

ABSTRAK

Masa remaja merupakan periode pertumbuhan dan perkembangan secara pesat baik secara fisik, psikologis maupun intelektual dimana remaja berani melakukan hal-hal yang berisiko seperti perilaku seksual. Peran orang tua sangat dibutuhkan dalam membangun komunikasi dan memberikan informasi serta pendidikan seksual pada remaja agar terhindar dari pergaulan bebas. Tujuan dari penelitian ini adalah untuk mengetahui hubungan komunikasi interpersonal orang tua-remaja terhadap perilaku seksual remaja.

Metode penelitian menggunakan desain *crossectional*. Teknik pengambilan sampel menggunakan *total sampling* dengan jumlah responden 88 siswa di SMK Karya Rini YHI KOWANI Yogyakarta. Teknik pengambilan data menggunakan kuesioner. Analisis bivariabel menggunakan *Chi-square*.

Hasil penelitian menunjukkan bahwa komunikasi interpersonal orang tua-remaja yang buruk memiliki pengaruh terhadap perilaku seksual remaja. Uji statistik didapatkan *p-value* 0,001 sehingga terdapat hubungan yang signifikan antara komunikasi interpersonal orang tua-remaja terhadap perilaku seksual remaja dengan $RP\ 1,67\ CI\ 95\% (1,267-2,206)$. Variabel luar yang mempengaruhi perilaku seksual pada remaja yaitu teman sebaya.

Komunikasi interpersonal orang tua-remaja yang buruk memiliki risiko lebih tinggi terhadap perilaku seksual remaja.

Kata Kunci: Komunikasi interpersonal, Perilaku seksual remaja, teman sebaya

ABSTRACT

Adolescence is a period of rapid growth and development physically, psychologically, or intellectually, where adolescents dare to do risky activities, such as sexual activity. The parents' role is much needed in building communication and giving information as well sexual education to avoid them from free sex. The goal from this research is to determine the relevance of interpersonal communication between parents and their adolescent children with the sexual behavior of the adolescents.

The method used in this research is crossectional design. The sample retrieval method was total sampling with respondents of 88 students from SMK Karya Rini YHI KOWANI Yogyakarta. The data retrieval method was using questionnaire. Bivariable analysis was using Chi-square.

The research shows that poor interpersonal communication between parents and their adolescent children results in the sexual activities of the adolescents. Statistics test yield p-value of 0.0001, so there is a significant connection between interpersonal communication of parents and their adolescent children and the adolescents' sexual behavior with RP 1.67 CI 95% (1.267-2.206). The external variable that affects sexual behavior in adolescents is their friends of the same age.

Poor interpersonal communication between parents and their adolescent children has higher risk on the sexual behavior of the adolescents.

Key words: *Interpersonal communication, Adolescents' sexual behavior, Friends of the same age*