

DAFTAR PUSTAKA

- American College Health Association. (2017). *American College Health Association-National College Health Assessment II: Reference Group Executive Summary Fall 2017*. Hanover, Maryland: American College Health Association.
- Andersson, L. M., Schierenbeck, I., Strumpher, J., Krantz, G., Topper, K., Backman, G., & Van Rooyen, D. (2013). Help-seeking behaviour, barriers to care and experiences of care among persons with depression in Eastern Cape, South Africa. *Journal of Affective Disorders* 151, 439–448.
- Arnault, D. S. (2009). Cultural determinants of help seeking: a model for research and practice. *Research and Theory for Nursing Practice* 23(4), 259-278.
- Bart, S. (1994). *Psikologi Kesehatan*. Jakarta: PT. Gramedia Widiasarna Indonesia.
- Beck, A. T., & Alford, B. A. (2009). *Depression: Causes and Treatments 2nd Edition*. Philadelphia, Pennsylvania: University of Pennsylvania Press.
- Berger, J. L., Addis, M. A., Reilly, E. D., Syzdek, M. R., & Green, J. D. (2012). Effects of Gender, Diagnostic Labels, and Causal Theories on Willingness to Report Symptoms of Depression. *Journal of Social and Clinical Psychology*, 31, 5, 439-457.
- Brener, N. D., Hassan, S. S., & Barrios, L. C. (1999). Suicidal ideation among college students in the United States. *Journal of Consulting and Clinical Psychology* 67, 1004-1008.
- Breslau, J., Lane, M., Sampson, N., & Kessler, R. C. (2008). Mental disorders and subsequent educational attainment in a US national sample. *Journal of Psychiatric Research*, 42, 708-716.
- Caldeira, K. M., Kasperski, S. J., Sharma, E., Vincent, K. B., O'Grady, K. E., Wish, E. D., & Arria, A. M. (2009). College students rarely seek help despite serious substance use problems. *Journal of Substance Abuse Treatment* 37, 368–378.
- Calear, A. L., Batterham, P. J., & Christensen, H. (2014). Predictors of help-seeking for suicidal ideation in the community: Risks and opportunities for public suicide prevention campaigns. *Psychiatry Research* 219, 525–530.
- Carr, A. (2001). *Abnormal Psychology*. Philadelphia: Psychology Press.
- Center for Disease Control and Prevention. (2015). *Suicide: At a glance*. Diambil kembali dari Center for Disease Control and Prevention: <https://www.cdc.gov/violenceprevention/pdf/suicide-datasheet-a.pdf>
- Centers for Disease Control and Prevention. (2013, 2011). *Web-based Injury Statistics Query and Reporting System (WISQARS)*. Diambil kembali dari Centers for Disease Control and Prevention: <http://www.cdc.gov/injury/wisqars/index.html>
- Centers for Disease Control and Prevention. (2016). *10 Leading Causes of Death by Age Group, United States - 2016*. Diambil kembali dari Centers for Disease Control and Prevention: http://www.cdc.gov/injury/images/lc-charts/leading-causes_of_death_age_group_2016_1056w814h.gif

- Cornally, N., & McCarthy, G. (2011). Help-seeking behaviour: A concept analysis. *International Journal of Nursing Practice* 17, 280–288.
- Creswell, J. W. (2007). *Qualitative inquiry and research design: Choosing among five approaches 2nd ed.* California: Sage Publications.
- Creswell, J. W. (2013). *Research Design: Qualitative, Quantitative, and Mixed Methods Approaches.* Washington DC: SAGE Publications.
- Creswell, J. W. (2014). *Educational Research: Planning, Conducting and Evaluating Quantitative and Qualitative Research.* Harlow: Pearson.
- Cukrowicz, K. C., Schlegel, E. F., Smith, P. N., Jacobs, M. P., Van Order, K. A., Paukert, A. L., . . . Joiner, T. E. (2011). Suicide ideation among college students evidencing subclinical depression. *Journal of American College Health* 59, 575-581.
- Czyz, E. K., Horwitz, A. G., Eisenberg, D., Kramer, A., & King, C. A. (2013). Self-reported Barriers to Professional Help Seeking Among College Students at Elevated Risk for Suicide. *Journal of American College Health*, 398-406.
- Czyz, E. K., Horwitz, A. G., Eisenberg, D., Kramer, A., & King, C. A. (2013). Self-reported Barriers to Professional Help Seeking Among College Students at Elevated Risk for Suicide. *Journal of American College Health* 61, 398-406.
- Deane, F. P., Wilson, C. J., & Ciarrochi, J. (2001). Suicidal ideation and help-negation: not just hopelessness or prior help. *Journal of Clinical Psychology* 57, 901–914.
- Denzin, N. K., & Lincoln, Y. S. (2003). *The landscape of qualitative research: Theories and issues 2nd Ed.* Thousand Oaks, California: SAGE Publications.
- Departemen Kesehatan RI. (2013). *Riset Kesehatan Dasar.* Jakarta: Badan Penelitian dan Pengembangan Kesehatan.
- Downs, M. F., & Eisenberg, D. (2012). Help Seeking and Treatment Use Among Suicidal College Students. *Journal of American College Health* 60:2, 104-114.
- Drum, D. J., Brownson, C., Denmark, A. B., & Smith, S. E. (2009). New data on the nature of suicidal crises in college students: shifting the paradigm. *Professional Psychology: Research and Practice* 40, 213-222.
- Eisenberg, D., Golberstein, E., & Gollust, S. E. (2007). Help-seeking and access to mental health care in a university student population. *Medical Care* 45, 594-601.
- Eisenberg, D., Downs, M. F., Golberstein, E., & Zivin, K. (2009). Stigma and help seeking for mental health among college students. *Med Care Res Rev* 66, 522–541.
- Eisenberg, D., Hunt, J., Speer, N., & Zivin, K. (2011). Mental health service utilization among college students in the United States. *The Journal of Nervous and Mental Disease* 199, 301–308.

- Ennis, E., McLafferty, M., Murray, E., Lapsley, C., Bjourson, T., Armour, C., . . . O'Neill, S. (2019). Readiness to change and barriers to treatment seeking in college students with a mental disorder. *Journal of Affective Disorders*.
- Farabaugh, A., Bitran, S., Nyer, M., Holt, D. J., Pedrelli, P., Shyu, I., . . . Fava, M. (2012). Depression and Suicidal Ideation in College Students. *Psychopathology* 45, 228-234.
- Furr, S. R., Westefeld, J. S., McConnell, G. N., & Jenkins, J. M. (1987). Suicide and depression among college students: a decade later. *Professional Psychology: Research and Practice* 18, 119–123.
- Gallagher, R. P. (2011). *National Survey of Counseling Center Directors: National Survey of Counseling Center Directors: American College Counseling Association*. Alexandria, Virginia: The International Association of Counseling Services, Inc.
- Gorczynski, P., Sim-Schouten, W., Hill, D., & Wilson, C. (2017). Examining mental health literacy, help seeking behaviours, and mental health outcomes in UK university students. *The Journal of Mental Health Training, Education, and Practice* 12, 2.
- Hammen, C. L., & Peters, S. D. (1977). Differential responses to male and female depressive reactions. *Journal of Consulting and Clinical Psychology* 45, 994–1001.
- Handayani, S. (2017, Juli 20). *Mengapa Kasus Gangguan Jiwa di Yogyakarta Tinggi?* Diambil kembali dari Republika Online: <http://www.republika.co.id/berita/nasional/umum/17/07/20/otcmoo327-mengapa-kasus-gangguan-jiwa-di-yogyakarta-tinggi>
- Hirschfeld, R. M., & Russell, J. M. (1997). Current concepts: assessment and treatment of suicidal patients. *New England Journal of Medicine* 337, 910-915.
- Hom, M. A., Stanley, I. H., Podlogar, M. C., & Joiner, T. E. (2017). “Are You Having Thoughts of Suicide?” Examining Experiences With Disclosing and Denying Suicidal Ideation. *Journal of Clinical Psychology*, 1-11.
- Howitt, D. (2010). *Introductions to Qualitative Methods in Psychology*. Harlow, Essex: Pearson Education Limited.
- Joiner, T. E. (2005). *Why people die by suicide*. Cambridge, MA: Harvard University Press.
- Kerr, M. (2017, Juli 5). *Depression and College Students*. Diambil kembali dari Healthline: <https://www.healthline.com/health/depression/college-students#1>
- Kessler, R. C., Berglund, P., Demler, O., Jin, R., Merikangas, K. R., & Walters, E. E. (2005). Lifetime prevalence and age-of-onset distributions of DSM-IV disorders in the National Comorbidity Survey Replication. *Archives of General Psychiatry*, 593-602.
- Klonsky, E. D., & May, A. M. (2015). The Three-Step Theory (3ST): a new theory of suicide rooted in the “ideation-to-action” framework. *International Journal of Cognitive Therapy* 8, 114-129.
- Konick, L. C., & Gutierrez, P. M. (2005). Testing a model of suicide ideation in college students. *Suicide and Life-Threatening Behavior*, 181–192.

- Kovacs, M., Goldston, D., & Gatsonis, C. (1993). Suicidal behaviors and childhood-onset depressive disorders: A longitudinal investigation. *Journal of the American Academy of Child and Adolescent Psychiatry* 32, 8-20.
- Lamis, D. A., & Jahn, D. R. (2013). Parent–Child Conflict and Suicide Rumination in College Students: The Mediating Roles of Depressive Symptoms and Anxiety Sensitivity. *Journal of American College Health* 61:2, 106-113.
- Liang, B., Goodman, L. A., & Tummala-Narra, P. (2005). A theoretical framework for understanding help-seeking processes among survivors of intimate partner violence. *American Journal of Community Psychology*, 71-84.
- Maharani, D. (2014, September 15). *Kasus Bunuh Diri di Jawa Tengah Tertinggi di Indonesia*. Diambil kembali dari Kompas.com: <https://entertainment.kompas.com/read/2014/09/15/165745123/Kasus.Bunuh.Diri.di.Jawa.Tengah.Tertinggi.di.Indonesia>.
- Maharani, D. (2015, September 11). *Bunuh Diri Salah Satu Penyebab Kematian Tertinggi Usia Produktif*. Diambil kembali dari Kompas.com: <https://lifestyle.kompas.com/read/2015/09/11/160000723/Bunuh.Diri.Salah.Satu.Penyebab.Kematian.Tertinggi.Usia.Produktif>
- Marsh, C. N., & Wilcoxon, A. (2015). Underutilization of Mental Health Services Among College Students: An Examination of System-Related Barriers. *Journal of College Student Psychotherapy*, 29:3, 227-243.
- McLaughlin, C. (2007). *Suicide-related behaviours: understanding, caring, and therapeutic responses*. Sussex: John Wiley & Sons Ltd.
- Moleong, L. J. (2011). *Metodologi Penelitian Kualitatif Edisi Revisi*. Bandung: PT. Remaja Rosdakarya.
- Moscicki, E. (1994). Gender differences in completed and attempted suicides. *Annals Epidemiology* 4, 152-158.
- Nadler, A. (1987). Determinants of help-seeking behaviour: The effects of helper's similarity, task centrality and recipient's self-esteem. *European Journal of Social Psychology* 17, 57–67.
- Nagai, S. (2015). Predictors of help-seeking behavior: Distinction between help-seeking intentions and help-seeking behavior. *Japanese Psychological Research* 57, 313-322.
- Nam, B., Wilcox, H. C., Hilimire, M., & DeVyder, J. E. (2018). Perceived need for care and mental health service utilization among college students with suicidal ideation. *Journal of American College Health*, 713-719.
- Nock, M. K., & Kessler, R. C. (2006). Prevalence of and risk factors for suicide attempts versus suicide gestures: analysis of the National Comorbidity Survey. *Journal of Abnormal Psychology* 115, 616–623.
- O'Connor, R. C., & Kirtley, O. J. (2018). The integrated motivational–volitional model of suicidal behaviour. *Philosophical Transactions of the Royal Society B: Biological Sciences*, 1-10.

- Oliffe, J. L., Hannan-Leith, M. N., Ogrodniczuk, J. S., Black, N., Mackenzie, C. S., Lohan, M., & Creighton, G. (2016). Men's depression and suicide literacy: a nationally representative Canadian survey. *Journal of Mental Health*, 1-7.
- O'Mahony, M., & Hegarty, J. (2009). Help-seeking for cancer symptoms: A review of the literature. *Oncology Nursing Forum* 36, E178-E184.
- Pederson, E. L., & Vogel, D. L. (2007). Male gender role conflict and willingness to seek counseling: Testing a mediation model on college-aged men. *Journal of Counseling Psychology* 54(4), 373-384.
- Permadi, A. (2018, Juli 20). *Merasa Bersalah 2 Tahun Jarang Masuk Kuliah, Mahasiswa Gantung Diri*. Diambil kembali dari Kompas.com: <https://regional.kompas.com/read/2018/07/20/16000231/merasa-bersalah-2-tahun-jarang-masuk-kuliah-mahasiswa-gantung-diri>
- Ploskonka, R. A., & Servaty-Seib, H. L. (2015). Belongingness and Suicidal Ideation in College Students. *Journal of American College Health*, 81-87.
- Poerwandari, E. K. (2011). *Pendekatan Kualitatif untuk Penelitian Perilaku Manusia*. Depok: LPSP3 UI.
- Reavley, N., & Jorm, A. F. (2010). Prevention and early intervention to improve mental health in higher education students: A review. *Early Intervention in Psychiatry*, 4,, 132-142.
- Rickwood, D., & Thomas, K. (2012). Conceptual measurement framework for help-seeking for mental health problems. *Psychology Research and Behavior Management* 5, 173-183.
- Rickwood, D., Cavanagh, S., Curtis, L., & Sakrouge, R. (2004). Educating young people about mental health and mental illness: evaluating a school-based programme. *International Journal of Mental Health Promotion* 6, 4-13.
- Rickwood, D., Deane, F. P., Wilson, C. J., & Ciarrochi, J. V. (2005). Young people's help-seeking for mental health problems. *Australian e-Journal for the Advancement of Mental Health* 4, 1-34.
- Rudd, M. D., Joiner, T. E., & Rajab, M. H. (1995). Help negation after acute suicidal crisis. *Journal of Consulting and Clinical Psychology* 63, 499-503.
- Saputra, I. Y. (2018, September 14). *Mahasiswa UNS Solo Bunuh Diri Diduga Depresi Ditinggal Ayah dan Adiknya*. Diambil kembali dari Solopos.com: <http://news.solopos.com/read/20180914/496/939725/mahasiswa-uns-solo-bunuh-diri-diduga-depresi-ditinggal-ayah-dan-adiknya>
- Sarafino, E. P., & Smith, T. W. (2011). *Health Psychology: Biopsychosocial Interactions 7th Edition*. New Jersey: Wiley.
- Scott, S. E. (2007). Delay in seeking help. Dalam S. Ayers, A. Baum, C. McManus, S. Newman, K. Wallston, & J. Weinman, *Cambridge Handbook of Psychology, Health and Medicine* (hal. 70-74). Cambridge: Cambridge University Press.

- Seidler, Z. E., Dawes, A. J., Rice, S. M., Oliffe, J. L., & Dhillon, H. M. (2016). The role of masculinity in men's help-seeking for depression: A systematic review. *Clinical Psychology Review* 49, 106-118.
- Shneidman, E. S. (2004). *Autopsy of a suicidal mind*. New York: Oxford University Press.
- Silverman, M. M., Meyer, P. M., Sloane, F., Raffel, M., & Pratt, D. M. (1997). The Big Ten Student Suicide Study: A 10-year study of suicide on midwestern university campuses. *Suicide and Life-Threatening Behavior* 27, 285-303.
- Spicer, R. S., & Miller, T. L. (2000). Suicide acts in 8 states: incidence and case fatality rates by demographics and method. *American Journal of Public Health* 90, 1885-1891.
- Strang, S. P., & Orlofsky, J. L. (1990). Factors underlying suicidal ideation among college students: a test of Teicher and Jacobs' model. *Journal of Adolescent*, 39-52.
- Substance Abuse and Mental Health Services Administration. (2014). *Results from the 2013 National Survey on Drug Use and Health: Mental Health Findings*. Diambil kembali dari Substance Abuse and Mental Health Services Administration:
<https://www.samhsa.gov/data/sites/default/files/NSDUHmhfr2013/NSDUHmhfr2013.pdf>
- Tang, M. O., Oliffe, J. L., Galdas, P. M., Phinney, A., & Han, C. S. (2014). College men's depression-related help-seeking: a gender analysis. *Journal of Mental Health* 23(5), 219-224.
- The National Confidential Inquiry into Suicide and Homicide by People with Mental Illness. (2017, October). *Annual Report: England, Northern Ireland, Scotland and Wales*. Manchester: University of Manchester.
- Thompson, E. A., Moody, K. A., & Eggert, L. L. (1994). Discriminating suicide ideation among high school youth. *Journal of School Health* 64, 361 -367.
- Tribata News NTB. (2018, April 12). *Mahasiswa Stikes Hamzar Lombok Timur Ditemukan Tewas Gantung Diri*. Diambil kembali dari Tribata News NTB:
<http://tribatanews.ntb.polri.go.id/2018/04/12/mahasiswa-stikes-hamzar-lombok-timur-ditemukan-tewas-gantung-diri/>
- Tyler, R. E., & Williams, S. (2014). Masculinity in young men's health: Exploring health, help-seeking and health service use in an online environment. *Journal of Health Psychology* 19(4), 457-470.
- Unrau, Y. A., & Grinnell, R. M. (2005). Exploring Out-of-Home Placement as a Moderator of Help-Seeking Behavior Among Adolescents Who Are High Risk. *Research on Social Work Practice* 15 (6), 516-530.
- Vogel, D. L., Wade, N. G., & Hackler, A. H. (2007). Perceived public stigma and the willingness to seek counseling: The mediating roles of self-stigma and attitudes toward counseling. *Journal of Counseling Psychology* 54, 40-50.
- Weishaar, M. A. (1996). Cognitive risk factors in suicide. In P. Salkovskis, *Frontiers of cognitive therapy* (pp. 226-249). New York: Guilford Press.

Wilson, C. J., Deane, F. P., Marshall, K. L., & Dalley, A. (2009). Adolescents' suicidal thinking and reluctance to consult general medical practitioners. *Journal of Youth and Adolescence*, 343-356.

World Health Organization. (2014). *Preventing suicide: A global imperative*. Diambil kembali dari http://www.who.int/mental_health/suicide-prevention/exe_summary_english.pdf

World Health Organization. (2018, Agustus 24). *Suicide*. Diambil kembali dari WHO | World Health Organization: <https://www.who.int/news-room/fact-sheets/detail/suicide>

Yakunina, E. S., Rogers, J. R., Waehler, C. A., & Werth, J. L. (2010). College students' intentions to seek help for suicidal ideation: accounting for the help-negation effect. *Suicide Life-Threatening Behavior* 40, 438-450.

Yama, M. F., Tovey, S. L., Fogas, B. S., & Morris, J. (1995). The relationship among childhood sexual abuse, parental alcoholism, family environment and suicidal behavior in female college students. *J Child Sex Abus*, 79 - 93.

Yin, R. K. (2011). *Qualitative Research from Start to Finish*. New York: The Guilford Press.

Youssef, F. F., Bachew, R., Bodie, D., Leach, R., Morris, K., & Sherma, G. (2014). Knowledge and attitudes towards mental illness among college students: Insights into the wider english-speaking caribbean population. *The International Journal of Social Psychiatry*, 47-54.

Zachrisson, H. D., Rödje, K., & Mykletun, A. (2006). Utilization of health services in relation to mental health problems in adolescents: a population based survey. *BMC Public Health*, 34-40.