



DAFTAR PUSTAKA

- Abell B, Glasziou P, Briffa T, Hoffmann, T. (2016) *Exercise training characteristics in cardiac rehabilitation programmes: a cross-sectional survey of Australian practice*. (2016). *Open Heart* 2016;3: e000374. doi:10.1136/openhrt-2015-000374. Diakses dari <https://www.ncbi.nlm.nih.gov/pubmed/27127639>
- American Heart Association. (2013). *Coronary Artery Disease- Coronary Heart Disease*. Diakses dari: http://www.heart.org/HEARTORG/Conditions/More/MyHeartandStrokeNews/Coronary-Artery-Disease/CoronaryHeartDisease_UCM_436416_Article.jsp
- Apfelbaum, HL. (2016). *Lower-Socioeconomic Status Patients in Cardiac Rehabilitation: Clinical Characteristics, Attendance, and Implications for Future Practice*. UVM Honors College Senior Theses. 183. Diakses dari: <https://scholarworks.uvm.edu/cgi/viewcontent.cgi?article=1134&context=hcoltheses>
- Ardian, I. (2016). *Konsep spiritualitas dan religiusitas (spiritual and religion dalam konteks keperawatan pasien diabetes melitus tipe 2*. *Jurnal keperawatan dan pemikiran ilmiah* 2 (5) : 1-9. Diakses dari: <http://www.jurnal.unissula.ac.id>
- Bacon, S.L. (2018). *The importance of sex in the stress-heart disease relationship and the potential contribution of gender to future research*. *Arteriosclerosis Thrombosis Vascular Biology* 2018;38: 290-291. Doi: 10.1161/ATVBAHA.117.310461
- Badan Kepegawaian Negara. (2018). *Peraturan Badan Kepegawaian Negara No. 26 Tahun 2018*. Diakses dari: <http://www.bkn.go.id>
- Balady, G.J., Ades, P.A., Bittner, V.A., Franklin, B.A., Gordon, N.F., Thomas, R.J.,...Yancy, C.W.(2011). *Referral, Enrollment, and Delivery of Cardiac Rehabilitation/Secondary Prevention Programs at Clinical Centers and Beyond*. Doi: 10.1161/CIR.0b013e31823b21e2. Diakses dari <http://circ.ahajournals.org/content/124/25/2951.long>
- Behere, P.B., Das, A., Yadav, R., Behere, A.P. (2013). *Religion and mental health*. *Indian J Psychiatry*: 55. Doi: 10.4103/0019-5545.105526
- Benatar, J., Langdana., Doolan, N.F., Mclachlan, A. (2016). *Cardiac rehabilitation in New Zealand- moving forward*. Diakses dari www.nzma.org.nz/journal/read-the-journal/all-issues/2010-2019/2016/vol-129-no-1435-27-may-2016/6897.



- Bartkowski, J.P., Acevedo, G.A., Loggerenberg, H.V. (2017). *Prayer, meditation, and anxiety: Durkhiem Revisited*. Religious 2017,8,191. Doi: 10.3390/re18090191.
- Bartoli, F., Lillia, N., Lax, A., Crocamo, C., Mantero, V., Carra G.,....., Clerici M. (2013). *Depression after stroke and risk of mortality: a systematic review and meta analysis*. Store research treatment 2013; 201:862978. Doi: 10.1155/2013/862978.
- Batelaan, N.M., Seldenrijk, A., Bot, M., Van, B.A.J., Penninx, B.W.(2016). *Anxiety and new onset of cardiovascular disease:critical review and meta-analysis*. Br J Psychiatry: 208 :223-231. doi : 10.1192/bjp.bp.114.156554. Diakses dari <https://www.cambridge.org/core/journals/the-british-journal-of-psychiatry/article/anxiety-and-new-onset-of-cardiovascular-disease-critical-review-and-metaanalysis/C6A10A1F09B864568234D3983D05114E#>.
- Blumenthal, J.A., Sherwood, A., Smith, P.J., Watkins, L., Mabe, S., Kraus, W.E.,...Hinderliter, A. (2016). *Enhancing Cardiac Rehabilitation With Stres Management Training: A Randomized, Clinical Efficacy Trial*. doi : 10.1161/CIRCULATIONAHA.115.018926 . Diakses dari <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4824555/>
- British Association for Cardiovascular Prevention and Rehabilitation .(2017). *The BACPR Standards and Core Components for Cardiovascular Disease Prevention and Rehabilitation 2017*. Diakses dari http://www.bacpr.com/resources/AC6_BACPRStandards&CoreComponents2017.pdf
- Dalal, H.M., Doherty, P., Taylor, R.S. (2015). *Cardiac rehabilitation in United Kingdom*. Doi: 10.1136/bmj.h5000
- Dhingra, R dan Vasan, RS. (2012). *Age as Cardiovascular Risk Factor*. Med Clin North 96(1) page 87-91. Doi: 10.1016/j.mcna.2011.11.003. Diakses dari: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3297980/>
- Dinan TG. (2009). *Inflammatory markers in depression*. Curr Opin Psychiatry 22 :32-36. doi: 10.1097/YCO.0b013e328315a561.Diakses dari <https://insights.ovid.com/pubmed?pmid=19122532>
- Ding, Anna Do, Heather-Marie Schmidt, and Adrian E. Bauman.(2015). *"A Widening Gap? Changes in Multiple Lifestyle Risk Behaviours by Socioeconomic Status in New South Wales, Australia, 2002–2012*. Diakses dari: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4546406/>
- Eng, H.S., Yean, L.C., Das, S., Letchmi, S., Yee, K.S., Bakar, R.A.,.....Choy, C.Y. (2011). *Anxiety and depression in patients with coronary heart disease: a*



study in a tertiary hospital. Iran J Med Sci 2011 Vol 36 (3) 201-206.
Diakses dari: <http://www.ijms.sums.ac.ir>

European Society of Cardiology. (2013), *position paper on the "Tobacco Product Directive.* Sophia Antipolis Cedex-France. Diakses dari: <http://www.escardio.org/about/Documents/tobacco-product-directive-position-paper.pdf>

Farcas dan Nastasa.(2014). *Factor influencing the perception of stres in patients with heart failure.* Procedia - Social and Behavioral Sciences 127 (2014) 144 – 148. Diakses dari <https://www.sciencedirect.com/science/article/pii/S1877042814023209>

Feld, L.D., & Shusterman, A. (2015). *Into the preassure cooker: students stress in college preparatory high school.* Journal of Adolescents, 41, 31-42. Doi: 10.1016/j.adolescence.2015.02.003

Firdaus, F. (2017). *Spiritualitas ibadah sebagai jalan menuju kesehatan mental yang hakiki.* Al-AdYaN vol. XI. Diakses dari: <http://www.ejournal.radenintan.ac.id>

Folayan, M.O., Careres, C.F., Sam-Agudu, N.A., Odetoyinbo, M., Stockman, J.K., & Harrison, A. (2016). *Psychological stressor and coping strategies used by addolecents living with not living with HIV infection in Nigeria.* AIDS and Behaviour. Doi: 10.1007/s10461-016-1534-3

Gelinier, JCC dan Bonin, B. (2016). *Stress, anxiety and depression in heart disease patients: A major challage for cardiac rehabilitation.* Annals of Physical and Rehabilitation Medicine 60 (2017) page 6-12. Doi: 10.1016/j.rehab.2016.09.002. Diakses dari: <https://www.ncbi.nlm.nih.gov/pubmed/27771272>

Ghani, L., Susilawati, M.D., Novriani, H. (2016). *Faktor resiko dominan penyakit jantung koroner di Indonesia.* Buletin penelitian kesehatan vol 44 no 3 halaman 153-164. Diakses dari: <http://ejournal.litbang.depkes.go.id/index.php/BPK/article/view/5436>

Giuliano, C., Parmenter, B., Baker, M.K., Mitchell, A.L., William, A.D., Lyndon, K.,.....Levinger, I. (2017). *Cardiac rehabilitation for patients with coronary artery disease: a practical guide to enhance patient outcomes through continuity of care.* Clinical medicine insight: cardiologi 11, 1-7. Doi: 10.1177/1179546917710028

Gois, C.F.L, Aguilar O.M, Santos. V, Rodriguez, E.O. (2012). *Stress factor for patients undergoing cardiac surgery.* Invest educ enferm 2012;30(3) page 312-319. Diakses dari: http://www.scielo.org/scielo.php?script=sci_arttext&pid=S0120-53072012000300003



- Haines, A., Cooper, J., Meade, T.W.(2001). *Psychological characteristic and fatal ischaemic heart disease*. Heart journal vol. 85: 385-389. Diakses dari <http://heart.bmj.com/cgi/pmidlookup?view=long&pmid=11250959>
- Haryono, R., Permana, I., Chayati, N.(2016). *Pengaruh Kombinasi Pijat Punggung dan Dzikir Terhadap Tingkat Stres Pada Penderita Hipertensi*. Jurnal Keperawatan Notokusumo 2016 Vol.IV No.1 ISSN 2338-4514 diakses dari <http://researchgate.net/publication/309796215>
- Heart UK. (2015). *Risk factors for Cardiovascular disease*. Diakses dari https://heartuk.org.uk/files/uploads/documents/huk_fs_mfsI_riskfactorsforchd_v2.pdf.
- Hutabarat E dan Wintarsih W. (2008). *Gambaran stres psikologis sebagai pencetus serangan ulang nyeri dada pada klien penyakit jantung koroner berdasarkan karakteristik di ruang perawatan viii rs. dustira cimahi*. Diakses dari <http://stikesayani.ac.id/publikasi/e-journal/filesx/2008/200808/200808-004.pdf>
- Info Datin Kemenkes RI. (2014). *Info Datin: situasi kesehatan jantung*. Diakses dari http://www.depkes.go.id/download.php?file=download/pusdatin/info_datin/infodatin-jantung.pdf
- Irish Association of Cardiac Rehabilitation.(2013). *Cardiac Rehabilitation Guidelines 2013*. Diakses dari <http://www.iacr.info/about/guideline>
- Ismafiaty. (2011). *Hubungan antara strategi coping dan karakteristik perawat dengan stres kerja di ruang perawatan intensif rumah sakit Dustira Cimahi*. Diakses dari: <http://www.stikesayani.ac.id/publikasi/e-journal/filesx/2011/201112/201112-005.pdf>
- Jaarsma, T. (2016). Sexual function of patients with heart failure: fact and numbers. ESC Heart Failure 2017; 4: 3-7. Doi: 10.1002/ehf2.12108.
- Jelsma, K.A. (2017). Education to ease distress in spouse of cardiac rehabilitation patients. Nebraska Methodist College. Diakses dari: <http://hdl.handle.net/10755/623741> .
- Dimadale, JE. 2008. *Psychological Stres and Cardiovascular Disease*. *J Am Coll Cardiol* 51: 1237-1246. doi: 10.1016/j.jacc.2007.12.024. Diakses dari: <https://www.ncbi.nlm.nih.gov/pubmed/18371552>
- Kachur, S., Manezes, A.R., Schutter, A.D., Milani, R.V., Lavie, C.J.(2016). *Significance of comorbid psychological stres and depression on outcome after cardiac rehabilitation*. The American journal of medicine vol. 129: 1316-1321. Diakses dari: <http://dx.doi.org/10.1016/j.amjmed.2016.07.006>
- Kementrian Kesehatan Republik Indonesia. (2011). *Data Penduduk Sasaran Program Pembangunan Kesehatan 2011-2014*. Diakses dari :



<http://www.depkes.go.id/download.php?file=download/pusdatin/lain-lain/buku-data-penduduk-sasaran-program-pembangunan-kesehatan-2011-2014.pdf>

KNEPK (Komisi Nasional Etik Penelitian Kesehatan).(2005). *Sistem Etika penelitian Kesehatan*. Diakses dari <http://www.knepk.litbang.depkes.go.id/knepk/>

Koenig, H.G. (2012). *Religion, spirituality, and health: the research and clinical implication*. ISRN Psychiatry. Doi: 10.5402/2012/278730.

Lazzarino, A.I., Hamer, M., Stamatakis, E., Steptoe, A.(2013). *The combined association of psychological distress and socioeconomic status with all-cause mortality*. *Jama international medical journal* vol. 175. Diakses dari <https://www.ncbi.nlm.nih.gov/pubmed/23212347>

Lembas, D., Starkowska, A., Mak, M., Konecka, M., Bikowska, M., Groszewka, K.,...Karczowiec, M. (2017). *Impact of demographic factors on usage of stress coping strategies chosen by elderly people*. *Family medicine & primary care review* 2017 19 (1): 34-38. Doi: <https://doi.org/10.5114/fmpcr.2017.65088>

Leeming, A., Murray, S.A., Kendall, M. (2014). *The Impact of advanced heart failure on social, psychological and existential aspects and personhood*. *European Journal of Cardiovascular Nursing: Journal of the working group on cardiovascular nursing of the European Society of Cardiology* ; 13: 162-167. Doi: 10.1177/1474515114520771.

Lucinda, L.B., Prosdromocimo, A.C.M.G., Carvalho, K.A.T., Francisco, J.C., Baena, C.P., Olandoski, M.,...Souza, L.C.G.(2015). *Evaluation of the prevalence of stress and its phases in acute myocardial infarction in patients active in the labor market*. *Braz J Cardiovasc Surg* . doi: 10.5935/1678-9741.20140068. Diakses dari: <https://www.ncbi.nlm.nih.gov/pubmed/25859863>

Lunau, T., Siegrist, J., Dragano, N., Wahrendorf, M. (2015). *The Association between education and work stress: Does the policy context matter?*. *PLoS ONE* 10(3): e0121573. <https://doi.org/10.1371/journal.pone.0121573>

Lyon, B. (2000). *Stress, Coping and health: a conceptual overview*. Diakses dari <https://www.researchgate.net/publication/313009114> Stress coping and health

Mampuya WM.(2012). *Cardiac rehabilitation past, present and future: an overview*. *Cardiovasc Diagn Ther*: 38-49. doi: 10.3978/j.issn.2223-3652.2012.01.02.Diakses dari <http://www.thecdt.org/article/view/108/180>



- Milani, R.V., Lavie, C.J., Mehra, M.R., Ventura, H.O. (2011). *Impact of Exercise Training and Depression on Survival in Heart Failure Due to Coronary Heart Disease*. The American Journal of Cardiology 107 :64-68. Doi : doi:10.1016/j.amjcard.2010.08.047. Diakses dari www.ajconline.org
- Misigo, B.L. (2015). Gender difference in the perceived level of stress and coping strategies among University students in Kenya: A case of public universities. International academic journal of social science and education 1 (3), 44-52. Diakses dari: http://www.iajournals.org/articles/iajsse_v1_i4_44_52.pdf
- Musradinur. (2016). *Stres dan cara mengatasinya dalam perspektif psikologi*. Jurnal edukasi Vol. 2 No. 2 . E ISSN: 2460-5794. Diakses dari <https://jurnal.ar-raniry.ac.id/index.php/cobaBK/article/view/815>
- Modica, M., Paolo, C., Minotti, A., Faini, A., Racca, V., Ferratini, M. (2018). Psychological profile in coronary artery by pass graft patients vs valve replacement patients entering cardiac rehabilitation after surgery. Scientific Report (2018) 8 14381. Doi: 10.1038/s41598-018-32696-5
- Naliza. (2011). Pengaruh pelayanan kebutuhan spiritual terhadap tingkat kecemasan pasien pre operasi di ruang rawat RSI Siti Rahman Padang. Diakses dari: <http://repository.unand.ac.id/SKRIPSI.pdf>
- National Institute for Health and Care Excellence. (2013). Secondary prevention in primary and secondary care for patients following a myocardial infarction (clinical guide 172). Diakses dari: <http://www.nice.org.uk/guidance/cg172>
- Noviyanti, B. (2018). *Perbedaan tingkat kepercayaan diri antara PNS dan wirausahawan*. Diakses dari: https://repository.usd.ac.id/28812/2/059114046_Full%5B1%5D.pdf
- Oberg EB, Fitzpatrick AL, Lafferty WE, LoGerfo JP.(2009). *Secondary prevention of myocardial infarction using nonpharmacologic strategies; analysis of a Medicaid cohort*. Preventing Chronic Disease. 2009; 6(2):A52. Diakses dari: <https://www.ncbi.nlm.nih.gov/pubmed/19288995>
- Panthee, B., Kritpracha. (2011). *Review : Anxiety and Quality life in Patients with Myocardial Infarction*. Nurse Media Journal of Nursing 105-115. Diakses dari: <http://ejournal.undip.ac.id>
- Pederelli, P., Nyer, M., Holt, D., Bakow, B.R., Fava, M., Baer, L., &....Farabaugh, A. (2013). *Corelates of irritability in college students with depressive symptom*. Journal of nervus and mental disease, 201(11), 953-958. Doi: 10.1097/NMD.0000000000000038.



- Polyzotis, P.A., Suskin, N., Unsworth, K., Reid, R.D., Jamnik, V., Parson, C.,...Grace. (2013). *Primary Care provider receipt of cardiac rehabilitation discharge summaries: Are they getting what they want to promote long term Risk Reduction?*. *Circular Cardiovascular quality outcome*; 6: 83-89. Doi: 10.1161/CIRCOUTCOMES.112.967539.
- Rahmah. (2015). *Pengaruh karakteristik pekerjaan, lingkungan kerja dan disiplin kerja terhadap kinerja pegawai negeri sipil pada inspektorat daerah propinsi Sulawesi Tengah*. E-Journal katalogis volume 3 nomer 7 halaman 198-216. Diakses dari: <http://jurnal.untad.ac.id/jurnal/index.php/Katalogis/article/view/6390>
- Riset Kesehatan Dasar Kementrian Kesehatan Republik Indonesia. (2013). *Hasil Riset Kesehatan Dasar Kementrian Kesehatan Republik Indonesia 2013*. Diakses dari: <http://www.depkes.go.id/resources/download/general/Hasil%20Risesdas%202013.pdf>
- Rustiana E.R, Cahyati H. (2012). *Stres Kerja Dengan Pemilihan Coping*. *Jurnal Kesehatan Masyarakat* 2012 Vol 7: 149-155. Diakses dari <http://journal.unnes.ac.id/index.php/kesmas> .
- Santika, I.G.P.N.A. (2015). *Hubungan indeks massa tubuh (IMT) dan umur terhadap daya tahan umum (kardiovaskuler)mahasiswa putra semester II kelas A fakultas pendidikan olahraga dan kesehatan IKIP PGRI Bali tahun 2014*. *Jurnal pendidikan kesehatan reproduksi* volume 1 halaman 42-47. Diakses dari: <http://fpok.ikipgribali.ac.id/upload/jurnal/jurnal10.pdf>
- Scottish Intercollegiate Guidelines Network .(2007). *Recommended Framework for Cardiac Rehabilitation*. Diakses dari <http://www.sign.ac.uk> .
- Scottish Intercollegiate Guidelines Network .(2017). *Risk estimation and prevention of cardiovascular disease*. ISBN: 978 1 909103 52 8. Diakses dari <http://www.sign.ac.uk> .
- Sever, S., Harrison, A.S., Golder, S., Doherty, P. (2019). *Determinants of depression in patients with comorbid depression following cardiac rehabilitation*. *Open Heart* 2019; 6. Doi: 10.1136/openhrt-2018-000973
- Sharry, M.C., Murphy, P.J., Byrne, M. (2016). *Implementing international sexual counseling guidelines in hospital cardiac rehabilitation: development of the CHARM intervention using the behaviour change wheel*. Doi: 10.1186/s13012-016-0493-4. Diakses dari: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5057276/> .
- Stoltzfus, K.M., & Farkas, K.J. (2012). *Alcohol use, daily hassles, and religious coping among students at religiously affiliated college*. *Substance use & misuse*, 47(10), 1134-1142. Doi: 10.3109/10826084.2011.644843



Stone, J., Arthur, H., Suskin, N., Austford, L., Carlson, J., Cupper, L.,..., Warburton, D. (2009). *Canadian Guidelines for Cardiac Rehabilitation and cardiovascular disease prevention: Translating knowledge into action*. 3rd ed. Winnipeg, Manitoba, Canada: Canadian Association of Cardiac Rehabilitation.

Sudrajat. (2011). *Kiat mengentaskan pengangguran & kemiskinan melalui wirausaha*. Bumi aksara; Jakarta. ISBN: 978-602-217-153-9

Syafi, R. (2013). *Sistem pakar kebutuhan gizi seimbang pada usia produktif berbasis web*. Diakses dari: <https://repository.unikom.ac.id/24565/>

Thompson, D and Lewin, R. (2000). *Management of the post-myocardial infarction patient: Rehabilitation and cardiac neurosis*. Doi: 10.1136/heart.84.1.101. Diakses dari <http://heart.bmj.com/content/84/1/101>.

Tusek-Bunch K & Petek, D. (2016). Comorbidities and characteristic of coronary heart disease patients: their impact on health-related quality of life. *Health Qual Life Outcomes* 2016; 14:1-12

Van, A., Gay, V.C., Kennedy, P.J., Barin, E., Leijdekkers, P. (2011). *Understanding risk factor in cardiac rehabilitation patients with random forests and decision tree*. Proceedings of the 9th Australasian Data Mining Conference Vol 121. Diakses dari: <http://www.crpit.com/conference>

Vujcic, I., Vlajinac, H., Dubljanin, E., Vasijevic, Z., Matanovic, D., Maksimovic, J.,..., Sipetic. (2016). *Psychosocial stress and risk of myocardial infarction: A case-control study in Belgrade (Serbia)*. *Acta Cardiologica Sinica* ; 32 (3): 281-289. Doi: 10.6515/ACS20150424K

Winkelmann, E.R., Dallaze, F., Bronzatti, A.B.S., Lorenzoni, J.C.W., Windmoller, P. (2015). *Analysis of step adapted protocol in cardiac rehabilitation in the hospital phase*. *Brazilian journal of cardiovascular surgery* 30(1) page 40-48. Diakses dari: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4389528/> .

Wong, N.D. (2014). *Epidemiological studies of CHD and the evolution of preventive cardiology*. *Heart Disease Prevention Program* Vol 11 page 276-289. Diakses dari: <https://www.ncbi.nlm.nih.gov/pubmed/24663092>

World Health Organization. (2007). *Prevention of Cardiovascular Disease: Guidelines for assesment and management of cardiovascular risk*. Diakses dari http://www.who.int/cardiovascular_diseases/guidelines/Full%20text.pdf .



- Xu, X., Bao, H., Strait, K., Spertus, J.A., Litchman, J.H., D'Onofrio, G.,...Krumholz, H.M. (2015). Sex differences in perceived stress and early recovery in young and middle-aged patients with acute myocardial infraction. *Circulation* 2015; 131(7): 614-623. Doi: 10.1161/CIRCULATIONAHA.114.012826.
- Yusuf, S., Hawken, S., Ounpuu, S., Dan, T., Avezum, A., Lanas, F.,...Lisheng, L.(2004). *Effect of potentially modifiable risk factor associated with myocardial infraction in 52 countries (the INTERHEART study): case-control study*. Diakses dari <https://www.sciencedirect.com/science/article/pii/S0140673604170189>
- Yonezawa, R., Masuda, T., Matsunaga, A., Takashi, Y., Saitoh, M., Ishii, A.,...Izumi, T.(2009). *Effects of phase II cardiac rehabilitation on job stres and health-related quality of life after return to work in middle-age patients with acute myocardial infraction*. *Interheart Journal* Vol 50 No 3. Diakses dari <https://www.ncbi.nlm.nih.gov/pubmed/19506332>.
- Zimmerman, E.B., Woolf, S.H., Haley, A. (2015). *Understanding the relationship between education and health: A review of the evidence and an examination of community perspective*. Diakses dari: <http://www.ahrq.gov/professionals/education/curriculum-tools/population-health/zimmerman.html>.
- Zulhawati, Pujiastuti, Rofiqoh, I. (2016). *Role stres dan intensi wanita berwirausaha*. *Jurnal studi managemen dan bisnis* vol 3. Diakses dari: <http://journal.trunojoyo.ac.id/jsmb/article/view/2568>