UNIVERSITAS GADJAH MADA
PERAN ANXIETY ATTACHMENT DALAM MEMODERATORI HUBUNGAN ANTARA EXPERIENCE OF BEING PHUBBED DAN KUALITAS PERSAHABATAN REMAJA
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Universitas Gadjah Mada, 2019 | Diunduh dari http://etd.repository.ugm.ac.id/

PERAN *ANXIETY ATTACHMENT* DALAM MEMODERATORI HUBUNGAN ANTARA *EXPERIENCE OF BEING PHUBBED* DAN KUALITAS PERSAHABATAN REMAJA

ABSTRAK

Memiliki kualitas persahabatan rendah dapat menghambat perkembangan sosial remaja. Kualitas persahabatan remaja dapat tinggi dan rendah karena dipengaruhi beberapa hal seperti *phubbing* dan *attachment style*. Semakin tinggi *phubbing* dapat berdampak kepada semakin rendahnya kualitas hubungan sosial. Selain itu, individu yang mengalami *being phubbed* dapat menurunkan kepuasan dalam hubungan percintaan mereka dengan dimoderatori oleh *anxiety attachment*. Oleh sebab itu, penelitian ini dilakukan untuk menguji peran *anxiety attachment* tersebut sebagai moderator *experience of being phubbed* dan kualitas hubungan sosial remaja dalam konteks persahabatan. Penelitian ini merupakan pendekatan kuantitatif yang dilakukan pada 211 siswa SMA di Yogyakarta dengan taraf usia 15-19 tahun. Alat ukur yang digunakan adalah GSBP, AAQ, dan FQS dan hasil dianalisa menggunakan *process* oleh Andrew F. Hayes. Hasil penelitian ini menunjukkan *anxiety attachment* tidak terbukti menjadi moderator hubungan antara *experience of being phubbed* dan kualitas persahabatan remaja.

Kata Kunci: *Anxiety attachment, experience of being phubbed, kualitas persahabatan remaja.*

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ABSTRACT

Have low friendship quality may intefere adolescent social development. The quality of adolescent friendship can be high and low because it is influenced by several things such as phubbing and attachment style. The higher phubbing can have an impact on the lower quality of social relations, and individuals who experience being phubbed can reduce satisfaction in their love relationships by being moderated by anxiety attachment. Therefore, this study was conducted to examine the role of anxiety attachment as a moderator of experience of being phubbed and the quality of adolescent social relationships in the context of friendship. This research is a quantitative approach conducted on 211 high school students in Yogyakarta with 15-19 years of age. Measuring instruments used were GSBP, AAQ, and FQS and the results were analyzed using the process by Andrew F. Hayes. Results indicate that anxiety attachment is not proven to be a moderator of the relationship between experience of being phubbed and the quality of adolescent friendship.

Keyword: *Adolescent friendship quality, anxiety attachment, experience of being phubbed*