

DAFTAR PUSTAKA

- Alsa, A. (2007). *Pendekatan Kuantitatif & Kualitatif Serta Kombinasinya dalam Penelitian Psikologi*. Yogyakarta: Pustaka Pelajar.
- American Whitewater. (2009). *Risk, Safety, and Personal Responsibility*. Retrieved April 8, 2017, from <https://www.americanwhitewater.org/content/Wiki/view/id/stewardship%3Arisks/>
- Anderson, F., & Hopkinson, A. (1987). *Rivers of the Southwest: A Boaters Guide to the River of Colorado, New Mexico, Utah, and Arizona* (2nd ed.). Colorado: Pruett Publishing Company.
- Atherton, J. M. (2007). Philosophy outdoors. In M. McNamee (Ed.), *Philosophy, Risk, and Adventure Sports* (pp. 43-55). New York: Routledge.
- Bandura, A. (1997). *Self-Efficacy*. New York: W.H. Freeman and Company.
- Beer, J. S., & Lombardo, M. V. (2007). Insights into Emotion Regulation from Neuropsychology. In J. Gross, *Handbook of Emotion Regulation* (pp. 69-86). New York: The Guilford Press.
- Breivik, G. (2007). The Quest for Excitement and The Safe Society. In M. McNamee (Ed.), *Philosophy, Risk, and Adventure Sport* (pp. 10-24). New York: Routledge.
- Brymer, E., & Schweitzer, R. (2012). Extreme Sport are Good for Your Health: A Phenomenological Understanding of Fear and Anxiety in Extremme Sport. *Journal of Health Psychology*, 18(4), 477-487.
- Calkins, S. D., & Hill, A. (2007). Caregiver Influences on Emerging Emotion Regulation. In J. J. Gross, *Handbook of Emotion Regulation* (pp. 229-248). New York: The Guilford Press.
- CanoeKayak.com. (2015). *Canoe & Kayak Magazine*. Retrieved June 20, 2017, from <http://www.canoe kayak.com/skills/10-tips-for-dealing-with-fear-on-the-river/#fkgiBhLDoLAc1fVd.97>
- Chaplin, J. P. (1968). *Dictionary of Psychology* (1 ed.). (K. Kartono, Trans.) New York: Dell Publishing Co. Inc.

- Consedine, N. S. (2011). Capacities, Targets, and Tactics: Lifespan Emotion Regulation from the Perspective of Developmental Functionalism. In I. Nyklicek, A. Vingerhoets, & M. Zeelenberg (Eds.), *Emotion Regulation and Well-Being* (pp. 13-28). New York: Springer.
- Cox, R. H. (2012). *Sport Psychology* (7th ed.). New York: Mc Graw Hill.
- Creswell, J. W. (2007). *Qualitative Inquiry & Research Design: Choosing Among Five Approaches* (2nd ed.). London: Sage Publications Ltd.
- Dodge, K. A., & Garber, J. (1991). Domains of Emotion Regulation. In J. Garber, & K. A. Dodge (Eds.), *The Development of Emotion Regulation and Dysregulation* (pp. 3-14). Cambridge: Cambridge University Press.
- Eisenberg, N., Hofer, C., & Vaughan, J. (2007). Effortful Control and Its Socioemotional Consequences. In J. J. Gross, *Handbook Of Emotion Regulation* (pp. 287-306). New York: The Guilford Press.
- Elworthy, A. (2015). *Fear: Keeping You Alive...or Stopping You Living*. Retrieved March 25, 2017, from <http://www.kayaksession.com/fear-keeping-you-alive-or-stopping-you-living/>
- Farmer, C. J. (1997). *The Digest Book Of Canoes, Kayaks, And Rafts*. Northfield: DBI Books.
- Federasi Arung Jeram Indonesia. (2005). *Sejarah Arung Jeram Indonesia*. Retrieved April 9, 2017, from http://www.faji.org/?go=organisasi&p=sejarah_arung_jeram
- Feist, J., & Feist, G. J. (2009). *Theories of Personality*. New York: Mc Graw Hill.
- French Broad Rafting Staff. (2010). <http://www.frenchbroadrafting.com>. Retrieved March 20, 2017, from <http://www.frenchbroadrafting.com/white-water-rafting-why-do-they-call-it-whitewater/>
- Gerstacker, D. (2014). www.theactivetimes.com. Retrieved Maret 20, 2017, from <http://www.theactivetimes.com/what-kayaking>
- Gleitman, H., Gross, J., & Reisberg, D. (2010). *Psychology* (8th ed.). New York: W.W. Norton & Company.

- Goma-i-Freixanet, M. (2004). Sensation Seeking and Participation in Physical Risk Sports. In R. M. Stelmack (Ed.), *On The Psychobiology Personality: Essay In Honor of Marvin Zuckerman* (pp. 185-201). Oxford: Elsevier Ltd.
- Gomez, A. T., & Rao, A. (2016, March). *www.researchgate.net*. Retrieved March 23, 2017, from https://www.researchgate.net/publication/295082071_Adventure_and_Extreme_Sports
- Gross, J. J. (2008). Emotion Regulation. In M. Lewis, J. m. Haviland-Jones, & L. F. Barrett (Eds.), *Handbook of Emotions* (3rd ed., pp. 497-512). New York: The Guildford Press.
- Gross, J. J., & Thompson, R. A. (2007). Emotion Regulation: Conceptual Foundation. In J. J. Gross (Ed.), *Handbook of Emotion Regulation* (pp. 3-24). New York: The Guildford Press.
- Gunarsa, S. D. (2000). *Psikologi Olahraga dan Penerapannya untuk Bulutangkis*. Jakarta: UPT Penerbitan Universitas Tarumanegara.
- Gunarsa, S. D. (2008). *Psikologi Olahraga Prestasi*. Jakarta: PT BPK Gunung Mulia.
- Hanin, Y. L. (2007). Emotion In Sports. In G. Tenenbaum, & R. C. Eklund, *Handbook of Sport Psychology* (pp. 31-58). New Jersey: John Wiley & Sons, Inc.
- Izzart, C. E. (1991). *The Psychology of Emotion*. New York: Plenum.
- John, O. P., & Gross, J. J. (2007). Individual Differences in Emotion Regulation. In J. J. Gross (Ed.), *Handbook of Emotion Regulation* (pp. 351-372). New York: The Guilford Press.
- Kamus Besar Bahasa Indonesia. (2016). *KBBI*. Retrieved April 27, 2017, from <https://kbbi.kemdikbud.go.id/entri/jeram>
- Kamus Besar Bahasa Indonesia. (2016). *KBBI*. Retrieved April 27, 2017, from <https://kbbi.kemdikbud.go.id/entri/berdayung>
- Krein, K. (2007). Nature and Risk in Adventure. In M. McNamee, *Philosophy, Risk and Adventure Sports* (pp. 80-93). New York: Routledge.

- Langdridge, D. (2007). *Phenomenological Psychology: Theory, Research and Method*. Essex: Pearson Education Limited.
- Lazarus, R. S. (1991). *Emotion & Adaptation*. New York: Oxford University Press.
- Moleong, L. J. (2007). *Metodologi Penelitian Kualitatif*. Bandung: PT. Remaja Rosdakarya.
- Nealy, W. (1988). *KAYAK: The Animated Manual of Intermediate and Advanced Whitewater Techniques*. Birmingham: Menasha Ridge Press.
- Nyklicek, I., Vingerhoets, A., & Zeelenberg, M. (2011). *Emotion Regulation and Well-Being*. New York: Springer.
- Ohman, A. (2000). Fear and Anxiety: Evolutionary, Cognitive, and Clinical Perspectives. In M. Lewis, & J. M. Jones (Eds.), *Handbook Of Emotions* (2nd ed., p. 573). New York: Guilford Pres.
- paddlingcalifornia.com. (2017). *How To Plan For A Kayak Trip*. Retrieved April 12, 2017, from http://www.paddlingcalifornia.com/article_how_to_plan_for_a_kayak_trip.html
- Passer, M. W., & Smith, R. E. (2009). *The Science of Mind and Behavior*. New York: McGraw-Hill.
- Philippot, P., & Feldman, R. S. (2004). *The Regulation of Emotion*. New Jersey: Lawrence Erlbaum Associates.
- Planalp, S. (1999). *Communicating Emotion: Social, Moral, and Cultural Processes*. Cambridge: Cambridge University Press.
- Poerwandari, E. K. (2011). *Pendekatan Kualitatif untuk Penelitian Perilaku Manusia* (3rd ed.). Depok: LPSP3 UI.
- Rime, B. (2007). Interpersonal Emotion Regulation. In J. J. Gross (Ed.), *Handbook of Emotion Regulation* (pp. 466-485). New York: The Guilford Press.
- Rothbart, M. K., & Sheese, B. E. (2007). Temperament and Emotion Regulation. In J. J. Gross, *Handbook of Emotion Regulation* (pp. 331-351). New York: The Guilford Press.

- Santrock, J. W. (2011). *Life-Span Development* (13th ed.). (N. I. Sallama, Ed., & B. Widiasinta, Trans.) New York: McGraw Hill.
- Santrock, J. W. (2011). *Life-Span Development*. New York: Mc Graw Hill.
- Schirmer, A. (2015). *Emotion*. California: SAGE Publication.
- Shiota, M. N., & Kalat, J. W. (2012). *Emotion* (International ed.). Wadsworth: Wadsworth Cengage Learning.
- Slavin, R. E. (2009). *Educational Psychology: Theory and Practice* (9th ed.). New Jersey: Pearson Education, Inc.
- Strongman, K. T. (2003). *The Psychology of Emotion* (5th ed.). Christchurch: Wiley.
- Tamir, M., & Mauss, I. B. (2011). Social Cognitive Factors in Emotion Regulation: Implication for Well-Being. In I. Nyklicek, A. Vingerhoets, & M. Zeelenberg (Eds.), *Emotion Regulation and Well-Being* (pp. 31-47). New York: Springer.
- Taylor, J. (2011). *Sports: Become an Emotional Master Athlete*. Retrieved April 4, 2017, from <https://www.psychologytoday.com/blog/the-power-prime/201105/sports-become-emotional-master-athlete>
- Thompson, R. A. (1994). Emotion Regulation: A Theme in Search of Definition. In N. A. Fox, *The Development of Emotion Regulation: Biological and Behavioral Consideration* (pp. 25-52). Chicago: University of Chicago Press.
- Wagstaff, C. R. (2014). Emotion Regulation and Sport Performance. *Journal of Sport & Exercise Psychology*, 1-31.
- Walgito, B. (2003). *Psikologi Sosial (Suatu Pengantar)* (4th ed.). Yogyakarta: ANDI.
- Watts, F. (2007). Emotion Regulation and Religion. In J. J. Gross (Ed.), *Handbook Of Emotion Regulation* (p. 504). New York: Guilford Press.