

DAFTAR PUSTAKA

- Aahlin, E.K., von Meyenfeldt, M., Dejong, C.H.C., Ljungqvist, O., Fearon, K.C., Lobo, D.N., . . . Lassen, K. (2014). Functional recovery is considered the most important target: A survey of dedicated professionals. *Perioperative Medicine*, 3, 5. doi:10.1186/2047-0525-3-5
- Aarts, M.A., Okrainec, A., Wood, T., Pearsall, E.A., & McLeod, R.S. (2013). Enhanced recovery after surgery guideline: A quality initiative of the best practice in general surgery part of CAHO's ARTIC program. Retrieved from http://anesthesiology.queensu.ca/assets/iERAS_GUIDELINE_April_2013.pdf
- Adamina, M., Kehlet, H., Tomlinson, G.A., Senagore, A.J., & Delaney, C.P. (2011). Enhanced recovery pathways optimize health *outcomes* and resource utilization: A meta-analysis of randomized controlled trials in colorectal surgery. *Surgery*, 149(6), 830-840. doi:10.1016/j.surg.2010.11.003
- Adesoye, A., & Duncan, N. (2017). Acute pain management in patient with opioid tolerance. *US Pharmacist*, 42(3), 28-32. Retrieved from <https://www.uspharmacist.com/article/acute-pain-management-in-patients-with-opioid-tolerance>
- Ahmed, J., Khan, S., Lim, M., Chandrasekaran, T.V., & MacFie, J.. (2011). Enhanced recovery after surgery protocols – compliance and variations in practice during routine colorectal surgery. *Colorectal Disease*, 14, 1045-1051. doi:10.1111/j.1436-1318.2011.02856.x
- American Association of Nurse Anesthetists (AANA). (2017). Enhanced recovery after surgery: considerations for pathway development and implementation. Retrieved from [https://www.aana.com/docs/default-source/practice-aana-com-web-documents-\(all\)/enhanced-recovery-after-surgery.pdf?sfvrsn=6d184ab1_6](https://www.aana.com/docs/default-source/practice-aana-com-web-documents-(all)/enhanced-recovery-after-surgery.pdf?sfvrsn=6d184ab1_6)
- American Society of Anesthesiologists (ASA). (2017). Practice guidelines for preoperative fasting and the use of pharmacologic agents to reduce the risk of pulmonary Aspiration: application to healthy patients undergoing elective procedures: Updated Report. *Anesthesiology*, 126(3), 376-393. Retrieved from <http://anesthesiology.pubs.asahq.org/pdfaccess.ashx?url=/data/journals/jasa/936059/>
- Andersen, H.K., Lewis, S.J., & Thomas, S. (2009). Early enteral nutrition within 24h of colorectal surgery versus later commencement of feeding for postoperative complications. *Cochrane Database of Systematic Reviews*, 2009(4). doi:10.1002/14651858.CD004080.pub2
- Arikunto, Suharsimi. (2014). *Prosedur Penelitian: Suatu Pendekatan Praktik*. Jakarta: Rineka Cipta.
- Ariyanti, S., Hadi, M., & Arofiati, F. (2017). Hubungan karakteristik perawat dan karakteristik organisasi dengan perilaku *caring* perawat pelaksana di Ruang Rawat Inap Rumah Sakit Kartika Husada Pontianak 2017. *Jurnal Keperawatan Soedirman*, 2(3), 163-172. doi:10.20884/1.jks.2017.12.3.727
- Arsyad, Azhar. (2017). *Media pembelajaran* (Rev. ed.). Jakarta: Rajawali Pers.

- Ashaver, D., & Igyuve, S.M. (2013). The use of audio-visual materials in the teaching and learning process in Colleges of Education in Benue State-Nigeria. *IOSR Journal of Research & Method Education*, 1(6), 44-55. Retrieved from <http://iosrjournals.org/iosr-jrme/papers/Vol-1%20Issue-6/G0164455.pdf>
- Azwar, Saifuddin. (2007). *Sikap manusia: Teori dan pengukurannya* (2nd ed.). Yogyakarta: Pustaka Pelajar.
- Badan Pusat Statistik. (2016). *Angka Beban Tanggungan*. Available from pada https://www.bps.go.id/istilah/index.html?Istilah_page=4
- Baldini, G., & Fawcett, W.J. (2015). Anesthesia for colorectal surgery. *Anesthesiology Clinics*, 33(1), 93-123. doi:10.1016/j.anclin.2014.11.007
- Bell, B.R., Bastien, P.E., & Douketis, J.D. (2015). On behalf of thrombosis Canada prevention of venous thromboembolism in the enhanced recovery after surgery (ERAS) setting: an evidence-based review 2014. *Canadian Journal of Anesthesia*, 62(2), 194–202. doi:10.1007/s12630-014-0262-2
- Bernard, H. (2013). Patient warming in surgery and the enhanced recovery. *British Journal of Nursing*, 22(6), 319-325. doi:10.12968/bjon.2013.22.6.319
- Brady, K.M., Keller, D.S., & Delaney, C.P. (2015). Successful implementation of an enhanced recovery pathway : The nurse's role. *AORN Journal*, 102(5), 469-481. doi:10.1016/j.aorn.2015.08.015
- Brandstrup, B., Tønnesen, H., Beier-Holgersen, R., Hjortsø, E., Ørding, H., Lindorff-Larsen, K., . . . Pott, F. (2003). Danish study group on perioperative fluid therapy. Effects of intravenous fluid restriction on postoperative complications: Comparison of two perioperative fluid regimens: A randomized assessor-blinded multicenter trial. *Annals of Surgery*, 238(5), 641-648. doi:10.1097/01.sla.0000094387.50865.23
- Budiman & Riyanto, A. (2013). *Kapita selekta kuesioner: Pengetahuan dan sikap dalam penelitian kesehatan*. Jakarta: Salemba Medika.
- Bundgaard-Nielsen, M., Secher, N.H., & Kehlet, H. (2009). 'Liberal' vs. 'restrictive' perioperative fluid therapy - a critical assessment of the evidence. *Acta Anaesthesiologica Scandinavica*, 53(7), 843-851. doi:10.1111/j.1399-6576.2009.02029.x
- Cartwright, Roger. (2003). *Implementing a training and development strategy*. Retrieved from <http://b-ok.org>
- Collins, Anita. (2013). Effect of continuing nursing education on nurse's attitude toward an accuracy of nursing diagnosis. *International Journal of Nursing Knowledge*, 24(3), 122-128. doi:10.1111/j.2047-3095.2013.01237.x
- Contant, C.M.E., Hop, W.C.J., van't Sant, H.P., Oostvogel, H.J.M., Smeets, H.J., Stassen, L.P.S., . . . Weidema, W.F. (2007). Mechanical bowel preparation for elective colorectal surgery: A multicenter randomized trial. *The Lancet*, 370(9605), 2112-2117. doi:10.1016/S0140-6736(07)61905-9
- Dahlan, Sopiudin. (2014). *Statistik untuk kedokteran dan kesehatan: Deskriptif, bivariat, dan multivariat* (6th ed.). Jakarta: Epidemiologi Indonesia.
- Debas, H.T., Gosselin, R., McCord, C., & Thind, A. (2006). Surgery. In D. T. Jamison et al. (Eds.). *Disease control priorities in developing countries* (2nd

- ed., pp. 1245-1260). Retrieved from <http://www.who.int/surgery/challenges/disease-control-priorities.pdf>.
- Depkes RI. (2009). *Profil Kesehatan Indonesia Tahun 2009*. Kementerian Kesehatan RI.
- Depkes RI. (2017). *InfoDATIN Situasi Tenaga Keperawatan Indonesia*. Kementerian Kesehatan RI: Pusat Data dan Informasi.
- El Nakeeb, A., Fikry, A., El Metwally, T., Fouda, E., Youssef, M., Ghazy, H., . . . Farid, M. (2009). Early oral feeding in patients undergoing elective colonic anastomosis. *International Journal of Surgery*, 7, 206-209. doi:10.1016/j.ijso.2009.03.003
- Fearon, K.C.H., Ljungqvist, O., von Meyenfeldt, M., Revhaug, A., Dejong, C.H.C., Lassen, K., . . . Kehlet H. (2005). Enhanced recovery after surgery: A consensus review of clinical care for patients undergoing colonic resection. *Clinical Nutrition*, 24(3): 466-477. doi:10.1016/j.clnu.2005.02.002
- Foss, M., & Bernard, H. (2012). Enhanced recovery after surgery: Implications for nurses. *British Journal of Nursing*, 21, 221-223. doi:10.12968/bjon.2012.21.4.221
- Gallagher, Lorraine. (2007). Continuing education in nursing: A concept analysis. *Nurse Education Today*, 27, 466-473. doi:10.1016/j.nedt.2006.08.007
- Gan, T.J., Diemunsch, P., Habib, A.S., Kovac, A., Kranke P., Meyer, T.A., . . . Tramer, M.R. Consensus guidelines for the management of postoperative nausea and vomiting. *Anesth Analg*, 118(1), 85-112. doi:10.1213/ANE0000000000000002
- Gitosudarmo, I., & Sudita, I.N. (2008). *Perilaku keorganisasian* (1st ed.). Yogyakarta: BPFE-Yogyakarta.
- Gritsenko, K., Khelemsky, Y., Kaye, A. D., Vadivelu, N., & Urman, R. D. (2014). Multimodal therapy in perioperative analgesia. *Best Practice & Research Clinical Anaesthesiology*, 28(1), 59-79. doi:10.1016/j.bpa.2014.03.001
- Grundy, T., & Brown, L. (2003). *Developing the individual*. Retrieved from <http://b-ok.org>
- Gustafsson, U.O., Hausel, J., Thorell, A., Ljungqvist, O., Soop, M., & Nygren, J. (2015). Adherence to the enhanced recovery after surgery protocol and outcomes after colorectal cancer surgery. *Arch Surg*, 146(5), 571-577. doi:10.1001/archsurg.2010.309
- Gustafsson, U.O., Scott, M.J., Schwenk, W., Demartines, N., Roulin, D., Francis, N., . . . Ljungqvist, O. (2013). Guidelines for perioperative care in elective colonic surgery: enhanced recovery after surgery (ERAS[®]) society recommendations. *World Journal of Surgery*, 37, 259-284. doi:10.1007/s00268-012-1772-0
- Halaszynski, T.M., Juda, R., & Silverman, D.G. (2004). Optimizing postoperative outcomes with efficient preoperative assessment and management. *Critical Care Medicine*, 32(4S), S76-S86. doi:10.1097/01.CCM.0000122046.30687.5C
- Hamalik, Oemar. (2005). *Pengembangan sumber daya manusia manajemen pelatihan ketenagakerjaan: Pendekatan terpadu*. Jakarta: Bumi Aksara.

- Harrison, Rosemary. (2001). *The training and development audit*. Retrieved from <http://b-ok.org>
- Hausel, J., Nygren, J., Lagerkranser, M., Hellstrom, P.M., Hammarqvist, F., Almstrom, C., . . . Ljungqvist, O. (2001). A carbohydrate-rich drink reduces preoperative discomfort in elective surgery patients. *Anesthesia & Analgesia*, 93(5), 1344-1350. Retrieved from <http://newagehealth.us/wp-content/uploads/2017/04/A-Carbohydrate-Rich-Drink-Reduces-Preoperative-Discomfort-in-Elective-Surgery-Patients.pdf>.
- Henriksen, M.G., Jensen, M.B., Hansen, H.V., Jespersen, T.W., & Hesso, I. (2002). Enforced mobilization, early oral feeding, and balanced analgesia improve convalescence after colorectal surgery. *Nutrition*, 18, 147-152. doi:10.1016/S0899-9007(01)00748-1
- Hughes, M.J., Coolson, M.M.E., Aahlin, E.K., Harrison, E.M., McNally, S.J., Dejong, C.H.C., . . . Wigmore, S.J. (2015). Attitudes of patients and care providers to enhanced recovery after surgery program after major abdominal surgery. *Journal of Surgical Research*, 193, 102-110. doi:10.1016/j.jss.2014.06.032
- Hughes, M.J., McNally, S., & Wigmore, S.J. (2014). Enhanced recovery following liver surgery: A systematic review and meta-analysis. *Hepato-Pancreato-Biliary*, 16(8), 699-706. doi:10.1111/hpb.12245
- Kahokehr, A.A., Thompson, L., Thompson, M., Soop, M., & Hill, A.G. (2012). Enhanced recovery after surgery (ERAS) workshop: Effect on attitudes of the perioperative care team. *Journal of Perioperative Practice*, 22(7), 237-241. doi:10.1177/175045891202200705
- Kaska, M., Grosmanová, T., Havel, E., Hyspler, R., Petrová, Z., Brtko, M., . . . Sluka, M. (2010). The impact and safety of preoperative oral or intravenous carbohydrate administration versus fasting in colorectal surgery--a randomized controlled trial. *Wiener Klinische Wochenschrift*, 122(1-2), 23-30. doi:10.1007/s00508-009-1291-7
- Kaswan. (2016). *Pelatihan dan pengembangan untuk meningkatkan kinerja SDM*. Bandung: Alfabeta.
- Kehlet, H., & Slim, K. (2012). The future of fast-track surgery. *British Journal of Surgery*, 99, 1025-1026. doi:10.1002/bjs.8832
- Kehlet, H., & Wilmore, D.W. (2008). Evidence-based surgical care and the evolution of fast-track surgery. *Annals of Surgery*, 248(2), 189-198. doi:10.1097/SLA.0b013e31817f2c1a
- Khan, S.A., Ullah, S., Ahmed, J., Wilson, T.R., McNaught, C., Hartley, J., & MacFie, J. (2013). Influence of enhanced recovery after surgery pathways and laparoscopic surgery on health-related quality of life. *Colorectal Disease*, 15, 900-907. doi:10.1111/codi.12191
- Kruzik, Nancy. (2009). Benefits of preoperative education for adult elective surgery patients. *AORN Journal*, 90, 381-387. doi:10.1016/j.aorn.2009.06.022
- Kumajas, F.W., Warouw, H., & Bawotong, J. (2014). Hubungan karakteristik individu dengan kinerja perawat di Ruang Rawat Inap Penyakit Dalam

- RSUD Datoe Binangkang. *Jurnal Keperawatan Universitas Sam Ratulangi*, 2(2), 1-8.
- Lagoe, R.J., Johnson, P.E., & Murphy, M.P. (2011). Inpatient hospital complications and lengths of stay: A short report. *BMC Research Notes*, 4, 135. Retrieved from <http://www.biomedcentral.com/1756-0500/4/135>
- Lake, E. T. (2002). Development of the practice environment scale of the nursing work index. *Research in Nursing & Health*, 25(3), 176 – 188. doi:10.1002/nur.10032
- Lassen, K., Hannemann, P., Ljungqvist, O., Fearon, K., Dejong, C.H.C., von Meyenfeldt, M.F., . . . Revhaug, A. (2005). Patterns in current perioperative practice : Survey of colorectal surgeons in five Northern European countries. *British Medical Journal*, 331, 1420-1421. doi:10.1136/bmj.38478.568067.AE
- Lassen, K., Soop, M., Nygren, J., Cox, P.B., Hendry, P.O., Spies, C., . . . Dejong, C.H. (2009). Enhanced recovery after surgery (ERAS) group. Consensus review of optimal perioperative care in colorectal surgery: Enhanced recovery after surgery (ERAS) group recommendations. *Archives of Surgery*, 144(10), 961-969. doi:10.1001/archsurg.2009.170
- Lee, T.G., Kang, S.B., Kim, D.W., Hong, S.M., Heo, S.C., & Park, K.J. (2011). Comparison of early mobilization and diet rehabilitation program with conventional care after laparoscopic colon surgery: A prospective randomized controlled trial. *Diseases of the Colon & Rectum*, 54, 21-28. doi:10.1007/DCR.0b013e3181fcd3e
- Ljungqvist, O., Scott, M., Fearon, K.C. (2017). Enhanced recovery after surgery: A review. *JAMA Surgery*, 152(3), 292-298. doi:10.1001/jamasurg.2016.4952
- Lobo, D.N., Bostock, K.A., Neal, K.R., Perkins, A.C., Rowlands, B.J., & Allison, S.P. (2002). Effect of salt and water balance on recovery of gastrointestinal function after elective colonic resection: A randomised controlled trial. *The Lancet*, 359(9320), 1812-1818. doi:10.1016/S0140-6736(02)08711-1
- Lohsiriwat, Varut. (2014). Enhanced recovery after surgery vs conventional care in emergency colorectal surgery. *World Journal of Gastroenterology*, 20, 13950-13955. doi:10.3748/wjg.v20.i38.13950
- Lynn, M.R. (1986). Determination and qualification of content validity. *Journal of Nursing Research*, 35(6), 382-386. doi:10.1097/00006199-198611000-00017
- Ma'munah, Malikatul. (2015). Pengaruh pendidikan kesehatan dengan *booklet* terhadap pengetahuan nutrisi ibu laktasi di wilayah kerja Puskesmas Ciputat Timur. *Universitas Islam Negeri Syarif Hidayatullah*. Retrieved from <http://repository.uinjkt.ac.id/dspace/bitstream/123456789/38022/1/MALIKATUL%20MA%27MUNAH-FKIK.pdf>
- Malik, D.I.H. (2014). *Hubungan tingkat pendidikan perawat dengan mutu pelayanan keperawatan pada pasien di Rumah Sakit Daerah Kalisat Jember. [Skripsi]. Universitas Muhammadiyah Jember.*
- Marzuki, M.A., Hassan, H., Wichaikhum, O., & Nantsupawat, R. (2012). Continuing nursing education: best practice initiative in nursing practice

- environment. *Procedia-Social and Behavioral Sciences*, 60, 450-455. doi:0.1016/j.sbspro.2012.09.405
- Massey, R.L. (2010). A randomized trial of rocking-chair motion on the effect of postoperative ileus duration in patients with cancer recovering from abdominal surgery. *Applied Nursing Research*, 23, 59-64. doi:10.1016/j.apnr.2008.06.001
- Mitchell, Mark. (2011). The future of surgical nursing and enhanced recovery programmes. *British Journal of Nursing*, 20, 978-984. doi:10.12968/bjon.2011.20.16.978
- Montgomery, R., & McNamara, S. A. (2016). Multimodal pain management for enhanced recovery: Reinforcing the *shift* from traditional pathways through nurse-led interventions. *AORN Journal*, 104(6S), S9-S16. doi:10.1016/j.aorn.2016.10.012
- Mubarak, W.I., Chayatin, N., Rozikin, K., & Supradi. (2007). *Promosi kesehatan: sebuah pengantar proses belajar mengajar dalam pendidikan*. Yogyakarta: Graha Ilmu.
- Murti, Bhisma. (2011). Validitas dan reliabilitas pengukuran. *Matrikulasi Program Studi Doktorat, Fakultas Kedokteran, Universitas Negeri Semarang*. Retrieved from <http://fk.uns.ac.id/index.php/download/file/61>
- Nicholson, A., Lowe, M.C., Parker, J., Lewis, S.R., Alderson, P., & Smith, A.F. (2014). Systematic review and meta-analysis of enhanced recovery programmes in surgical patients. *British Journal of Surgery*, 101, 172-188. doi:10.1002/bjs.9394
- Notoatmodjo, Soekidjo. (2007). *Promosi kesehatan dan ilmu perilaku*. Jakarta: Rineka Cipta.
- Notoatmodjo, Soekidjo. (2010). Metode dan media pendidikan/promosi kesehatan. In Notoatmodjo, Soekidjo (Ed.), *Promosi kesehatan teori dan aplikasi* (Rev. ed., pp. 284-297). Jakarta: Rineka Cipta.
- Nursalam. (2009). *MANAJEMEN KEPERAWATAN Aplikasi dalam Praktik Keperawatan Profesional*. Edisi 2, Jakarta: Penerbit Salemba Medika.
- Pambudi, P.S., & Wijayanti, D.Y. (2012) Hubungan konsep diri dengan prestasi akademik pada mahasiswa keperawatan. *Jurnal Nursing Studies*, 1(1), 149-156.
- Paton, F., Chambers, D., Wilson, P., Eastwood, A., Craig, D., Fox, D., . . . McGinnes, E. (2014). Effectiveness and implementation of enhanced recovery after surgery programmes: A rapid evidence synthesis. *BMJ Open*, 4(7). doi:10.1136/bmjopen-2014-005015
- Polit, D.F., & Beck, C.T. (2006). The content validity index: Are you sure you know what's being reported? Critique and recommendations. *Research in Nursing & Health*, 29(5), 489-497. doi:10.1002/nur.20147
- Pratiwi, Y.F., & Puspitasari, D.I. (2017). Efektivitas penggunaan media *booklet* terhadap pengetahuan gizi seimbang pada ibu balita gizi kurang di Kelurahan Semanggi Kecamatan Pasar Kliwon Kota Surakarta. *Jurnal Kesehatan*, 10(1), 58-68. doi:10.23917/jurkes.v10i1.5493
- Safitri, N.R.D., & Fitranti, D.Y. (2016). Pengaruh edukasi gizi dengan ceramah dan *booklet* terhadap peningkatan pengetahuan dan sikap gizi remaja

- overweight. *Journal of Nutrition College*, 5(4), 374-380. Retrieved from <https://ejournal3.undip.ac.id/index.php/jnc/article/view/16438/15838>
- Shi, J., Mo, X., & Sun, Z. (2012). Content validity index in scale development. *Zhong Nan Da Xue Xue Bao Yi Xue Ban*, 37(2), 152-155. doi:10.3969/j.issn.1672-7347.2012.02.007
- Sjetne, I.S., Krogstad, U., Ødegard, S., & Engh, M.E. (2009). Improving quality by introducing enhanced recovery after surgery in a gynaecological department: Consequences for ward nursing practice. *Qual Saf Health Care*, 18, 236-240. doi:10.1136/qshc.2007.023382
- Slim, K. (2011). Fast-track surgery: The next revolution in surgical care following laparoscopy. *Colorectal Disease, The Association of Coloproctology of Great Britain and Ireland*, 13, 478-480. doi:10.1111/j.1463-1318.2011.02589.x
- Spanjersberg, W.R., Reurings, J., Keus, F., & van Laarhoven, C.J. (2011). Fast-track surgery versus conventional recovery strategies for colorectal surgery. *The Cochrane Library*, 2011(2). doi:10.1002/14651858.CD007635.pub2
- Syahputra, Naam. (2009). *Hubungan konsep diri dengan prestasi akademik mahasiswa S1 Keperawatan semester III kelas ekstensi PSIK FK USU Medan [Skripsi]*. Universitas Sumatera Utara.
- Tan, M., Law, L.S., & Gan, T.J. (2015). Optimizing pain management to facilitate enhanced recovery after surgery pathways. *Canadian Journal of Anesthesia*, 62(2), 203-218. doi:10.1007/s12630-014-0275-x
- Teeuwen, P.H.E., Bleichrodt, R.P., Strik, C., Groenewoud, J.J.M., Brinkert, W., van Laarhoven, C.J.H.M., . . . Bremers, A.J.A. (2010). Enhanced recovery after surgery (ERAS) versus conventional postoperative care in colorectal surgery. *Journal of Gastrointestinal Surgery*, 14, 88-95. doi:10.1007/s11605-009-1037-x
- Varadhan, K.K., Lobo, D.N., & Ljungqvist, O. (2010). Enhanced recovery after surgery: The future of improving surgical care. *Critical Care Clinics*, 26(3), 527-547. doi:10.1016/j.ccc.2010.04.003
- Wawan, A., & Dewi, M. (2010). *Teori dan pengukuran pengetahuan, sikap, dan perilaku manusia*. Yogyakarta: Nuha Medika.
- Wallenborn, J., Gelbrich, G., Bulst, D., Behrends, K., Wallenborn, H., Rohrbach, A., . . . Olthoff, D. (2006). Prevention of postoperative nausea and vomiting by metoclopramide combined with dexamethasone: Randomised double blind multicenter trial. *BMJ*, 33(7563), 324. doi:10.1136/bmj.38903.419549.80
- Weimann, A., Braga, M., Carli, F., Harsanyi, A., Laviano, A., Ljungqvist, O., . . . Vestweber, K.H. (2006). EPSEN guidelines on enteral nutrition: Surgery including organ transplantation. *Clinical Nutrition*, 25, 224-244. doi:10.1016/j.clnu.2006.01.015
- Weiser, T.G., Haynes, A.B., Molina, G., Lipsitz, S.R., Esquivel, M.M., Uribe-Leitz, T., . . . Gawande, A.A. (2016). Size and distribution of the global volume of surgery in 2012. *Bulletin of the World Health Organization*, 94, 201-209F. doi:10.2471/BLT.15.159293

- Wibawanto, Wandah. (2017). *Desain dan pemrograman multimedia pembelajaran interaktif*. Jember: Cerdas Ulet Kreatif.
- Wind, J., Polle, S.W., Fung KonJin, P.H., Dejong, C.H.C., von Meyenfeldt, M.F., Ubbink, D.T., . . . Bemelman, W.A. (2006) Laparoscopy and/or fast track multimodal management versus standard care (LAFA) study group; Enhanced recovery after surgery (ERAS) group. Systematic review of enhanced recovery programmes in colonic surgery. *British Journal of Surgery*, 93(7), 800–809. doi:10.1002/bjs.5384
- World Health Organization (WHO). (2016). WHO surgical site infection prevention guidelines. Retrieved from <http://www.who.int/gpsc/appendix14.pdf>.
- Yamada, T., Hayashi, T., Cho, H., Yoshikawa, T., Taniguchi, H., Fukushima, R., & Tsuburaya, A. (2012). Usefulness of enhanced recovery after surgery protocol as compared with conventional perioperative care in gastric surgery. *Gastric Cancer*, 15, 34-41. doi:10.1007/s10120-011-0057-x
- Yilmaz, N., Çekmen, N., Bilgin, F., Erten, E., Özhan, M. Ö., & Coşar, A. (2013). Preoperative carbohydrate nutrition reduces postoperative nausea and vomiting compared to preoperative fasting. *Journal of Research in Medical Sciences: The Official Journal of Isfahan University of Medical Sciences*, 18(10), 827–832. Retrieved from <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3897064/>
- Zainal, V.R., Hadad, M.D., & Ramly, M. (2014). *Kepemimpinan dan perilaku organisasi* (4th ed.). Jakarta: Rajawali Pers.
- Zamanzadeh, V., Ghagramanian, A., Rassouli, M., Abbaszadeh, A., Alavi-Majd, H., & Nikanfar, A. (2015). Design and implementation content validity study: Development of an instrument for measuring patient-centered communication. *Journal of Caring Sciences*, 4(2), 165-178. doi:10.15171/jcs.2015.017
- Zaouter, C., Kaneva, P., & Carli, F. (2009). Less urinary tract infection by earlier removal of bladder catheter in surgical patients receiving thoracic epidural analgesia. *Regional Anesthesia and Pain Medicine*, 34, 542-548. doi:10.1097/AAP.0b013e3181ae9fac