

DAFTAR PUSTAKA

- American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorder edition (DSM-V)*. Washington : American Psychiatric Publishing.
- Aslan, O. (2009). *The role of gender and language learning strategies in learning english*. Unpublished Thesis. Department of English Language Teaching, Middle East Technical University
- Arifin. (2000). *Psikologi dakwah suatu pengantar studi*. Jakarta : Bumi Aksara.
- Azwar.S. (2017). *Metode penelitian psikologi: Edisi III*.Yogyakarta: Pustaka pelajar
- Bandura, A. (1977). *Social learning theory*. Englewood Cliffs, NJ: Prentice-Hall
- Bandura, A. (1986). *Social foundations of thought and action: A social cognitive theory*. Englewood Cliffs, NJ: Prentice-Hall.
- Bandura, A. (1989). Social cognitive theory. In R. Vasta (Ed.), *Annals of child development. Vol. 6. Six theories of child development* (pp. 1-60). Greenwich, CT: JAI Press
- Bandura, A. (1997). *Self-efficacy: The exercise of control*. New York: Freeman
- Bandura, A. (2006). Guide for constructing self-efficacy scales. In F. Pajares & T. Urdan (Eds.). *Self-efficacy beliefs of adolescents*, (Vol. 5., pp. 307-337). Greenwich, CT: Information Age Publishing
- Bandura, A. (2009). *Self efficacy in changing societies*. New York: Cambridge University press.
- Bandura, A. (2011). On the functional properties of perceived self efficacy revisited. *Journal of Management*, 38(1), 9-44. doi:10.1177/0149206311410606.
- Bakker, A. B., & Demerouti, E. (2014). Job demands resource theory. In Chen, P.Y.,& Cooper, C.L.(Eds.), *Work and Wellbeing*. UK: Wiley Blackwell
- Burns, J. R., & Rapee, R. M. (2006). Adolescent mental health literacy: Young people's knowledge of depression and help seeking. *Journal of Adolescence*, 29, 225–239. doi:10.1016/j.adolescence.2005.05.004
- Breslau, J., Miller, E., Joanie Chung, W.-J., & Schweitzer, J. B. (2011). Childhood and adolescent onset psychiatric disorders, substance use, and failure to graduate high school on time. *Journal of Psychiatric Research*, 45(3), 295–301. doi:10.1016/j.jpsychires.2010.06.014

- Charuvastra, A., & Cloitre, M. (2008). Social bonds and posttraumatic stress disorder. *Annual Review of Psychology*, 59, 301–328. doi: 10.1146/annurev.psych.58.110405.085650
- Cotton, S. M., Wright, A., Harris, M. G., Jorm, A. F., & McGorry, P. D. (2006). Influence of gender on mental health literacy in young Australians. *Australian and New Zealand Journal of Psychiatry*, 40, 790–796. doi:10.1080/j.1440-1614.2006.01885.x
- Cusack, J., Deane, F. P., Wilson, C. J., & Ciarrochi, J. (2008). Who influence men to go to therapy? Reports from men attending psychological services. *International Journal for the Advancement of Counselling*, 26, 271–283. doi:10.1023/B:ADCO.0000035530.44111.a8
- Crawford, S., & Caltabiano, N.J. (2009). The schools professional's roles in youth at risk of suicide. *Australian Journal of Education*, 34(2), 28-39. doi: 10.14221/ajte.2009v34n2.3
- Dew, M. A., Bromet, E. J., Schulberg, H. C., Parkinson, D. K., & Curtis, E. C. (1991). Factors affecting service utilization for depression in a white collar population. *Social Psychiatry and Psychiatric Epidemiology*, 26, 230–237. doi:10.1007/BF00788971
- Dimiyati, D. (2015). *Problem dan Solusi Pendidikan di Sekolah Berasrama*. <http://almasoem.sch.id/pesantren/problem-dan-solusi-pendidikansekolah-berasrama-boarding-school/> diunduh pada 5 Desember 2018
- Ekowarni, E. (1993). Kenakalan remaja: Suatu tinjauan psikologi perkembangan. *Buletin Psikologi*, 1(2), 24-27. doi:10.22146/bpsi.13162
- Fahmi, M., & Setiyawati, D. (2018). *Pengaruh psikoedukasi literasi depresi terhadap intensi memberi pertolongan oleh guru sekolah menengah atas*. (Tesis tidak dipublikasikan). Fakultas Psikologi Universitas Gadjah Mada, Yogyakarta.
- Gulliver, A. Griffiths., & M. K. Christensen, H. (2010). Perceived barriers and facilitators to mental health help-seeking in young people: a systematic review. *BMC Psychiatry*, 10:113. <http://www.biomedcentral.com/1471-244X/10/113> . doi.org/10.1186/1471-244X-10-113
- Hamalik, O. (2009). *Kurikulum dan pembelajaran*. Jakarta. Bumi Aksara.
- Hidayat, D. R., & Herdi. (2014). *Bimbingan konseling, kesehatan mental di sekolah*. Bandung: Remaja Rosdakarya.
- Hotmilk, Finkelhor D, Kantor GK.(2007). Multiple victimization experiences of urban elementary school students: Associations with psychosocial functioning and academic performance. *Child Abuse Neglect*.31:503–515. doi: S0145-2134(07)00087-7

- Jack, A.A. (2014). Culture shock revisited: the social culture contingencies to class marginality. *Sociological Forum*, 29(2), 453-475. doi.org/10.1111/socf.12092
- Jorm, A. F. (2000). Mental Health Literacy: Public Knowledge and Beliefs About Mental Disorder. *The British Journal of Psychiatry*, 177, 396-401. doi:10.1192/bjp.177.5.396
- Jorm, A. F., Angermeyer, M., & Katschnig, H. (2000). Public knowledge of and attitudes to mental disorders: A limiting factor in the optimal use of treatment services. In G. Andrews & S. Henderson (Eds.), *Unmet need in psychiatry* (pp. 399–414). Cambridge, England: Cambridge University Press. doi:10.1017/CBO9780511543562.032
- Jorm, A. F., Nakane, Y., Christensen, H., Yoshioka, K., Griffiths, K. M., & Wata, Y. (2005). Public beliefs about treatment and outcome of mental disorders: A comparison of Australia and Japan. *BMC Medicine*, 3. doi:10.1186/1741-7015-3-12
- Jorm, A. F., & Wright, A. (2007). Beliefs of young people and their parents about the effectiveness of interventions for mental disorders. *Australian and New Zealand Journal of Psychiatry*, 41, 656–666. doi:10.1080/00048670701449179
- Jorm, A.F.(2011). Mental Health Literacy: Empowering the Community to Take Action for Better Mental Health. *American Psychologist*, 67(3), 231-243. doi: 10.1037/a0025957.
- Jorm, A.F., Morgan, A.J., & Malhi, G.S. (2013). The future of e-mental health, *Australian & New Zealand Journal of Psychiatry* . 47(2), 104–106. doi: 10.1177/0004867412474076.
- Kelly,C.M., Jorm, A.F.,& Wright.A. (2007). Improving Mental Health literacy as a strategy to facilitate early intervention for mental disorder. *Medical Journal of Australia*, 187(7), 26-30. doi: 10.5694/j.1326-5377.2007.tb01332.x
- Kessler, R. C., Foster, C. L., Saunders, W. B., & Stang, P. E. (1995), Social consequences of psychiatric disorders, I: Educational attainment. *American Journal of Psychiatry*, 152(7), 1026–1032. doi:10.1176/ajp.152.7.1026
- Kessler, R. C., Berglund, P., Demler, O., Jin, R., Merikangas, K. R., & Walters, E. E. (2005). Lifetime Prevalence and Age-of-Onset Distributions of DSM-IV Disorders in the National Comorbidity Survey Replication. *Archives of General Psychiatry*, 62(6), 593. doi:10.1001/archpsyc.62.6.593.

- Kessler, R. C., Amminger, G. P., Aguilar-Gaxiola, S., Alonso, J., Lee, S., & Ustun, T. B. (2007). Age of onset of mental disorders: A review of recent literature. *Current Opinion in Psychiatry*, 20, 359–364. doi:10.1097/YCO.1090b1013e32816ebc32818
- Keitner, G., Ryan, C., Miller, I., Kohn, R., Bishop, D., & Epstein, N. (1995). Role of the family in recovery and major depression. *American Journal of Psychiatry*, 152, 1002–1008. doi:10.1176/ajp.152.7.1002
- Kim, J., Suh, W., & Heo, J. (2014). Do korean immigrant adolescent experience stress related growth during stressful intergroup contact and acculturation ?. *Journal of Humanistic Psychology*, 54(1), 3-27. doi.org/10.1177/0022167812468614
- Konu, A., & Rimpela, M. (2002). Well being in school: A conceptual model. *Health Promotion International*, 17 (1), 79-87.
- Kutcher, S., Wei, Y., & Morgan, C. (2015). Successful Application of a Canadian Mental Health Curriculum Resource by Usual Classroom Teachers in Significantly and Sustainably Improving Student Mental Health Literacy. *La Revue Canadienne de Psychiatrie*, 60(12), 580–586. doi:10.1177/070674371506001209
- Kutcher .S., Wei.Y., & Coniglio. C. (2016). Mental Health Literacy: Past, Present, and Future. *The Canadian Journal of Psychiatry*, 61(3), 154-158. doi.org/10.1177/0706743715616609
- Kutcher, S. (2017). *Mental health & high school curriculum guide*. Washington State
- Lac, A., & Crano, W. D. (2009). Monitoring matters: A meta-analytic review reveals the reliable linkage of parental monitoring with adolescent marijuana use. *Perspectives on Psychological Science*, 4, 578–586. doi:10.1111/j.1745-6924.2009.01166.x
- Lee, M.H., & Tsai, C.C. (2010): Exploring teachers perceived self-efficacy and technological pedagogical content knowledge with respect to educational use of the world wide web. *Instructional Science: An International Journal of the Learning Sciences*, 38(1), 1-21. doi:10.1007/s11251-008-075-4
- Letourneau, D. (2014). *Teaching in a residential school: Understanding perspective that lead to teacher satisfaction versus burnout (Published dissertation)*. Retrieved from ProQuest LLC. 3681320).
- Martin, N. K., Yin, Z., & Mayall, H. (2006). *Classroom Management Training, teaching experience and gender: Do These Variables Impact Teachers' attitudes and beliefs toward classroom management style?* Retrieved on July 22, 2019 from <http://files.eric.ed.gov/fulltext/ED494050.pdf>

- Maslihah, S. (2011). Studi tentang hubungan dukungan sosial, penyesuaian sosial lingkungan sekolah dan prestasi akademik siswa SMPIT Assyfa Boarding School Subang Jawa Barat. *Jurnal Psikologi Undip*, 10(2), 103-114. doi: 10.14710/jpu.10.2.103-114
- Moos, R.H. (2002). Life stressors, social resources, and coping skill in youth application to adolescents with chronic disorder. *Journal of Adolescents health*, 30 (4), 22-29.
- Mcluckie, A., Kutcher, S., Wei, Y., & Weaver, C. (2014). Sustained improvements in students' mental health literacy with use of a mental health curriculum in Canadian schools. *BioMed Central Psychiatry*, 14(1), 1-6. doi:10.1186/s12888-014-0379-4
- Novianty, A., & Hadjam, N. R. (2017). Literasi kesehatan mental dan sikap komunitas sebagai prediktor pencarian pertolongan formal. *Jurnal Psikologi*, 44(1), 50–65. doi.org/10.22146/jpsi.22988
- Odanga, J.S., Raburu, A. P., & Aloka, O.J (2015). Influence of gender on teachers' self-efficacy in secondary schools of kisumu county, kenya. *Academic Journal of Interdisciplinary StudiesMC SER Publishing, Rome-Italy*, 4(3), 189-198. doi: 10.5901/ajis.2015.v4n3p189
- O'Connell, M. E., Boat, T., & Warner, K. E. (eds.). (2009). *Preventing mental, emotional, and behavioral disorders among young people: Progress and possibilities*. Washington, DC: National Academy of Sciences.
- Patel, V. (2007). Mental health in low- and middle-income Countries. *British Medical Bulletin*, 81(1), 1-16. doi:10.1093/bmb/ldm010
- Pajares, F., & Usher, E. L. (2008). Self-efficacy, motivation, and achievement in school from the perspective of reciprocal determinism. *Social Psychological Perspectives*, 391–423. doi:10.1016/s0749-7423(08)15012-9.
- Parto, M., & Besharat, M. A. (2011). The direct and indirect effects of self-efficacy and problem solving on mental health in adolescents: Assessing the role of coping strategies as mediating mechanism. *Procedia - Social and Behavioral Sciences*, 30, 639–643. doi:10.1016/j.sbspro.2011.10.124
- Prever, M. (2006). *Mental health in school*. London: Paul Chapman Publishing.
- Rosdiana, Y., Widjajanto, E., & Eko, R.K. (2018). Pengetahuan sebagai faktor dominan self efficacy kader dalam melakukan deteksi dini gangguan jiwa. *Jurnal Kedokteran Brawijaya*, 30 (2). 138-141
- Russell, J. D., & Johanningmeier, K. A. (1981). *Improving competence through modular instruction*. Iowa: Kendall/Hunt Publishing Company.

- Ryan, S. M., Jorm, A. F., & Lubman, D. I. (2010). Parenting factors associated with reduced adolescent alcohol use: A systematic review of longitudinal studies. *Australian and New Zealand Journal of Psychiatry*, 44, 774–783. doi:10.1080/00048674.2010.501759
- Rulangi, R. (2017). *Psikoedukasi “IKESMEN” untuk meningkatkan literasi kesehatan mental siswa pada guru SMPN Yogyakarta*. (Tesis tidak dipublikasikan). Fakultas Psikologi Universitas Gadjah Mada, Yogyakarta
- Silva, M., Loureiro, A., & Cardoso, G. (2016). Social determinants of mental health: a review burn of the evidence. *Eur. J. Psychiat.* Vol. 30(4) , 259-292.
- Shochet, I. M., Dadds, M. R., Ham, D., & Montague, R. (2006). School connectedness is an underemphasized parameter in adolescent mental health: results of a community prediction study. *Journal of Clinical Child & Adolescent Psychology*, 35(2), 170–179. doi:10.1207/s15374424jccp3502_1
- Supratiknya, A. (2011). *Merancang program dan modul psikoedukasi*. Yogyakarta: Penerbit Universitas sanata dharma.
- Talib, N., & Muhammad, Z.U.R. (2012). Academic performance and perceived stress among university students. *Educational Research and Review*, 7(5), 127-132.
- Talsma, K., Schüz, B., Schwarzer, R., & Norris, K. (2018). I believe, therefore I achieve (and vice versa): A meta-analytic cross-lagged panel analysis of self-efficacy and academic performance. *Learning and Individual Differences*, 61, 136–150. doi:10.1016/j.lindif.2017.11.015.
- West, R. L., Ebner, N. C., & Hastings, E. C. (2013). Linking goals and aging: Experimental and lifespan approaches. In E. Locke & G. Latham (Eds.), *New developments in goal setting and task performance* (pp. 439–459). New York: Psychology Press. doi.org/10.4324/9780203082744
- Williams, S.M., Saxena, S., & McQueen, D.V. (2005). The momentum for mental health promotion. *Promotion and Education*, 2, (6-8)
- World Health Organization. (2004). *The global burden of disease*. Geneva :WHO
- WHO. (2011). *Strengthening mental health systems through community-based approaches, report of an informal consultation*. New Delhi India: World Health Organization Regional Officer for South-East Asia.
- WHO. (2013). *Mental health action plan 2013-2020*. Geneva: World Health Organization.