

## DAFTAR PUSTAKA

- Agusti, A. 2007. Systemic Effects of Chronic Obstructive Pulmonary Disease. *Proc Am Thorac Soc*, 4: 522-525.
- American Thoracic Society Committee on Proficiency Standards for Clinical Pulmonary Function Laboratories. 2002. ATS statement: guidelines for the six-minute walk test. *Am J Respir Crit Care Med*, 166; 111-117
- Bhat, R., Cote, G., Bittner, V., Gibbons K., Pouline F., Hill, K., Hewitt, L. 2012. Volitional pursed lips breathing in patients with stable chronic obstructive pulmonary disease improves exercise capacity. *Chronic Respiratory Disease*; 10(1) 5–10.
- Chung, K.F., Adcock, I., M. 2008. Multifaceted mechanisms in COPD: inflammation, immunity, and tissue repair and destruction. *Eur Respir J*; 31(6): 1334-56.
- Dahlan, M.S. 2006. Besar Sampel dalam Penelitian Kedokteran dan Kesehatan. Seri Evidence Based Medicine. *Arkans*; 2: 62-63.
- Denguezli, M., Daldoul, H., Harrabi, I., Gnatiuc, L., Coton, S., Burney, P. 2016. COPD in Nonsmokers: Reports from Tunisian Population-Based burden of Obstructive Lung Disease Study. *PLoS One*; 11(3).
- De Boer, Yao H, Rahman I. 2007. Future Therapeutic Treatment of COPD : struggle between oxidants and cytokines. *International Journal of COPD*; 293: 205-228.
- Dewi S.K. 2015. Pengaruh Pursed Lips Breathing Terhadap Nilai Forced Expiratory Volume In One Second (FEV1) Pada Penderita Penyakit Paru Obstruksi Kronis di RS paru dr Ario Wirawan Salatiga. Fakultas Ilmu Kesehatan Universitas Muhammadiyah Surakarta.
- Dowling, R.B., Johnson, M., Cole, P.J., Wilson, R. 1998. Effect of Salmeterol on Haemophilus Influenzae Infection of Respiratory Mucosa in vitro. *Eur Respir J*; 11:86-90.
- Faager, G., Stahle, A., Larsen, L. 2008. Influence of Spontaneous Pursed Lips Breathing on Walking Endurance and Oxygen Saturation in Patient with Moderate to Severe Chronic Obstructive Pulmonary Disease. *Clin Rehabil*; 22:675-83
- Fregonezi G.A., Resqueti V.R., Rous GR. 2004. Pursed Lips Breathing. *Arch Bronconeumol* ; 40 (6) : 279-82.

- Garrod, R., Dallimore, K., Cook, J., Danies, V., Quade, K. 2005. An Evaluation of the Acute Impact of Pursed Lips Breathing on Walking Distance in Non-Spontaneous Pursed Lips Breathing Chronic Obstructive Pulmonary Disease Patients. *Chronic Respiratory Disease*; 2: 67-72.
- Global Initiative for Chronic Obstructive Lung Disease (GOLD). 2015. Global Strategy for the Diagnosis, Management and Prevention of Chronic Obstructive Pulmonary Disease. Scientific Information and Recommendations for COPD programs. [Updated 2015]. Available from; URL: [www.gold-copd.org](http://www.gold-copd.org).
- Gosselink. 2003. Controlled Breathing and Dyspnea in Patients with Chronic Obstructive Pulmonary Disease (COPD). *Journal of Rehabilitation Research and Development*; 40(5) :25-34
- Guyton, A.C., Hall, J.E., 2014. Textbook of medical physiology 12th edition. Unit VII, Respiration, 465-69. Jackson, Mississippi.
- Guyyatt, G. H., Oxman, A.D., Kunz, R., Falck-Ytter, Vist, G. E., Liberati, A. 2008. Going From Evidence to Recommendation. *BMJ*; 3;336(7651): 995-8.
- Hafiizh. M.E. 2013. Pengaruh Pursed Lip Breathing (PLB) Terhadap Penurunan Respiratory Rate (RR) dan Peningkatan Pulse Oxygen Saturation (SpO<sub>2</sub>) pada penderita PPOK. Fakultas Ilmu Kesehatan Universitas Muhammadiyah Surakarta.
- Halbert, R. J., Natoli, J. L., Gano, A., Badamgarav, E., Buist, A. S., Mannino. 2006. Global Burden of COPD: Systematic review and meta-analysis. *European Respiratory Journal*; 28(3): 523-32
- Heaney, L., Masih, I. 2012. Inflammation in COPD and New Drug Strategies. Available from; URL: <http://www.cdn.intechopen.com>
- Hudak, C.M., Gallo, B.M. 2010. Keperawatan Kritis, Pendekatan Holistik. Edisi VI, Volume II. Penerbit Buku Kedokteran EGC. Jakarta.
- Izadi-avanji, F.S., Adib-Hajbaghery, M. 2011. Effects of Pursed Lip Breathing on Ventilation and Activities of Daily Living in Patients with COPD. Webmedcentral
- Lamprecht, B., McBurnie, M. A., Vollmer, W.M., Gudmundson, G., Welte, T. 2011. COPD in Never smokers : Result from the Population –based burden of obstructive lung disease study. *Chest*;10-1253.
- Lorenzo, M.D., Eleonora , P., Mosca , V., Pinto, A. 2013. Disability Affect the 6-Minute Walking Distance in Obese Subjects (BMI>40 kg/m<sup>2</sup>). *PLoS ONE*; 8(10):e75491

- Jenkins, S.C. 2007. 6-Minute Walk Test in Patient with COPD: Clinical Application in Pulmonary Rehabilitation. *Physiotherapy*; 93:175-182
- Kemenkes RI. 2013 Riset Kesehatan Dasar. Riskesdas 2013. Jakarta: Badan Penelitian dan Pengembangan Kesehatan Kementerian Kesehatan RI
- Miyamoto S, Nagaya N, Satoh T, Kyotani S, *et. al.* 2000. Clinical correlates and prognostic significance of six-minute walk test in patients with primary pulmonary hypertension. *Am J Respir Crit Care Med*;161:487–492
- Mueller DH. 2004. Medical Nutrition Therapy for Pulmonary Disease, in: Krause's Food, Nutrition, and Diet Therapy, 11th ed., Mahan LK and Escott-Stump S. Saunders Elsevier, USA, p945 – 948.
- Naseer, B. A. 2017. Effect of a short term pulmonary rehabilitation programme on exercise capacity, pulmonary function and health related quality of life in patients with COPD. Journal of Taibah University Medical Sciences. Taibah University. India.
- Nici, L., Donner, C., Wouters, E., Wouters, E., Zuwallack, R., Ambrosino, N., Bourbeau, J., Carone, M., Celli, B., Engelen, M., Fahy, B., Garvey, C., Goldstein, R., Gosseling, R., Lareau, S., MacIntyre, N., Maltias, F., Morgan, M., O'Donnel, D., Prefault, C., Reardon, J. 2006. American Thoracic Society/European Respiratory Society statement on pulmonary rehabilitation. *Am J Respir Crit Care Med*; 173:1390-1413.
- Nield, A.M., Hoo G.W.S., Roper, J.M., Santiago, S. 2007. *Efficacy of Pursed-Lips Breathing : A Breathing Pattern Retraining Strategy For Dyspnea Reduction.* *Journal of Cardiopulmonary Rehabilitation and Prevention*; 27:237/244.
- Paggiaro, P.L., Dahle, R., Bakran, I., Frith, L., Hollingworth, K., Efthimou, J. 1998. Multicentre Randomised Placebo-Controlled Trial of Inhaled Fluticasone Propionate in Patients with Chronic Obstructive Pulmonary Disease. *Lancet*; 351: 773-780.
- Papathanasiou JV, Ilieva E, Marinov B. 2013. Six-Minute Walk Test: An Effective and Necessary Tool in Modern Cardiac Rehabilitation. *Hellenic J Cardiol*; 54: 126-130
- Perhimpunan Dokter Paru Indonesia. 2013. Penyakit Paru Obstruktif Kronik (PPOK) : Pedoman Diagnosis dan Penatalaksanaan di Indonesia. hal 2.
- Pradoyo, J., Felly, S., Kristanti, C.M., Soemantri, S. 2005. Transisi Epidemiologi di Indonesia. Pertemuan Rakornas Litbangkes, Bandung.
- Raherison, C., Girodet, P.O. 2009. Review : Epidemiology COPD. *European Respiratory Review*. 18 : 114, 213-221.

- Ramos, E.M.C., Vanderlei, L.C.M., *et. al.* 2009. Influence of Pursed-Lip Breathing on Heart Rate Variability and Cardiorespiratory Parameters in Subjects with Chronic Obstructive Pulmonary Disease (COPD). *Brazilian Journal of Physical Therapy*.
- Redelmeier DA, Bayoumi AM, Goldstein RS., *et al* 1997. Interpreting small differences in functional status: The six minute walk test in chronic lung disease patients. *Am J Respir Crit Care Med*;155:1278–1282
- Roberts, M.H., Mapel, D.W., Hartry, A., Von Worley, A., Thomson, H. 2013. Chronic Pain Among Individuals With COPD As Compared To Other. *Am J Respir Crit Care Med*;141:122–29
- Smeltzer, S.C., Bare, B.G. 2008. Endurance and Strength training with Chronic Obstructive Pulmonar Disease (COPD). London : St George’s University of London.
- Spahija, J., Marachie, M.D., Grassino, A. 2005. Effects of Imposed Pursed-Lips Breathing on Respiratory Mechanics and Dyspnea at Rest and During Exercise in COPD. *Chest*;128 : 640-650.
- Stav, D., Raz, M., Shpirer, I. 2009. Three years of pulmonary rehabilitation: inhibit the decline in airflow obstruction, improves exercise endurance time and body mass index in chronic obstructive pulmonary disease, *BMC Pulm. Med.* p26–30.
- Sundoyo, A.W., Setiyohadi, B., Alwi, I., Simadibrata, K. M. 2010. *Buku Ajar Ilmu Penyakit Dalam*, Jilid I, Edisi V. Jakarta : Interna Publishing
- Visser, F.J., Ramlal, S., Dekhuijzen, P.N., Heijdra, Y.F. 2011. Pursed-lips breathing improves inspiratory capacity in chronic obstructive pulmonary disease. *Respiration*; 81(5): 372-8.
- Zhang, Z.Q., Chen, R.C., Yang, Q.K., Li, P., Wang, C.Z., Zhang, Z.H. 2008. A randomized controlled trial study of pulmonary rehabilitation with respiratory physiology as the guide on prognosis in patients with chronic obstructive pulmonary disease. *Chinese Critical Care Medicine* 20:607–10.