ruzz Media.
- Handayani, R. (2012). Faktor-Faktor yang Berhubungan dengan tingkat Kecemasan Menjelang Persalinan pada Ibu Primigravida Trimester III di Wilayah Kerja Puskesmas Lubuk Buaya Padang Tahun 2012. *Ners Jurnal Keperawatan*, 11(1), 62–71.
- Harahap, F. S. D. (2018). Keseimbangan Fisik, Psikis dan Spiritual Islam pada Masa Kehamilan dan Persalinan. *Jurnal Psikologi Islam*, 5(1), 1–12.
- Hayden, J. (2014). *Introduction to Health Behavior Theory*. Amerika: William Paterson University by Jones.
- Hoffmann, T. C., Glasziou, P. P., Barbour, V., & Macdonald, H. (2014). Better reporting of interventions : template for intervention description and replication (TIDieR) checklist and guide, 1687(March), 1–12. <https://doi.org/10.1136/bmj.g1687>
- Hollins Martin, C. J., & Robb, Y. (2013). Women's views about the importance of

- education in preparation for childbirth. *Nurse Education in Practice*, 13(6), 512–518. <https://doi.org/10.1016/j.nepr.2013.02.013>
- Holmes, D., & Baker, P. N. (Eds.). (2011). *Buku Ajar Ilmu Kebidanan*. Jakarta: EGC.
- Imron, M. T., & Munif, A. (2010). *Metodologi Penelitian Bidang Kesehatan Bahan Ajar Untuk Mahasiswa*. Jakarta: Sagung Seto.
- Indonesia, I. B. (2007). *50 Tahun IBI*. Jakarta.
- Ip, W., & Chan, D. (2005). Chinese version of the Childbirth Self-efficacy Inventory, 625–633.
- Ip, W., Chung, T. K. H., & Tang, C. S. K. (2007). The Chinese Childbirth Self-Efficacy Inventory: the development of a short form. <https://doi.org/10.1111/j.1365-2702.2006.01919.x>
- Jesse, D. E., & Allgood, M. R. (2002). Holistic Obstetrical Problem Evaluation (HOPE): Testing A Theory To Predict Birth Outcome In A Group Of Women From Appalachia. *Health Care For Women International*, 23:6-7, 587–599.
- Jesse, D. Elizabeth, & Allgood, M. R. (2002). Health Care for Women International HOLISTIC OBSTETRICAL (HOPE): TESTING A THEORY TO PREDICT BIRTH OUTCOMES IN A GROUP OF WOMEN FROM APPALACHIA. *Health Care for Women International*, December 2(23), 587–599. <https://doi.org/10.1080/07399330290107359>
- Jesse, D Elizabeth, & Blanchard, A. (2007). The Effect of Faith or Spirituality in Pregnancy A Content Analysis. *Journal Of Holistic Nursing*, 25(3), 151–158.
- Jesse, D Elizabeth, & Reed, P. G. (2004). Effects of Spirituality and Psychosocial in Appalachian Pregnant Women. *JOGNN*, 33(6). <https://doi.org/10.1177/0884217504270669>
- Karlsen, B., Oftedal, B., & Bru, E. (2011). The relationship between clinical indicators, coping styles, perceived support and diabetes-related distress among adults with type 2 diabetes. *Journal OF Advanced Nursing*, 68(2), 391–401. <https://doi.org/10.1111/j.1365-2648.2011.05751.x>
- Kartini, F., & Kurniawati, Fitriani, H. (2016). Analisis karakteristik ibu dengan tingkat pengetahuan ibu tentang imunisasi pentavalen. *Ikmu Kebidanan*, 4(1), 17–26.
- Kemenkes, R. I. (2011). *Pedoman Pelaksanaan Kelas Ibu Hamil*. Jakarta: Kementerian Kesehatan R. I.
- Kemenkes R. I. (2015). *Buku Kesehatan Ibu dan Anak*. Jakarta.
- Kemenkes, R. I. (2015). *Pegangan Fasilitator Kelas Ibu Hamil*. Jakarta: Kemenkes R.I.
- Kennedy, B. B., Ruth, D. J., & Martin, E. J. (2014). *Modul Manajemen Intrapartum*. Jakarta: EGC.

- Khalaf, I., & Callister, L. C. (1997). Cultural Meanings Of Childbirth. *Journal Of Holistic Nursing, 15*, 373–388.
- Khoiniasari, A., Murti, B., & Dewi, Y. L. R. (2015). *Pengaruh Paritas, Pengetahuan Ibu, Dukungan Keluarga, dan Peran Tenaga Kesehatan terhadap Pelaksanaan Inisiasi Menyusu Dini di RSUD Salatiga*. UNS.
- Khorsandi, M., Ghofranipour, F., Faghihzadeh, S., Hidarnia, A., Bagheban, A. A., & Aguilar-vafaie, M. E. (2008). Iranian version of childbirth self-efficacy inventory, 2846–2855. <https://doi.org/10.1111/j.1365-2702.2008.02385.x>
- Kirkpatrick, D. L., & Kirkpatrick, J. D. (2008). *Evaluating Training Programs :The Four Levels* (3rd ed.). California: Berrett Koehler Publishers.
- Kriebs, J. M., & Gegor, C. L. (2010). *Buku Saku Asuhan Kebidanan Varney* (2nd ed.). Jakarta: EGC.
- Kurniawan, A., & Widodo, A. (2017). Hubungan tingkat pengetahuan dan efikasi diri dengan pelayanan kader posyandu lansia di desa mancanan kecamatan baki. Retrieved from [http://eprints.ums.ac.id/51274/1/Naskah Publikasi.pdf](http://eprints.ums.ac.id/51274/1/Naskah%20Publikasi.pdf)
- Kuswandi, L. (2014). *Hypnobirthing A Gentle Way To Give Birth*. Jakarta: Pustaka Bunda.
- Laursen, M., Johansen, C., & Hedegaard, M. (2009). Fear of childbirth and risk for birth complications in nulliparous women in the Danish National Birth Cohort, 1350–1355. <https://doi.org/10.1111/j.1471-0528.2009.02250.x>
- Leerkes, E. M., & Crockenberg, S. C. (2002). *The Development of Maternal Self-Efficacy and Its Impact on Maternal Behavior*. Psychology Department University of Vermont.
- Liu, R., Chao, M. T., Jostad-Laswell, A., & Duncan, L. G. (2017). Does CenteringPregnancy Group Prenatal Care Affect the Birth Experience of Underserved Women? A Mixed Methods Analysis. *Journal of Immigrant and Minority Health, 19*(2), 415–422. <https://doi.org/10.1007/s10903-016-0371-9>
- Local, E., & Area, G. (2017). Impact of Health Education on Knowledge and Access to Delivery Care Journal of Community Medicine & Impact of Health Education on Knowledge and Access to Delivery Care Services by Women among Edu Local Government Area , Nigeria, (March). <https://doi.org/10.4172/2161-0711.1000510>
- Lowdermilk, D. L., Perry, S. E., & Cashion, K. (2013). *Asuhan Maternitas Buku 1* (8th ed.). Jakarta: Elsevier.
- Lowe, N. I. (2000). Self-eff icacy for labor and childbirth fears in nuiiiparous pregnant women, (December).
- Lowe, N. K. (1993). Maternal Confidence for Labor : Development of the Childbirth Self-Efficacy Inventory, 141–149.
- Lunenburg, F. C. (2011). Self-Efficacy in the Workplace: Implications for Motivation and Performance. *International Journal Of Management,*

Business, And Administration, 14 number.

Medforth, J., Battersby, S., Evans, M., Marsh, B., & Walker, A. (Eds.). (2012). *Kebidanan Oxford*. EGC.

Mercer, R. T. (1995). A Tribute to Reva Rubin. *The American Journal of Maternal/Child Nursing*, 20(4), 184.

Milan, M. (2003). Childbirth as healing : three women ' s experience of independent midwife care, 6117, 140–146. [https://doi.org/10.1016/S1353-6117\(03\)00038-6](https://doi.org/10.1016/S1353-6117(03)00038-6)

Mitchell, M., & Hall, J. (2007). Teaching spirituality to student midwives : A creative approach, 416–424. <https://doi.org/10.1016/j.nepr.2007.02.007>

Mubarak, & iqbal, W. (2007). *Promosi Kesehatan: Sebuah Pengantar Proses Belajar Mengajar Dalam Pendidikan*. Yogyakarta: Graha Ilmu.

Mubarak, W. I., & Dkk. (2007). *Promosi Kesehatan: Sebuah Pengantar Proses Belajar Mengajar dalam Pendidikan*. Yogyakarta: Graha Ilmu.

Nurdiyan, A., Demiwarti, & Machmud, R. (2015). Artikel Penelitian Analisis Sistem Pelaksanaan Kelas Ibu Hamil di Puskesmas Malalak dan Biaro Kabupaten Agam. *Jurnal Kesehatan Andalas*, 4(1), 1–9.

Pajares, F. (1996). Self-Efficacy Beliefs in Academic setting. *Review of Educational Research Winter*, Vol. 66, N, Pp. 543-578.

Pajares, Frank. (1986). Overview of Social Cognitive Theory and of Self - Efficacy.

POGI, JNPK-KR, & AUPKOP. (2017). *Asuhan Persalinan Normal Asuhan Esensial Bagi Ibu Bersalin Dan Bayi Baru Lahir Serta Penatalaksanaan Komplikasi Segera Pascapersalinan Dan Nifas*. (G. Adriaansz, Ed.) (5th ed.). Jakarta: JNPK-KR.

Pratiknya, A. W. (2001). *Dasar-Dasar Metodologi Penelitian Kedokteran Dan Kesehatan*. Jakarta: Grafindo Persada.

Price, S., Lake, M., Breen, G., Carson, G., Quinn, C., & Connor, T. O. (2007). The Spiritual Experience of High-Risk Pregnancy. <https://doi.org/10.1111/J.1552-6909.2006.00110.x>

Purwandari, S. W., Hastuti, P., & Zuhriyatun, F. (2013). Evaluasi Proses Pelaksanaan Kelas Ibu Hamil di Kabupaten Banyumas. *Jurnal Kebidanan*, 2(4), 16–19.

Puspitasari, L. (2015). Gambaran Pelaksanaan Kelas Ibu Hamil Di Puskesmas Bangetayu Kota Semarang. *Jurnal Kesehatan Masyarakat FKM Undip*, 1(2), 1054–1060.

Rahayuningsih, F. B., Hakimi, M., Haryanti, F., & Anganthi, N. R. N. (2015a). *Pengaruh Pelatihan Persiapan Masa Nifas, Pengetahuan, Dukungan Sosial Dan Efikasi Diri Ibu Nifas Terhadap Kualitas Hidup Ibu Nifas*. Disertasi. Yogyakarta: Universitas Gadjah Mada.

- Rahayuningsih, F. B., Hakimi, M., Haryanti, F., & Anganthi, N. R. N. (2015b). *Pengaruh Pelatihan Persiapan Masa Nifas, Pengetahuan, Dukungan Sosial Dan Efikasi Diri Ibu Nifas Terhadap Kualitas Hidup Ibu Nifas*. Yogyakarta: Universitas Gadjah Mada.
- Rakhshani, A., Nagarathna, R., Sharma, A., Singh, A., & Nagendra, H. R. (2015). A Holistic Antenatal Model Based On Yoga, Ayurveda, And Vedic Guidelines. *Health Care For Women International*, 36, 256–275.
- Ramasamy, A., & Lumongga, F. (2013). Hubungan Tingkat Pendidikan dengan Tingkat Pengetahuan Tentang Antenatal Care dalam Kalangan Ibu Usia Subur Association of Education Level with Knowledge Level of Antenatal Care Among Reproductive Age Women, 1(1).
- Ramie, A., Afyanti, Y., & Pujasari, H. (2014). Kontrol Diri dan Efikasi Diri Meningkatkan Kepuasan Ibu Menjalani Proses Persalinan. *Jurnal Ners*, 9(1, April), 97–103.
- Rasheed, P., & Al-Sowielem, L. S. (2003). Health Education Needs for Pregnancy: A Study Among Women Attending Primary Health Centers. *J Family Community Med.*, Jan-Apr; 1(1), 31–38.
- Retnawati, H. (2017). *Validitas, Reliabilitas & Karakteristik Butir (Panduan untuk Peneliti, Mahasiswa, dan Psikometrian)*. Yogyakarta: Parama Publishing.
- Ruslinawati. (2017). KORELASI KEBUTUHAN SPIRITUAL PADA IBU HAMIL DENGAN TINGKAT KECEMASAN INTRAPARTUM (Correlation of Spiritual Needs In Pregnant Woman With Intrapartum Anxiety Rate). *Caring Nursing Journal (CNJ)*, 1(1), 1–5.
- Salam, B. (2011). *Pengantar Pedagogik (Dasar-Dasar Ilmu Mendidik)*. Jakarta: Rineka Cipta.
- Sastroasmoro, S., & Ismael, S. (2014). *Dasar-dasar Metodologi Penelitian Klinis* (5th ed.). Jakarta: Sagung Seto.
- Schwartz, L., Toohill, J., Creedy, D. K., Baird, K., Gamble, J., & Fenwick, J. (2015). Factors associated with childbirth self-efficacy in Australian childbearing women, 1–9. <https://doi.org/10.1186/s12884-015-0465-8>
- Schwarzer, & Renner. (2000). Social-Cognitive Predictors of Health Behavior: Action Self-Efficacy and Coping Self-efficacy. *Health Psychology*, Vol. 19, N, 487–495.
- Setiawan, E. (2016). KBBI. Retrieved April 15, 2017, from <http://kbbi.web.id/>
- Shihab, M. Q. (1992). *Membumikan AL-Qur'an*. Jakarta: Mizan.
- Simkin, P., Whalley, J., & Keppler, A. (2008). *Panduan Lengkap Kehamilan Melahirkan & Bayi* (Revisi). Jakarta: Arcan.
- Sinclair, C. (2010). *Buku saku Kebidanan*. Jakarta: EGC.
- Sinclair, M., Dase, M., & Rm, R. N. T. (1999). The Childbirth Self-Ef ® cacy Inventory : a replication study, 30(6), 1416–1423.

- Sofro, Z. M., Kadarsih, S., Asdie, A. H., & Harsono. (2013). *Pengembangan Penggunaan Uji Schellong, Pemetaan dan Pengelolaan Tonus Simpatis, Hubungan antara Hasil Uji Schellong dengan Faktor Kepribadian, Paparan Surat Al-Hujurat dan Status Saraf Otonom. Disertasi*. Universitas Gadjah Mada.
- Strulovici, H., Osborne, A. E. J., & Lee, W. (2011). *Integrating mHealth Technology and Holistic Health Care Delivery to Reduce Maternal/Neonatal/Child Mortality in Rural Uganda: Preliminary Finding from Pilot Project (Phase I)*.
- Tamuri, A. H., & Ismail, M. F. (2013). An Analysis of Educational Concepts Based on Syed Ali Ashraf and Education in Malaysia. *Advances in National and Applied Sciences*, 7(2), 111–116.
- Tanglakmankhong, K., Perrin, N. A., Lowe, N. K., Lowe, N. K., & Cnm, R. N. (2010). Childbirth Self-Efficacy Inventory and Childbirth Attitudes Questionnaire: psychometric properties of Thai language versions, (September). <https://doi.org/10.1111/j.1365-2648.2010.05479>
- Walker, D. S., Visger, J. M., & Rossie, D. (2009). Contemporary Childbirth Education Models. *Journal of Midwifery & Women's Health*, 54, 469–476.
- Wanda, Asri, K., Bidjuni, H., & Kallo, V. (2014). Hubungan Karakteristik Ibu Hamil Trimester III dengan Tingkat Kecemasan dalam Menghadapi Persalinan di Poli KIA Puskesmas Tuminting. *Jurnal Keperawatan*, 2(2). Retrieved from <http://ejournal.unsrat.ac.id/index.php/jkp/article/view/5307>
- Warsiti, & Hastuti, S. F. B. (2013). *Asuhan Keperawatan Ibu Bersalin*. Yogyakarta: Delokomotif.
- Weitz, R., & Sullivan, D. (1985). Licensed lay midwifery and the medical model of childbirth, 7(1), 36–55.
- Wiknjosastro, H. (2007). *Ilmu Kebidanan*. (H. Wiknjosastro, A. B. Saifuddin, & T. Rachimhadhi, Eds.) (3rd ed.). Jakarta: YBPSP.
- Yusuf, A., Nihayati, H. E., Iswari, M. F., & Okviasanti, F. (2016). *KEBUTUHAN SPIRITUAL Konsep dan Aplikasi dalam*. Jakarta: Mitra Wacana Media.
- Zheng, X., Morrell, J., & Watts, K. (2018). A quantitative longitudinal study to explore factors which influence maternal self-efficacy among Chinese primiparous women during the initial postpartum period. *Midwifery*, 59(October 2017), 39–46. <https://doi.org/10.1016/j.midw.2017.12.022>
- Zimmerman, B. J. (2000). Self-Efficacy: An Essential Motive to Learn, 82–91. <https://doi.org/10.1006/ceps.1999.1016>